

# CHIR20002 Clinical Practice 1

Term 1 - 2024

Profile information current as at 18/05/2024 08:31 am

All details in this unit profile for CHIR20002 have been officially approved by CQUniversity and represent a learning partnership between the University and you (our student). The information will not be changed unless absolutely necessary and any change will be clearly indicated by an approved correction included in the profile.

# **General Information**

### Overview

This unit is the first of three clinical practice units in which you will gain experience by observing a real chiropractic clinic during a placement for part of the term. On placement, you will be expected to perform as a functional team member under guidance of the clinic supervisors and placement mentors whilst developing observational and reflective skills. While during your on-campus time in Clinical Practice 1 you will also learn how to communicate clearly and effectively with patients. You will also become immersed in the clinical experience by applying and integrating the clinical skills and knowledge you have gained up until this point in preparation for Clinical Practice 2.

#### **Details**

Career Level: Postgraduate

Unit Level: Level 9 Credit Points: 12

Student Contribution Band: 8

Fraction of Full-Time Student Load: 0.25

# Pre-requisites or Co-requisites

Prerequisite: Student must be enrolled in CC71 - Master of Clinical Chiropractic and Corequisite: CHIR20001 Advanced

Neurology and Skeletal Dysfunction

Important note: Students enrolled in a subsequent unit who failed their pre-requisite unit, should drop the subsequent unit before the census date or within 10 working days of Fail grade notification. Students who do not drop the unit in this timeframe cannot later drop the unit without academic and financial liability. See details in the <a href="#">Assessment Policy and Procedure (Higher Education Coursework)</a>.

# Offerings For Term 1 - 2024

- Brisbane
- Mackay

# Attendance Requirements

All on-campus students are expected to attend scheduled classes – in some units, these classes are identified as a mandatory (pass/fail) component and attendance is compulsory. International students, on a student visa, must maintain a full time study load and meet both attendance and academic progress requirements in each study period (satisfactory attendance for International students is defined as maintaining at least an 80% attendance record).

### Website

This unit has a website, within the Moodle system, which is available two weeks before the start of term. It is important that you visit your Moodle site throughout the term. Please visit Moodle for more information.

# Class and Assessment Overview

### Recommended Student Time Commitment

Each 12-credit Postgraduate unit at CQUniversity requires an overall time commitment of an average of 25 hours of study per week, making a total of 300 hours for the unit.

# Class Timetable

### **Regional Campuses**

Bundaberg, Cairns, Emerald, Gladstone, Mackay, Rockhampton, Townsville

#### **Metropolitan Campuses**

Adelaide, Brisbane, Melbourne, Perth, Sydney

# **Assessment Overview**

1. Portfolio

Weighting: 60%

2. Professional Practice Placement

Weighting: Pass/Fail 3. **In-class Test(s)** Weighting: 40%

# Assessment Grading

This is a graded unit: your overall grade will be calculated from the marks or grades for each assessment task, based on the relative weightings shown in the table above. You must obtain an overall mark for the unit of at least 50%, or an overall grade of 'pass' in order to pass the unit. If any 'pass/fail' tasks are shown in the table above they must also be completed successfully ('pass' grade). You must also meet any minimum mark requirements specified for a particular assessment task, as detailed in the 'assessment task' section (note that in some instances, the minimum mark for a task may be greater than 50%). Consult the <u>University's Grades and Results Policy</u> for more details of interim results and final grades.

# **CQUniversity Policies**

### All University policies are available on the CQUniversity Policy site.

You may wish to view these policies:

- Grades and Results Policy
- Assessment Policy and Procedure (Higher Education Coursework)
- Review of Grade Procedure
- Student Academic Integrity Policy and Procedure
- Monitoring Academic Progress (MAP) Policy and Procedure Domestic Students
- Monitoring Academic Progress (MAP) Policy and Procedure International Students
- Student Refund and Credit Balance Policy and Procedure
- Student Feedback Compliments and Complaints Policy and Procedure
- Information and Communications Technology Acceptable Use Policy and Procedure

This list is not an exhaustive list of all University policies. The full list of University policies are available on the CQUniversity Policy site.

# Previous Student Feedback

# Feedback, Recommendations and Responses

Every unit is reviewed for enhancement each year. At the most recent review, the following staff and student feedback items were identified and recommendations were made.

### Feedback from Verbal Feedback

#### **Feedback**

Students appreciated the new practical assessment and associated feedback added to the unit.

#### Recommendation

It is recommended that the unit coordinator continue to offer an OSCE with feedback in this unit.

### Feedback from SUTE

#### Feedback

Some students would have liked additional guidance in developing clinical examination routines to help them better understand the unit requirements.

#### Recommendation

It is recommended that the discipline explore the scaffolding of clinical examination routines throughout the curriculum to ensure student competence by this point.

# **Unit Learning Outcomes**

### On successful completion of this unit, you will be able to:

- 1. Develop, refine and integrate problem solving skills through clinical assessment, decision making and management at an intermediate level
- 2. Display behaviour appropriate to a professional health care provider, including ethical practice management and upholding the professional code of conduct
- 3. Demonstrate empathetic communication skills in the practitioner-patient relationship, and other professional and personal relationships
- 4. Demonstrate the ability to integrate sustainably within the broader health care system, including responsible use of health care resources, the ability to collaborate with other health care disciplines, and the employment of health promotion and preventative strategies through community education.

On successful completion of this unit you will meet certain CCEA requirements that will progress you towards applying for registration as a chiropractor in Australia.

The Learning Outcomes build towards CCEA's Accreditation Standard 4.4.3 regarding Clinical Sciences.

This unit is designed to contribute towards you having adequate and early patient experiences and opportunities to acquire sufficient clinical knowledge, skills, and attitudes to assume appropriate clinical responsibility upon graduation. It provides early, supervised patient contact leading to participation in patient care. Your clinical skills training includes physical, clinical and lab diagnosis, mental health assessment, orthopaedics, gynaecology, obstetrics, paediatrics, geriatrics, dermatology, otolaryngology, ophthalmology, diagnostic imaging procedures and interpretation, nutrition, rehabilitation, ergonomics, pharmacology (a working knowledge of commonly used medications and pharmaceuticals), and other appropriate subjects. *Clinical skills* include history taking, physical examination, spinal analysis, mental health assessment, first aid and emergency procedures, manual techniques, physical therapies (such as heat, cold, bracing, electrical therapies, etc.), and other treatment procedures, communication, leadership skills, etc. *Appropriate clinical responsibility* would include physical and mental health promotion, disease prevention and patient care, for the child, adolescent, adult, geriatric and medically compromised patient. *Participation in patient care* would include relevant community experience and teamwork with other health professions.

N/A Level Introductory Level Graduate Cevel Professio	nal	Advar Level	nced						
Alignment of Assessment Tasks to Learning Out	come	es							
Assessment Tasks	Lea	earning Outcomes							
	1	L	2	2		3	4	L	
1 - Portfolio - 60%		•					•	1	
2 - Professional Practice Placement - 0%	•	•	•	•		•	•	1	
3 - In-class Test(s) - 40%			•	•		•			
Alignment of Graduate Attributes to Learning Ou	ıtcor	nes							
Graduate Attributes	,		Learning Outcomes						
			1	2		3		4	
1 - Knowledge			0	٥		٥		0	
2 - Communication			0	0		٥		0	
3 - Cognitive, technical and creative skills			0	٥		o		0	
4 - Research			0	0		0		0	
5 - Self-management									
6 - Ethical and Professional Responsibility			0	0		٥		0	
7 - Leadership			0	0				0	
8 - Aboriginal and Torres Strait Islander Cultures									
Alignment of Assessment Tasks to Graduate Att	ribut	es							
Assessment Tasks		Graduate Attributes							
	1	2	3	4	5	6	7	8	
1 - Portfolio - 60%	o	0	0	0		o	o		
2 - Professional Practice Placement - 0%	0	0	0	٥		0	0		
3 - In-class Test(s) - 40%	o	0	o			0			

Alignment of Learning Outcomes, Assessment and Graduate Attributes

# Textbooks and Resources

# **Textbooks**

There are no required textbooks.

# **IT Resources**

### You will need access to the following IT resources:

- CQUniversity Student Email
- Internet
- Unit Website (Moodle)
- SONIA (Online)

# Referencing Style

All submissions for this unit must use the referencing style: <u>American Psychological Association 7th Edition (APA 7th edition)</u>

For further information, see the Assessment Tasks.

# **Teaching Contacts**

Andrew Dane Unit Coordinator

a.dane@cqu.edu.au

# Schedule

Module/Topic Chapter Events and Submissions/Topic

Chiropractic Technique - Thoracic

Spine

Case Work - Intake & History Rehabilitation - Introduction & Stages

and Principles of Rehab

Clinical Nutrition - Food & Nutrition

**Basics** 

Chiropractic Technique - CP1
Technique Outline and Chiropractic
Technique Bergmann & Peterson
Case Work - CP1 Case Work
Rehabilitation - Lecture material on
Moodle

Clinical Nutrition - Lecture material on

Moodle

# Week 2 - 11 Mar 2024

Module/Topic Chapter Events and Submissions/Topic

Chiropractic Technique - Thoracic Spine inc. Mechanically Assisted

Adjusting

Case Work - History Continued Rehabilitation - Models of

Rehabilitation

Clinical Nutrition - The Macronutrients

Chiropractic Technique - CP1
Technique Outline and Chiropractic
Technique Bergmann & Peterson
Case Work - CP1 Case Work
Rehabilitation - Lecture material on

Moodle

Clinical Nutrition - Lecture material on

Moodle

#### Week 3 - 18 Mar 2024

Module/Topic Chapter Events and Submissions/Topic

Chiropractic Technique - Cervical Chiropractic Technique - CP1 Spine Technique Outline and Chiropractic Case Work - Patient Reported Technique Bergmann & Peterson Outcome Measures (PROMs) Case Work - CP1 Case Work Rehab biopsychosocial tutorial Rehabilitation - Qualitative and Rehabilitation - Lecture material on Quantitative Rehab Testing Mondle Clinical Nutrition - Energy Intake & Clinical Nutrition - Lecture material on Weight Management Moodle Week 4 - 25 Mar 2024 Chapter **Events and Submissions/Topic** Module/Topic Chiropractic Technique - Cervical Chiropractic Technique - CP1 Spine inc. Mechanically Assisted Technique Outline and Chiropractic Adjusting Technique Bergmann & Peterson Case Work - Using Clinical Guidelines Case Work - CP1 Case Work and writing a Management Plan Rehabilitation - Lecture material on Rehabilitation - Movement Patterns Mondle (Janda) Clinical Nutrition - Lecture material on Clinical Nutrition - Water, Vitamins & Moodle Minerals Week 5 - 01 Apr 2024 Chapter Module/Topic **Events and Submissions/Topic** Chiropractic Technique - CP1 Technique Outline and Chiropractic Chiropractic Technique - Lumbopelvic Region & Leg-Length analysis Technique Bergmann & Peterson Case Work - CP1 Case Work Case Work - Written Case summary Rehabilitation - Soft tissue therapy Rehabilitation - Lecture material on Moodle (Lewit) Clinical Nutrition - Dietary Assessment Clinical Nutrition - Lecture material on Moodle Vacation Week - 08 Apr 2024 Module/Topic Chapter **Events and Submissions/Topic** Week 6 - 15 Apr 2024 Chapter Module/Topic **Events and Submissions/Topic** Chiropractic Technique - CP1 Chiropractic Technique - Mechanically Technique Outline and Chiropractic Assisted Adjusting Lumbopelvic Technique Bergmann & Peterson Region Case Work - CP1 Case Work Case Work - Case Presentation & ROF Rehabilitation - Lecture material on Rehabilitation - Cervical Spine & TMJ Moodle Clinical Nutrition - Nutrition for Clinical Nutrition - Lecture material on Exercise & Sport Moodle Week 7 - 22 Apr 2024 Chapter Module/Topic **Events and Submissions/Topic** Chiropractic Technique - CP1 Chiropractic Technique - Coccyx, Technique Outline and Chiropractic Sacrum & Pubic Symphysis Technique Bergmann & Peterson Case Work - ROF & Informed consent Case Work - CP1 Case Work Rehabilitation - Lecture material on Rehabilitation - Thoracic Spine Mondle Clinical Nutrition - Nutrition During Clinical Nutrition - Lecture material on Pregnancy & Lactation Moodle

### Week 8 - 29 Apr 2024

Module/Topic Chapter Events and Submissions/Topic

Chiropractic Technique - CP1 Technique Outline and Chiropractic Chiropractic Technique - Extremity Mechanically Assisted Adjusting Technique Bergmann & Peterson Rehabilitation Moodle Quiz - Wk 8 Case Work - Practical Assessment Case Work - CP1 Case Work Practical Assessments - 2 station Rehabilitation - Lumbar Pelvis & Pelvis Rehabilitation - Lecture material on assessment in class practical time. Clinical Nutrition - Nutrition During Moodle Infancy, Childhood & Adolescence Clinical Nutrition - Lecture material on Moodle Week 9 - 06 May 2024 Module/Topic Chapter **Events and Submissions/Topic** Placement Week 1 Clinical Nutrition - Nutrition During Adulthood & Prevention of Chronic Disease Week 10 - 13 May 2024 Module/Topic Chapter **Events and Submissions/Topic** Placement Week 2 Clinical Nutrition - Nutrition in Older Age Week 11 - 20 May 2024 Module/Topic Chapter **Events and Submissions/Topic** Placement Week 3 Clinical Nutrition - Indigenous **Australian Food Security** Week 12 - 27 May 2024 Chapter **Events and Submissions/Topic** Module/Topic Placement Submission (Log Sheet, History Reflection inc placement history rubric) Placement Week 4 Nutrition Moodle Quiz - Wk 12 Clinical Nutrition - Nutrition Quiz **PLACEMENT** Due: Week 12 Friday (31 May 2024) 11:45 pm AEST Review/Exam Week - 03 Jun 2024 Module/Topic Chapter **Events and Submissions/Topic** Moodle In Class Test BNE 01/1.06 Computer Lab (PC) Thursday 09:00 AM - 11:00 AM 06/06/2024 MKY 82/G.10 Training Room 7 Thursday 09:00 AM - 11:00 AM 06/06/2024 End of Term Test Due: Review/Exam Week Thursday (6 June 2024) 9:00 am **AEST** 

Exam Week - 10 Jun 2024

Chapter

**Events and Submissions/Topic** 

Module/Topic

# **Assessment Tasks**

# 1 Portfolio

### **Assessment Type**

Portfolio

#### **Task Description**

Portfolio 60% - (divided into three components each worth 20%)

- •Overall Clinical Competence Assessment / OCCA (20%)
- Practical Assessment (20%)
- •2 Quizzes (20%) (Nutrition Moodle Quiz (10%) & Rehab Moodle Quiz (10%)).

#### Overall Clinical Competence Assessment / OCCA

Assessment completed by Wk13, considering student engagement and performance from the term.

#### **Practical Assessment**

Two station practical assessment of history taking skills and performing a ROF, Wk 8.

#### Quizzes

- -Rehab Moodle Quiz (Wk 8)
- -Nutrition Moodle Quiz (Wk 12)

N.B. both guizzes are open for 1 wk, 1 X 30-minute attempt permitted.

#### **Assessment Due Date**

#### **Return Date to Students**

#### Weighting

60%

#### **Assessment Criteria**

The Overall Clinical Competence Assessment or OCCA is a tool used in CP4-6 for assessing overall clinical competence. A copy and the scoring indicators will be found on Moodle.

The OCCA will be informed by;

- CQUni tutors from practical classes and tutorials.
- Unit expectations in terms of professional behaviour, conduct and engagement.
- Placement professionalism survey & supervisor meetings.
- Placement arrangement.
- Formative competency performance / engagement.
- Students will be expected to come to practical class having already made themselves familiar with the lecture material.

Practical Assessment - Two station practical assessment of history taking and performing a ROF, wk 8. History and ROF rubrics are available on Moodle. Assessment rubrics and templates are provided within the unit and assessment material.

# Quizzes

- Rehab Moodle Quiz (Wk 8) lecture material wks 1-8
- Nutrition Moodle Quiz (Wk 12) lecture material wks 1-11
- N.B. quizzes are open for 1 wk, 1 X 30-minute attempt permitted.

### **Referencing Style**

• American Psychological Association 7th Edition (APA 7th edition)

#### **Submission**

Online

#### **Learning Outcomes Assessed**

- Develop, refine and integrate problem solving skills through clinical assessment, decision making and management at an intermediate level
- · Demonstrate the ability to integrate sustainably within the broader health care system, including responsible use

of health care resources, the ability to collaborate with other health care disciplines, and the employment of health promotion and preventative strategies through community education.

#### **Graduate Attributes**

- Knowledge
- Communication
- Cognitive, technical and creative skills
- Research
- Ethical and Professional Responsibility
- Leadership

## 2 PLACEMENT

# **Assessment Type**

Professional Practice Placement

#### **Task Description**

At CQU, we feel it is very important to engage with chiropractors in the field so that our students are exposed to real clinical experiences. Accreditation bodies acknowledge the benefits of preparing students for industry. CQUniversity students have to complete 200hrs over two external clinical placements during the 1st year of their Master's Degree, to help them graduate practice ready.

Placement is a Pass/Fail assessment component, and each student must complete the required. Placement will be assessed from the point of finding the placement site to the point of the professionalism survey being completed by the placement practitioner. Placement requirements include

- 100 hours for CP1 a log of completed placement hours signed by the placement site manager or chiropractor and submitted via Moodle by CoB Friday week 12.
- Professionalism survey is sent to all practitioners, a positive (50% or greater) response is required to pass the Placement assessment.
- Placement (history taking) reflection must be completed and submitted to Moodle by CoB Friday week 12.
- All students must attend weekly Placement Supervisors meetings (total 4) to discuss their experiences. If a meeting is missed without a valid reason a reflective report will be required to pass the Placement assessment.

For CQUni 4th yr students to gain more experience with CQUni clinic 4th yr students have the opportunity to off set their total placement hours by volunteering their time at official CQUniversity outreach activities. Outreach opportunities are available at all campuses via by contacting the clinical teams. It is the responsibility of all students to arrange their placement in a timely manner working with WIL and the Placement coordinator. Additionally, you are encouraged to observe a CQUniversity 5th yr intern, 30hrs in terms 2 and 3 observation time can be offset against T2 & 3 placement requirement.

Logging observation and outreach time is the responsibility of the 4th yr CP student, a clinic supervisor must sign a placement / log sheet detailing and recording the hours observed at the end of each shift / session. It is hoped that these opportunities will help to familiarise 4th year CP students with the processes and procedures of the CQUniversity's Clinics. Importantly these opportunities help to provide application to the class teaching material that is being delivered and to build relationships with the 5th yr interns, their patients and the clinical staff. The skills in CP1-3 difficult to recreate in a practical classroom setting, outreaches are a great way to practice your patient communication skills.

#### **Assessment Due Date**

Week 12 Friday (31 May 2024) 11:45 pm AEST

#### **Return Date to Students**

Exam Week Friday (14 June 2024)

### Weighting

Pass/Fail

#### **Assessment Criteria**

Placement is a Pass/Fail assessment component, and each student must complete the required. Placement will be assessed from the point of finding the placement site to the point of the professionalism survey being completed by the placement practitioner. Placement requirements include

- 100 hours for CP1 a log of completed placement hours must be kept and signed by the placement site manager or chiropractor and submitted via Moodle by CoB Friday week 12.
- Professionalism survey is sent to all practitioners, a positive response is required to pass the Placement assessment.
- Placement (history taking) reflection must be completed and submitted to Moodle by CoB Friday week 12.
- All students must attend a weekly Placement Supervisors meetings (total 4) to discuss their placement experience. If a meeting is missed without a valid reason a reflective report will be required to pass the Placement assessment.

# **Referencing Style**

• American Psychological Association 7th Edition (APA 7th edition)

#### **Submission**

Online

#### **Submission Instructions**

Placement Submission - signed Clinical Placement Attendance Form and placement history reflection submission by CoB Fri Wk 12.

# **Learning Outcomes Assessed**

- Develop, refine and integrate problem solving skills through clinical assessment, decision making and management at an intermediate level
- Display behaviour appropriate to a professional health care provider, including ethical practice management and upholding the professional code of conduct
- Demonstrate empathetic communication skills in the practitioner-patient relationship, and other professional and personal relationships
- Demonstrate the ability to integrate sustainably within the broader health care system, including responsible use of health care resources, the ability to collaborate with other health care disciplines, and the employment of health promotion and preventative strategies through community education.

#### **Graduate Attributes**

- Knowledge
- Communication
- Cognitive, technical and creative skills
- Research
- Ethical and Professional Responsibility
- Leadership

## 3 End of Term Test

#### **Assessment Type**

In-class Test(s)

# **Task Description**

In Class Test - Weighting: 40%, to be completed during the university week 13. This assessment will assess material from all streams of the unit.

Clinical Cases and follow up questions - 100 marks

06/06/24 Thurs 9am-11am - BNE 01/1.06 & MKY Training Rm7

A written assessment outline will be provided on Moodle. This will outline the exact number of cases, questions and marks allocated.

#### **Assessment Due Date**

Review/Exam Week Thursday (6 June 2024) 9:00 am AEST 9AM-11.00AM

#### **Return Date to Students**

Exam Week Friday (14 June 2024)

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# Weighting

40%

### Minimum mark or grade

50%

#### **Assessment Criteria**

Students will be assessed on their ability to select / answer the correct answers posed in the assessment.

### **Referencing Style**

• American Psychological Association 7th Edition (APA 7th edition)

#### **Submission**

Online

### **Learning Outcomes Assessed**

- Display behaviour appropriate to a professional health care provider, including ethical practice management and upholding the professional code of conduct
- Demonstrate empathetic communication skills in the practitioner-patient relationship, and other professional and personal relationships

#### **Graduate Attributes**

- Knowledge
- Communication
- Cognitive, technical and creative skills
- Ethical and Professional Responsibility

# **Academic Integrity Statement**

As a CQUniversity student you are expected to act honestly in all aspects of your academic work.

Any assessable work undertaken or submitted for review or assessment must be your own work. Assessable work is any type of work you do to meet the assessment requirements in the unit, including draft work submitted for review and feedback and final work to be assessed.

When you use the ideas, words or data of others in your assessment, you must thoroughly and clearly acknowledge the source of this information by using the correct referencing style for your unit. Using others' work without proper acknowledgement may be considered a form of intellectual dishonesty.

Participating honestly, respectfully, responsibly, and fairly in your university study ensures the CQUniversity qualification you earn will be valued as a true indication of your individual academic achievement and will continue to receive the respect and recognition it deserves.

As a student, you are responsible for reading and following CQUniversity's policies, including the **Student Academic Integrity Policy and Procedure**. This policy sets out CQUniversity's expectations of you to act with integrity, examples of academic integrity breaches to avoid, the processes used to address alleged breaches of academic integrity, and potential penalties.

### What is a breach of academic integrity?

A breach of academic integrity includes but is not limited to plagiarism, self-plagiarism, collusion, cheating, contract cheating, and academic misconduct. The Student Academic Integrity Policy and Procedure defines what these terms mean and gives examples.

## Why is academic integrity important?

A breach of academic integrity may result in one or more penalties, including suspension or even expulsion from the University. It can also have negative implications for student visas and future enrolment at CQUniversity or elsewhere. Students who engage in contract cheating also risk being blackmailed by contract cheating services.

#### Where can I get assistance?

For academic advice and guidance, the <u>Academic Learning Centre (ALC)</u> can support you in becoming confident in completing assessments with integrity and of high standard.

## What can you do to act with integrity?



#### **Be Honest**

If your assessment task is done by someone else, it would be dishonest of you to claim it as your own



# Seek Help

If you are not sure about how to cite or reference in essays, reports etc, then seek help from your lecturer, the library or the Academic Learning Centre (ALC)



# **Produce Original Work**

Originality comes from your ability to read widely, think critically, and apply your gained knowledge to address a question or problem