



ALLH11005 *Anatomy and Physiology for Health Professionals 1*

Term 3 - 2018

Profile information current as at 04/05/2024 06:49 am

All details in this unit profile for ALLH11005 have been officially approved by CQUniversity and represent a learning partnership between the University and you (our student). The information will not be changed unless absolutely necessary and any change will be clearly indicated by an approved correction included in the profile.

General Information

Overview

This unit will offer the students an introduction to human anatomy and physiology, including human body structure and function. There will be a focus on the fundamentals of skeletal, muscular, and neural structures, on how the various structures are linked, and on how this relates to function.

Details

Career Level: *Undergraduate*

Unit Level: *Level 1*

Credit Points: 6

Student Contribution Band: 8

Fraction of Full-Time Student Load: 0.125

Pre-requisites or Co-requisites

Condition: This unit is for students from these courses only: CB66 - Bachelor of Health Science (Allied Health), CK21 - Bachelor of Occupational Therapy, CB84 - Bachelor of Occupational Therapy (Honours), CK22 - Bachelor of Physiotherapy, CB85 - Bachelor of Physiotherapy (Honours), CK23 - Bachelor of Podiatry Practice, CB86 - Bachelor of Podiatry (Honours), CK24 - Bachelor of Speech Pathology, CB87 - Bachelor of Speech Pathology (Honours)

Important note: Students enrolled in a subsequent unit who failed their pre-requisite unit, should drop the subsequent unit before the census date or within 10 working days of Fail grade notification. Students who do not drop the unit in this timeframe cannot later drop the unit without academic and financial liability. See details in the [Assessment Policy and Procedure \(Higher Education Coursework\)](#).

Offerings For Term 3 - 2018

- Mixed Mode

Attendance Requirements

All on-campus students are expected to attend scheduled classes – in some units, these classes are identified as a mandatory (pass/fail) component and attendance is compulsory. International students, on a student visa, must maintain a full time study load and meet both attendance and academic progress requirements in each study period (satisfactory attendance for International students is defined as maintaining at least an 80% attendance record).

Residential Schools

This unit has a Compulsory Residential School for distance mode students and the details are:

Click here to see your [Residential School Timetable](#).

Website

[This unit has a website, within the Moodle system, which is available two weeks before the start of term. It is important that you visit your Moodle site throughout the term. Please visit Moodle for more information.](#)

Class and Assessment Overview

Recommended Student Time Commitment

Each 6-credit Undergraduate unit at CQUniversity requires an overall time commitment of an average of 12.5 hours of study per week, making a total of 150 hours for the unit.

Class Timetable

[Regional Campuses](#)

Bundaberg, Cairns, Emerald, Gladstone, Mackay, Rockhampton, Townsville

[Metropolitan Campuses](#)

Adelaide, Brisbane, Melbourne, Perth, Sydney

Assessment Overview

1. **Online Quiz(zes)**

Weighting: 50%

2. **Practical Assessment**

Weighting: 50%

Assessment Grading

This is a graded unit: your overall grade will be calculated from the marks or grades for each assessment task, based on the relative weightings shown in the table above. You must obtain an overall mark for the unit of at least 50%, or an overall grade of 'pass' in order to pass the unit. If any 'pass/fail' tasks are shown in the table above they must also be completed successfully ('pass' grade). You must also meet any minimum mark requirements specified for a particular assessment task, as detailed in the 'assessment task' section (note that in some instances, the minimum mark for a task may be greater than 50%). Consult the [University's Grades and Results Policy](#) for more details of interim results and final grades.

CQUniversity Policies

All University policies are available on the [CQUniversity Policy site](#).

You may wish to view these policies:

- Grades and Results Policy
- Assessment Policy and Procedure (Higher Education Coursework)
- Review of Grade Procedure
- Student Academic Integrity Policy and Procedure
- Monitoring Academic Progress (MAP) Policy and Procedure – Domestic Students
- Monitoring Academic Progress (MAP) Policy and Procedure – International Students
- Student Refund and Credit Balance Policy and Procedure
- Student Feedback – Compliments and Complaints Policy and Procedure
- Information and Communications Technology Acceptable Use Policy and Procedure

This list is not an exhaustive list of all University policies. The full list of University policies are available on the [CQUniversity Policy site](#).

Previous Student Feedback

Feedback, Recommendations and Responses

Every unit is reviewed for enhancement each year. At the most recent review, the following staff and student feedback items were identified and recommendations were made.

Feedback from Student feedback and self-reflection.

Feedback

Online practice quizzes were supportive for the student's learning journey in this unit.

Recommendation

Continue to provide weekly practice quizzes.

Feedback from Student feedback from unit evaluations.

Feedback

Mid-term visit by lecturer was enjoyed by students.

Recommendation

The unit coordinator will continue visit the students on all three campuses at least once during each offering of this unit.

Unit Learning Outcomes

On successful completion of this unit, you will be able to:

1. Identify anatomical structures of the skeletal, muscular and nervous systems for the spine and lower quadrant.
2. Describe the different functions of human anatomy.
3. Explain the individual variations of human anatomy.
4. Explain how anatomy and function are interrelated.

Alignment of Learning Outcomes, Assessment and Graduate Attributes



Alignment of Assessment Tasks to Learning Outcomes

| Assessment Tasks | Learning Outcomes | | | |
|--------------------------------|-------------------|---|---|---|
| | 1 | 2 | 3 | 4 |
| 1 - Online Quiz(zes) - 50% | • | • | • | • |
| 2 - Practical Assessment - 50% | • | • | • | • |

Alignment of Graduate Attributes to Learning Outcomes

| Graduate Attributes | Learning Outcomes | | | |
|---------------------|-------------------|---|---|---|
| | 1 | 2 | 3 | 4 |
| 1 - Communication | • | • | • | • |
| 2 - Problem Solving | • | • | • | • |

| Graduate Attributes | Learning Outcomes | | | |
|-----------------------------------------------------|-------------------|---|---|---|
| | 1 | 2 | 3 | 4 |
| 3 - Critical Thinking | | | • | • |
| 4 - Information Literacy | | | | |
| 5 - Team Work | | | | |
| 6 - Information Technology Competence | | | | |
| 7 - Cross Cultural Competence | | | | |
| 8 - Ethical practice | | • | | |
| 9 - Social Innovation | | | | |
| 10 - Aboriginal and Torres Strait Islander Cultures | | | | |

Alignment of Assessment Tasks to Graduate Attributes

| Assessment Tasks | Graduate Attributes | | | | | | | | | |
|--------------------------------|---------------------|---|---|---|---|---|---|---|---|----|
| | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| 1 - Online Quiz(zes) - 50% | • | • | • | • | | • | | | | |
| 2 - Practical Assessment - 50% | • | • | • | | | | | • | | |

Textbooks and Resources

Textbooks

ALLH11005

Prescribed

Gray's Anatomy for Students

Edition: 3rd (2014)

Authors: Richard Drake, A. Wayne Vogl, Adam W. M. Mitchell

Elsevier Health Sciences

United Kingdom

ISBN: 9780702051319

Binding: Paperback

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Supplementary

McMinn and Abrahams' Clinical Atlas of Human Anatomy

Edition: 7th (2013)

Authors: Peter H. Abrahams, Jonathan D. Spratt, Marios Loukas, Albert-Neels van Schoor

Elsevier Health Sciences

United Kingdom

ISBN: 9780723436973

Binding: Paperback

[View textbooks at the CQUniversity Bookshop](#)

IT Resources

You will need access to the following IT resources:

- CQUniversity Student Email
- Internet
- Unit Website (Moodle)

Referencing Style

All submissions for this unit must use the referencing style: [American Psychological Association 6th Edition \(APA 6th edition\)](#)

For further information, see the Assessment Tasks.

Teaching Contacts

Stephen Skippen Unit Coordinator

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Henrik Pallos Unit Coordinator

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Schedule

Week 1 - 05 Nov 2018

| Module/Topic | Chapter | Events and Submissions/Topic |
|-------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------|
| Introduction, Cells & Tissues. Musculoskeletal System 1: Bone. | Ch 1 - The Body Martini Ch 4 - The Tissue Level of Organisation (pp 109-134) Martini Ch 6 - Osseous Tissue & Bone Structure (pp 170-193) | |

Week 2 - 12 Nov 2018

| Module/Topic | Chapter | Events and Submissions/Topic |
|------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------|
| Musculoskeletal System 2: Muscle. Musculoskeletal System 3: Joints. | Martini Ch 4 - The Tissue Level of Organisation (pp 134-136) Martini Ch 10 - Muscle Tissue (pp 280-285, 302-305, 313-315) Martini Ch 11 - The Muscular System (pp 323-327) | |

Week 3 - 19 Nov 2018

| Module/Topic | Chapter | Events and Submissions/Topic |
|-------------------------------------|-----------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------|
| Cardiovascular & Lymphatic Systems. | Ch 3 - Thorax (read section on middle mediastinum) Martini Ch 22 - Lymphatics (pp 765-766) | Quiz 1 opens on Week 3, Friday 17:00 PM (AEST) and closes on Week 4, Monday 17:00 PM (AEST). |

Week 4 - 26 Nov 2018

| Module/Topic | Chapter | Events and Submissions/Topic |
|-----------------------------------------|-----------------------------------------------------------------------------------------------------------------|------------------------------|
| Respiratory & Gastrointestinal Systems. | Ch 3 - Thorax (read section on pleural cavities) Ch 4 - Abdomen (read 'organs' section on abdominal viscera) | |

Vacation Week - 03 Dec 2018

| Module/Topic | Chapter | Events and Submissions/Topic |
|--------------|---------|------------------------------|
|--------------|---------|------------------------------|

Week 5 - 10 Dec 2018

| Module/Topic | Chapter | Events and Submissions/Topic |
|------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------|
| Nervous & Endocrine Systems. | Ch 1 - The Body (read section on nervous system) Ch 2 - Back (read section on spinal cord) Ch 8 - Head & Neck (read sections on meninges and brain and its blood supply) Martini Ch 4 - The Tissue Level of Organisation (pp 137-139) Martini Ch 12 - Neural Tissue (pp 375-380, 386-404) | |

Week 6 - 17 Dec 2018

| Module/Topic | Chapter | Events and Submissions/Topic |
|---------------------------------|----------------------------------------------------------------------------------------------------------------------------------|------------------------------|
| Urinary & Reproductive Systems. | Ch 4 - Abdomen (read section on posterior abdominal region viscera) Ch 5 - Pelvis & Perineum (read section on pelvic viscera) | |

Week 7 - 31 Dec 2018

| Module/Topic | Chapter | Events and Submissions/Topic |
|--------------------|------------------------------------------------------|----------------------------------------------------------------------------------------------|
| Pelvis & Perineum. | Ch 5 - Pelvis & Perineum (read remainder of chapter) | Quiz 2 opens on Week 7, Friday 17:00 PM (AEST) and closes on Week 8, Monday 17:00 PM (AEST). |

Week 8 - 07 Jan 2019

| Module/Topic | Chapter | Events and Submissions/Topic |
|-----------------------|----------------------------------------------------------------------------|------------------------------|
| Hip & Gluteal Region. | Ch 6 - Lower Limb (read from beginning up until regional anatomy of thigh) | |

Week 9 - 14 Jan 2019

| Module/Topic | Chapter | Events and Submissions/Topic |
|--------------|---------|------------------------------|
|--------------|---------|------------------------------|

Thigh.

Ch 6 - Lower Limb (read section on regional anatomy of thigh up until knee)

Week 10 - 21 Jan 2019

| Module/Topic | Chapter | Events and Submissions/Topic |
|--------------|-----------------------------------------------------------------------|------------------------------|
| Knee & Leg. | Ch 6 - Lower Limb (read sections on regional anatomy of knee and leg) | |

Week 11 - 28 Jan 2019

| Module/Topic | Chapter | Events and Submissions/Topic |
|---------------|--------------------------------------------------------------|------------------------------------------------------------------------------------------------|
| Ankle & Foot. | Ch 6 - Lower Limb (read section on regional anatomy of foot) | Quiz 3 opens on Week 11, Friday 17:00 PM (AEST) and closes on Week 12, Monday 17:00 PM (AEST). |

Week 12 - 04 Feb 2019

| Module/Topic | Chapter | Events and Submissions/Topic |
|--------------------------------------------|--------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Residential School & Practical Assessment. | Residential School: Week 12 Monday, Tuesday, Wednesday Practical Assessment: Week 12 Thursday | Mixed Mode Students: Compulsory residential school in ROK. All Students: Practical Assessment. Practical Assessment Due: Week 12 Thursday (7 Feb 2019) 9:00 am AEST |

Exam Week - 11 Feb 2019

| Module/Topic | Chapter | Events and Submissions/Topic |
|--------------|---------|------------------------------|
|--------------|---------|------------------------------|

Term Specific Information

The lectures are pre-recorded lectures of Dr. Stanley Serafin.
The tutorials are pre-recorded sessions of Dr. Stanley Serafin.
Dr. Serafin is a biomedical engineer who later completed a PhD in Biological Anthropology.

Assessment Tasks

1 Online Quizzes

Assessment Type

Online Quiz(zes)

Task Description

An understanding of human anatomy and physiology is essential to many health professions. The fundamentals of this knowledge must be learnt and understood. The various health professions you have chosen to study have selected the knowledge and concepts taught in this unit as relevant to your future scope of practice.

1. There will be three separate online quizzes to assess your knowledge of the unit material.
2. The number of questions and weighting for each quiz is outlined below.
3. Only one attempt is allowed on each quiz so ensure you have a good internet connection before starting.
4. There is a minimum mark requirement in the assessment task: 50% on the cumulative score of all three quizzes.
5. In the absence of an approved extension, there will be no opportunity to complete the task after the assigned date.
6. Dates that each quiz open and close are outlined below. Each quiz must be completed on or before the due date listed.

| Quiz | Topic | Questions | Weighting | Time / Date the Quiz Opens | Time / Date the Quiz Closes |
|------|------------------|-----------|-----------|--------------------------------|--------------------------------|
| 1 | Week 1,2,3 | 10 | 10% | 17:00 PM (AEST) Friday Week 3 | 17:00 PM (AEST) Monday Week 4 |
| 2 | Week 4,5,6 | 15 | 15% | 17:00 PM (AEST) Friday Week 7 | 17:00 PM (AEST) Monday Week 8 |
| 3 | Week 7,8,9,10,11 | 25 | 25% | 17:00 PM (AEST) Friday Week 11 | 17:00 PM (AEST) Monday Week 12 |

Additional details regarding the Online Quizzes may be found on the unit Moodle site.

Number of Quizzes

3

Frequency of Quizzes

Other

Assessment Due Date

See 'Task description' above.

Return Date to Students

Immediately upon quiz closure.

Weighting

50%

Minimum mark or grade

50%

Assessment Criteria

Questions will be automatically marked correct or incorrect. The maximum score that can be accumulated from the three Online Quizzes equals 50% of the total unit marks. The 50% minimum mark requirement is on the cumulative score of all three quizzes.

Referencing Style

- [American Psychological Association 6th Edition \(APA 6th edition\)](#)

Submission

Online

Learning Outcomes Assessed

- Identify anatomical structures of the skeletal, muscular and nervous systems for the spine and lower quadrant.
- Describe the different functions of human anatomy.
- Explain the individual variations of human anatomy.
- Explain how anatomy and function are interrelated.

Graduate Attributes

- Communication
- Problem Solving
- Critical Thinking
- Information Literacy
- Information Technology Competence

2 Practical Assessment

Assessment Type

Practical Assessment

Task Description

In the clinical context, health professionals are expected to have in-depth knowledge and understanding of anatomical structures, physiological systems and their interrelation. In a university simulation setting you will take part in practical learning activities with anatomical models, bones and real plastinated human bodies for the purpose of familiarization with these structures.

In this practical assessment you will:

1. Identify anatomical structures of the skeletal, muscular and nervous systems for the spine and lower quadrant.
2. Describe the different functions of human anatomy.
3. Explain the individual variations of human anatomy.
4. Explain how anatomy and function are interrelated.

The practical assessment is worth 50% of your overall mark for the unit. It is approximately 1 hour in duration. It consists of approximately 20 stations set up around the room, each with one specimen. At each station will be a station identifier that lists the questions. Some stations will have several brief identification type questions, while others may have just one physiology question. After a set period of time, you will rotate to the next station and repeat this until you have been at all stations. There will be 1 student at each station at a time. You will be given an answer sheet on which to write your answers. The practical assessment is closed book so the only things you will be allowed to have on you are

pens (blue or black ink only), your answer sheet and ID (e.g., driver's license). Structures will be tagged using coloured chalk or stickers labeled A, B, C, D, etc. Questions will cover muscles, bones, joints, nerves, blood vessels, viscera and supporting structures in the body systems, pelvis, perineum and lower limb. Students are responsible for all content covered in class for the entire term that is visible on the specimens that we have, with particular emphasis placed on the practical activities.

Assessment Due Date

Week 12 Thursday (7 Feb 2019) 9:00 am AEST

All students take the practical assessment in person in Week 12 in Rockhampton. The exact time will be posted on Moodle.

Return Date to Students

Within 2 weeks of assessment date

Weighting

50%

Minimum mark or grade

50%

Assessment Criteria

For the practical assessment, your responses are scored according to the following criteria:

- correctness, relevance and completeness of the response to the question asked
- correct spelling and use of anatomical and physiological terminology

Referencing Style

- [American Psychological Association 6th Edition \(APA 6th edition\)](#)

Submission

Offline

Submission Instructions

Hard Copy, Practical Assessment

Learning Outcomes Assessed

- Identify anatomical structures of the skeletal, muscular and nervous systems for the spine and lower quadrant.
- Describe the different functions of human anatomy.
- Explain the individual variations of human anatomy.
- Explain how anatomy and function are interrelated.

Graduate Attributes

- Communication
- Problem Solving
- Critical Thinking
- Ethical practice

Academic Integrity Statement

As a CQUniversity student you are expected to act honestly in all aspects of your academic work.

Any assessable work undertaken or submitted for review or assessment must be your own work. Assessable work is any type of work you do to meet the assessment requirements in the unit, including draft work submitted for review and feedback and final work to be assessed.

When you use the ideas, words or data of others in your assessment, you must thoroughly and clearly acknowledge the source of this information by using the correct referencing style for your unit. Using others' work without proper acknowledgement may be considered a form of intellectual dishonesty.

Participating honestly, respectfully, responsibly, and fairly in your university study ensures the CQUniversity qualification you earn will be valued as a true indication of your individual academic achievement and will continue to receive the respect and recognition it deserves.

As a student, you are responsible for reading and following CQUniversity's policies, including the [Student Academic Integrity Policy and Procedure](#). This policy sets out CQUniversity's expectations of you to act with integrity, examples of academic integrity breaches to avoid, the processes used to address alleged breaches of academic integrity, and potential penalties.

What is a breach of academic integrity?

A breach of academic integrity includes but is not limited to plagiarism, self-plagiarism, collusion, cheating, contract cheating, and academic misconduct. The Student Academic Integrity Policy and Procedure defines what these terms mean and gives examples.

Why is academic integrity important?

A breach of academic integrity may result in one or more penalties, including suspension or even expulsion from the University. It can also have negative implications for student visas and future enrolment at CQUniversity or elsewhere. Students who engage in contract cheating also risk being blackmailed by contract cheating services.

Where can I get assistance?

For academic advice and guidance, the [Academic Learning Centre \(ALC\)](#) can support you in becoming confident in completing assessments with integrity and of high standard.

What can you do to act with integrity?



Be Honest

If your assessment task is done by someone else, it would be dishonest of you to claim it as your own



Seek Help

If you are not sure about how to cite or reference in essays, reports etc, then seek help from your lecturer, the library or the Academic Learning Centre (ALC)



Produce Original Work

Originality comes from your ability to read widely, think critically, and apply your gained knowledge to address a question or problem