ALLH11010 *Skills for Allied Health Assistants*
Term 3 - 2025

Profile information current as at 12/11/2026 11:48 am

All details in this unit profile for ALLH11010 have been officially approved by CQUniversity and represent a learning partnership between the University and you (our student).The information will not be changed unless absolutely necessary and any change will be clearly indicated by an approved correction included in the profile.

General Information

Overview
This unit will enable you to further develop and demonstrate the necessary knowledge and practical skills required of a competent Allied Health Assistant. You will engage in a variety of authentic learning experiences including practical scenarios, case studies and work-integrated learning where you will be supervised by an industry Allied Health professional. Upon successful completion of this unit, you will have developed a portfolio of evidence that illustrates your capacity to operate as an Allied Health Assistant.

Details
Career Level: *Undergraduate*
Unit Level: *Level 1*
Credit Points: *6*
Student Contribution Band: *8*
Fraction of Full-Time Student Load: *0.125*

Pre-requisites or Co-requisites
Pre-requisites: ALLH11001 Introduction to Allied Health ALLH11009 Research Methods for Health Professionals ALLH11006 Life Course Development for Health Professionals Pre- or Co-requisites: BMSC11007 Medical Anatomy and Physiology 1 BMSC11008 Medical Anatomy and Physiology 2
Important note: Students enrolled in a subsequent unit who failed their pre-requisite unit, should drop the subsequent unit before the census date or within 10 working days of Fail grade notification. Students who do not drop the unit in this timeframe cannot later drop the unit without academic and financial liability. See details in the Assessment Policy and Procedure (Higher Education Coursework).

Offerings For Term 3 - 2025
- Mixed Mode

Attendance Requirements
All on-campus students are expected to attend scheduled classes – in some units, these classes are identified as a mandatory (pass/fail) component and attendance is compulsory. International students, on a student visa, must maintain a full time study load and meet both attendance and academic progress requirements in each study period (satisfactory attendance for International students is defined as maintaining at least an 80% attendance record).

Website
This unit has a website, within the Moodle system, which is available two weeks before the start of term. It is important that you visit your Moodle site throughout the term. Please visit Moodle for more information.

Class and Assessment Overview

Recommended Student Time Commitment

Each 6-credit Undergraduate unit at CQUniversity requires an overall time commitment of an average of 12.5 hours of study per week, making a total of 150 hours for the unit.

Class Timetable

Regional Campuses
Bundaberg, Cairns, Emerald, Gladstone, Mackay, Rockhampton, Townsville

Metropolitan Campuses
Adelaide, Brisbane, Melbourne, Perth, Sydney

Assessment Overview

1. Online Quizzes (Online Quiz(zes))
Weighting: Pass/Fail
2. Portfolio Assessment (Portfolio)
Weighting: Pass/Fail
3. Practical Assessment (Practical Assessment)
Weighting: Pass/Fail
4. Professional Practice Placement (Professional Practice Placement)
Weighting: Pass/Fail

Assessment Grading

This is a pass/fail (non-graded) unit. To pass the unit, you must pass all of the individual assessment tasks shown in the table above.

CQUniversity Policies

All University policies are available on the CQUniversity Policy site.
You may wish to view these policies:

- Grades and Results Policy
- Assessment Policy and Procedure (Higher Education Coursework)
- Review of Grade Procedure
- Student Academic Integrity Policy and Procedure
- Academic Progression Policy and Procedure
- Student Refund and Credit Balance Policy and Procedure
- Complaints Policy and Procedure
- Information and Communications Technology Acceptable Use Policy and Procedure

This list is not an exhaustive list of all University policies. The full list of University policies are available on the CQUniversity Policy site.

Previous Student Feedback

Feedback, Recommendations and Responses

Every unit is reviewed for enhancement each year. At the most recent review, the following staff and student feedback items were identified and recommendations were made.

Feedback from SUTE

Feedback
The teaching staff were highly engaged and delivered a positive learning experience for students.

Recommendation
To ensure consistency of staffing, the same casual academic should be contracted for teaching.

Unit Learning Outcomes

On successful completion of this unit, you will be able to:

1. Behave professionally and ethically within an allied health setting
2. Demonstrate knowledge, skills and competencies typical of an assistant in an allied health setting
3. Reflect upon the scope of practice of an assistant in an allied health setting
4. Develop a portfolio of evidence to demonstrate the knowledge and practical competencies expected of an assistant in an allied health setting

Upon the successful completion of this unit, you may be eligible to apply for the vocational award of Certificate IV in Allied Health Assistance.

Alignment of Learning Outcomes, Assessment and Graduate Attributes

— N/A Level | • Introductory Level | • Intermediate Level | • Graduate Level | ◦ Professional Level | ◦ Advanced Level

Alignment of Assessment Tasks to Learning Outcomes

Assessment Tasks	Learning Outcomes			
	1	2	3	4
1 - Online Quiz(zes) - 0%		•		•
2 - Portfolio - 0%		•	•	•
3 - Practical Assessment - 0%	•	•		•
4 - Professional Practice Placement - 0%	•	•	•	•

Alignment of Graduate Attributes to Learning Outcomes

Graduate Attributes	Learning Outcomes			
	1	2	3	4
1 - Communication	•	•	•	•
2 - Problem Solving		•	•	•
3 - Critical Thinking		•	•	•
4 - Information Literacy	•	•		•
5 - Team Work	•	•		•
6 - Information Technology Competence		•		
7 - Cross Cultural Competence	•	•		•
8 - Ethical practice	•	•		•
9 - Social Innovation				
10 - Aboriginal and Torres Strait Islander Cultures	•	•		•

Textbooks and Resources

Textbooks

There are no required textbooks.

IT Resources

You will need access to the following IT resources:

- CQUniversity Student Email
- Internet
- Unit Website (Moodle)

Referencing Style

All submissions for this unit must use the referencing style: American Psychological Association 7th Edition (APA 7th edition)
For further information, see the Assessment Tasks.

Teaching Contacts

Davina Taylor Unit Coordinator
d.taylor@cqu.edu.au
Trudy Jones Unit Coordinator
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Schedule

Week 1 - 10 Nov 2025

Module/Topic	Chapter	Events and Submissions/Topic
This week we recommend you complete Module's 1 - 4. • Apply basic principles and practices of infection prevention and control • Follow safe work practices for direct client care • Conduct manual tasks safely • Assist with movement		Virtual class: Monday 10th November 2025, 3:00pm - 5:00pm AEST

Week 2 - 17 Nov 2025

Module/Topic	Chapter	Events and Submissions/Topic
This week we recommend you complete Module's 5 - 8. • Work with diverse people • Respond effectively to behaviours of concern • Recognise and report risk of falls • Implement falls prevention strategies		Virtual class: Monday 17th November 2025, 3:00pm - 5:00pm AEST

Week 3 - 24 Nov 2025

Module/Topic	Chapter	Events and Submissions/Topic
This week we recommend you complete Module's 9 - 11 • Facilitate the empowerment of people receiving support • Support relationships with carer and family • Interpret and apply medical terminology appropriate		Virtual class: Monday 24th November 2025, 3:00pm - 5:00pm AEST

Week 4 - 01 Dec 2025

Module/Topic	Chapter	Events and Submissions/Topic
This week we recommend you complete Modul's 12 & 13 • Assist with an allied health program • Deliver and monitor physical or manual therapy programs		Virtual class: Monday 1st December 2025, 3:00pm - 5:00pm AEST

Week 5 - 08 Dec 2025

Module/Topic	Chapter	Events and Submissions/Topic
This week we recommend you complete Module's 14 - 16 • Assist in rehabilitation programs • Conduct group sessions for individual outcomes • Support maintenance of functional status		Virtual class: Monday 8th December 2025, 3:00pm - 5:00pm AEST

Week 6 - 15 Dec 2025

Module/Topic	Chapter	Events and Submissions/Topic
This week we recommend you complete Module 17 & 18. • Recognise impact of health conditions • Engage with clinical supervision and delegation		Virtual class: Monday 15th December 2025, 3:00pm - 5:00pm AEST Online Quizzes Due: Week 6 Friday (19 Dec 2025) 5:00 pm AEST

Vacation Week - 22 Dec 2025

Module/Topic	Chapter	Events and Submissions/Topic
		Enjoy your vacation week, see you on Monday 5th January 2026 for Week 7.

Vacation Week - 29 Dec 2025

Module/Topic	Chapter	Events and Submissions/Topic
		Enjoy your vacation week, see you on Monday 5th January 2026 for Week 7.

Week 7 - 05 Jan 2026

Module/Topic	Chapter	Events and Submissions/Topic
This week you are required to finalise and submit Portfolio Assessment Books One and Two. Virtual class will be an in depth discussion about Residential School requirements.		Virtual class: Monday 5th January 2026, 3:00pm - 5:00pm AEST Portfolio Assessment Task is due: Wednesday 7th January (Week 7) @ 5:00pm AEST, 2026. Portfolio Assessment Due: Week 7 Wednesday (7 Jan 2026) 5:00 pm AEST

Week 8 - Residential School - 12 Jan 2026

Module/Topic	Chapter	Events and Submissions/Topic
There is no specific content to cover this week, instead, you are required to attend Residential School and complete associated assessment tasks. You will be assessed throughout Residential School on your knowledge and understanding of content covered in weeks 1-6.		Compulsory Residential School: Week 8 (Monday 12th to Friday 16th January 2026) from 9:00am - 5:00pm AEST, at the Rockhampton (North) Campus. Simulated Competency Booklet is due: Monday 19th January (Week 9) @ 5:00pm, AEST 2026.

Week 9 - Professional Practice Placemen Block - 19 Jan 2026

Module/Topic	Chapter	Events and Submissions/Topic

There is no specific content to cover this week, or for the remainder of the term. Instead, you are required to commence your professional practice placement (work-integrated learning) experience and complete the associated assessment tasks.		Professional Practice Placement Booklet Due on or before: Sunday 8th March (Prior to Term 1 Week 1) @ at 5:00pm AEST, 2026. Practical Assessment Due: Week 9 Monday (19 Jan 2026) 5:00 pm AEST

Week 10 - Professional Practice Placement Block - 26 Jan 2026

Module/Topic	Chapter	Events and Submissions/Topic
There is no specific content to cover this week, or for the remainder of the term. Instead, you are required to commence your professional practice placement (work-integrated learning) experience and complete the associated assessment tasks.		Professional Practice Placement Booklet Due on or before: Sunday 8th March (Prior to Term 1 Week 1) @ at 5:00pm AEST, 2026.

Week 11 - Professional Practice Placement Block - 02 Feb 2026

Module/Topic	Chapter	Events and Submissions/Topic
There is no specific content to cover this week, or for the remainder of the term. Instead, you are required to commence your professional practice placement (work-integrated learning) experience and complete the associated assessment tasks.		Professional Practice Placement Booklet Due on or before: Sunday 8th March (Prior to Term 1 Week 1) @ at 5:00pm AEST, 2026.

Week 12 - Professional Practice Placement Block - 09 Feb 2026

Module/Topic	Chapter	Events and Submissions/Topic
There is no specific content to cover this week, or for the remainder of the term. Instead, you are required to commence your professional practice placement (work-integrated learning) experience and complete the associated assessment tasks.		Professional Practice Placement Booklet Due on or before: Sunday 8th March (Prior to Term 1 Week 1) @ at 5:00pm AEST, 2026.

Review/Exam Week - Professional Practice Placement Block - 16 Feb 2026

Module/Topic	Chapter	Events and Submissions/Topic
There is no specific content to cover this week, or for the remainder of the term. Instead, you are required to commence your professional practice placement (work-integrated learning) experience and complete the associated assessment tasks.		Professional Practice Placement Booklet Due on or before: Sunday 8th March (Prior to Term 1 Week 1) @ at 5:00pm AEST, 2026.

Assessment Tasks

1 Online Quiz(zes)

Assessment Title
Online Quizzes

Task Description
This is an online assessment which takes the form of a series of automatically marked questions.
Content quizzes will be comprised of different question types that will assess your knowledge and understanding of the content covered within each Module.
Question types:

- Drag and Drop: Drag an answer into the correct position into gaps in a paragraph of text.
- Select missing words: This is very similar to the Drag and drop into text question type, but uses drop-down menus in the text instead of drag-boxes.
- Multiple Choice: Select the single or multiple correct answers from a list of options.
- True/False: Choose between two options: "True" or "False".
- Matching: Match each item in a list of sub-questions to the correct answer from another list.

We strongly encourage you to complete the relevant quizzes as you progress throughout each of the modules.

Number of Quizzes
No Number of Quizzes

Frequency of Quizzes
Other

Assessment Due Date
Week 6 Friday (19 Dec 2025) 5:00 pm AEST
You must complete ALL online content quizzes before this due date and prior to attending Residential School.

Return Date to Students
You will receive feedback and grades immediately upon submission.

Weighting
Pass/Fail

Minimum mark or grade
This assessment task is a PASS/FAIL assessment task. You must pass this assessment task to be eligible to pass this unit.

Assessment Criteria
Online Content Quizzes will assess your knowledge and understanding of the following:

- Apply basic principles and practices of infection prevention and control
- Follow safe work practices for direct client care
- Conduct manual tasks safely
- Assist with movement
- Work with diverse people
- Respond effectively to behaviours of concern
- Recognise and report risk of falls
- Implement falls prevention strategies
- Facilitate the empowerment of people receiving support
- Support relationships with carer and family
- Interpret and apply medical terminology appropriate
- Assist with an allied health program
- Deliver and monitor physical or manual therapy programs
- Recognise impact of health conditions
- Engage with clinical supervision and delegation

You must score 100% to pass a quiz. You will be given unlimited time, but only TWO attempts to complete each quiz.
You must pass this assessment task to be eligible to pass this unit.

Referencing Style
American Psychological Association 7th Edition (APA 7th edition)

Submission
Online

Learning Outcomes Assessed

- Demonstrate knowledge, skills and competencies typical of an assistant in an allied health setting
- Develop a portfolio of evidence to demonstrate the knowledge and practical competencies expected of an assistant in an allied health setting

2 Portfolio

Assessment Title
Portfolio Assessment

Task Description
There are TWO booklets that comprise of predominately short answer questions expecting between 50 - 200 words per question (general rule).
Students are expected to apply the theoretical knowledge acquired in each module. You should respond to each section in accordance with the relevant module content.
Once completed you will upload into Moodle for marking.

Assessment Due Date
Week 7 Wednesday (7 Jan 2026) 5:00 pm AEST
Results will be available within three (3) working days.

Return Date to Students
No Return Date to Students

Weighting
Pass/Fail

Minimum mark or grade
This assessment task is a PASS/FAIL assessment task. You must pass this assessment task to be eligible to pass this unit.

Assessment Criteria
The Portfolio documents will be graded as PASS / FAIL.
This means you have either answered the question to a satisfactory standard or you have not.
When completing this Portfolio task, remember that it not only draws upon the knowledge that you have learnt in this specific unit, but also the knowledge from the other first year units you've completed in Terms 1 and 2. This will most likely require you to engage with content that is outside of this unit.

Referencing Style
American Psychological Association 7th Edition (APA 7th edition)

Submission
Online

Learning Outcomes Assessed
- Demonstrate knowledge, skills and competencies typical of an assistant in an allied health setting
- Reflect upon the scope of practice of an assistant in an allied health setting
- Develop a portfolio of evidence to demonstrate the knowledge and practical competencies expected of an assistant in an allied health setting

3 Practical Assessment

Assessment Title
Practical Assessment

Task Description
You must attend a compulsory five (5) day Residential School where you will be required to demonstrate competency across all modules of learning.
You will also be required to complete a workbook (Simulated Competency Booklet) whilst attending Residential School.
Each competency is clearly described in your Simulated Competency Booklet, including a clear description of each task, the task requirements and the criteria sheet against which the task will be assessed.
Residential School will be held from Monday 12th to Friday 16th January 2026 at the Rockhampton (North) campus.

Assessment Due Date
Week 9 Monday (19 Jan 2026) 5:00 pm AEST
Note: your Practical Assessment will be completed whilst you are at the Residential School.

Return Date to Students
Week 9 Friday (23 Jan 2026)

Weighting
Pass/Fail

Minimum mark or grade
This assessment task is a PASS/FAIL assessment task. You must pass this assessment task to be eligible to pass this unit.

Assessment Criteria
During Residential School you will complete your Practical Assessment task that will assess your knowledge and understanding of the following:
- Apply basic principles and practices of infection prevention and control
- Follow safe work practices for direct client care
- Conduct manual tasks safely
- Assist with movement
- Respond effectively to behaviours of concern
- Recognise and report risk of falls
- Implement falls prevention strategies
- Facilitate the empowerment of people receiving support
- Support relationships with carer and family
- Interpret and apply medical terminology appropriate
- Assist with an allied health program
- Deliver and monitor physical or manual therapy programs
- Assist in rehabilitation programs
- Conduct group sessions for individual outcomes
- Support maintenance of functional status
- Engage with clinical supervision and delegation

Referencing Style

American Psychological Association 7th Edition (APA 7th edition)

Submission
Online

Learning Outcomes Assessed
- Behave professionally and ethically within an allied health setting
- Demonstrate knowledge, skills and competencies typical of an assistant in an allied health setting
- Develop a portfolio of evidence to demonstrate the knowledge and practical competencies expected of an assistant in an allied health setting

4 Professional Practice Placement

Assessment Title
Professional Practice Placement

Task Description
You must undertake and complete 120 hours of professional practice placement (work-integrated learning) within an approved allied health setting. You can not commence your professional practice placement until you attend residential school and pass your practical assessment task.
During your time on placement, you will be required to perform typical duties and tasks of a competent allied health assistant, of which your competence will be assessed. You will also be required to complete your 'Professional Placement Booklet', as a part of this assessment task.
Your professional practice placement requirements and tasks are clearly described in your 'Professional Placement Booklet', including a clear description of placement expectations and requirements, individual task requirements and the criteria sheet against which the tasks will be assessed.
You must pass this assessment task to be eligible to pass this unit.

Assessment Due Date
Professional Placement Booklet is due on or before: Week 1 Monday (10 March 2025) 5:00 pm AEST

Return Date to Students
Feedback will be provided within 1 week of the date of submission.

Weighting
Pass/Fail

Minimum mark or grade
This assessment task is a PASS/FAIL assessment task. You must pass this assessment task to be eligible to pass this unit.

Assessment Criteria
Professional Practice Placement will assess your knowledge and understanding of the following:
- Apply basic principles and practices of infection prevention and control
- Work with diverse people
- Respond effectively to behaviours of concern
- Recognise and report risk of falls
- Implement falls prevention strategies
- Facilitate the empowerment of people receiving support
- Support relationships with carer and family
- Assist with an allied health program
- Deliver and monitor physical or manual therapy programs
- Assist in rehabilitation programs
- Conduct group sessions for individual outcomes
- Support maintenance of functional status
- Recognise impact of health conditions
- Engage with clinical supervision and delegation

Your completed Professional Placement Booklet MUST be signed off by your placement supervisor prior to submission. It is recommended you seek all outstanding comments / feedback and signatures from your placement supervisor BEFORE leaving the site. Past students have found trying to chase up supervisor signatures difficult and time consuming. You must pass this assessment task to be eligible to pass this unit.

Referencing Style
American Psychological Association 7th Edition (APA 7th edition)

Submission
Online

Learning Outcomes Assessed
- Behave professionally and ethically within an allied health setting
- Demonstrate knowledge, skills and competencies typical of an assistant in an allied health setting
- Reflect upon the scope of practice of an assistant in an allied health setting

- Develop a portfolio of evidence to demonstrate the knowledge and practical competencies expected of an assistant in an allied health setting

Academic Integrity Statement

As a CQUniversity student you are expected to act honestly in all aspects of your academic work.

Any assessable work undertaken or submitted for review or assessment must be your own work. Assessable work is any type of work you do to meet the assessment requirements in the unit, including draft work submitted for review and feedback and final work to be assessed.

When you use the ideas, words or data of others in your assessment, you must thoroughly and clearly acknowledge the source of this information by using the correct referencing style for your unit. Using others' work without proper acknowledgement may be considered a form of intellectual dishonesty.

Participating honestly, respectfully, responsibly, and fairly in your university study ensures the CQUniversity qualification you earn will be valued as a true indication of your individual academic achievement and will continue to receive the respect and recognition it deserves.

As a student, you are responsible for reading and following CQUniversity's policies, including the Student Academic Integrity Policy and Procedure. This policy sets out CQUniversity's expectations of you to act with integrity, examples of academic integrity breaches to avoid, the processes used to address alleged breaches of academic integrity, and potential penalties.

What is a breach of academic integrity?

A breach of academic integrity includes but is not limited to plagiarism, self-plagiarism, collusion, cheating, contract cheating, and academic misconduct. The Student Academic Integrity Policy and Procedure defines what these terms mean and gives examples.

Why is academic integrity important?

A breach of academic integrity may result in one or more penalties, including suspension or even expulsion from the University. It can also have negative implications for student visas and future enrolment at CQUniversity or elsewhere. Students who engage in contract cheating also risk being blackmailed by contract cheating services.

Where can I get assistance?

For academic advice and guidance, the Academic Learning Centre (ALC) can support you in becoming confident in completing assessments with integrity and of high standard.

What can you do to act with integrity?

Be Honest
If your assessment task is done by someone else, it would be dishonest of you to claim it as your own

Seek Help
If you are not sure about how to cite or reference in essays, reports etc, then seek help from your lecturer, the library or the Academic Learning Centre (ALC)

Produce Original Work
Originality comes from your ability to read widely, think critically, and apply your gained knowledge to address a question or problem