



# CHIR11001 *Foundations of Chiropractic Practice*

## 1

### Term 1 - 2017

Profile information current as at 20/04/2024 01:07 pm

All details in this unit profile for CHIR11001 have been officially approved by CQUniversity and represent a learning partnership between the University and you (our student). The information will not be changed unless absolutely necessary and any change will be clearly indicated by an approved correction included in the profile.

## General Information

### Overview

This unit offers an introduction to the principles and practice of chiropractic, within the context of the Australian health care system. This unit covers introductory material on the topics to prepare for progressively more complex health-related units in the curriculum. The overall structure of the Foundations of Chiropractic Practice involves four main threads that integrate learning throughout the chiropractic course. They will be developed in this unit as Introduction to medical terminology (etymology); basic musculoskeletal assessment protocols (introduction); observation (postural analysis), gait analysis and movement (passive and active range of motion); development of palpation and psychomotor skills to spinal anatomy, landmarks, biomechanics and the role of muscles in chiropractic practice; history and founding philosophical principles of chiropractic and science discussed in conjunction with the present-day evidence-based descriptions in a global context; contemporary interpretation of those principles will be discussed with development of reflective writing and critical thinking skills; you will understand epidemiology in a chiropractic context and its integration to public health and current health issues.

### Details

Career Level: *Undergraduate*

Unit Level: *Level 1*

Credit Points: 6

Student Contribution Band: 8

Fraction of Full-Time Student Load: 0.125

### Pre-requisites or Co-requisites

Co-requisite: BMSC11001 Human Body Systems 1

Important note: Students enrolled in a subsequent unit who failed their pre-requisite unit, should drop the subsequent unit before the census date or within 10 working days of Fail grade notification. Students who do not drop the unit in this timeframe cannot later drop the unit without academic and financial liability. See details in the [Assessment Policy and Procedure \(Higher Education Coursework\)](#).

### Offerings For Term 1 - 2017

- Brisbane
- Mackay
- Melbourne
- Sydney

### Attendance Requirements

All on-campus students are expected to attend scheduled classes – in some units, these classes are identified as a mandatory (pass/fail) component and attendance is compulsory. International students, on a student visa, must maintain a full time study load and meet both attendance and academic progress requirements in each study period (satisfactory attendance for International students is defined as maintaining at least an 80% attendance record).

### Website

[This unit has a website, within the Moodle system, which is available two weeks before the start of term. It is important that you visit your Moodle site throughout the term. Please visit Moodle for more information.](#)

## Class and Assessment Overview

### Recommended Student Time Commitment

Each 6-credit Undergraduate unit at CQUniversity requires an overall time commitment of an average of 12.5 hours of study per week, making a total of 150 hours for the unit.

### Class Timetable

#### [Regional Campuses](#)

Bundaberg, Cairns, Emerald, Gladstone, Mackay, Rockhampton, Townsville

#### [Metropolitan Campuses](#)

Adelaide, Brisbane, Melbourne, Perth, Sydney

### Assessment Overview

#### 1. **On-campus Activity**

Weighting: Pass/Fail

#### 2. **Practical Assessment**

Weighting: 50%

#### 3. **Examination**

Weighting: 50%

### Assessment Grading

This is a graded unit: your overall grade will be calculated from the marks or grades for each assessment task, based on the relative weightings shown in the table above. You must obtain an overall mark for the unit of at least 50%, or an overall grade of 'pass' in order to pass the unit. If any 'pass/fail' tasks are shown in the table above they must also be completed successfully ('pass' grade). You must also meet any minimum mark requirements specified for a particular assessment task, as detailed in the 'assessment task' section (note that in some instances, the minimum mark for a task may be greater than 50%). Consult the [University's Grades and Results Policy](#) for more details of interim results and final grades.

## CQUniversity Policies

**All University policies are available on the [CQUniversity Policy site](#).**

You may wish to view these policies:

- Grades and Results Policy
- Assessment Policy and Procedure (Higher Education Coursework)
- Review of Grade Procedure
- Student Academic Integrity Policy and Procedure
- Monitoring Academic Progress (MAP) Policy and Procedure – Domestic Students
- Monitoring Academic Progress (MAP) Policy and Procedure – International Students
- Student Refund and Credit Balance Policy and Procedure
- Student Feedback – Compliments and Complaints Policy and Procedure
- Information and Communications Technology Acceptable Use Policy and Procedure

This list is not an exhaustive list of all University policies. The full list of University policies are available on the [CQUniversity Policy site](#).

## Previous Student Feedback

### Feedback, Recommendations and Responses

Every unit is reviewed for enhancement each year. At the most recent review, the following staff and student feedback items were identified and recommendations were made.

Feedback from From ongoing Foundations faculty workshops; mentor-mentee processes in place; class representatives to help with communication challenges; and more strict monitoring

#### Feedback

The faculty is aware of the challenges in a consistent delivery and assessment of the material in this unit. Changes have been put in place to standardise the learning outcomes and goals and to provide the student with more feedback opportunities in this unit.

#### Recommendation

This has prompted the construction of specific and well defined rubrics and marking criteria - with a detailed instruction to be given throughout the unit, by tutors, as all as focusing on the requirements of student self-directed learning.

#### Action

More standardisation was attempted in 2017 with the coordination and integration of lecture material. The marking rubrics, for the OSCE at least, were specific and moderation/recording was done to equate the assessment across the four campuses.

## Unit Learning Outcomes

### On successful completion of this unit, you will be able to:

1. Explain the principles and practice of chiropractic and spinal anatomy in the context of chiropractic practice.
2. Demonstrate psychomotor skills at an introductory level to spinal and peripheral structures which includes musculoskeletal assessment protocols using observation, range of motion and static palpation skill sets.
3. Perform basic therapeutic soft tissue procedures.
4. Discuss how philosophical chiropractic approaches are applied into a modern paradigm of health.
5. Discuss the concept of evidence-based practice, including how it applies to chiropractic practice.

## Alignment of Learning Outcomes, Assessment and Graduate Attributes

N/A Level
  Introductory Level
  Intermediate Level
  Graduate Level
  Professional Level
  Advanced Level

### Alignment of Assessment Tasks to Learning Outcomes

Assessment Tasks	Learning Outcomes				
	1	2	3	4	5
<b>1 - On-campus Activity - 0%</b>	●	●	●	●	●
<b>2 - Practical Assessment - 50%</b>		●	●		
<b>3 - Examination - 50%</b>	●			●	●

### Alignment of Graduate Attributes to Learning Outcomes

Graduate Attributes	Learning Outcomes				
	1	2	3	4	5
1 - Communication	•	•	•	•	•
2 - Problem Solving	•	•	•		
3 - Critical Thinking		•		•	•
4 - Information Literacy				•	•
5 - Team Work		•	•		
6 - Information Technology Competence					
7 - Cross Cultural Competence	•				
8 - Ethical practice	•	•		•	•
9 - Social Innovation					
10 - Aboriginal and Torres Strait Islander Cultures					

### Alignment of Assessment Tasks to Graduate Attributes

Assessment Tasks	Graduate Attributes									
	1	2	3	4	5	6	7	8	9	10
1 - On-campus Activity - 0%	•	•		•	•		•	•		
2 - Practical Assessment - 50%		•	•	•						
3 - Examination - 50%		•	•	•						

## Textbooks and Resources

### Textbooks

CHIR11001

#### Prescribed

##### **Chiropractic Technique**

Edition: 3rd edn (2010)

Authors: Bergmann, T & Peterson, D

Mosby Elsevier

Philadelphia , PA , USA

ISBN: 9780323049696

Binding: Hardcover

#### Additional Textbook Information

**Chiropractic Technique** by Bergmann and Peterson is the introductory textbook which is used through the Foundations of Chiropractic Practice units. It provides introductory level anatomy and biomechanics in addition to recommended ready on various technique aspects of the psychomotor skills program for students.

Students will be required to purchase **Clinical Anatomy of the Spine, Spinal Cord and ANS** by Cramer and Darby in Term 2. Therefore students might consider purchasing this text in Term 1 to assist with their learning of the introductory spinal anatomy.

[View textbooks at the CQUniversity Bookshop](#)

### IT Resources

**You will need access to the following IT resources:**

- CQUniversity Student Email
- Internet
- Unit Website (Moodle)

## Referencing Style

**All submissions for this unit must use the referencing styles below:**

- [American Psychological Association 6th Edition \(APA 6th edition\)](#)
- [Harvard \(author-date\)](#)

For further information, see the Assessment Tasks.

## Teaching Contacts

**David Hannah** Unit Coordinator

[d.hannah@cqu.edu.au](mailto:d.hannah@cqu.edu.au)

## Schedule

### Week 1 - 06 Mar 2017

Module/Topic	Chapter	Events and Submissions/Topic
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- Introduction to:
- 1.1 - CHIR11001
- 1.2 - Spinal and Surface Anatomy
- 1.3 - Anatomical Positions and Body Planes
- 1.4 - General Techniques and Palpation
- 1.5 - History of Chiropractic
- 1.6 - What is Reflective Writing and Mahara?
- 1.7 - Public Health
- 1.8 - In-class Activity
- 1.9 - Lab Orientation and Skills

Mandatory In-Class Activity within the practical labs each week.

### Week 2 - 13 Mar 2017

Module/Topic	Chapter	Events and Submissions/Topic
2.1 - Listings; Recording and Cervical Spine		
2.2 - Cervical Osteology and Myology		
2.3 - Spinal Biomechanics		
2.4 - Palpation and Observations Cervical Spine		
2.5 - Holism and Conservatism		
2.6 - Reflective Writing and Marking Guidelines and Rubrics		Mandatory In-Class Activity within the practical labs each week.
2.7 - Nothing this week		
2.8 - In-class Activity		
2.9 - Palpation and Soft Tissue; Observation and Structural Analysis; Cervical ROM		

### Week 3 - 20 Mar 2017

Module/Topic	Chapter	Events and Submissions/Topic
3.1 - Presentation of the Shoulder		
3.2 - Shoulder Osteology and Myology		
3.3 - Vectors, Levers, Force. Joint Types		
3.4 - Observation of Shoulder and Functional Movements/ROM		
3.5 - Epistemology; Principles of Chiropractic Philosophy		Mandatory In-Class Activity within the practical labs each week.
3.6 - Nothing this week		
3.7 - Chiropractic Integration - Healthy Living		
3.8 - In-class Activity		
3.9 - Shoulder Palpation; Observation and ROM		

### Week 4 - 27 Mar 2017

Module/Topic	Chapter	Events and Submissions/Topic
4.1 - Presentation of the Elbow, Wrist and Hand		
4.2 - Elbow Wrist and Hand Osteology and Myology		
4.3 - Kinetic Chains and ROM		
4.4 - Observation of Elbow, Wrist and Hand		
4.5 - Health and Wellness		
4.6 - Critical Thinking Tools and Definitions		
4.7 - Chiropractic Integration - Paediatrics		
4.8 - In-class Activity		
4.9 - Elbow, Wrist and Hand Palpation; Observation and ROM		Mandatory In-Class Activity within the practical labs each week.

**Week 5 - 03 Apr 2017**

Module/Topic	Chapter	Events and Submissions/Topic
5.1 - Presentation of the Thoracic Spine 5.2 - Thoracic Spine Osteology and Myology 5.3 - Joint Biomechanics 5.4 - Observation of Thoracic Spine 5.5 - Chiropractic Medicine Evolution 5.6 - Nothing this week 5.7 - Chiropractic Integration - Geriatrics 5.8 - In-class Activity 5.9 - Thoracic Spine Palpation; Observation and ROM		Mandatory In-Class Activity within the practical labs each week.

**Vacation Week - 10 Apr 2017**

Module/Topic	Chapter	Events and Submissions/Topic
Study week - no scheduled activities nor lectures.		No activity this week due to Study Week.

**Week 6 - 17 Apr 2017**

Module/Topic	Chapter	Events and Submissions/Topic
6.1 - Presentation of the Lumbopelvic Spine 6.2 - Lumbar Spine/Sacrum and Pelvis Osteology and Myology 6.3 - Tendons/Ligaments Biomechanics 6.4 - Observation of Lumbopelvic Spine 6.5 - Health Model; Informed Consent 6.6 - Nothing this week 6.7 - Nothing this week 6.8 - In-class Activity 6.9 - Lumbopelvic Palpation; Observation and ROM		Mandatory In-Class Activity within the practical labs each week.

**Week 7 - 24 Apr 2017**

Module/Topic	Chapter	Events and Submissions/Topic
7.1 - Presentation of the Hip and Knee 7.2 - Hip and Knee Osteology and Myology 7.3 - Cartilage and Bone Biomechanics 7.4 - Observation of Hip and Knee 7.5 - Awareness of Harassment; Health Promotion 7.6 - Nothing this week 7.7 - Chiropractic Integration - Sports 7.8 - In-class Activity 7.9 - Hip and Knee Palpation; Observation and ROM		Mandatory In-Class Activity within the practical labs each week.

**Week 8 - 01 May 2017**

Module/Topic	Chapter	Events and Submissions/Topic
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8.1 - Presentation of the Ankle and Foot  
 8.2 - Ankle and Foot Osteology and Myology  
 8.3 - Gait Analysis  
 8.4 - Ankle and Foot  
 8.5 - On the Shoulders of Giants; Clarifying Philosophy  
 8.6 - Nothing this week  
 8.7 - Nothing this week  
 8.8 - In-class Activity  
 8.9 - Ankle and Foot Palpation; Observation and ROM

Mandatory In-Class Activity within the practical labs each week.

### Week 9 - 08 May 2017

Module/Topic	Chapter	Events and Submissions/Topic
9.1 - Presentation of Posture		
9.2 - None - Review Material		
9.3 - Posture Biomechanics		
9.4 - Posture Observation		
9.5 - Philosophy- Who Needs It?		
9.6 - Nothing this week		
9.7 - Chiropractic Integration - Nutrition		
9.8 - In-class Activity		
9.9 - Posture Observation		

Mandatory In-Class Activity within the practical labs each week.

### Week 10 - 15 May 2017

Module/Topic	Chapter	Events and Submissions/Topic
10.1 - Presentation of Postural Analysis		
10.2 - None - Review Material		
10.3 - Lifting and Sitting Biomechanics		
10.4 - Postural Analysis		
10.5 - Philosophy Laws and Principles Video Part I		
10.6 - Nothing this week		
10.7 - None - Review Material		
10.8 - In-class Activity		
10.9 - Postural Analysis		

Mandatory In-Class Activity within the practical labs each week.

### Week 11 - 22 May 2017

Module/Topic	Chapter	Events and Submissions/Topic
11.1 - Review Material		
11.2 - None - Review Material		
11.3 - Activities of Daily Living and Outcome Measures		
11.4 - Review Material and Practice OSCE		
11.5 - Philosophy Laws and Principles Video Part II		
11.6 - Finishing Entries to ePortfolio		
11.7 - None - Review Material		
11.8 - In-class Activity		
11.9 - OSCE practice		

Mandatory In-Class Activity within the practical labs each week.

**On-Campus Activity** Due: Week 11 Friday (26 May 2017) 5:00 pm AEST

### Week 12 - 29 May 2017

Module/Topic	Chapter	Events and Submissions/Topic
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12.1 - Review Material for end of Term  
 12.2 - None - Review Material  
 12.3 - None - Review Material  
 12.4 - OSCE  
 12.5 - Nothing this week  
 12.6 - Nothing this week  
 12.7 - None - Review Material  
 12.8 - Addressing any further questions as part of end-of-term summary  
 12.9 - OSCE

No in-class activity scheduled for this week but will address any concerns for the upcoming OSCE.

**Practical Assessment** Due: Week 12  
 Friday (2 June 2017) 8:00 am AEST

#### Review/Exam Week - 05 Jun 2017

Module/Topic	Chapter	Events and Submissions/Topic
<b>Exam Week - 12 Jun 2017</b>		
Module/Topic	Chapter	Events and Submissions/Topic

## Term Specific Information

CHIR11001 is the first introduction to many of the chiropractic specific topics. The tutors are here to assist you; we have made this same journey and so can empathise with the challenges!  
 The descriptions on the Moodle page indicated nine (9) concurrent content strands throughout this unit for this term. Not all strands have activities in all weeks.  
 A weekly ZOOM session will be made available to each of you to attend and obtain direction on any of the topics required in this unit. These have been scheduled every Monday morning QLD time throughout this term. There will also be a Q & A Forum setup where you will be encouraged to ask questions that you may have. This forum will be monitored as some of the answers you obtain will be shared to all.  
 The tutors will be expected to attend weekly meetings and/or discussions with the unit coordinator so that everyone will be consistent in delivery of material and answers to questions. If you wish to speak to the tutors, they can, in turn, forward details to me for the benefit of the entire first year cohort.

## Assessment Tasks

### 1 On-Campus Activity

#### Assessment Type

On-campus Activity

#### Task Description

The main focus of any assessment in this unit is to prepare you for all subsequent units over the educational journey. As such, the on-campus activities are provided to give you on-going feedback (formative in nature) and you will have the opportunity to work with the unit coordinator and/or tutors as well as classmates to assist you.  
 There will be weekly on-campus activities that will vary in requirements and expectations (Quiz or Practical application). Because of the nature of the pedagogical approach in Chiropractic (i.e. student-directed flipped classroom), you will be expected to develop appropriate preparation, study and organisational skills required of a professional, to be accomplished BEFORE these on-campus activities are delivered. They will assess material covered from the previous week's learning activities. If you have reviewed the material, they should not be a challenge.  
 These short activities will be reviewed/graded/discussed in class thus providing immediate feedback and will be graded on a pass/fail basis. All documents after the class will be handed back to the tutor. At the conclusion of the term, they will be collected and students will be required to pass at least 8 in order to pass the unit.  
 Students may work in groups to complete some or most of the activities and will be permitted to use text or on-line resources to assist in providing their answers, if required.

#### Assessment Due Date

Week 11 Friday (26 May 2017) 5:00 pm AEST

Last on-campus activity is scheduled in week 11 so shall be completed by the end of that week.

#### Return Date to Students

Week 12 Friday (2 June 2017)

Results will be accessed via Moodle.

## Weighting

Pass/Fail

## Minimum mark or grade

Further information can be found in Moodle. You must achieve the minimum grade of 80% in all of the on-campus activities in order to pass this unit.

## Assessment Criteria

The on-campus activities are formative in nature and should assist in preparing you in learning the material throughout this term.

There will not be a specific marking rubric for each activity.

You will receive a PASS/FAIL for all of the activities which is **required** to continue to CHIR11003 in Term 2 - regardless of the OSCE practical and Final Examination results.

## Referencing Style

- [American Psychological Association 6th Edition \(APA 6th edition\)](#)
- [Harvard \(author-date\)](#)

## Submission

Offline

## Submission Instructions

All on-campus activities are to be returned to the tutors and/or unit coordinator at the end of each session.

## Learning Outcomes Assessed

- Explain the principles and practice of chiropractic and spinal anatomy in the context of chiropractic practice.
- Demonstrate psychomotor skills at an introductory level to spinal and peripheral structures which includes musculoskeletal assessment protocols using observation, range of motion and static palpation skill sets.
- Perform basic therapeutic soft tissue procedures.
- Discuss how philosophical chiropractic approaches are applied into a modern paradigm of health.
- Discuss the concept of evidence-based practice, including how it applies to chiropractic practice.

## Graduate Attributes

- Communication
- Problem Solving
- Information Literacy
- Team Work
- Cross Cultural Competence
- Ethical practice

## 2 Practical Assessment

### Assessment Type

Practical Assessment

### Task Description

In practice the Chiropractor is required to combine a variety of clinical skills, all of these techniques must be mastered. The objective structured clinical exam (OSCE) is made up of three individual stations that reflect various aspects of the clinical skills used by a Chiropractor.

Each of these stations will require the student to complete various techniques over a maximum 5 minute period, with an allowance of 1 minute reading/planning time prior to the commencement of the assessment.

**Station 1** - You will be required to perform **two** tasks to demonstrate competence from the list below demonstrating the correct technique, appropriate patient handling and correlating your findings by sharing them with the examiner:

1. Postural analysis;
2. Static palpation;
3. Muscle ancillary techniques.

The tasks will be allocated to you randomly according to a series of station cards which have been previously composed.

**Station 2 Spinal** - You will be required to perform **two** tasks to demonstrate competence from the list below demonstrating the correct technique, appropriate patient handling and correlating your findings by sharing them with the examiner:

1. Gross range of motion assessment of a spinal region;
2. Segmental range of motion assessment of a spinal segment.

The tasks will be allocated to you randomly according to series of previously composed station cards.

**Station 3 Peripheral** - You will be required to perform **two** tasks to demonstrate competence from the list below demonstrating the correct technique, appropriate patient handling and correlating your findings by sharing them with the examiner:

1. Gross range of motion assessment of an upper AND lower extremity region;
2. Passive or end range of motion assessment of an upper AND lower extremity region.

The tasks will be allocated to you randomly according to a series of previously composed station cards.

**Please note:**

5. You will present for your OSCE dressed as you would present to a skills class environment. Any student not adhering to the dress code may be excluded from the assessment;
6. Each station is timed. You will have the set time to complete the station, therefore if a station is not completed within the allocated time the practical element will be stopped and you will be marked based on your performance to that point;
7. Clinical and skills staff may be present as part of the examiners on the assessment date;
8. The assessment will be recorded using a video camera to enable moderation, however, these recordings will **not** be available for student feedback.

**Assessment Due Date**

Week 12 Friday (2 June 2017) 8:00 am AEST

The practical test will be held on campus in the scheduled time for this unit. The test will be held in the practical room.

**Return Date to Students**

Review/Exam Week Friday (9 June 2017)

Results can be accessed via Moodle.

**Weighting**

50%

**Minimum mark or grade**

Further information can be found in Moodle. You must achieve the minimum grade of 50% in order to pass this unit.

**Assessment Criteria**

Can you demonstrate competence in psychomotor skills expected at this introductory level in an applied context?

Can you demonstrate competence in evaluating the spine and peripheral joints (observation, range of motion, static palpation)?

**Station 1** - Your performance will be graded using a marking rubric which will be provided to you in Week 10 when the unit focus switches to exam preparation. This marking rubric will grade your performance according to the following area:

- Patient position;
- Appropriate findings noted;
- Understanding of technique application;
- Practitioner positioning;
- Patient handling;
- Examiners over all impression

**Station 2 Spinal** - Your performance will be graded using a marking rubric which will be provided to you in Week 10 when the unit focus switches to exam preparation. This marking rubric will grade your performance according to the following spinal area:

- Active range of motion;
- Passive range of motion;
- Appropriate interpretation of findings;
- Joint assessment in all 6 degrees of motion;
- Practitioner position;
- Patient position;
- Patient handling;
- Technical performance;
- Examiners over all impression.

**Station 3 Peripheral** - Your performance will be graded using a marking rubric which will be provided to you in Week 10 when the unit focus switches to exam preparation. This marking rubric will grade your performance according to the following extremity area:

- Active range of motion;
- Passive range of motion;
- Appropriate interpretation of findings;

- Joint assessment in all ranges of motion;
- Practitioner position;
- Patient position;
- Patient handling;
- Technical performance;
- Examiners over all impression.

### **Referencing Style**

- [American Psychological Association 6th Edition \(APA 6th edition\)](#)
- [Harvard \(author-date\)](#)

### **Submission**

Offline

### **Submission Instructions**

Practical assessments are performed in-class during week 12.

### **Learning Outcomes Assessed**

- Demonstrate psychomotor skills at an introductory level to spinal and peripheral structures which includes musculoskeletal assessment protocols using observation, range of motion and static palpation skill sets.
- Perform basic therapeutic soft tissue procedures.

### **Graduate Attributes**

- Problem Solving
- Critical Thinking
- Information Literacy

## **Examination**

### **Outline**

Complete an invigilated examination.

### **Date**

During the examination period at a CQUniversity examination centre.

### **Weighting**

50%

### **Length**

120 minutes

### **Minimum mark or grade**

50%. Further information can be found in Moodle. A minimum grade is required to pass.

### **Exam Conditions**

Closed Book.

### **Materials**

No calculators permitted

Dictionary - non-electronic, concise, direct translation only (dictionary must not contain any notes or comments).

## Academic Integrity Statement

As a CQUniversity student you are expected to act honestly in all aspects of your academic work.

Any assessable work undertaken or submitted for review or assessment must be your own work. Assessable work is any type of work you do to meet the assessment requirements in the unit, including draft work submitted for review and feedback and final work to be assessed.

When you use the ideas, words or data of others in your assessment, you must thoroughly and clearly acknowledge the source of this information by using the correct referencing style for your unit. Using others' work without proper acknowledgement may be considered a form of intellectual dishonesty.

Participating honestly, respectfully, responsibly, and fairly in your university study ensures the CQUniversity qualification you earn will be valued as a true indication of your individual academic achievement and will continue to receive the respect and recognition it deserves.

As a student, you are responsible for reading and following CQUniversity's policies, including the [Student Academic Integrity Policy and Procedure](#). This policy sets out CQUniversity's expectations of you to act with integrity, examples of academic integrity breaches to avoid, the processes used to address alleged breaches of academic integrity, and potential penalties.

### What is a breach of academic integrity?

A breach of academic integrity includes but is not limited to plagiarism, self-plagiarism, collusion, cheating, contract cheating, and academic misconduct. The Student Academic Integrity Policy and Procedure defines what these terms mean and gives examples.

### Why is academic integrity important?

A breach of academic integrity may result in one or more penalties, including suspension or even expulsion from the University. It can also have negative implications for student visas and future enrolment at CQUniversity or elsewhere. Students who engage in contract cheating also risk being blackmailed by contract cheating services.

### Where can I get assistance?

For academic advice and guidance, the [Academic Learning Centre \(ALC\)](#) can support you in becoming confident in completing assessments with integrity and of high standard.

### What can you do to act with integrity?



#### Be Honest

If your assessment task is done by someone else, it would be dishonest of you to claim it as your own



#### Seek Help

If you are not sure about how to cite or reference in essays, reports etc, then seek help from your lecturer, the library or the Academic Learning Centre (ALC)



#### Produce Original Work

Originality comes from your ability to read widely, think critically, and apply your gained knowledge to address a question or problem