



ESSC12004 Exercise and Sport Biomechanics

Term 1 - 2021

Profile information current as at 20/04/2024 06:32 am

All details in this unit profile for ESSC12004 have been officially approved by CQUniversity and represent a learning partnership between the University and you (our student). The information will not be changed unless absolutely necessary and any change will be clearly indicated by an approved correction included in the profile.

General Information

Overview

This unit introduces you to basic concepts of mechanics (kinematics, kinetics, and fluid mechanics) as they relate to human movement, sports performance, and injury. In this unit, you will learn qualitative and quantitative approaches to solving biomechanical problems and analysing human movement to optimise movement patterns and performance. The theoretical content is supported with practical activities, which introduce you to basic biomechanical equipment and measurement techniques.

Details

Career Level: *Undergraduate*

Unit Level: *Level 2*

Credit Points: 6

Student Contribution Band: 10

Fraction of Full-Time Student Load: 0.125

Pre-requisites or Co-requisites

Pre-requisites: ESSC11001 Physical Activity, Fitness and Health; ESSC11003 Skill Acquisition and Movement

Important note: Students enrolled in a subsequent unit who failed their pre-requisite unit, should drop the subsequent unit before the census date or within 10 working days of Fail grade notification. Students who do not drop the unit in this timeframe cannot later drop the unit without academic and financial liability. See details in the [Assessment Policy and Procedure \(Higher Education Coursework\)](#).

Offerings For Term 1 - 2021

- Cairns
- Mackay
- Mixed Mode
- Rockhampton

Attendance Requirements

All on-campus students are expected to attend scheduled classes - in some units, these classes are identified as a mandatory (pass/fail) component and attendance is compulsory. International students, on a student visa, must maintain a full time study load and meet both attendance and academic progress requirements in each study period (satisfactory attendance for International students is defined as maintaining at least an 80% attendance record).

Residential Schools

This unit has a Compulsory Residential School for distance mode students and the details are:

Click here to see your [Residential School Timetable](#).

Website

[This unit has a website, within the Moodle system, which is available two weeks before the start of term. It is important that you visit your Moodle site throughout the term. Please visit Moodle for more information.](#)

Class and Assessment Overview

Recommended Student Time Commitment

Each 6-credit Undergraduate unit at CQUniversity requires an overall time commitment of an average of 12.5 hours of study per week, making a total of 150 hours for the unit.

Class Timetable

[Regional Campuses](#)

Bundaberg, Cairns, Emerald, Gladstone, Mackay, Rockhampton, Townsville

[Metropolitan Campuses](#)

Adelaide, Brisbane, Melbourne, Perth, Sydney

Assessment Overview

1. **Written Assessment**

Weighting: 25%

2. **Presentation**

Weighting: 45%

3. **Examination**

Weighting: 30%

4. **On-campus Activity**

Weighting: Pass/Fail

Assessment Grading

This is a graded unit: your overall grade will be calculated from the marks or grades for each assessment task, based on the relative weightings shown in the table above. You must obtain an overall mark for the unit of at least 50%, or an overall grade of 'pass' in order to pass the unit. If any 'pass/fail' tasks are shown in the table above they must also be completed successfully ('pass' grade). You must also meet any minimum mark requirements specified for a particular assessment task, as detailed in the 'assessment task' section (note that in some instances, the minimum mark for a task may be greater than 50%). Consult the [University's Grades and Results Policy](#) for more details of interim results and final grades.

CQUniversity Policies

All University policies are available on the [CQUniversity Policy site](#).

You may wish to view these policies:

- Grades and Results Policy
- Assessment Policy and Procedure (Higher Education Coursework)
- Review of Grade Procedure
- Student Academic Integrity Policy and Procedure
- Monitoring Academic Progress (MAP) Policy and Procedure – Domestic Students
- Monitoring Academic Progress (MAP) Policy and Procedure – International Students
- Student Refund and Credit Balance Policy and Procedure
- Student Feedback – Compliments and Complaints Policy and Procedure
- Information and Communications Technology Acceptable Use Policy and Procedure

This list is not an exhaustive list of all University policies. The full list of University policies are available on the [CQUniversity Policy site](#).

Previous Student Feedback

Feedback, Recommendations and Responses

Every unit is reviewed for enhancement each year. At the most recent review, the following staff and student feedback items were identified and recommendations were made.

Feedback from Have Your Say

Feedback

There was mixed feedback on the online interactive tutorials. Some students found these very helpful. However, others found them to be confusing due to the different style to typical tutorials (i.e. video recording/PDF notes files). In addition, some students commented that the tutorials were more revision questions rather than tutorials that took them step by step through solving the problem.

Recommendation

The tutorials were offered via the Lt online learning platform and allowed students to work through questions at their own pace with hints/tips provided for the various steps as well as short video recordings of the individual question solutions. As this was a new platform for students to use, it is recommended that future offerings provide students with an initial 'Getting started' introduction to the platform and how to navigate the tutorials. In addition, providing 1-2 worked examples at the start of the tutorial followed by the questions for students to complete using the hints/tips.

Feedback from Have Your Say/Staff Reflection

Feedback

Students tended to enjoy the Movement Analysis Presentation Assessment task but felt more examples were needed within lectures to support them in completing the tasks

Recommendation

It is recommended that lectures, tutorials, and practical activities be reviewed to examine how content can be modified to further support students in completing biomechanical movement analyses.

Unit Learning Outcomes

On successful completion of this unit, you will be able to:

1. Describe biomechanical principles and how they relate to human movement, sport performance, and injury
2. Apply qualitative approaches to analyse biomechanical problems
3. Apply quantitative approaches to analyse biomechanical problems
4. Conduct a biomechanical movement analysis and communicate findings
5. Demonstrate professional practice and ethical behaviour expected in exercise and sport science settings.

Alignment of Learning Outcomes, Assessment and Graduate Attributes



Alignment of Assessment Tasks to Learning Outcomes

Assessment Tasks	Learning Outcomes				
	1	2	3	4	5
1 - Written Assessment - 25%	•	•	•		
2 - Presentation - 45%		•		•	
3 - Examination - 30%	•		•		

Assessment Tasks	Learning Outcomes				
	1	2	3	4	5
4 - On-campus Activity - 0%					•

Alignment of Graduate Attributes to Learning Outcomes

Graduate Attributes	Learning Outcomes				
	1	2	3	4	5
1 - Communication	•	•	•	•	•
2 - Problem Solving	•	•	•	•	•
3 - Critical Thinking	•	•	•	•	•
4 - Information Literacy	•	•	•	•	
5 - Team Work					•
6 - Information Technology Competence		•		•	•
7 - Cross Cultural Competence					•
8 - Ethical practice					•
9 - Social Innovation					
10 - Aboriginal and Torres Strait Islander Cultures					

Alignment of Assessment Tasks to Graduate Attributes

Assessment Tasks	Graduate Attributes									
	1	2	3	4	5	6	7	8	9	10
1 - Written Assessment - 25%	•	•	•	•						
2 - Presentation - 45%	•	•	•	•		•				
3 - Examination - 30%	•	•	•	•						
4 - On-campus Activity - 0%	•	•	•		•	•	•	•		

Textbooks and Resources

Textbooks

ESSC12004

Prescribed

Basic Biomechanics

Edition: 8th (2018)

Authors: Susan Hall

McGraw-Hill Education

New York , New York , USA

ISBN: 9781260085549

Binding: Paperback

Additional Textbook Information

An ebook may be available through the publisher (McGraw-Hill Education) website. A loan copy (paperback or ebook) may be available via the CQUniversity Library.

If you prefer your own copy, you can purchase one at the CQUni Bookshop here: <http://bookshop.cqu.edu.au>

[View textbooks at the CQUniversity Bookshop](#)

IT Resources

You will need access to the following IT resources:

- CQUniversity Student Email
- Internet
- Unit Website (Moodle)
- PC/Mac computer with Microsoft Office (or equivalent) software
- 2D motion analysis software such as Kinovea - see Moodle for other software options
- Zoom video conferencing software (can be installed via Moodle) or other video recording software

Referencing Style

All submissions for this unit must use the referencing style: [American Psychological Association 7th Edition \(APA 7th edition\)](#)

For further information, see the Assessment Tasks.

Teaching Contacts

Crystal Kean Unit Coordinator

c.kean@cqu.edu.au

Schedule

Week 1 - 08 Mar 2021

Module/Topic	Chapter	Events and Submissions/Topic
What is Biomechanics	Main Chapters: 1, 2, and 3	
Linear Kinematics	Main Chapters: 2 and 10	

Week 2 - 15 Mar 2021

Module/Topic	Chapter	Events and Submissions/Topic
Angular Kinematics	Main Chapters: 2 and 11	

Week 3 - 22 Mar 2021

Module/Topic	Chapter	Events and Submissions/Topic
Linear Kinetics	Main Chapters: 3 and 12	

Week 4 - 29 Mar 2021		
Module/Topic	Chapter	Events and Submissions/Topic
Angular Kinetics	Main Chapters: 3, 13, and 14	
Week 5 - 05 Apr 2021		
Module/Topic	Chapter	Events and Submissions/Topic
Fluid Mechanics	Main Chapter: 15	
Vacation Week - 12 Apr 2021		
Module/Topic	Chapter	Events and Submissions/Topic
Week 6 - 19 Apr 2021		
Module/Topic	Chapter	Events and Submissions/Topic
Biomechanical Movement Analysis	Online Readings	<p>On-campus Lab Day 1 (Tuesday 20 April 2021) for ROK, MKY, and CNS enrolled students.</p> <p>Application of Biomechanical Principles and Concepts Due: Week 6 Wednesday (21 Apr 2021) 5:00 pm AEST</p>
Week 7 - 26 Apr 2021		
Module/Topic	Chapter	Events and Submissions/Topic
Applications in Weightlifting	Online Readings	
Week 8 - 03 May 2021		
Module/Topic	Chapter	Events and Submissions/Topic
Applications in Jumping	Online Readings	On-campus Lab Day 2 (Tuesday 4 May 2021) for ROK, MKY, and CNS enrolled students.
Week 9 - 10 May 2021		
Module/Topic	Chapter	Events and Submissions/Topic
Application in Throwing	Online Readings	<p>Residential school (Thursday 13 May 2021 and Friday 14 May 2021) for MIX enrolled students.</p> <p>On-Campus Activity Due: Week 9 Friday (14 May 2021) 7:00 pm AEST</p>
Week 10 - 17 May 2021		
Module/Topic	Chapter	Events and Submissions/Topic
Application in Kicking	Online Readings	
Week 11 - 24 May 2021		
Module/Topic	Chapter	Events and Submissions/Topic
No Lecture		<p>Biomechanical Movement Analysis Presentation Due: Week 11 Wednesday (26 May 2021) 5:00 pm AEST</p>
Week 12 - 31 May 2021		
Module/Topic	Chapter	Events and Submissions/Topic
Review and Exam Preparation		
Review/Exam Week - 07 Jun 2021		
Module/Topic	Chapter	Events and Submissions/Topic

Exam Week - 14 Jun 2021

Module/Topic	Chapter	Events and Submissions/Topic
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Term Specific Information

Compulsory On-campus Laboratory Activity Information

This unit includes compulsory on-campus laboratory activities. You are expected to attend the session(s) specific to your enrolment as outlined below. Please speak with the Unit Coordinator if you wish to attend a different session. Note: We may not be able to accommodate changes due to space and/or staffing restrictions.

Students enrolled via Rockhampton (ROK)

You are required to attend both 1-day laboratory blocks scheduled in Week 6 and 8 (Tuesday 20 April and Tuesday 4 May 2021) at the Exercise and Sport Science Labs located on the Rockhampton North Campus (Building 81).

Students enrolled via Mackay (MKY)

You are required to attend both 1-day laboratory blocks scheduled in Week 6 and 8 (Tuesday 20 April and Tuesday 4 May 2021) at the Exercise and Sport Science Labs located on the Mackay City Campus (Building 4).

Students enrolled via Cairns (CNS)

You are required to attend both 1-day laboratory blocks scheduled in Week 6 and 8 (Tuesday 20 April and Tuesday 4 May 2021) at the Exercise and Sport Science Labs located at Cairns Basketball Association Headquarters (289 Aumuller St.).

Students enrolled via Mixed Mode (MIX)

You are required to attend the two-day residential school scheduled in Week 9 (Thursday 13 May 2021 and Friday 14 May 2021) at the Exercise and Sport Science Labs located on the Rockhampton North Campus (Building 81).

Assessment Tasks

1 Application of Biomechanical Principles and Concepts

Assessment Type

Written Assessment

Task Description

You will be presented with a series of biomechanical problem-based questions via the ESSC12004 Moodle site. The questions relate to biomechanical principles and concepts covered through Weeks 1 to 5, inclusive. The assessment questions are designed to evaluate your abilities to use various mathematical equations and logical methods to solve biomechanical problems; apply knowledge and interpret the findings; and synthesise and evaluate information.

The assessment questions will require written and math-based responses. For written responses, maximum word count and minimum required references will be specified in the question file. References must be peer-reviewed journal articles. For math-based responses, you are required to show full workings. Final answers are to be reported to two decimals with appropriate units and, if required, final answers must include directional information.

This assessment task is to be completed individually and submitted electronically (via Moodle) as a Word document (.doc or .docx). The Unit Coordinator must receive an acceptable file that is viewable/readable. If an unacceptable/corrupt file is submitted, your assessment will be considered late until an acceptable file is submitted and penalties will be incurred in line with CQUniversity's Assessment Policy and Procedure (Higher Education Coursework).

Please be advised the assessment submission will be checked for plagiarism (and other types of academic misconduct). You are advised to familiarise yourself with CQUniversity's Academic Misconduct Procedures. Any assessments suspected of plagiarism (or other types of academic misconduct) will be dealt with in accordance to CQUniversity's Academic Misconduct Procedures with subsequent penalties applied.

Further information will be available on Moodle.

Assessment Due Date

Week 6 Wednesday (21 Apr 2021) 5:00 pm AEST

Assessments submitted after the due date, without an approved extension, will incur late penalties in accordance with CQUniversity's Assessment Policy and Procedure (Higher Education Coursework). Submissions made after 5:00 pm (AEST) Tuesday 11 May 2020 (without an approved extension) will not be formally marked as maximum late penalties will have occurred and a grade of zero (0) will be automatically applied.

Return Date to Students

Week 8 Wednesday (5 May 2021)

Marks and feedback will be returned within two (2) weeks of the due date.

Weighting

25%

Assessment Criteria

Total marks for each question will be specified in the question file. Marks will be awarded based on correct selection and application of formulas and maths with appropriate units; correct and detailed mathematical workings; correct use of biomechanical terminology; clear presentation of graphical information; application of biomechanical principles and concepts to human movement; correct grammar and spelling; adherence to word count; correct citing of relevant references.

Referencing Style

- [American Psychological Association 7th Edition \(APA 7th edition\)](#)

Submission

Online

Submission Instructions

You are required to submit your assessment as a Word document (.doc or .docx) via the ESSC12004 Moodle site. All submissions are to be completed individually. The Unit Coordinator must receive an acceptable file that is viewable/readable. If an unacceptable/corrupt file is submitted, your assessment will be considered late until an acceptable file is submitted and penalties will be incurred in line with CQUniversity's Assessment Policy and Procedure (Higher Education Coursework).

Learning Outcomes Assessed

- Describe biomechanical principles and how they relate to human movement, sport performance, and injury
- Apply qualitative approaches to analyse biomechanical problems
- Apply quantitative approaches to analyse biomechanical problems

Graduate Attributes

- Communication
- Problem Solving
- Critical Thinking
- Information Literacy

2 Biomechanical Movement Analysis Presentation

Assessment Type

Presentation

Task Description

For this assessment, you will act as a biomechanist to complete a movement analysis of one (1) of the activities listed on the ESSC12004 Moodle site. Time will be provided during the laboratory sessions and residential school to record the videos required to complete the analysis. In addition, time will be provided to commence analysing the videos; however, you may need additional time outside of the scheduled laboratory times to complete your analysis.

Once you have completed your analysis, your findings are to be summarised in an audio-visual presentation which is 10-12 minutes in length. Presentations lengths outside of this time frame will be awarded marks as per the marking rubric. Any information presented beyond 14 minutes will not be marked.

Your audio-visual presentation should be prepared using PowerPoint (or similar software) and is to include:

1. A brief introduction of the activity.
2. The identification of at least six (6) observable critical features and a rationale for their selection (based on biomechanical principles).
3. A summary of your movement analysis, which evaluates the client's performance in relation to the identified critical features and includes annotated images or video showing measurement of the critical features.

4. Details of an intervention to improve your client's performance. Your intervention should include feedback for the client including method of delivering feedback; at least two (2) drills and/or exercises to improve performance; and a rationale for the suggested intervention.
5. A minimum of five (5) relevant references that are used throughout the presentation. References are to be peer-reviewed journal articles, textbooks, or coaching manuals.

Your presentation is to be video recorded and uploaded to Moodle as a video file (.mp4, .avi, .mov, or .wmv). The recommended software for recording your presentation video is Zoom; however, you can use other video recording software to record the presentation. Information on using Zoom to record a presentation will be provided on Moodle. The Unit Coordinator must receive acceptable files that are viewable/readable. If an unacceptable/corrupt file is submitted, your assessment will be considered late until an acceptable file is submitted and penalties will be incurred in line with CQUniversity's Assessment Policy and Procedure (Higher Education Coursework).

Please be advised the assessment submission will be checked for plagiarism (and other types of academic misconduct). You are advised to familiarise yourself with CQUniversity's Academic Misconduct Procedures. Any assessments suspected of plagiarism (or other types of academic misconduct) will be dealt with in accordance to CQUniversity's Academic Misconduct Procedures with subsequent penalties applied.

Additional resources related to movement analyses will be provided on Moodle.

Assessment Due Date

Week 11 Wednesday (26 May 2021) 5:00 pm AEST

Assessments submitted after the due date, without an approved extension, will incur late penalties in accordance with CQUniversity's Assessment Policy and Procedure (Higher Education Coursework). Submissions made after 5:00 pm (AEST) Tuesday 15 June 2020 (without an approved extension) will not be formally marked as maximum late penalties will have occurred and a grade of zero (0) will be automatically applied.

Return Date to Students

Review/Exam Week Wednesday (9 June 2021)

Marks and feedback will be returned within two (2) weeks of the due date.

Weighting

45%

Minimum mark or grade

50%

Assessment Criteria

Presentations will be marked on the following criteria:

- Identification of the overall performance objective and description of the activity
- Identification of six (6) critical features and the biomechanical rationale for the selection of these features
- Appropriate use of video analysis software to identify and measure the six (6) critical features
- Summary of the client's performance based on the six (6) critical features
- Summary of the intervention specific to type of feedback and method of delivery
- Summary of the intervention specific to the two (2) drills/exercises with justification for drill/exercise selection
- Appropriate use of referencing throughout the presentation
- Presentation skills (including quality of slide design; use of cues to initiate speech during the presentation; use of voice/eye contact/body language; adherence to the time limit; professionalism; presentation structure)

The marking rubric will be available on Moodle.

Referencing Style

- [American Psychological Association 7th Edition \(APA 7th edition\)](#)

Submission

Online

Submission Instructions

Your assessment is to be submitted as video (.mp4, .avi, .mov, or .wmv) file of your presentation. All submissions are to be completed individually. The Unit Coordinator must receive acceptable files that are viewable/readable. If an unacceptable/corrupt file is submitted, your assessment will be considered late until an acceptable file is submitted and penalties will be incurred in line with CQUniversity's Assessment Policy and Procedure (Higher Education Coursework).

Learning Outcomes Assessed

- Apply qualitative approaches to analyse biomechanical problems
- Conduct a biomechanical movement analysis and communicate findings

Graduate Attributes

- Communication
- Problem Solving
- Critical Thinking
- Information Literacy
- Information Technology Competence

3 On-Campus Activity

Assessment Type

On-campus Activity

Task Description

This assessment involves compulsory attendance and active participation in the on-campus laboratory activities of the unit. You are required to attend (and actively participate in) ONE of the timetabled on-campus laboratory sessions. Different sessions are available depending on your mode of enrolment (i.e. ROK, MKY, CNS, MIX). Further details regarding these sessions can be found in the Term Specific Information section of this Unit Profile, on the ESSC12004 Moodle site and via the [CQUniversity Handbook](#). No additional sessions will be available beyond the due date, unless acceptable reasons (with supporting documentation) are provided to warrant an adjustment to the assessment. Please see the CQUniversity Assessment Policy and Procedures (Higher Education Coursework) for further information.

A series of practical activities will be completed during the on-campus laboratory/residential school sessions and you are expected to attend and participate in all activities.

A Laboratory Workbook will be provided to students on the ESSC12004 Moodle site prior to the on-campus sessions. The Laboratory Workbook will contain questions and data tables pertaining to each practical activity and must be completed during the on-campus sessions.

To complete this assessment item you must:

1. Sign the attendance sheet. Please note there will be multiple attendance sheets to sign throughout the activity sessions.
2. Participate in the laboratory activities (assessed by the Laboratory Participation Checklist provided in the Laboratory Workbook).

NOTE: Please bring a printed copy of the Laboratory Workbook to each laboratory session; you will need to complete the Laboratory Workbook during the on-campus sessions.

Assessment Due Date

Week 9 Friday (14 May 2021) 7:00 pm AEST

Attendance, participation, and the Laboratory Workbook will be assessed throughout the on-campus laboratory activity sessions. There is no formal submission required by the due date. No additional sessions will be available beyond the due date, unless acceptable reasons (with supporting documentation) are provided to warrant an adjustment to the assessment. Please see the CQUniversity Assessment Policy and Procedures (Higher Education Coursework) for further information.

Return Date to Students

Week 11 Friday (28 May 2021)

Marks (Pass/Fail) will be returned within two (2) weeks of the due date.

Weighting

Pass/Fail

Minimum mark or grade

Pass

Assessment Criteria

Attendance at the on-campus laboratory activity, with sufficient active participation, will result in a passing grade for this assessment. Failure to attend and adequately participate may result in a fail grade for this assessment item, and will be unable to pass this unit.

Attendance at the on-campus activities will be assessed through signed laboratory attendance sheets and facilitated by staff members managing the sessions, you will need to sign an attendance sheet for each session.

Active participation will be assessed via Laboratory Participation Checklist (and includes completion of the Laboratory Workbook). The Laboratory Workbook will be assessed at the conclusion of each practical task; therefore, it is necessary that you print off and bring the Laboratory Workbook with you to your on-campus laboratory activity.

If you miss a session without an approved reason, there will NOT be an opportunity to simply 'catch up' at any time. The CQUniversity Assessment Policy and Procedure (Higher Education Coursework) outlines acceptable reasons for adjusting assessment. If you do not attend one of the on-campus laboratory activities, and provide a valid reason with supporting documentation, then an attempt to make alternate arrangements will be made (for example a 'catch up' session at a suitable time or an alternative assessment/task) in consultation with the Unit Coordinator.

Referencing Style

- [American Psychological Association 7th Edition \(APA 7th edition\)](#)

Submission

Offline

Submission Instructions

Attendance and participation will be confirmed by teaching staff at each laboratory sessions. You do not need to submit any documentation through Moodle.

Learning Outcomes Assessed

- Demonstrate professional practice and ethical behaviour expected in exercise and sport science settings.

Graduate Attributes

- Communication
- Problem Solving
- Critical Thinking
- Team Work
- Information Technology Competence
- Cross Cultural Competence
- Ethical practice

Examination

Outline

Complete an invigilated examination.

Date

During the examination period at a CQUniversity examination centre.

Weighting

30%

Length

150 minutes

Exam Conditions

Closed Book.

Materials

Dictionary - non-electronic, concise, direct translation only (dictionary must not contain any notes or comments).

Calculator - non-programmable, no text retrieval, silent only

Academic Integrity Statement

As a CQUniversity student you are expected to act honestly in all aspects of your academic work.

Any assessable work undertaken or submitted for review or assessment must be your own work. Assessable work is any type of work you do to meet the assessment requirements in the unit, including draft work submitted for review and feedback and final work to be assessed.

When you use the ideas, words or data of others in your assessment, you must thoroughly and clearly acknowledge the source of this information by using the correct referencing style for your unit. Using others' work without proper acknowledgement may be considered a form of intellectual dishonesty.

Participating honestly, respectfully, responsibly, and fairly in your university study ensures the CQUniversity qualification you earn will be valued as a true indication of your individual academic achievement and will continue to receive the respect and recognition it deserves.

As a student, you are responsible for reading and following CQUniversity's policies, including the [Student Academic Integrity Policy and Procedure](#). This policy sets out CQUniversity's expectations of you to act with integrity, examples of academic integrity breaches to avoid, the processes used to address alleged breaches of academic integrity, and potential penalties.

What is a breach of academic integrity?

A breach of academic integrity includes but is not limited to plagiarism, self-plagiarism, collusion, cheating, contract cheating, and academic misconduct. The Student Academic Integrity Policy and Procedure defines what these terms mean and gives examples.

Why is academic integrity important?

A breach of academic integrity may result in one or more penalties, including suspension or even expulsion from the University. It can also have negative implications for student visas and future enrolment at CQUniversity or elsewhere. Students who engage in contract cheating also risk being blackmailed by contract cheating services.

Where can I get assistance?

For academic advice and guidance, the [Academic Learning Centre \(ALC\)](#) can support you in becoming confident in completing assessments with integrity and of high standard.

What can you do to act with integrity?



Be Honest

If your assessment task is done by someone else, it would be dishonest of you to claim it as your own



Seek Help

If you are not sure about how to cite or reference in essays, reports etc, then seek help from your lecturer, the library or the Academic Learning Centre (ALC)



Produce Original Work

Originality comes from your ability to read widely, think critically, and apply your gained knowledge to address a question or problem