



ESSC12010 *Functional Anatomy*

Term 2 - 2023

Profile information current as at 09/04/2024 05:31 pm

All details in this unit profile for ESSC12010 have been officially approved by CQUniversity and represent a learning partnership between the University and you (our student). The information will not be changed unless absolutely necessary and any change will be clearly indicated by an approved correction included in the profile.

General Information

Overview

The development of foundation knowledge and competencies in functional anatomy complements anatomy and physiology units and provides the cornerstone to manual assessment of musculoskeletal conditions. This unit will provide you with the knowledge necessary to identify and describe the structural and functional requirements of the musculoskeletal system in relation to human motion for a variety of activities. The unit will develop your understanding of the anatomy of the limbs and the functional principles underpinning movement and posture, including an understanding of the performance aspects of muscle, joints, and the mechanics of movement. You will develop skills in manual location and assessment of musculoskeletal structures as they apply to rehabilitation, exercise conditioning, and general movement.

Details

Career Level: *Undergraduate*

Unit Level: *Level 2*

Credit Points: 6

Student Contribution Band: 10

Fraction of Full-Time Student Load: 0.125

Pre-requisites or Co-requisites

Co-requisite: BMSC11001 Human Body Systems 1 OR Co-requisite: BMSC11010 Human Anatomy and Physiology

Important note: Students enrolled in a subsequent unit who failed their pre-requisite unit, should drop the subsequent unit before the census date or within 10 working days of Fail grade notification. Students who do not drop the unit in this timeframe cannot later drop the unit without academic and financial liability. See details in the [Assessment Policy and Procedure \(Higher Education Coursework\)](#).

Offerings For Term 2 - 2023

- Cairns
- Mackay City
- Mixed Mode
- Rockhampton

Attendance Requirements

All on-campus students are expected to attend scheduled classes – in some units, these classes are identified as a mandatory (pass/fail) component and attendance is compulsory. International students, on a student visa, must maintain a full time study load and meet both attendance and academic progress requirements in each study period (satisfactory attendance for International students is defined as maintaining at least an 80% attendance record).

Residential Schools

This unit has a Compulsory Residential School for distance mode students and the details are:

Click here to see your [Residential School Timetable](#).

Website

[This unit has a website, within the Moodle system, which is available two weeks before the start of term. It is important that you visit your Moodle site throughout the term. Please visit Moodle for more information.](#)

Class and Assessment Overview

Recommended Student Time Commitment

Each 6-credit Undergraduate unit at CQUniversity requires an overall time commitment of an average of 12.5 hours of study per week, making a total of 150 hours for the unit.

Class Timetable

[Regional Campuses](#)

Bundaberg, Cairns, Emerald, Gladstone, Mackay, Rockhampton, Townsville

[Metropolitan Campuses](#)

Adelaide, Brisbane, Melbourne, Perth, Sydney

Assessment Overview

1. **Online Quiz(zes)**

Weighting: 20%

2. **Presentation**

Weighting: 30%

3. **Practical Assessment**

Weighting: 20%

4. **Written Assessment**

Weighting: 30%

Assessment Grading

This is a graded unit: your overall grade will be calculated from the marks or grades for each assessment task, based on the relative weightings shown in the table above. You must obtain an overall mark for the unit of at least 50%, or an overall grade of 'pass' in order to pass the unit. If any 'pass/fail' tasks are shown in the table above they must also be completed successfully ('pass' grade). You must also meet any minimum mark requirements specified for a particular assessment task, as detailed in the 'assessment task' section (note that in some instances, the minimum mark for a task may be greater than 50%). Consult the [University's Grades and Results Policy](#) for more details of interim results and final grades.

CQUniversity Policies

All University policies are available on the [CQUniversity Policy site](#).

You may wish to view these policies:

- Grades and Results Policy
- Assessment Policy and Procedure (Higher Education Coursework)
- Review of Grade Procedure
- Student Academic Integrity Policy and Procedure
- Monitoring Academic Progress (MAP) Policy and Procedure – Domestic Students
- Monitoring Academic Progress (MAP) Policy and Procedure – International Students
- Student Refund and Credit Balance Policy and Procedure
- Student Feedback – Compliments and Complaints Policy and Procedure
- Information and Communications Technology Acceptable Use Policy and Procedure

This list is not an exhaustive list of all University policies. The full list of University policies are available on the [CQUniversity Policy site](#).

Previous Student Feedback

Feedback, Recommendations and Responses

Every unit is reviewed for enhancement each year. At the most recent review, the following staff and student feedback items were identified and recommendations were made.

Feedback from SUTE Student Evaluation

Feedback

Students were keen for more real life content and short videos to complement the weekly lecture content, so building on content each week in preparation for residential schools and assessments

Recommendation

It is recommended that weekly material includes more short videos, instructional resources, and real life interactive content.

Feedback from SUTE Student evaluation, self-reflection and in class-discussion

Feedback

First time running the case study format of the residential school labs, which were received well by student cohort.

Recommendation

It is recommended to continue the case study approach of residential school delivery

Feedback from SUTE Student Evaluation

Feedback

Students were keen for weekly case studies or worksheets related to content being delivered

Recommendation

It is recommended to include weekly case studies/worksheets to enhance the student learning experience

Feedback from self-reflection

Feedback

In 2021 a recommendation was put forward regarding having adequate plinths and massage tables for students to perform assessments. This was achieved at Rockhampton through use of physiotherapy labs and plinths during the residential school. At Mackay and Cairns, there were inadequate numbers of plinths/massage tables to run the labs. This also has implications for other units which need these resources

Recommendation

It is recommended that there are a minimum of 5 massage tables at Mackay and Cairns to ensure all students are able to practice and demonstrate their practical skills and that in Rockhampton the physiotherapy labs are used for delivery of this unit.

Unit Learning Outcomes

On successful completion of this unit, you will be able to:

1. Define anatomical terms and identify structures using anatomical models, images, and surface anatomy.
2. Using principles of kinesiology, identify and explain the relationships between anatomical structures, movement, and function.
3. Analyse exercises to identify muscles that are involved in producing and controlling movement.
4. Perform movement and postural assessments, and prescribe corrective exercises to address asymmetries or improve exercise performance.

The Learning Outcomes and Assessment tasks are aligned with Graduate Outcomes as outlined by Exercise and Sport Science Australia (ESSA).

This course is designed to encompass both theoretical and practical aspects of functional anatomy. The course lectures will cover the theoretical knowledge related to the subject matter. The practical laboratory/workshop sessions will then build on the theoretical knowledge gained during the lectures and allow students to gain experience in identifying, locating and assessing muscular actions across a range of movement activities. Assessments for this course will be based on the development of a muscle portfolio and a practical video demonstration of a muscular assessment of movement. Students will also sit an examination of the theoretical knowledge gained about the musculo-skeletal system. The assessment pieces will allow students to gain a comprehensive knowledge necessary to identify the structural and functional requirements of the musculo-skeletal system

Alignment of Learning Outcomes, Assessment and Graduate Attributes

 N/A Level	 Introductory Level	 Intermediate Level	 Graduate Level	 Professional Level	 Advanced Level
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Alignment of Assessment Tasks to Learning Outcomes

Assessment Tasks	Learning Outcomes			
	1	2	3	4
1 - Online Quiz(zes) - 20%	•	•		
2 - Presentation - 30%			•	•
3 - Practical Assessment - 20%	•			•
4 - Written Assessment - 30%		•	•	

Alignment of Graduate Attributes to Learning Outcomes

Graduate Attributes	Learning Outcomes			
	1	2	3	4
1 - Communication	•	•	•	•
2 - Problem Solving		•	•	•
3 - Critical Thinking	•	•	•	•
4 - Information Literacy		•	•	•
5 - Team Work				
6 - Information Technology Competence	•		•	•
7 - Cross Cultural Competence				
8 - Ethical practice	•	•		•
9 - Social Innovation				
10 - Aboriginal and Torres Strait Islander Cultures				

Textbooks and Resources

Textbooks

ESSC12010

Prescribed

Manual of Structural Kinesiology

Edition: 21st (2021)

Authors: Floyd

McGraw Hill

New York , NY , USA

ISBN: 9781260237757

Binding: Paperback

[View textbooks at the CQUniversity Bookshop](#)

IT Resources

You will need access to the following IT resources:

- CQUniversity Student Email
- Internet
- Unit Website (Moodle)
- Adobe Acrobat Pro
- Microphone and camera for use with Zoom
- Video Recording Device (Camcorder, Digital Camera, Smartphone, etc.)
- Microsoft Office 2010 (including Word and Excel)
- ZOOM Videoconferencing software. A ZOOM account is available with your student credentials.

Referencing Style

All submissions for this unit must use the referencing style: [American Psychological Association 7th Edition \(APA 7th edition\)](#)

For further information, see the Assessment Tasks.

Teaching Contacts

Mandy Plumb Unit Coordinator

a.plumb@cqu.edu.au

Schedule

Week 1 - 10 Jul 2023

Module/Topic	Chapter	Events and Submissions/Topic
Introduction to Functional Anatomy	Chapter 1 - Foundations of Structural Kinesiology	
	Chapter 2 - Neuromuscular Fundamentals	
	Chapter 3 - Basic Biomechanical Factors and Concepts	

Week 2 - 17 Jul 2023

Module/Topic	Chapter	Events and Submissions/Topic
Upper Extremity Part I: The shoulder	Chapter 4 - Shoulder Girdle	
	Chapter 5 - Shoulder Joint	

Week 3 - 24 Jul 2023

Module/Topic	Chapter	Events and Submissions/Topic
Upper Extremity Part II Muscular Analysis of Upper Extremity	Chapter 6 - Elbow and Radioulnar Joint Chapter 7 - Wrist and Hand Chapter 8 - Muscular analysis of Upper Extremity	

Week 4 - 31 Jul 2023

Module/Topic	Chapter	Events and Submissions/Topic
Lower Extremity Part I and II	Chapter 9 - Hip Joint and Pelvic Girdle Chapter 10 - Knee Chapter 11 - Ankle and Foot	

Week 5 - 07 Aug 2023

Module/Topic	Chapter	Events and Submissions/Topic
Trunk and Spine Muscular Analysis of Lower Extremity	Chapter 12 - Trunk and Spine Chapter 12 - Muscular Analysis of Lower Extremity	Online quiz - opens Week 5 Monday (7th August 2023) 09:00am AEST

Vacation Week - 14 Aug 2023

Module/Topic	Chapter	Events and Submissions/Topic
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Week 6 - 21 Aug 2023

Module/Topic	Chapter	Events and Submissions/Topic
Functional Movement Screens Open and Closed Kinetic Chain Corrective Exercise	Various journal articles to review which will be available in Moodle via the reading list	Online quiz - closes Week 6 Monday (21st August 2023) 5:00pm AEST

Week 7 - 28 Aug 2023

Module/Topic	Chapter	Events and Submissions/Topic
Case Studies Part I	Various online resources will be available via Moodle	Written Assessment for Rockhampton Res School students- due Week 7 Monday (28th August 2023) 5:00pm AEST Written Assessment for Mackay Res School students- due Week 7 Thursday (31st August 2023) 5:00pm AEST

Week 8 - 04 Sep 2023

Module/Topic	Chapter	Events and Submissions/Topic
Case Studies Part II	Various online resources will be available via Moodle	Written Assessment for Cairns Res School students- due Week 8 Friday (8th September 2023) 5:00pm AEST

Week 9 - 11 Sep 2023

Module/Topic	Chapter	Events and Submissions/Topic
Case Studies Part III	Various online resources will be available via Moodle	Presentation for Rockhampton Res School students- due Week 9 Monday (11th September 2023) 09:00am AEST Presentation for Mackay Res School students- due Week 9 Thursday (14th September 2023) 09:00am AEST

Week 10 - 18 Sep 2023

Module/Topic	Chapter	Events and Submissions/Topic
Case Studies Part IV	Various online resources will be available via Moodle	Presentation for Cairns Res School students- due Week 10 Wednesday (22nd September 2023) 09:00am AEST

Week 11 - 25 Sep 2023

Module/Topic	Chapter	Events and Submissions/Topic
Revision Session for online practical assessment		

Week 12 - 02 Oct 2023

Module/Topic	Chapter	Events and Submissions/Topic
Revision Session for online practical assessment		

Review/Exam Week - 09 Oct 2023

Module/Topic	Chapter	Events and Submissions/Topic
		On-line Practical Assessment - On Monday (9th October 2023) 08:30am - 5:00pm AEST and Tuesday (10th October 2023) 08:30am - 5:00pm AEST

Exam Week - 16 Oct 2023

Module/Topic	Chapter	Events and Submissions/Topic
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Term Specific Information

All students are required to attend one (1) of the following Residential Schools 2023. You may select the most suitable option, depending on your enrolment:

Rockhampton (ROK) - you are required to attend the 2-day residential school in Week 6 -7 (Sunday 27th August - Monday 28th August 2023) from 08:00am - 5:00pm AEST.

Mackay (MKY) - you are required to attend the 2-day residential school in Week 7 (Wednesday 30th August - Thursday 31st August 2023) from 08:00am - 5:00pm AEST.

Cairns (CNS) - you are required to attend the 2-day residential school in Week 8 (Thursday 7th September - Friday 8th September 2023) from 08:00am - 5:00pm AEST.

Mixed mode offering (MIX) - you can opt to attend your nearest residential school, depending on your enrolment.

Assessment Tasks

1 Online Quiz

Assessment Type

Online Quiz(zes)

Task Description

You will be required to complete one (1) online quiz during the term. The online quiz will be available from week 5 (Monday 7th August 2023) 09:00am AEST until Week 6 (Monday 21st August 2023) at 5:00pm AEST, and will assess content (lectures, reading, labs and online material) covered in weeks 1 - 5 (inclusive).

The quiz will include 20 Multiple Choice Questions (MCQ) (worth 1 mark each) that are randomly selected from a wider bank of questions and the 5 remaining questions (worth 6 marks per question) will have multiple parts that include fill in blanks and short answers. Questions will be equally distributed across the 5 weeks.

You must log on and access the ESSC12010 Moodle site when the online quiz is open and complete the quiz before the closing time and date as outlined in the Assessment due date section below. You can only attempt the online quiz once and the quiz must be completed in a single session. The online quiz should be completed on a computer, as attempting the quiz on a smartphone can result in your session being ended in the event of a phone-call or notification. You cannot save your answers and return to the online quiz at a later time. In the absence of an approved extension, there will be no late submissions allowed for the online quiz.

Number of Quizzes

1

Frequency of Quizzes

Other

Assessment Due Date

The online quiz will open Week 5 (Monday 7th August 2023) 9:00am AEST, and close week 6 Monday (21st August 2023) at 5:00pm AEST.

Return Date to Students

Marks for the online quiz with specific question feedback will be available on Thursday 24th August 2023 via the ESSC12010 Moodle site.

Weighting

20%

Assessment Criteria

The quiz contributes to 20% of your overall grade. The quiz consists of 20 MCQ questions (worth 1 mark each), and 5 questions (worth six marks each) that have multiple parts, and the number of marks will be highlighted if more than one mark is allocated for that particular part of the question.

Referencing Style

- [American Psychological Association 7th Edition \(APA 7th edition\)](#)

Submission

Online

Submission Instructions

Attempting and submitting the online quiz is performed via the ESSC12010 Moodle site.

Learning Outcomes Assessed

- Define anatomical terms and identify structures using anatomical models, images, and surface anatomy.
- Using principles of kinesiology, identify and explain the relationships between anatomical structures, movement, and function.

2 Presentation

Assessment Type

Presentation

Task Description

Identifying sub-optimal movement patterns and their contributing factors is an important part of reducing injury risk and improving performance in sports and exercise. To accurately identify sub-optimal movements, a sound understanding of normal movement and the roles of various muscles and joints is required. Appropriate exercises are then often required to help an individual return to optimal movement and improve performance. This assessment requires you to create and record a 10-minute audio-visual presentation.

During the residential school you will carry out a Functional Movement Screen (FMS) on one of your peers. You will review them performing each of the tasks and ascertain a score for each. From the FMS you will pick one of the assessments eg. the overhead squat, which is designed to assess core strength, balance, dynamic flexibility and overall neuromuscular control. You will then do an in-depth analysis of this assessment, looking at all the joint complexes, such as the knees, shoulder, torso, or feet. Depending on what you find you will need to:

1. Identify any suboptimal movements or postural defects.
2. A description of one (1) possible muscle weakness that might contribute to the sub-optimal movement you identified, and explanation of the role of that muscle in the optimal movement.
3. Inclusions and rationale for one (1) exercise that you could provide to strengthen the muscle you identified as weak.
4. A video demonstration of you instructing an individual how to perform the assessment correctly (eg. overhead squat).

Include in your demonstration:

- a. The start and end position of the movement.
- b. Instructions on how to complete the assessment, including at least three (3) succinct verbal cues to ensure that your partner in the video can complete the exercise safely and effectively.

General presentation guidelines:

Duration: You will develop a 10-minute audio-visual presentation. Any information presented beyond 11 minutes will not be marked.

Presentation slides: You must include accompanying PowerPoint slides. These should complement the spoken aspect of your presentation.

Font: Times New Roman or Arial.

Language: English (Australian).

Referencing: Follow American Psychological Association (APA) style. Reference list must be included on your PowerPoint file.

Video: You must include a video demonstration in your presentation as per point 4 above. You should embed this in your PowerPoint file.

Presentation recording: You must record your entire presentation, including slides, video, audio, and a self view camera. This is best recorded in **Zoom conferencing software**. A link to download this software for free is provided on the ESSC12010 Moodle site.

Moodle submission (total file size must be <100MB):

1. A PDF of the final slides presented (with embedded videos removed). Please save as 1 slide per page. Ensure a list of references is included at the end of the presentation (i.e. final slide of the PowerPoint slides).
2. The recorded presentation (preference is .mp4 format). You must ensure that this video is playable. Late penalties will be applied until a playable recorded presentation is received. Should you not submit a playable recorded presentation, a mark of zero (0) will be awarded.

Assessment Due Date

The presentations are due two weeks after your respective residential school (Rockhampton due Monday 11th Sept 2023 at 5:00pm AEST, Mackay due Thursday 14th Sept 2023 at 5:00pm AEST, Cairns due Friday 22nd Sept 2023 at 5:00pm AEST) and a dropbox for each residential school will be setup.

Return Date to Students

Marks and individual feedback will be made available via the ESSC12010 Moodle site within two weeks of submission.

Weighting

30%

Assessment Criteria

You will be assessed on your ability to analyse the assessment, identify any abnormal alignment, postural defects, identify weak/long/short/tight muscles, identify correct way to perform assessment with demonstrations and visual cues, and also identify appropriate additional exercise prescription for the abnormal elements identified. Pay close attention to the clarity of your exercise demonstration, and use of appropriate supporting evidence (references) throughout your presentation. Marks will also be allocated to presentation style (including use of PowerPoint, use of video, adherence to the time limit, and use of voice and gesture).

Late penalties will be applied to submissions in accordance with CQUniversity policy, including if submissions received are unable to be viewed.

A detailed marking rubric will be available on the ESSC12010 Moodle site. Please refer to this rubric for detailed breakdown of marking allocation

Referencing Style

- [American Psychological Association 7th Edition \(APA 7th edition\)](#)

Submission

Online

Submission Instructions

You will be required to submit the following documents via the assessment submission link on the ESSC12010 Moodle site: 1) A PDF version of the final slides; 2) a video of the recorded presentation in .mp4, .mov, .wmv, or .avi format.

Learning Outcomes Assessed

- Analyse exercises to identify muscles that are involved in producing and controlling movement.
- Perform movement and postural assessments, and prescribe corrective exercises to address asymmetries or improve exercise performance.

3 Practical Assessment (online)

Assessment Type

Practical Assessment

Task Description

The structural anatomy of the body underpins the performance of all human movement; thus, an understanding of the anatomy of the muscles and joints is fundamental to exercise and sports performance. In this practical online assessment you will be given a case study and will be required to describe anatomical structures, demonstrate joint movements, identify postural defects and prescribe corrective exercise. This assessment will cover material (lecture, labs and online learning material) from weeks 1-11 (inclusive).

This practical assessment will be delivered online via Zoom. You will be required to log in to an allocated timeslot in Review Week on Monday (9th October 2023) **OR** Tuesday (10th October 2023) between 8:30 am and 5:00 pm AEST to complete this assessment. Specific times will be allocated by Week 8 of term and the practical assessment will take 20 minutes. This assessment will be completed individually with only you and the unit coordinator present in the Zoom

meeting. Sessions will be recorded for moderation purposes.

The practical assessment is compulsory and you must pass this assessment in order to pass the unit. The minimum pass requirement for this assessment item is 50%. The practical online assessment will consist of a case study that will be allocated to you the day before, to prepare.

Assessment Due Date

This will take place on Monday 9th October or Tuesday 10th October 2023 between 08:30am - 5:00pm AEST

Return Date to Students

Marks will be made available after certification of grades

Weighting

20%

Minimum mark or grade

Students need to obtain a pass (50%) in this exam to pass the unit.

Assessment Criteria

In this practical based assessment, students will identify landmarks and describe anatomical structures of the musculoskeletal system for the trunk, upper limbs and lower limb and demonstrate selected assessments, movements and exercises.

You will be given a specific case study, an example might require a student to identify a specific assessment they might undertake, such as a passive range of motion of say the elbow. They will then be required to identify the bony landmarks that would be used in the ROM. Follow-up questions might ask what a typical ROM might be, and if the ROM was limited, what might this indicate, and what exercises might you prescribe to strengthen or reduce tightness in muscles, as well as identify the muscles involved in the movement.

Referencing Style

- [American Psychological Association 7th Edition \(APA 7th edition\)](#)

Submission

Online

Submission Instructions

The online practical assessment will take place on Monday 9th October or Tuesday 10th October 2023 between 08:30am - 5:00pm AEST and students will be allocated a 20 min slot.

Learning Outcomes Assessed

- Define anatomical terms and identify structures using anatomical models, images, and surface anatomy.
- Perform movement and postural assessments, and prescribe corrective exercises to address asymmetries or improve exercise performance.

4 Written Assessment

Assessment Type

Written Assessment

Task Description

During the residential school laboratory activities, you will be required to complete a written assessment consisting of a number of activities focused on identifying anatomical landmarks from anatomical models, images/diagrams and surface anatomy, describing the structure and movement of body parts, and performing movement, and postural analysis. The laboratory activity sheets and competency sheet will enable you to demonstrate knowledge and skills related to each laboratory activity. The laboratory activity sheets will also include short answer responses relating to theoretical and practical content delivered in this unit. This is an individual assessment and even though you may be working in small groups, please ensure your answers are your own. A template will be provided for you to complete the lab activity tasks and each section will be allocated marks. At the end of your residential school (Mackay, Rockhampton or Cairns) you will be required to submit these lab activity sheets for marking.

Assessment Due Date

These laboratory activity sheets are to be submitted in hard copy to your Unit Coordinator at the end of your respective residential school. For Rockhampton due Monday 28th August 2023 at 5:00pm AEST, Mackay due Thursday 31st August 2023 at 5:00pm AEST, Cairns due Friday 8th Sept 2023 at 5:00pm AEST).

Return Date to Students

The laboratory activity sheet overall grade will be released via moodle ten working days after submission.

Weighting

30%

Assessment Criteria

The written assessment consists of laboratory activity sheets, which will evaluate your ability to identify anatomical structures, describe human movement, and apply knowledge to interpret findings. Marks will be allocated to tasks completed in each laboratory session. The laboratory activity sheets will consist of questions pertaining to the following areas of functional anatomy that will be covered during the residential school (Mackay, Rockhampton or Cairns) or the on-campus sessions (Cairns only):

- Identifying anatomical structures and describing movement
- Structure and movement of the torso/axial skeleton
- Structure and movement of the upper limbs
- Structure and movement of the lower limbs
- Posture and postural assessment
- Movement analysis

The activity sheets must be submitted in hard copy to the unit coordinator at the conclusion of the residential school (Mackay, Rockhampton and Cairns) or the on-campus sessions (Cairns only).

Referencing Style

- [American Psychological Association 7th Edition \(APA 7th edition\)](#)

Submission

Offline

Submission Instructions

The laboratory activity sheets must be submitted in hard copy to your Unit Coordinator at the end of the residential school (Mackay, Rockhampton or Cairns).

Learning Outcomes Assessed

- Using principles of kinesiology, identify and explain the relationships between anatomical structures, movement, and function.
- Analyse exercises to identify muscles that are involved in producing and controlling movement.

Academic Integrity Statement

As a CQUniversity student you are expected to act honestly in all aspects of your academic work.

Any assessable work undertaken or submitted for review or assessment must be your own work. Assessable work is any type of work you do to meet the assessment requirements in the unit, including draft work submitted for review and feedback and final work to be assessed.

When you use the ideas, words or data of others in your assessment, you must thoroughly and clearly acknowledge the source of this information by using the correct referencing style for your unit. Using others' work without proper acknowledgement may be considered a form of intellectual dishonesty.

Participating honestly, respectfully, responsibly, and fairly in your university study ensures the CQUniversity qualification you earn will be valued as a true indication of your individual academic achievement and will continue to receive the respect and recognition it deserves.

As a student, you are responsible for reading and following CQUniversity's policies, including the [Student Academic Integrity Policy and Procedure](#). This policy sets out CQUniversity's expectations of you to act with integrity, examples of academic integrity breaches to avoid, the processes used to address alleged breaches of academic integrity, and potential penalties.

What is a breach of academic integrity?

A breach of academic integrity includes but is not limited to plagiarism, self-plagiarism, collusion, cheating, contract cheating, and academic misconduct. The Student Academic Integrity Policy and Procedure defines what these terms mean and gives examples.

Why is academic integrity important?

A breach of academic integrity may result in one or more penalties, including suspension or even expulsion from the University. It can also have negative implications for student visas and future enrolment at CQUniversity or elsewhere. Students who engage in contract cheating also risk being blackmailed by contract cheating services.

Where can I get assistance?

For academic advice and guidance, the [Academic Learning Centre \(ALC\)](#) can support you in becoming confident in completing assessments with integrity and of high standard.

What can you do to act with integrity?



Be Honest

If your assessment task is done by someone else, it would be dishonest of you to claim it as your own



Seek Help

If you are not sure about how to cite or reference in essays, reports etc, then seek help from your lecturer, the library or the Academic Learning Centre (ALC)



Produce Original Work

Originality comes from your ability to read widely, think critically, and apply your gained knowledge to address a question or problem