

Profile information current as at 14/12/2025 03:41 pm

All details in this unit profile for HLTH12031 have been officially approved by CQUniversity and represent a learning partnership between the University and you (our student). The information will not be changed unless absolutely necessary and any change will be clearly indicated by an approved correction included in the profile.

## **General Information**

## Overview

Volunteering provides an opportunity to develop civic awareness and participation as well as developing personal skills of self-understanding, discretion and learning to work with others. This unit allows students to engage with communities in a way that encourages them to use their volunteering experiences to promote a deeper understanding of community as well as their role within their communities as professionals upon graduation. It encourages students to understand the theory that underpins volunteering activities and to apply this thinking to their own experiences. Students are expected to volunteer for a minimum of 25 hours with a community agency.

### **Details**

Career Level: Undergraduate

Unit Level: Level 2 Credit Points: 6

Student Contribution Band: 8

Fraction of Full-Time Student Load: 0.125

## Pre-requisites or Co-requisites

Successful completion of 48 credit points.

Important note: Students enrolled in a subsequent unit who failed their pre-requisite unit, should drop the subsequent unit before the census date or within 10 working days of Fail grade notification. Students who do not drop the unit in this timeframe cannot later drop the unit without academic and financial liability. See details in the <u>Assessment Policy and Procedure (Higher Education Coursework)</u>.

# Offerings For Term 2 - 2022

• Mixed Mode

# **Attendance Requirements**

All on-campus students are expected to attend scheduled classes – in some units, these classes are identified as a mandatory (pass/fail) component and attendance is compulsory. International students, on a student visa, must maintain a full time study load and meet both attendance and academic progress requirements in each study period (satisfactory attendance for International students is defined as maintaining at least an 80% attendance record).

## Website

This unit has a website, within the Moodle system, which is available two weeks before the start of term. It is important that you visit your Moodle site throughout the term. Please visit Moodle for more information.

## Class and Assessment Overview

## Recommended Student Time Commitment

Each 6-credit Undergraduate unit at CQUniversity requires an overall time commitment of an average of 12.5 hours of study per week, making a total of 150 hours for the unit.

## Class Timetable

#### **Regional Campuses**

Bundaberg, Cairns, Emerald, Gladstone, Mackay, Rockhampton, Townsville

#### **Metropolitan Campuses**

Adelaide, Brisbane, Melbourne, Perth, Sydney

## **Assessment Overview**

1. Written Assessment

Weighting: Pass/Fail

2. **Portfolio**Weighting: 10%

3. Written Assessment

Weighting: 25% 4. **Portfolio** Weighting: 65%

## Assessment Grading

This is a graded unit: your overall grade will be calculated from the marks or grades for each assessment task, based on the relative weightings shown in the table above. You must obtain an overall mark for the unit of at least 50%, or an overall grade of 'pass' in order to pass the unit. If any 'pass/fail' tasks are shown in the table above they must also be completed successfully ('pass' grade). You must also meet any minimum mark requirements specified for a particular assessment task, as detailed in the 'assessment task' section (note that in some instances, the minimum mark for a task may be greater than 50%). Consult the <u>University's Grades and Results Policy</u> for more details of interim results and final grades.

# **CQUniversity Policies**

## All University policies are available on the CQUniversity Policy site.

You may wish to view these policies:

- Grades and Results Policy
- Assessment Policy and Procedure (Higher Education Coursework)
- Review of Grade Procedure
- Student Academic Integrity Policy and Procedure
- Monitoring Academic Progress (MAP) Policy and Procedure Domestic Students
- Monitoring Academic Progress (MAP) Policy and Procedure International Students
- Student Refund and Credit Balance Policy and Procedure
- Student Feedback Compliments and Complaints Policy and Procedure
- Information and Communications Technology Acceptable Use Policy and Procedure

This list is not an exhaustive list of all University policies. The full list of University policies are available on the CQUniversity Policy site.

## Previous Student Feedback

# Feedback, Recommendations and Responses

Every unit is reviewed for enhancement each year. At the most recent review, the following staff and student feedback items were identified and recommendations were made.

## Feedback from Unit Evaluation

#### **Feedback**

Students really enjoyed the structure of this unit and loved interacting with people in their community.

#### Recommendation

We'll continue to ask students to identify and negotiate their own volunteering opportunities. This encourages students to start their own service-learning journey, and by practical application build on their existing communication skills and knowledge.

### Feedback from Unit evaluation

#### **Feedback**

Students felt the assessments were great. Some stating they walked away learning a lot about themselves and the community they live in.

#### Recommendation

We'll continue to encourage and support students through the volunteering of their time with a community based organisation, taking on board their reflections and feedback when making changes to the unit content and assessment.

# **Unit Learning Outcomes**

## On successful completion of this unit, you will be able to:

- 1. Evaluate the role volunteering plays in building communities.
- 2. Apply the theory associated with volunteering in a community setting.
- 3. Realistically reflect on learning resulting from volunteering experiences.
- 4. Demonstrate communication and culturally competent skills and knowledge appropriate to the volunteer experience.

# Alignment of Learning Outcomes, Assessment and Graduate Attributes

N/A Level Introductory Level Graduate Level Professional Level	Advanced Level	i					
Alignment of Assessment Tasks to Learning Outcomes							
Assessment Tasks Learning Outcomes							
	1	2	3	4			
1 - Written Assessment - 0%		•					
2 - Portfolio - 10%	•	•	•	•			
3 - Written Assessment - 25%	•						
4 - Portfolio - 65%	•	•	•	•			

Alignment of Graduate Attributes to Lear	rning Out	cor	nes							
Graduate Attributes			ı	Learr	ning	Outc	omes	5		
				1		2		3		4
1 - Communication				•		•		•		•
2 - Problem Solving						•				
3 - Critical Thinking				•		•		•		•
4 - Information Literacy										
5 - Team Work						•				•
6 - Information Technology Competence										
7 - Cross Cultural Competence				•		•				•
8 - Ethical practice				•		•		•		•
9 - Social Innovation										
10 - Aboriginal and Torres Strait Islander Cultures										
Alignment of Assessment Tasks to Gradu	ıate Attri	but	es							
Assessment Tasks	Gra	Graduate Attributes								
	1	2	3	4	5	6	7	8	9	10
1 - Written Assessment - 0%	•					•		•		
2 - Portfolio - 10%	•			•			•	•		
3 - Written Assessment - 25%	•		•				•	•		
4 - Portfolio - 65%	•	•	•		•		•	•		

# Textbooks and Resources

## **Textbooks**

HLTH12031

## **Prescribed**

## Learning through serving

Edition: Second (2013)

Authors: Cress, Collier, Reitenauer & Associates

Stvlus

Sterling, Virginia, United States of America

Binding: Paperback

View textbooks at the CQUniversity Bookshop

## IT Resources

## You will need access to the following IT resources:

- CQUniversity Student Email
- Internet
- Unit Website (Moodle)

# Referencing Style

## All submissions for this unit must use the referencing styles below:

- Harvard (author-date)
- American Psychological Association 7th Edition (APA 7th edition)

For further information, see the Assessment Tasks.

# **Teaching Contacts**

Dale Trott Unit Coordinator

d.trott@cqu.edu.au

## Schedule

Week 1 - 11 Jul 2022		
Module/Topic	Chapter	<b>Events and Submissions/Topic</b>
Module 1: Preparation for your community experience (Weeks 1-2)	Cress et al. (2013) Chapters 1-3 (pp. 9-47)	Tutorial (Zoom)
Week 2 - 18 Jul 2022		
Module/Topic	Chapter	<b>Events and Submissions/Topic</b>
Module 1: Preparation for your community experience (Weeks 1-2)	Cress et al. (2013) Chapters 1-3 (pp. 9-47)	
Week 3 - 25 Jul 2022		
Module/Topic	Chapter	<b>Events and Submissions/Topic</b>
Module 2: Establishing your community experience (Weeks 3-4)	Cress et al. (2013) Chapters 4-5 (pp. 51-91).	Tutorial (Zoom)
Week 4 - 01 Aug 2022		
Module/Topic	Chapter	Events and Submissions/Topic

Module 2: Establishing your community experience (Weeks 3-4)	Cress et al. (2013) Chapters 4-5 (pp. 51-91)	Volunteer Placement Negotiation Due: Week 4 Friday (5 Aug 2022) 11:45 pm AEST
Week 5 - 08 Aug 2022		
Module/Topic	Chapter	Events and Submissions/Topic
Module 3: Learning from your	Cress et al. (2013) Chapter 6-10 (pp.	Tutorial (Zoom)
community experience (Weeks 5-6)	95-159)	Formative Portfolio Due: Week 5 Friday (12 Aug 2022) 11:45 pm AEST
Vacation Week - 15 Aug 2022		
Module/Topic	Chapter	<b>Events and Submissions/Topic</b>
Week 6 - 22 Aug 2022		
Module/Topic	Chapter	Events and Submissions/Topic
Module 3: Learning from your community experience (Weeks 5-6)	Cress et al. (2013) Chapter 6-10 (pp. 95-159)	
Week 7 - 29 Aug 2022		
Module/Topic	Chapter	Events and Submissions/Topic
Module 4: Reflecting on and evaluating your community experience (Weeks 7-12)	Cress et al. (2013) Chapters 11-14 (pp. 163-205).	Tutorial (Zoom)
•		
Week 8 - 05 Sep 2022		
Module/Topic	Chapter	Events and Submissions/Topic
Module 4: Reflecting on and evaluating your community experience (Weeks 7-12)	Cress et al. (2013) Chapters 11-14 (pp. 163-205).	
Week 9 - 12 Sep 2022		
Module/Topic	Chapter	<b>Events and Submissions/Topic</b>
Module 4: Reflecting on and	Cross et al. (2012) Chapters 11 14	Tutorial (Zoom)
evaluating your community experience (Weeks 7-12)	Cress et al. (2013) Chapters 11-14 (pp. 163-205).	Essay Due: Week 9 Friday (16 Sept 2022) 11:45 pm AEST
Week 10 - 19 Sep 2022		
Module/Topic	Chapter	Events and Submissions/Topic
Module 4: Reflecting on and evaluating your community experience (Weeks 7-12)	Cress et al. (2013) Chapters 11-14 (pp. 163-205).	
Week 11 - 26 Sep 2022		
Module/Topic	Chapter	Events and Submissions/Topic
Module 4: Reflecting on and evaluating your community experience (Weeks 7-12)	Cress et al. (2013) Chapters 11-14 (pp. 163-205).	Tutorial (Zoom)
Week 12 - 03 Oct 2022		
Module/Topic	Chapter	Events and Submissions/Topic
Module 4: Reflecting on and evaluating your community experience (Weeks 7-12)	Cress et al. (2013) Chapters 11-14 (pp. 163-205).	<b>Portfolio</b> Due: Week 12 Friday (7 Oct 2022) 11:45 pm AEST
Review/Exam Week - 10 Oct 2022		
Module/Topic	Chapter	Events and Submissions/Topic

Chapter

**Events and Submissions/Topic** 

# **Term Specific Information**

Please note that the textbook is available online/through the library.

## **Assessment Tasks**

# 1 Volunteer Placement Negotiation

## **Assessment Type**

Written Assessment

### **Task Description**

For this assessment, you will need to negotiate at least 25 hours of volunteer experience with a community-based organisation. The 25 hours can be undertaken in any format, for example, you could complete your 25 hours by committing to an hour a week, or an hour a day, the choice is yours.

The definition of a Community-Based Organisation (CBO) can be broadly defined as:

'A not-for-profit organisation with management and volunteers drawn from the local community and organisational functions designed to address the needs of local groups of people in the community. CBOs may take multiple forms, such as industry associations, community housing organisations, faith based organisations, youth groups, community-support groups, arts and cultural groups, environmental groups, nursing homes, school or education groups, and sporting groups.'

Previously students have volunteered their time with the Salvation Army, Meals on Wheels, Sporting organisations, Life Ed Australia, Surf Lifesaving Australia, etc. To be clear this is NOT a work placement, you are volunteering your time to learn about the process of volunteering for the benefit of your community.

Your negotiation with your community-based organisation will require you to complete a Volunteer Experience Negotiation and a CQUniversity Risk Assessment, copies of both forms are available on the Moodle site. Both are to be completed with the assistance of the community-based organisation. Please note, University Insurance will not cover you unless your negotiation and risk assessment forms have been completed and approved by your Unit Coordinator prior to starting your volunteer experience.

## **Assessment Due Date**

Week 4 Friday (5 Aug 2022) 11:45 pm AEST

#### **Return Date to Students**

Week 5 Friday (12 Aug 2022)

## Weighting

Pass/Fail

#### Minimum mark or grade

Pass

### **Assessment Criteria**

This assessment has no weighting, it is a Pass/Fail. This assessment must be completed <u>prior</u> to you starting your volunteer experience. No exceptions.

## **Referencing Style**

- Harvard (author-date)
- American Psychological Association 7th Edition (APA 7th edition)

#### **Submission**

Online

## **Learning Outcomes Assessed**

• Apply the theory associated with volunteering in a community setting.

#### **Graduate Attributes**

Communication

- Information Technology Competence
- Ethical practice

## 2 Formative Portfolio

## **Assessment Type**

Portfolio

#### **Task Description**

You are required to undertake a number of prescribed activities allocated from your textbook for Modules 1 and 2. You must complete these and submit them in short answer format.

Prescribed activities include:

- Module 1: Exercises 1.2, 2.1, 2.3, 2.4, 2.5, 3.3, 3.5.
- Module 2: Exercises 4.1, 4.4, 4.5, 5.1, 5.3, 5.5.

Feedback provided in the marking of this formative portfolio will guide you in the completion of Modules 3 & 4, as part of the final portfolio. There is no prescribed format for this task but your portfolio should use relevant headings and subheadings to guide the reader. A Table of Contents and Executive Summary is not required. Use appropriate evidence to support your statements. (**Length:** N/A)

## **Assessment Due Date**

Week 5 Friday (12 Aug 2022) 11:45 pm AEST

#### **Return Date to Students**

Week 7 Friday (2 Sept 2022)

## Weighting

10%

#### **Assessment Criteria**

You will be assessed according to the following:

High Distinction: Evidence of deep reflection and/or comprehensive application of topic to own experiences.

Distinction: Evidence of considered and consistent reflection and/or application of topic to own experiences.

Credit: Evidence of broad reflection and/or application of topic to own experiences.

Pass: Evidence of some, but inconsistent, reflection and/or application of topic to own experiences.

Fail: Little or no evidence or reflection or application of topic to own experiences.

## **Referencing Style**

- Harvard (author-date)
- American Psychological Association 7th Edition (APA 7th edition)

## Submission

Online

#### **Submission Instructions**

Online

## **Learning Outcomes Assessed**

- Evaluate the role volunteering plays in building communities.
- Apply the theory associated with volunteering in a community setting.
- Realistically reflect on learning resulting from volunteering experiences.
- Demonstrate communication and culturally competent skills and knowledge appropriate to the volunteer experience.

#### **Graduate Attributes**

- Communication
- Information Literacy
- Cross Cultural Competence
- Ethical practice

# 3 Essay

#### **Assessment Type**

Written Assessment

### **Task Description**

Write an essay, evaluating the role of volunteering in building communities. Contrast the benefits and risks associated

with service learning units for undergraduate students.

Use appropriate evidence to support your statements.

Length: 1500 words (10% under- 20% over is acceptable).

#### **Assessment Due Date**

Week 9 Friday (16 Sept 2022) 11:45 pm AEST

#### **Return Date to Students**

Week 11 Friday (30 Sept 2022)

#### Weighting

25%

#### **Assessment Criteria**

Your essay will be marked according to: 1) consistency with academic writing protocols (5%); 2) exploration of benefits (5%); 3) exploration of risks (5%); 4) tightness of argument (5%); 5) quality of evidence (5%).

Please see the detailed marking rubric found on the Moodle site for a breakdown of the criteria according to grades.

### **Referencing Style**

- Harvard (author-date)
- American Psychological Association 7th Edition (APA 7th edition)

#### **Submission**

Online

#### **Submission Instructions**

Online

#### **Learning Outcomes Assessed**

• Evaluate the role volunteering plays in building communities.

#### **Graduate Attributes**

- Communication
- Critical Thinking
- Cross Cultural Competence
- Ethical practice

## 4 Portfolio

### **Assessment Type**

Portfolio

## **Task Description**

The final portfolio provides an overview of your key learning achieved during your volunteering experience. The portfolio will consist of two parts:

1) Prescribed activities - allocated from your textbook for Modules 3 and 4. You must complete these in short answer format.

Prescribed activities include:

- Module 3: Exercises 6.1, 7.1, 8.2, 8.5, 9.3, 10.5.
- Module 4: Exercises 11.3, 13.2, 14.3.

There is no prescribed format for part 1, but your prescribed activities should use relevant headings and subheadings to guide the reader. A Table of Contents and Executive Summary is not required. Use appropriate evidence to support your statements. (**Length:** N/A)

2) Critical reflection - a first person reflection on your volunteer experience. Your reflection should refer to your civic engagement in the context of all the prescribed exercises allocated from the textbook, connecting these exercises with your volunteer experience. Your reflection can be as a written essay (**Length:** 2000 words; 10% under- 20% over is acceptable), a video or an audio production (15-20 minutes), or any other format negotiated with the Unit Coordinator. There is no prescribed format for part 2, but your portfolio should use relevant headings and subheadings to guide the reader. A Table of Contents and Executive Summary is not required. Use appropriate evidence to support your statements.

### **Assessment Due Date**

Week 12 Friday (7 Oct 2022) 11:45 pm AEST

#### **Return Date to Students**

Exam Week Friday (21 Oct 2022)

Results for final assessment are released following Certification of grades.

## Weighting

65%

#### **Assessment Criteria**

Your portfolio will be marked according to the following criteria: 1) Application of learning to community setting (25%); 2) Reflection on experiences (20%); 3) Communication and cultural competence (20%).

Please see the detailed marking rubric found on the Moodle site for a breakdown of the criteria according to grades.

## **Referencing Style**

- Harvard (author-date)
- American Psychological Association 7th Edition (APA 7th edition)

#### **Submission**

Online

## **Submission Instructions**

Online

## **Learning Outcomes Assessed**

- Evaluate the role volunteering plays in building communities.
- Apply the theory associated with volunteering in a community setting.
- Realistically reflect on learning resulting from volunteering experiences.
- Demonstrate communication and culturally competent skills and knowledge appropriate to the volunteer experience.

#### **Graduate Attributes**

- Communication
- Problem Solving
- Critical Thinking
- Team Work
- Cross Cultural Competence
- Ethical practice

# **Academic Integrity Statement**

As a CQUniversity student you are expected to act honestly in all aspects of your academic work.

Any assessable work undertaken or submitted for review or assessment must be your own work. Assessable work is any type of work you do to meet the assessment requirements in the unit, including draft work submitted for review and feedback and final work to be assessed.

When you use the ideas, words or data of others in your assessment, you must thoroughly and clearly acknowledge the source of this information by using the correct referencing style for your unit. Using others' work without proper acknowledgement may be considered a form of intellectual dishonesty.

Participating honestly, respectfully, responsibly, and fairly in your university study ensures the CQUniversity qualification you earn will be valued as a true indication of your individual academic achievement and will continue to receive the respect and recognition it deserves.

As a student, you are responsible for reading and following CQUniversity's policies, including the **Student Academic Integrity Policy and Procedure**. This policy sets out CQUniversity's expectations of you to act with integrity, examples of academic integrity breaches to avoid, the processes used to address alleged breaches of academic integrity, and potential penalties.

## What is a breach of academic integrity?

A breach of academic integrity includes but is not limited to plagiarism, self-plagiarism, collusion, cheating, contract cheating, and academic misconduct. The Student Academic Integrity Policy and Procedure defines what these terms mean and gives examples.

### Why is academic integrity important?

A breach of academic integrity may result in one or more penalties, including suspension or even expulsion from the University. It can also have negative implications for student visas and future enrolment at CQUniversity or elsewhere. Students who engage in contract cheating also risk being blackmailed by contract cheating services.

### Where can I get assistance?

For academic advice and guidance, the <u>Academic Learning Centre (ALC)</u> can support you in becoming confident in completing assessments with integrity and of high standard.

### What can you do to act with integrity?



#### **Be Honest**

If your assessment task is done by someone else, it would be dishonest of you to claim it as your own



#### Seek Help

If you are not sure about how to cite or reference in essays, reports etc, then seek help from your lecturer, the library or the Academic Learning Centre (ALC)



### **Produce Original Work**

Originality comes from your ability to read widely, think critically, and apply your gained knowledge to address a question or problem