



INDG40016 *Indigenous Australians and Health*

Term 3 - 2023

Profile information current as at 13/12/2025 05:46 pm

All details in this unit profile for INDG40016 have been officially approved by CQUniversity and represent a learning partnership between the University and you (our student). The information will not be changed unless absolutely necessary and any change will be clearly indicated by an approved correction included in the profile.

General Information

Overview

This unit offers a broad overview of Indigenous Australian health. It begins by examining Indigenous Australian identity and the health status of Aboriginal and Torres Strait Islander peoples prior to colonisation. This is contrasted with the impacts on Indigenous Australian identity from earlier indifferent practices of governance, to formal government policies of protectionism/segregation, assimilation and self-determination and their profound effects on the health of Aboriginal and Torres Strait Islander peoples. The unit then overviews Indigenous Australian health in the current context, exploring Aboriginal community-controlled health services, Torres Strait Islander health services, primary health care services, differences between Indigenous Australian men's and women's health, health promotion and research, and Indigenous Australian models of health care.

Details

Career Level: *Non-award*

Unit Level: *Not Applicable*

Credit Points: 6

Student Contribution Band: 10

Fraction of Full-Time Student Load: 0.125

Pre-requisites or Co-requisites

There are no requisites for this unit.

Important note: Students enrolled in a subsequent unit who failed their pre-requisite unit, should drop the subsequent unit before the census date or within 10 working days of Fail grade notification. Students who do not drop the unit in this timeframe cannot later drop the unit without academic and financial liability. See details in the [Assessment Policy and Procedure \(Higher Education Coursework\)](#).

Offerings For Term 3 - 2023

- Online

Attendance Requirements

All on-campus students are expected to attend scheduled classes – in some units, these classes are identified as a mandatory (pass/fail) component and attendance is compulsory. International students, on a student visa, must maintain a full time study load and meet both attendance and academic progress requirements in each study period (satisfactory attendance for International students is defined as maintaining at least an 80% attendance record).

Website

[This unit has a website, within the Moodle system, which is available two weeks before the start of term. It is important that you visit your Moodle site throughout the term. Please visit Moodle for more information.](#)

Class and Assessment Overview

Recommended Student Time Commitment

Each 6-credit Non-award unit at CQUniversity requires an overall time commitment of an average of 12.5 hours of study per week, making a total of 150 hours for the unit.

Class Timetable

[Regional Campuses](#)

Bundaberg, Cairns, Emerald, Gladstone, Mackay, Rockhampton, Townsville

[Metropolitan Campuses](#)

Adelaide, Brisbane, Melbourne, Perth, Sydney

Assessment Overview

1. **Written Assessment**

Weighting: 40%

2. **Written Assessment**

Weighting: 40%

3. **Online Quiz(zes)**

Weighting: 20%

Assessment Grading

This is a graded unit: your overall grade will be calculated from the marks or grades for each assessment task, based on the relative weightings shown in the table above. You must obtain an overall mark for the unit of at least 50%, or an overall grade of 'pass' in order to pass the unit. If any 'pass/fail' tasks are shown in the table above they must also be completed successfully ('pass' grade). You must also meet any minimum mark requirements specified for a particular assessment task, as detailed in the 'assessment task' section (note that in some instances, the minimum mark for a task may be greater than 50%). Consult the [University's Grades and Results Policy](#) for more details of interim results and final grades.

CQUniversity Policies

All University policies are available on the [CQUniversity Policy site](#).

You may wish to view these policies:

- Grades and Results Policy
- Assessment Policy and Procedure (Higher Education Coursework)
- Review of Grade Procedure
- Student Academic Integrity Policy and Procedure
- Monitoring Academic Progress (MAP) Policy and Procedure – Domestic Students
- Monitoring Academic Progress (MAP) Policy and Procedure – International Students
- Student Refund and Credit Balance Policy and Procedure
- Student Feedback – Compliments and Complaints Policy and Procedure
- Information and Communications Technology Acceptable Use Policy and Procedure

This list is not an exhaustive list of all University policies. The full list of University policies are available on the [CQUniversity Policy site](#).

Previous Student Feedback

Feedback, Recommendations and Responses

Every unit is reviewed for enhancement each year. At the most recent review, the following staff and student feedback items were identified and recommendations were made.

Feedback from Unit Coordinator

Feedback

Some resource materials are dated.

Recommendation

Review the current resource materials and update to more recent materials where required.

Feedback from Students

Feedback

Students praise the regular communication and level of support they receive.

Recommendation

Continue to stay in regular contact with students, either individually or in small groups, in order to provide support and maintain high levels of student engagement.

Unit Learning Outcomes

On successful completion of this unit, you will be able to:

1. Evaluate the health status of Indigenous Australians prior to European colonisation
2. Analyse the historical and contemporary impacts of government policies upon the health of Indigenous Australians
3. Explain differences between various health care services available to Indigenous Australians
4. Identify Indigenous models of health care and promotion in Australia.

Alignment of Learning Outcomes, Assessment and Graduate Attributes

 N/A Level	 Introductory Level	 Intermediate Level	 Graduate Level	 Professional Level	 Advanced Level
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Alignment of Assessment Tasks to Learning Outcomes

Assessment Tasks	Learning Outcomes			
	1	2	3	4
1 - Written Assessment - 40%	•	•		
2 - Written Assessment - 40%			•	•
3 - Online Quiz(zes) - 20%	•	•	•	•

Alignment of Graduate Attributes to Learning Outcomes

Graduate Attributes	Learning Outcomes			
	1	2	3	4
1 - Self Management				
2 - Communication	—	—	—	—
3 - Information Literacy	—	—	—	—
4 - Information Technology Competence				
5 - Problem Solving				
6 - Critical Thinking	—	—	—	—
7 - Cross-Cultural Competence	—	—	—	—
8 - Ethical Practice		—	—	
9 - Aboriginal and Torres Strait Islander Cultures				

Textbooks and Resources

Textbooks

There are no required textbooks.

IT Resources

You will need access to the following IT resources:

- CQUniversity Student Email
- Internet
- Unit Website (Moodle)

Referencing Style

All submissions for this unit must use the referencing style: [Harvard \(author-date\)](#)
For further information, see the Assessment Tasks.

Teaching Contacts

Laurence Armstrong Unit Coordinator
l.armstrong@cqu.edu.au

Schedule

Week 1 - 06 Nov 2023

Module/Topic	Chapter	Events and Submissions/Topic
Unit Introduction		

Week 2 - 13 Nov 2023

Module/Topic	Chapter	Events and Submissions/Topic
Aboriginal Health Before Colonisation		

Week 3 - 20 Nov 2023

Module/Topic	Chapter	Events and Submissions/Topic
Torres Strait Islander Health Before Colonisation		Complete Quiz 1.

Week 4 - 27 Nov 2023

Module/Topic	Chapter	Events and Submissions/Topic
Aboriginal and Torres Strait Islander Health Since Colonisation		

Vacation Week - 04 Dec 2023

Module/Topic	Chapter	Events and Submissions/Topic
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Week 5 - 11 Dec 2023

Module/Topic	Chapter	Events and Submissions/Topic
Health in Remote and Homeland Aboriginal Communities		

Week 6 - 18 Dec 2023

Module/Topic	Chapter	Events and Submissions/Topic
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Aboriginal Health in Rural
Communities

Complete Quiz 2.

Vacation Week - 25 Dec 2023

Module/Topic	Chapter	Events and Submissions/Topic
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Week 7 - 01 Jan 2024

Module/Topic	Chapter	Events and Submissions/Topic
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Aboriginal Health in Regional and
Metropolitan Communities

Academic Essay Due: Week 7 Friday
(5 Jan 2024) 11:55 pm AEST

Week 8 - 08 Jan 2024

Module/Topic	Chapter	Events and Submissions/Topic
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Torres Strait Islander Health

Week 9 - 15 Jan 2024

Module/Topic	Chapter	Events and Submissions/Topic
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Health Professionals

Complete Quiz 3

Week 10 - 22 Jan 2024

Module/Topic	Chapter	Events and Submissions/Topic
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Issues Impacting Health

Week 11 - 29 Jan 2024

Module/Topic	Chapter	Events and Submissions/Topic
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Where to From Here?

Week 12 - 05 Feb 2024

Module/Topic	Chapter	Events and Submissions/Topic
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Unit Review

Academic essay Due: Week 12
Friday (9 Feb 2024) 11:55 pm AEST
Online Quiz(zes) Due: Week 12
Friday (9 Feb 2024) 11:55 pm AEST

Exam Week - 12 Feb 2024

Module/Topic	Chapter	Events and Submissions/Topic
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Term Specific Information

Unit Coordinator: Laurie Armstrong
Email: l.armstrong@cqu.edu.au
Telephone: 07 4930 9251
Mobile: 0418 373 373

Assessment Tasks

1 Academic Essay

Assessment Type

Written Assessment

Task Description

Choose one topic from the list below (or negotiate an alternative topic with your Unit Coordinator), and write a 1000-1200 word academic essay.

1. Discuss the health of Australian Aboriginal people prior to the arrival of non-Indigenous people in Australia.

2. Discuss the health of Torres Strait Islanders prior to the arrival of the first missionaries. You may wish to compare and contrast the varied dietary patterns that existed throughout Torres Strait.
3. Discuss the historical impacts of colonisation on the health of Aboriginal and Torres Strait Islander people.
4. Discuss the health of Aboriginal people in remote and homeland Aboriginal communities. What are the major factors at work here? If you wish, you can use an example in your discussion.
5. Discuss the health of Aboriginal Australians in rural communities. You may use an example from a rural community if you wish.

In your response, present a balanced coverage of the arguments in relation to the topic. No matter how passionate you may be about your topic, remember that you must write objectively and without emotion. You will need to research widely and reference accurately. You should include at least 4-6 sources in your reference list, but more is always better. You are required to use the Harvard style of referencing.

Remember that this is an academic essay and therefore should be properly presented with an introduction, the body of the essay (or the main discussion), a conclusion, and a reference list. Use 1.5 or double line spacing, a clear font such as Times New Roman 12 or Arial 11 and include page numbering.

Assessment Due Date

Week 7 Friday (5 Jan 2024) 11:55 pm AEST

Return Date to Students

Week 9 Friday (19 Jan 2024)

Weighting

40%

Assessment Criteria

Academic Content

- Understanding of the unit material relevant to the assessment task
- Evidence of research
- Demonstration of task comprehension
- Relevance to the topic

Writing Skills

- Logical organisation of ideas and arguments
- Accuracy and fairness in representing the views discussed
- Clarity of expression, avoidance of grammatical errors, correct use of words
- Demonstration of appropriate essay structure
- Adherence to word length requirements

Referencing Skills

- Use of authoritative academic sources
- Acknowledgement of sources through correct in-text referencing and corresponding accurate reference list
- Use of Harvard style of referencing

Referencing Style

- [Harvard \(author-date\)](#)

Submission

Online

Learning Outcomes Assessed

- Evaluate the health status of Indigenous Australians prior to European colonisation
- Analyse the historical and contemporary impacts of government policies upon the health of Indigenous Australians

2 Academic essay

Assessment Type

Written Assessment

Task Description

Choose one topic from the list below (or negotiate an alternative topic with your Unit Coordinator), and write a 1000 - 1200 word academic essay.

1. Compare and contrast the main issues associated with Aboriginal health in regional and metropolitan

- communities with those in rural or remote Aboriginal communities.
2. Discuss how Torres Strait Islander health generally compares with the health of mainland Aboriginal Australians.
 3. Analyse the roles of Aboriginal and Torres Strait Islander health professionals in Australia. You may like to discuss a specific field such as nursing, or you may simply write about the topic in general.
 4. Choose a specific issue that impacts upon the health of Aboriginal and Torres Strait Islander people and demonstrate your understanding of this issue.

In your response, please utilise feedback from the previous assessment. As before, you will need to research widely and reference accurately. You should include at least 4-6 sources in your reference list, but more is always better. You are required to use the Harvard style of referencing.

Remember that this is an academic essay and so should be properly presented with an introduction, the body of the essay (or the main discussion), a conclusion, and a reference list. Use 1.5 or double line spacing, a clear font such as Times New Roman 12 or Arial 11 and include page numbering.

Assessment Due Date

Week 12 Friday (9 Feb 2024) 11:55 pm AEST

Return Date to Students

Results will be available prior to the Certification of Grades.

Weighting

40%

Assessment Criteria

Academic Content

- Understanding of the unit material relevant to the assessment task
- Evidence of research
- Relevance to the topic

Writing Skills

- Logical organisation of ideas and arguments
- Accuracy and fairness in representing the views discussed
- Clarity of expression, avoidance of grammatical errors, correct use of words
- Demonstration of appropriate essay structure
- Adherence to word length requirements

Referencing Skills

- Use of authoritative academic sources
- Acknowledgment of sources through correct in-text referencing and corresponding accurate reference list
- Use of Harvard Style referencing.

Referencing Style

- [Harvard \(author-date\)](#)

Submission

Online

Learning Outcomes Assessed

- Explain differences between various health care services available to Indigenous Australians
- Identify Indigenous models of health care and promotion in Australia.

3 Online Quiz(zes)

Assessment Type

Online Quiz(zes)

Task Description

This assessment consists of four (4) quizzes that are available on the Moodle unit site. Although the four quizzes are due on Friday of Week 12, we encourage you to complete each quiz in the weeks they are scheduled: weeks 3, 6, 9 and 12. Each quiz will test your knowledge of the unit material for the previous three weeks and consist of ten (10) questions that are randomly selected from a question bank. Each quiz will be worth 5% of the total grade for the unit and the complete assessment of four quizzes will be worth 20% of the total grade for this unit. Although a mark will be available to you after the completion of each quiz, the final grade will not be shown until the end of the term.

Points to note:

- You will be allowed two attempts at each quiz.
- There will be no time limit on quizzes.
- The attempt with the highest grade will be accepted for assessment.
- You are encouraged to refer to the unit materials in order to obtain as many correct answers as possible.
- If you have technical problems with the quiz, please contact the unit coordinator or TASAC as soon as possible.

Number of Quizzes

4

Frequency of Quizzes

Other

Assessment Due Date

Week 12 Friday (9 Feb 2024) 11:55 pm AEST

Return Date to Students

The quiz is set up so that you will know your score as soon as you have finished.

Weighting

20%

Assessment Criteria

You are marked according to the number of correct responses for each quiz.

Referencing Style

- [Harvard \(author-date\)](#)

Submission

Online

Learning Outcomes Assessed

- Evaluate the health status of Indigenous Australians prior to European colonisation
- Analyse the historical and contemporary impacts of government policies upon the health of Indigenous Australians
- Explain differences between various health care services available to Indigenous Australians
- Identify Indigenous models of health care and promotion in Australia.

Academic Integrity Statement

As a CQUniversity student you are expected to act honestly in all aspects of your academic work.

Any assessable work undertaken or submitted for review or assessment must be your own work. Assessable work is any type of work you do to meet the assessment requirements in the unit, including draft work submitted for review and feedback and final work to be assessed.

When you use the ideas, words or data of others in your assessment, you must thoroughly and clearly acknowledge the source of this information by using the correct referencing style for your unit. Using others' work without proper acknowledgement may be considered a form of intellectual dishonesty.

Participating honestly, respectfully, responsibly, and fairly in your university study ensures the CQUniversity qualification you earn will be valued as a true indication of your individual academic achievement and will continue to receive the respect and recognition it deserves.

As a student, you are responsible for reading and following CQUniversity's policies, including the [Student Academic Integrity Policy and Procedure](#). This policy sets out CQUniversity's expectations of you to act with integrity, examples of academic integrity breaches to avoid, the processes used to address alleged breaches of academic integrity, and potential penalties.

What is a breach of academic integrity?

A breach of academic integrity includes but is not limited to plagiarism, self-plagiarism, collusion, cheating, contract cheating, and academic misconduct. The Student Academic Integrity Policy and Procedure defines what these terms mean and gives examples.

Why is academic integrity important?

A breach of academic integrity may result in one or more penalties, including suspension or even expulsion from the University. It can also have negative implications for student visas and future enrolment at CQUniversity or elsewhere. Students who engage in contract cheating also risk being blackmailed by contract cheating services.

Where can I get assistance?

For academic advice and guidance, the [Academic Learning Centre \(ALC\)](#) can support you in becoming confident in completing assessments with integrity and of high standard.

What can you do to act with integrity?



Be Honest

If your assessment task is done by someone else, it would be dishonest of you to claim it as your own



Seek Help

If you are not sure about how to cite or reference in essays, reports etc, then seek help from your lecturer, the library or the Academic Learning Centre (ALC)



Produce Original Work

Originality comes from your ability to read widely, think critically, and apply your gained knowledge to address a question or problem