



# NURS11161 Clinical Nursing Practice 1

## Term 2 - 2019

Profile information current as at 26/04/2024 04:03 am

All details in this unit profile for NURS11161 have been officially approved by CQUniversity and represent a learning partnership between the University and you (our student). The information will not be changed unless absolutely necessary and any change will be clearly indicated by an approved correction included in the profile.

## General Information

### Overview

This unit introduces you to the principles of patient safety and quality including physical/psychosocial assessment, asepsis and medication safety. You will have the opportunity to apply these principles in clinical environments. You will be expected to function within the scope of practice of a nursing student in accordance with the Nursing and Midwifery Board of Australia (NMBA) registered nurse standards for practice during the compulsory three (3) day residential school or timetabled internal nursing laboratories as well as 120 hour clinical placement.

### Details

Career Level: *Undergraduate*

Unit Level: *Level 1*

Credit Points: 6

Student Contribution Band: 7

Fraction of Full-Time Student Load: 0.125

### Pre-requisites or Co-requisites

Prerequisites: NURS11160 Fundamentals of Clinical Nursing Practice or NURS11149 Foundations of Nursing Practice 1 NURS11157 Lifespan Approach to Health and Well-Being or NURS11153 Health and Behaviour NURS11158 Evidence Informed Nursing Practice or NHLT12001 NURS11159 Introduction to Nursing or NURS11146 Professional Nursing Identity Co-requisite: BIOH11005 Introductory Anatomy and Physiology

Important note: Students enrolled in a subsequent unit who failed their pre-requisite unit, should drop the subsequent unit before the census date or within 10 working days of Fail grade notification. Students who do not drop the unit in this timeframe cannot later drop the unit without academic and financial liability. See details in the [Assessment Policy and Procedure \(Higher Education Coursework\)](#).

### Offerings For Term 2 - 2019

- Bundaberg
- Cairns
- Mackay
- Mixed Mode
- Noosa
- Rockhampton

### Attendance Requirements

All on-campus students are expected to attend scheduled classes – in some units, these classes are identified as a mandatory (pass/fail) component and attendance is compulsory. International students, on a student visa, must maintain a full time study load and meet both attendance and academic progress requirements in each study period (satisfactory attendance for International students is defined as maintaining at least an 80% attendance record).

### Residential Schools

This unit has a Compulsory Residential School for distance mode students and the details are: Click here to see your [Residential School Timetable](#).

### Website

[This unit has a website, within the Moodle system, which is available two weeks before the start of term. It is important that you visit your Moodle site throughout the term. Please visit Moodle for more information.](#)

## Class and Assessment Overview

### Recommended Student Time Commitment

Each 6-credit Undergraduate unit at CQUniversity requires an overall time commitment of an average of 12.5 hours of study per week, making a total of 150 hours for the unit.

### Class Timetable

#### [Regional Campuses](#)

Bundaberg, Cairns, Emerald, Gladstone, Mackay, Rockhampton, Townsville

#### [Metropolitan Campuses](#)

Adelaide, Brisbane, Melbourne, Perth, Sydney

### Assessment Overview

#### 1. **Practical and Written Assessment**

Weighting: Pass/Fail

#### 2. **Professional Practice Placement**

Weighting: Pass/Fail

#### 3. **Examination**

Weighting: Pass/Fail

### Assessment Grading

This is a pass/fail (non-graded) unit. To pass the unit, you must pass all of the individual assessment tasks shown in the table above.

## CQUniversity Policies

**All University policies are available on the [CQUniversity Policy site](#).**

You may wish to view these policies:

- Grades and Results Policy
- Assessment Policy and Procedure (Higher Education Coursework)
- Review of Grade Procedure
- Student Academic Integrity Policy and Procedure
- Monitoring Academic Progress (MAP) Policy and Procedure – Domestic Students
- Monitoring Academic Progress (MAP) Policy and Procedure – International Students
- Student Refund and Credit Balance Policy and Procedure
- Student Feedback – Compliments and Complaints Policy and Procedure
- Information and Communications Technology Acceptable Use Policy and Procedure

This list is not an exhaustive list of all University policies. The full list of University policies are available on the [CQUniversity Policy site](#).

## Previous Student Feedback

### Feedback, Recommendations and Responses

Every unit is reviewed for enhancement each year. At the most recent review, the following staff and student feedback items were identified and recommendations were made.

#### Feedback from Have Your Say

##### **Feedback**

I enjoyed all aspects of this unit, i found it informative and interesting. This unit has been by far the one i have enjoyed the most,especially the clinical practice.

##### **Recommendation**

The format of the Unit will continue with appropriate placements sought

## Feedback from Have Your Say

### **Feedback**

This was my favorite unit, I engaged really well with the way in which the weekly lectures were delivered. I felt very well prepared to head into clinical placement, our clinical lab residential classes were really well delivered too!

### **Recommendation**

I will continue with the weekly lectures

## Feedback from Have Your Say

### **Feedback**

I really enjoyed studying this unit! I found it well structured and easy to follow. The content was interesting and I was excited to start the next week's work. I thought the result/feedback for the assessment came back in a timely manner and when I would contact the lecturers they would always respond promptly. Thank you for making this unit so enjoyable! :)

### **Recommendation**

Will continue

## Feedback from Have Your Say

### **Feedback**

I believe we were very well prepared for placement. There was nothing within my scope that I was unsure about.

### **Recommendation**

Continue

## Feedback from Have Your Say

### **Feedback**

Reflection task is not clearly explained.

### **Recommendation**

Depth of discussion about requirements will be provided

## Feedback from Have Your Say

### **Feedback**

The lay out of the course I found a little strange. I think it would make more sense to have the placement after the exam. It's just I feel that I now, after 12 weeks of learning, I now know more of the theory. I would have been able to apply more of what I've learned more confidently in my placement.

### **Recommendation**

An explanation about the delivery of content is discussed in week 1 lecture. It is not possible to cover 12 weeks of content prior to placement. Skills taught in residential school all lead to ability to provide patient care on placement.

## Feedback from Have Your Say

### **Feedback**

I feel as though it is such a practical subject, and even if we received fantastic feedback for my clinical placement and the reflection, I may have failed the subject based on the exam, which is really disappointing. I feel like I know everything and my clinical facilitator told me that I'll make a wonderful nurse, but because I have always choked in exams, I could potentially fail the entire subject. I feel like that is one area that may need improvement.

### **Recommendation**

An exam in this Unit is warranted as the content forms the basis for future learning and practice. The fundamentals are vital as a firm starting point. If the student is not confident with knowledge at this early stage, it must be highlighted to allow for a successful career as a RN

## Feedback from DDLT

### **Feedback**

Residential Schools/Internal Clinical Learning Sessions

### **Recommendation**

Unit profile clearly states that the Residential School/Internal Clinical Learning sessions are completed prior to attending clinical placement

## Unit Learning Outcomes

### On successful completion of this unit, you will be able to:

1. Employ evidence based practice principles to guide the physical and psychosocial assessment, planning, implementation and evaluation of individuals and families at beginning practice level.
2. Use legal and ethical frameworks and cultural awareness principles appropriate to scope of practice when communicating and working in partnership with members of the multidisciplinary team, individuals and families.
3. Provide safe and effective person centred nursing care to individuals undergoing diagnostic and therapeutic interventions/procedures related to a range of acute alterations in health at a beginning nurse level.
4. Function within scope of practice of a beginning nursing student in accordance with the Nursing and Midwifery Board of Australia (NMBA) registered nurse standards for practice.

The learning outcomes are linked to the Australian Nursing and Midwifery Accreditation Council (ANMAC) Standards for registered nurses and the Nursing and Midwifery Board of Australia registered nurse standards for practice.

## Alignment of Learning Outcomes, Assessment and Graduate Attributes



### Alignment of Assessment Tasks to Learning Outcomes

Assessment Tasks	Learning Outcomes			
	1	2	3	4
1 - Practical and Written Assessment - 0%	•	•	•	•
2 - Professional Practice Placement - 0%	•	•	•	•

### Alignment of Graduate Attributes to Learning Outcomes

Graduate Attributes	Learning Outcomes			
	1	2	3	4
1 - Communication	•	•	•	•
2 - Problem Solving	•	•	•	•
3 - Critical Thinking	•	•	•	•
4 - Information Literacy		•		
5 - Team Work		•		•
6 - Information Technology Competence		•		
7 - Cross Cultural Competence	•	•	•	•
8 - Ethical practice	•	•	•	•
9 - Social Innovation				

**Graduate Attributes****Learning Outcomes****1 2 3 4****10 - Aboriginal and Torres Strait Islander Cultures****Alignment of Assessment Tasks to Graduate Attributes****Assessment Tasks****Graduate Attributes****1 2 3 4 5 6 7 8 9 10****1 - Practical and Written Assessment - 0%**

•	•	•	•	•	•	•	•	•		
•	•	•	•	•	•	•	•	•		
•	•	•	•	•			•	•		

**2 - Professional Practice Placement - 0%****3 - Examination - 0%**

## Textbooks and Resources

### Textbooks

NURS11161

#### **Prescribed**

##### **Fundamentals of Nursing**

Edition: 4th (2018)

Authors: Berman, Snyder, Levett-Jones, Dwyer, Hales, Harvey, Langtree, Moxam, Parker, Reid-Searl, Stanley  
Pearson

Melbourne, Vic, Australia

ISBN: 978-1-4886-1741-6

Binding: Paperback

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#### **Prescribed**

##### **Portfolios for Health Professionals**

Edition: 1st (2017)

Authors: Andre, Heartfield, Cusak

Elsevier

Chatswood, NSW, Australia

ISBN: 978-0-7295-4202-9

Binding: Paperback

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#### **Prescribed**

##### **Skills in Clinical Nursing**

Edition: 1st (2017)

Authors: Berman, Snyder, Levett-Jones, Burton Harvey

Pearson

Melbourne, Vic, Australia

ISBN: 13:978-1-4860-1197-1

Binding: Spiral

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#### **Supplementary**

##### **Legal Issues for Nursing Students**

Edition: 3rd (2015)

Authors: Savage

Pearson

Sydney, NSW, Australia

ISBN: 978-1-4886-1118-6

Binding: Paperback

#### **Additional Textbook Information**

Fundamentals of Nursing and Skills in Clinical Nursing were prescribed texts for Fundamentals of Nursing.

The remaining texts can be purchased at the CQUni Bookshop here: <http://bookshop.cqu.edu.au> (search on the Unit code)

[View textbooks at the CQUniversity Bookshop](#)

### IT Resources

**You will need access to the following IT resources:**

- CQUniversity Student Email
- Internet
- Unit Website (Moodle)

## Referencing Style

All submissions for this unit must use the referencing style: [American Psychological Association 6th Edition \(APA 6th edition\)](#)

For further information, see the Assessment Tasks.

## Teaching Contacts

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## Schedule

### Week 1 - 15 Jul 2019

Module/Topic	Chapter	Events and Submissions/Topic
Introduction to the Unit, preparing for clinical placement, professionalism, clinical reasoning, critical thinking and review of patient interview. Preparing a professional portfolio	Prescribed texts and articles	

### Week 2 - 22 Jul 2019

Module/Topic	Chapter	Events and Submissions/Topic
Legal and Ethical Considerations	Prescribed texts and articles	

### Week 3 - 29 Jul 2019

Module/Topic	Chapter	Events and Submissions/Topic
Prevention of falls and pressure injuries	Prescribed texts and articles	

### Week 4 - 05 Aug 2019

Module/Topic	Chapter	Events and Submissions/Topic
Introduction to physical assessment	Prescribed texts and articles	

### Week 5 - 12 Aug 2019

Module/Topic	Chapter	Events and Submissions/Topic
Respiratory assessment	Prescribed texts and articles	

### Vacation Week - 19 Aug 2019

Module/Topic	Chapter	Events and Submissions/Topic
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### Week 6 - 26 Aug 2019

Module/Topic	Chapter	Events and Submissions/Topic
Cardiovascular assessment	Prescribed texts and articles	

### Week 7 - 02 Sep 2019

Module/Topic	Chapter	Events and Submissions/Topic
Neurological assessment	Prescribed texts and articles	

### Week 8 - 09 Sep 2019

Module/Topic	Chapter	Events and Submissions/Topic
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Abdominal assessment Prescribed texts and articles

### Week 9 - 16 Sep 2019

Module/Topic	Chapter	Events and Submissions/Topic
Musculoskeletal assessment	Prescribed texts and articles	

### Week 10 - 23 Sep 2019

Module/Topic	Chapter	Events and Submissions/Topic
Pain assessment and management	Prescribed texts and articles	

### Week 11 - 30 Sep 2019

Module/Topic	Chapter	Events and Submissions/Topic
Management of dying and deceased patient, their family , self care and care of peers	Prescribed texts and articles	

### Week 12 - 07 Oct 2019

Module/Topic	Chapter	Events and Submissions/Topic
Dealing with unwanted patient behaviours	Prescribed texts and articles	

### Review/Exam Week - 14 Oct 2019

Module/Topic	Chapter	Events and Submissions/Topic
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### Exam Week - 21 Oct 2019

Module/Topic	Chapter	Events and Submissions/Topic
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## Assessment Tasks

### 1 Practical and written assessment

#### Assessment Type

Practical and Written Assessment

#### Task Description

This assessment has two (2) parts. **Both parts must be passed**

Part 1

You will be assessed on a clinical skill in the CLC with the criteria taken from your Clinical Skills text. You will be instructed to complete a clinical skill. You have 20 minutes to complete this skill. You will be required to document your findings on the relevant clinical form and provide a clinical handover to your lecturer. The assessment criteria for the range of tasks which you may be called to undertake is available from your Clinical Skills text.

While the clinical skill assessment marking tool is provided to students prior to their clinical learning session to assist in learning the marking tool cannot be taken into the assessment.

All assessments in this unit are assessed as per the Assessment Policy and Procedure (Higher Education Coursework).

Part 2

You are to complete the drug calculation quiz number 9 using the Medsafe program during the last session in the CLC. 100% is required to achieve a pass grade

#### Assessment Due Date

Completed during on campus clinical learning sessions

#### Return Date to Students

You will be notified of your result following practical assessment and medication quiz

#### Weighting

Pass/Fail

#### Minimum mark or grade

Pass/fail



### Assessment Criteria

Skills that may be assessed include: hand hygiene, collection and documentation of vital signs (BP, pulse, respirations, oxygen saturations, and auscultating breath sounds), aseptic technique and removal of sutures or staples. Assessment criteria will be the skills audit tool provided by your lecturer. You will be required to document your clinical findings and perform a handover to your lecturer.

### Referencing Style

- [American Psychological Association 6th Edition \(APA 6th edition\)](#)

### Submission

Offline

### Learning Outcomes Assessed

- Employ evidence based practice principles to guide the physical and psychosocial assessment, planning, implementation and evaluation of individuals and families at beginning practice level.
- Use legal and ethical frameworks and cultural awareness principles appropriate to scope of practice when communicating and working in partnership with members of the multidisciplinary team, individuals and families.
- Provide safe and effective person centred nursing care to individuals undergoing diagnostic and therapeutic interventions/procedures related to a range of acute alterations in health at a beginning nurse level.
- Function within scope of practice of a beginning nursing student in accordance with the Nursing and Midwifery Board of Australia (NMBA) registered nurse standards for practice.

### Graduate Attributes

- Communication
- Problem Solving
- Critical Thinking
- Information Literacy
- Team Work
- Information Technology Competence
- Cross Cultural Competence
- Ethical practice

## 2 Professional Practice Placement

### Assessment Type

Professional Practice Placement

### Task Description

#### Assessment Item 2.

Due date: 7 working days of completing placement

This assessment has two (2) parts. **Both parts** are to be uploaded within 7 working days of completing clinical placement.

You must pass this assessment to pass the Unit. To pass the assessment you must pass part 1 (the ANSAT Tool) and part 2 (the reflection). To pass part 2 you must receive a pass in at least 3 of the 6 sections of the assessment rubric.

#### Part 1

Clinical Nursing Practice 1 involves 120 hours clinical placement.

- You are required to complete the ANSAT and time sheet during placement. Upload the completed ANSAT to Moodle within 7 days of completing placement.

#### Part 2

1500 +/- 10% word reflection

- Complete a reflection on a learning opportunity that you experienced on clinical placement.
  - Using Gibb's reflective cycle, choose to reflect on one event or several depending on your preference and your clinical experience.
  - You may write in first person and referencing is not required as it is your thoughts and feelings that are being discussed. If you use a direct quote or wish to support your knowledge with literature a reference will be required.
- 1500 +/- 10% words is the limit for your reflection. Marking criteria is below:

### Assessment Due Date

Portfolio, timesheet and reflection must be uploaded within seven (7) days of completion of clinical placement.

### Return Date to Students

**Weighting**

Pass/Fail

**Minimum mark or grade**

Pass/fail

**Assessment Criteria**

Pass	Fail
De-identified facility and patient or staff involved in the learning activity	Does not de-identify facility and patient or staff involved in the learning activity
Describes a learning opportunity that was completed on placement	Does not describe a learning opportunity that was completed on placement
Describes knowledge and skills utilised while completing the learning activity	Does not describe knowledge and skills utilised while completing the learning activity
States what worked well and where any deficits lie	Does not state what worked well and where any deficits lie
Each step of the Gibb's reflective cycle has been clearly identified and applied in the reflection	Does not clearly use the steps of Gibb's reflective cycle
Is within the 1500 +/- 10%-word count	Is not within the 1500 +/- 10%-word count

**Referencing Style**

- [American Psychological Association 6th Edition \(APA 6th edition\)](#)

**Submission**

Online

**Submission Instructions**

Within seven (7) days of completing placement

**Learning Outcomes Assessed**

- Employ evidence based practice principles to guide the physical and psychosocial assessment, planning, implementation and evaluation of individuals and families at beginning practice level.
- Use legal and ethical frameworks and cultural awareness principles appropriate to scope of practice when communicating and working in partnership with members of the multidisciplinary team, individuals and families.
- Provide safe and effective person centred nursing care to individuals undergoing diagnostic and therapeutic interventions/procedures related to a range of acute alterations in health at a beginning nurse level.
- Function within scope of practice of a beginning nursing student in accordance with the Nursing and Midwifery Board of Australia (NMBA) registered nurse standards for practice.

**Graduate Attributes**

- Communication
- Problem Solving
- Critical Thinking
- Information Literacy
- Team Work
- Information Technology Competence
- Cross Cultural Competence
- Ethical practice

**Examination****Outline**

Complete an invigilated examination.

**Date**

During the examination period at a CQUniversity examination centre.

**Weighting**

0%

**Length**

120 minutes

**Minimum mark or grade**

Pass/fail - 60% of available results required to obtain a pass. This is a pass/fail Unit so you must achieve a pass for the exam on your first attempt to gain a Pass grade for the Unit. A supplementary exam will not be available as per CQU policy

**Exam Conditions**

Closed Book.

**Materials**

Dictionary - non-electronic, concise, direct translation only (dictionary must not contain any notes or comments).

Calculator - non-programmable, no text retrieval, silent only

## Academic Integrity Statement

As a CQUniversity student you are expected to act honestly in all aspects of your academic work.

Any assessable work undertaken or submitted for review or assessment must be your own work. Assessable work is any type of work you do to meet the assessment requirements in the unit, including draft work submitted for review and feedback and final work to be assessed.

When you use the ideas, words or data of others in your assessment, you must thoroughly and clearly acknowledge the source of this information by using the correct referencing style for your unit. Using others' work without proper acknowledgement may be considered a form of intellectual dishonesty.

Participating honestly, respectfully, responsibly, and fairly in your university study ensures the CQUniversity qualification you earn will be valued as a true indication of your individual academic achievement and will continue to receive the respect and recognition it deserves.

As a student, you are responsible for reading and following CQUniversity's policies, including the [Student Academic Integrity Policy and Procedure](#). This policy sets out CQUniversity's expectations of you to act with integrity, examples of academic integrity breaches to avoid, the processes used to address alleged breaches of academic integrity, and potential penalties.

**What is a breach of academic integrity?**

A breach of academic integrity includes but is not limited to plagiarism, self-plagiarism, collusion, cheating, contract cheating, and academic misconduct. The Student Academic Integrity Policy and Procedure defines what these terms mean and gives examples.

**Why is academic integrity important?**

A breach of academic integrity may result in one or more penalties, including suspension or even expulsion from the University. It can also have negative implications for student visas and future enrolment at CQUniversity or elsewhere. Students who engage in contract cheating also risk being blackmailed by contract cheating services.

**Where can I get assistance?**

For academic advice and guidance, the [Academic Learning Centre \(ALC\)](#) can support you in becoming confident in completing assessments with integrity and of high standard.

**What can you do to act with integrity?**



**Be Honest**

If your assessment task is done by someone else, it would be dishonest of you to claim it as your own



**Seek Help**

If you are not sure about how to cite or reference in essays, reports etc, then seek help from your lecturer, the library or the Academic Learning Centre (ALC)



**Produce Original Work**

Originality comes from your ability to read widely, think critically, and apply your gained knowledge to address a question or problem