NURS11166 *Health and Assessment in Nursing*
Term 1 - 2022

All details in this unit profile for NURS11166 have been officially approved by CQUniversity and represent a learning partnership between the University and you (our student). The information will not be changed unless absolutely necessary and any change will be clearly indicated by an approved correction included in the profile.

General Information

Overview

Throughout this unit, you will acquire fundamental knowledge and skills to provide basic nursing care at at beginning level. In particular, you will be able to conduct a holistic assessment and assist a person with their activities of daily living in the simulated environment. You will be introduced to the significance of the Nursing and Midwifery Board of Australia (NMBA) Registered Nurse Standards for Practice (2016) and other policies, codes, and guidelines relevant to professional nursing practice. You will explore the importance of the National Safety and Quality Health Service (NSQHS) Standards (2017) to all nursing practice in Australia and commence using the Patient Safety Competency Framework (PSCF) (Levett-Jones et al., 2017) in your practice as a nursing student. You will become familiar with scope of practice using the decision-making framework (DMF) (NMBA, 2020). You are required to participate in compulsory on-campus workshops or a residential school for this unit.

Details

Career Level: *Undergraduate*
Unit Level: *Level 1*
Credit Points: *6*
Student Contribution Band: *7*
Fraction of Full-Time Student Load: *0.125*

Pre-requisites or Co-requisites

Pre-requisite:Must be enrolled in CL91 Bachelor of Nursing or CG41 Start Uni Now
Important note: Students enrolled in a subsequent unit who failed their pre-requisite unit, should drop the subsequent unit before the census date or within 10 working days of Fail grade notification. Students who do not drop the unit in this timeframe cannot later drop the unit without academic and financial liability. See details in the Assessment Policy and Procedure (Higher Education Coursework).

Offerings For Term 1 - 2022

- Mixed Mode
- Rockhampton

Attendance Requirements

All on-campus students are expected to attend scheduled classes – in some units, these classes are identified as a mandatory (pass/fail) component and attendance is compulsory. International students, on a student visa, must maintain a full time study load and meet both attendance and academic progress requirements in each study period (satisfactory attendance for International students is defined as maintaining at least an 80% attendance record).

Residential Schools

This unit has a Compulsory Residential School for distance mode students and the details are:
Click here to see your Residential School Timetable.

Website

This unit has a website, within the Moodle system, which is available two weeks before the start of term. It is important that you visit your Moodle site throughout the term. Please visit Moodle for more information.

Class and Assessment Overview

Recommended Student Time Commitment

Each 6-credit Undergraduate unit at CQUniversity requires an overall time commitment of an average of 12.5 hours of study per week, making a total of 150 hours for the unit.

Class Timetable

Regional Campuses

Bundaberg, Cairns, Emerald, Gladstone, Mackay, Rockhampton, Townsville

Metropolitan Campuses

Adelaide, Brisbane, Melbourne, Perth, Sydney

Assessment Overview

1. **In-class Test(s)**
Weighting: Pass/Fail
2. **Practical Assessment**
Weighting: Pass/Fail
3. **Online Quiz(zes)**
Weighting: Pass/Fail

Assessment Grading

This is a pass/fail (non-graded) unit. To pass the unit, you must pass all of the individual assessment tasks shown in the table above.

CQUniversity Policies

All University policies are available on the [CQUniversity Policy site](#).
You may wish to view these policies:

- Grades and Results Policy
- Assessment Policy and Procedure (Higher Education Coursework)
- Review of Grade Procedure
- Student Academic Integrity Policy and Procedure
- Monitoring Academic Progress (MAP) Policy and Procedure – Domestic Students
- Monitoring Academic Progress (MAP) Policy and Procedure – International Students
- Student Refund and Credit Balance Policy and Procedure
- Student Feedback – Compliments and Complaints Policy and Procedure
- Information and Communications Technology Acceptable Use Policy and Procedure

This list is not an exhaustive list of all University policies. The full list of University policies are available on the [CQUniversity Policy site](#).

Feedback, Recommendations and Responses

Every unit is reviewed for enhancement each year. At the most recent review, the following staff and student feedback items were identified and recommendations were made.

Feedback from Have Your Say

Feedback

I thoroughly enjoyed this unit and really wished there was more opportunity to learn face to face with experienced UC like Sandy, Jo and Tracey. The UC's were such a delightful team, learning from them felt easy as they provided a safe learning space that wasn't scary or intimidating. I felt comfortable asking questions and really enjoyed learning from each UC as they brought individual knowledge and clinical expertise from their chosen fields. I always felt well supported, online and during residential school. I am grateful to have spent this term with such kind, approachable and knowledgeable professionals.

Recommendation

We will continue to offer lectures and live zoom sessions to support the students

Feedback from Have Your Say

Feedback

The weekly zoom sessions were very helpful and the content was directly related to nursing practice which helped to understand it very well especially when it got to applying those things at residential school

Recommendation

We will link theory to practice with zoom session that link to the learning in the Clinical Learning pace

Feedback from Have Your Say

Feedback

the written assessment having more information about the task at hand

Recommendation

Moving forward, a more comprehensive explanation will be provided

Feedback from Have Your Say

Feedback

I was unable to/didn't know how to view my feedbacks for my assessments for this unit.

Recommendation

Clearer instructions will be provided in future offerings

Unit Learning Outcomes

On successful completion of this unit, you will be able to:

1. Demonstrate and explain safe practice while assisting a person with their activities of daily living, using simulated modalities.
2. Perform a holistic assessment of a person including the completion of appropriate documentation, using simulated modalities.
3. Demonstrate the principles of the nursing process and the Nursing and Midwifery Board of Australia (NMBA) decision-making framework (DMF) (2020), using simulated modalities.
4. Apply the NMBA registered nurse standards for practice (2016) in the provision of evidence based nursing care, using simulated modalities.
5. Recognise unsafe environments and implement strategies to ensure safety.

Content in this unit incorporates a number of professional nursing requirements
Nursing and Midwifery Board of Australia decision-making framework (DMF) - nursing
Nursing and Midwifery Board of Australia Registered Nurse Standards for Practice
Thinks critically and analyses nursing practice
Engages in therapeutic and professional relationships
Maintains the capability for practice
Comprehensively conducts assessments
Develops a plan for nursing practice
Provides safe, appropriate and responsive quality nursing practice
Evaluates outcomes to inform nursing practice
Nursing and Midwifery Board of Australia Nursing Code of Conduct
Legal compliance
Person-centred practice
Cultural practice and respectful relationships
Professional behaviour
Research in health
Health and wellbeing
International Council of Nursing Code of Ethics for Nursing
Nurses and People
Nurses and Practice
Nurses and the Profession
Nurses and co-workers
National Safety and Quality Health Service Standards
Partnering with consumers
Preventing and Controlling healthcare-associated infection
Medication safety
Comprehensive care
Communicating for safety
Recognising and responding to acute deterioration
Patient Safety Competency Framework
Person-centred care
Therapeutic communication
Cultural competence
Teamwork and collaborative practice
Clinical reasoning
Evidence-based practice
Preventing, minimising and responding to adverse events
Infection prevention and control
Medication safety
Aged Care Quality Standards
Consumer dignity and choice
Ongoing assessment and planning with consumers
Personal care and clinical care
Services and supports for daily living
Organisation's service environment

Alignment of Learning Outcomes, Assessment and Graduate Attributes

| — N/A Level | ○ Introductory Level | ○ Intermediate Level | ● Graduate Level | ○ Professional Level | ○ Advanced Level |

Alignment of Assessment Tasks to Learning Outcomes

Assessment Tasks	Learning Outcomes				
	1	2	3	4	5
1 - In-class Test(s) - 0%	●				●
2 - Practical Assessment - 0%	●	●	●	●	●
3 - Online Quiz(zes) - 0%			●	●	

Alignment of Graduate Attributes to Learning Outcomes

Graduate Attributes	Learning Outcomes				
	1	2	3	4	5
1 - Communication	○	○	○	○	○
2 - Problem Solving	○	○			
3 - Critical Thinking	○		○	○	○
4 - Information Literacy	○				
5 - Team Work	○			○	
6 - Information Technology Competence	○				
7 - Cross Cultural Competence	○	○			
8 - Ethical practice					
9 - Social Innovation					
10 - Aboriginal and Torres Strait Islander Cultures					

Textbooks and Resources

Textbooks
NURS11166

Prescribed

Kozier & Erb's Fundamentals of Nursing
5th Australian Edition
Authors: Berman, A, Frandsen, G, Snyder, S, Levett-Jones, T et al
Pearson Australia
Melbourne , Victoria , Australia
ISBN: 9781488626593
Binding: Paperback
NURS11166

Prescribed

Skills in Clinical Nursing
Edition: 2nd (2021)
Authors: Berman, Snyder, Levett-Jones, Burton, Harvey
Pearson
Melbourne , VIC , Australia
ISBN: 9 781488620690
Binding: Spiral

Additional Textbook Information
The two titles above can be purchased in a value pack at a reduced cost from the CQUni Bookshop
here: http://bookshop.cqu.edu.au (search on the unit code)

View textbooks at the CQUniversity Bookshop

IT Resources

You will need access to the following IT resources:

- CQUniversity Student Email
- Internet
- Unit Website (Moodle)

Referencing Style

All submissions for this unit must use the referencing style: American Psychological Association 7th Edition (APA 7th edition)
For further information, see the Assessment Tasks.

Teaching Contacts

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Schedule

Week 1 - 07 Mar 2022

Module/Topic	Chapter	Events and Submissions/Topic
Introduction to: • Unit · • NSQHS standards • National Health Priorities • Decision Making Framework		Lecture Zoom Tuesday 1200-1300 hrs Chat Session Zoom Thursday 1200-1300 hrs

Week 2 - 14 Mar 2022

Module/Topic	Chapter	Events and Submissions/Topic
Introduction to: • Nursing process and ADPIE • Clinical reasoning cycle		Lecture Zoom Tuesday 1200-1300 hrs Chat Session Zoom Thursday 1200-1300 hrs

Week 3 - 21 Mar 2022

Module/Topic	Chapter	Events and Submissions/Topic
Holistic v dualistic care (patient centered care) • Patient advocacy • Comorbid conditions • Bioethical principles • Consent • Cultural considerations		Lecture Zoom Tuesday 1200-1300 hrs Chat Session Zoom Thursday 1200-1300 hrs

Week 4 - 28 Mar 2022

Module/Topic	Chapter	Events and Submissions/Topic
Risk assessments • Falls assessment and management • Mobility assessment • Pressure area assessment and management • Venous thromboembolism & antiembolic stockings		Lecture Zoom Tuesday 1200-1300 hrs Chat Session Zoom Thursday 1200-1300 hrs

Week 5 - 04 Apr 2022

Module/Topic	Chapter	Events and Submissions/Topic
Professional communication • Handover and documentation • Admission paperwork • ISBAR • Confidentiality		Lecture Zoom Tuesday 1200-1300 hrs Chat Session Zoom Thursday 1200-1300 hrs

Vacation Week - 11 Apr 2022

Module/Topic	Chapter	Events and Submissions/Topic

Week 6 - 18 Apr 2022

Module/Topic	Chapter	Events and Submissions/Topic
Activities of Daily Living (ADLs) • Patient hygiene • Facilitating healthy eating • Facilitating elimination • Urinary and bowel function • Bristol stool chart • Incontinence		Lecture Zoom Tuesday 1200-1300 hrs Chat Session Zoom Thursday 1200-1300 hrs

Week 7 - 25 Apr 2022

Module/Topic	Chapter	Events and Submissions/Topic

Introduction to physical assessment 1
• Blood Pressure (BP) (manual)
palpatory and auscultatory
• Temperature
• Pulse
• Respirations
• O2 saturations
• Queensland Adult Deterioration
System (QADDS)
• Recognising deterioration · QADDS
scoring
• Medical Emergency Team (MET) (or
similar teams)
• Graded assertiveness (PACE)

Lecture Zoom Tuesday 1200-1300 hrs
Chat Session Zoom Thursday
1200-1300 hrs

Week 8 - 02 May 2022

Module/Topic	**Chapter**	**Events and Submissions/Topic**
Introduction to physical assessment 2 • Methods of assessment (focused vs comprehensive) • Inspection, palpation, percussion and auscultation • Intro pain assessment · PQRST • Pt interview and health history		Lecture Zoom Tuesday 1200-1300 hrs Chat Session Zoom Thursday 1200-1300 hrs

Week 9 - 09 May 2022

Module/Topic	**Chapter**	**Events and Submissions/Topic**
Integumentary system • Skin integrity • Gait • Mouth, teeth and gums • Hair		Lecture Zoom Tuesday 1200-1300 hrs Chat Session Zoom Thursday 1200-1300 hrs

Week 10 - 16 May 2022

Module/Topic	**Chapter**	**Events and Submissions/Topic**
Infection control • Hand hygiene • Chain of infection • Health care acquired infections • Personal Protective Equipment (PPE)		Lecture Zoom Tuesday 1200-1300 hrs Chat Session Zoom Thursday 1200-1300 hrs

Week 11 - 23 May 2022

Module/Topic	**Chapter**	**Events and Submissions/Topic**
Manual handling • OH&S legislation • Safe pt handling • Risk assessment and level of assistance required • Slide sheets • Walk belts		Lecture Zoom Tuesday 1200-1300 hrs Chat Session Zoom Thursday 1200-1300 hrs

Week 12 - 30 May 2022

Module/Topic	**Chapter**	**Events and Submissions/Topic**
Principles of specimen collection • Mid stream urine v ward test urine • Wound swab • Faecal specimen		Lecture Zoom Tuesday 1200-1300 hrs Chat Session Zoom Thursday 1200-1300 hrs **On Line Quiz** Due: Week 12 Monday (30 May 2022) 12:00 am AEST

Assessment Tasks

1 In Class Maths Quiz

Assessment Type
In-class Test(s)

Task Description
You will complete a maths quiz in the Clinical Learning Centre on day 3 of residential school or during the last session of internal classes. The quiz will be completed using Moodle in an invigilated setting.

Assessment Due Date

Return Date to Students

Weighting
Pass/Fail

Assessment Criteria
No Assessment Criteria

Referencing Style

- [American Psychological Association 7th Edition (APA 7th edition)](#)

Submission
No submission method provided.

Learning Outcomes Assessed

- Demonstrate and explain safe practice while assisting a person with their activities of daily living, using simulated modalities.
- Recognise unsafe environments and implement strategies to ensure safety.

2 Practical Assessment

Assessment Type
Practical Assessment

Task Description
You will be assessed on a clinical skill in the Clinical Learning Centre with the criteria taken from your Clinical Skills text. You will be instructed to complete a clinical skill. You have 20 minutes to complete this skill. You will be required to document your findings on the relevant clinical form and provide a clinical handover to your lecturer. While the clinical skill assessment marking tool is provided to students prior to their clinical learning session to assist in learning the marking tool cannot be taken into the assessment. All assessments in this unit are assessed as per the Assessment Policy and Procedure (Higher Education Coursework).

Assessment Due Date

Last session of clinical learning session on campus

Return Date to Students

Results will be available on the day of completion

Weighting
Pass/Fail

Minimum mark or grade
Pass/Fail

Assessment Criteria
NURS11166 Health & Assessment in Nursing Clinical Skills Assessment Marking Tool Criteria to pass
Assessment Criteria Criteria to pass Achieved Not Achieved
1. Student demonstrates understanding of the 5 moments of hand hygiene and Infection control principles. Demonstrates hand hygiene (Before touching patient After touching patient Before a procedure After a procedure After touching pt surroundings)
2. Student introduces self to patient, states name and designation
3. Student identifies the patient 3 patient identifiers
4 Student provides an explanation of the procedure to be undertaken, explains procedure and gains consent
5. Student effectively communicates with the patient in a person-centred approach. Speaks to patient in a respectful manner with appropriate information Demonstrates the ability to develop a therapeutic relationship while maintaining

professional boundaries 6. Student simulates the ability to gather a set of vital signs (Respiratory rate – 1 full minute Heart rate – 1 full minute Temperature Oxygen saturation Blood pressure)
PASS/FAIL/RESIT
Assessor Feedback-

Referencing Style

- [American Psychological Association 7th Edition (APA 7th edition)](#)

Submission
Offline

Learning Outcomes Assessed

- Demonstrate and explain safe practice while assisting a person with their activities of daily living, using simulated modalities.
- Perform a holistic assessment of a person including the completion of appropriate documentation, using simulated modalities.
- Demonstrate the principles of the nursing process and the Nursing and Midwifery Board of Australia (NMBA) decision-making framework (DMF) (2020), using simulated modalities.
- Apply the NMBA registered nurse standards for practice (2016) in the provision of evidence based nursing care, using simulated modalities.
- Recognise unsafe environments and implement strategies to ensure safety.

3 On Line Quiz

Assessment Type
Online Quiz(zes)

Task Description
The On Line Quiz will be available on Moodle during week 12 of term, 30 May 0800 hrs - 3 June 1600 hrs (4pm). Once you commence the quiz you have 120 minutes to complete. You can have one (1) attempt and to pass the quiz, you must achieve 50% of the available marks to pass. This is a pass/fail Unit so you must pass all assessment items to achieve a Pass grade overall. If you are unsuccessful you may be granted a supplementary attempt.

Number of Quizzes

Frequency of Quizzes

Assessment Due Date
Week 12 Monday (30 May 2022) 12:00 am AEST
The quiz must be completed between 30 May 0800 hrs - 3 June 1600 hrs (4pm)

Return Date to Students
Review/Exam Week Friday (10 June 2022)
Your result will be visible in moodle

Weighting
Pass/Fail

Minimum mark or grade
50%

Assessment Criteria
No Assessment Criteria

Referencing Style

- [American Psychological Association 7th Edition (APA 7th edition)](#)

Submission
Online

Learning Outcomes Assessed

- Demonstrate the principles of the nursing process and the Nursing and Midwifery Board of Australia (NMBA) decision-making framework (DMF) (2020), using simulated modalities.
- Apply the NMBA registered nurse standards for practice (2016) in the provision of evidence based nursing care, using simulated modalities.

Academic Integrity Statement

As a CQUniversity student you are expected to act honestly in all aspects of your academic work.

Any assessable work undertaken or submitted for review or assessment must be your own work. Assessable work is any type of work you do to meet the assessment requirements in the unit, including draft work submitted for review and feedback and final work to be assessed.

When you use the ideas, words or data of others in your assessment, you must thoroughly and clearly acknowledge the source of this information by using the correct referencing style for your unit. Using others' work without proper acknowledgement may be considered a form of intellectual dishonesty.

Participating honestly, respectfully, responsibly, and fairly in your university study ensures the CQUniversity qualification you earn will be valued as a true indication of your individual academic achievement and will continue to receive the respect and recognition it deserves.

As a student, you are responsible for reading and following CQUniversity's policies, including the **Student Academic Integrity Policy and Procedure**. This policy sets out CQUniversity's expectations of you to act with integrity, examples of academic integrity breaches to avoid, the processes used to address alleged breaches of academic integrity, and potential penalties.

What is a breach of academic integrity?
A breach of academic integrity includes but is not limited to plagiarism, self-plagiarism, collusion, cheating, contract cheating, and academic misconduct. The Student Academic Integrity Policy and Procedure defines what these terms mean and gives examples.

Why is academic integrity important?
A breach of academic integrity may result in one or more penalties, including suspension or even expulsion from the University. It can also have negative implications for student visas and future enrolment at CQUniversity or elsewhere. Students who engage in contract cheating also risk being blackmailed by contract cheating services.

Where can I get assistance?
For academic advice and guidance, the Academic Learning Centre (ALC) can support you in becoming confident in completing assessments with integrity and of high standard.

What can you do to act with integrity?

Be Honest
If your assessment task is done by someone else, it would be dishonest of you to claim it as your own

Seek Help
If you are not sure about how to cite or reference in essays, reports etc, then seek help from your lecturer, the library or the Academic Learning Centre (ALC)

Produce Original Work
Originality comes from your ability to read widely, think critically, and apply your gained knowledge to address a question or problem