



NURS11166 *Health and Assessment in Nursing*

Term 1 - 2023

Profile information current as at 06/05/2024 05:10 pm

All details in this unit profile for NURS11166 have been officially approved by CQUniversity and represent a learning partnership between the University and you (our student). The information will not be changed unless absolutely necessary and any change will be clearly indicated by an approved correction included in the profile.

Corrections

Unit Profile Correction added on 21-03-23

Changes to Assessment Three quiz and the week's content that will be covered.

The correct information is:

- Quiz one (1)-will cover content from weeks 1-4
- Quiz two (2)-will cover content from weeks 5-8
- Quiz three (3)-will cover content from weeks 9-12

Unit Profile Correction added on 15-02-23

Please disregard the Zoom times listed in the Unit Profile Schedule. Current information can be found on your unit's Moodle platform. For additional information, please contact the Unit Coordinator.

Unit Profile Correction added on 01-03-23

Changes to the description of the Invigilated Mathematics Calculation quiz. Currently states: Quiz consists of 20 multiple choice questions. This is incorrect.

The correct description is:

The quiz consists of 20 questions that assess your understanding of mathematics. You will complete a calculation and type in the answer.

General Information

Overview

Throughout this unit, you will acquire fundamental knowledge and skills to provide basic nursing care at a beginning level. In particular, you will be able to conduct a holistic assessment and assist a person with their activities of daily living in the simulated environment. You will be introduced to the significance of the Nursing and Midwifery Board of Australia (NMBA) Registered Nurse Standards for Practice (2016) and other policies, codes, and guidelines relevant to professional nursing practice. You will explore the importance of the National Safety and Quality Health Service (NSQHS) Standards (2017) to all nursing practice in Australia and commence using the Patient Safety Competency Framework (PSCF) (Levett-Jones et al., 2017) in your practice as a nursing student. You will become familiar with scope of practice using the decision-making framework (DMF) (NMBA, 2020). You are required to participate in compulsory on-campus workshops or a residential school for this unit.

Details

Career Level: *Undergraduate*

Unit Level: *Level 1*

Credit Points: 6

Student Contribution Band: 7

Fraction of Full-Time Student Load: 0.125

Pre-requisites or Co-requisites

Pre-requisite: Must be enrolled in CL91 Bachelor of Nursing or CG41 Start Uni Now

Important note: Students enrolled in a subsequent unit who failed their pre-requisite unit, should drop the subsequent unit before the census date or within 10 working days of Fail grade notification. Students who do not drop the unit in this timeframe cannot later drop the unit without academic and financial liability. See details in the [Assessment Policy and Procedure \(Higher Education Coursework\)](#).

Offerings For Term 1 - 2023

- Brisbane
- Mixed Mode
- Rockhampton

Attendance Requirements

All on-campus students are expected to attend scheduled classes – in some units, these classes are identified as a mandatory (pass/fail) component and attendance is compulsory. International students, on a student visa, must maintain a full time study load and meet both attendance and academic progress requirements in each study period (satisfactory attendance for International students is defined as maintaining at least an 80% attendance record).

Residential Schools

This unit has a Compulsory Residential School for distance mode students and the details are:

Click here to see your [Residential School Timetable](#).

Website

[This unit has a website, within the Moodle system, which is available two weeks before the start of term. It is important that you visit your Moodle site throughout the term. Please visit Moodle for more information.](#)

Class and Assessment Overview

Recommended Student Time Commitment

Each 6-credit Undergraduate unit at CQUniversity requires an overall time commitment of an average of 12.5 hours of study per week, making a total of 150 hours for the unit.

Class Timetable

[Regional Campuses](#)

Bundaberg, Cairns, Emerald, Gladstone, Mackay, Rockhampton, Townsville

[Metropolitan Campuses](#)

Adelaide, Brisbane, Melbourne, Perth, Sydney

Assessment Overview

1. **In-class Test(s)**

Weighting: Pass/Fail

2. **Practical Assessment**

Weighting: Pass/Fail

3. **Online Quiz(zes)**

Weighting: Pass/Fail

Assessment Grading

This is a pass/fail (non-graded) unit. To pass the unit, you must pass all of the individual assessment tasks shown in the table above.

CQUniversity Policies

All University policies are available on the [CQUniversity Policy site](#).

You may wish to view these policies:

- Grades and Results Policy
- Assessment Policy and Procedure (Higher Education Coursework)
- Review of Grade Procedure
- Student Academic Integrity Policy and Procedure
- Monitoring Academic Progress (MAP) Policy and Procedure – Domestic Students
- Monitoring Academic Progress (MAP) Policy and Procedure – International Students
- Student Refund and Credit Balance Policy and Procedure
- Student Feedback – Compliments and Complaints Policy and Procedure
- Information and Communications Technology Acceptable Use Policy and Procedure

This list is not an exhaustive list of all University policies. The full list of University policies are available on the [CQUniversity Policy site](#).

Previous Student Feedback

Feedback, Recommendations and Responses

Every unit is reviewed for enhancement each year. At the most recent review, the following staff and student feedback items were identified and recommendations were made.

Feedback from SUTE

Feedback

I just want to say I have loved this subject the most out of all 4 for this term. I really enjoyed myself at residential school in Brisbane with Tracey. She was so knowledgeable and professional yet still easy to approach when needing help and gave appropriate knowledge for our level.

Recommendation

We will continue to offer relevant information at residential schools

Feedback from SUTE

Feedback

I really enjoyed this subject and the real world approach of all the lecturers both in week to week classes and at residential school. Big thanks to Sandy, Lucinda, Tracey Bell, Tracey Sims and Nakia for being so sharing of your knowledge and time. If

Recommendation

The teaching team will continue to be approachable and available for students

Feedback from SUTE

Feedback

If possible, please include the information that how to complete the checks for placement in the practical unit for the entire class. As some of the documents are difficult to complete and need help. If the tutor will provide the information in the class, then it would really be helpful, especially for the international students, who struggle a lot till the deadline of the checks to complete it. One more request, please request the student help desk at the university they should guide and inform the students if they require the WIL team's help rather than saying that students can only contact the WIL team through email or call, which sometimes takes more time. Even though the WIL team is available in building 5.

Recommendation

Information about clinical placement requirements was discussed with students during the weekly chat sessions. Some students did comment that this information was not relevant to the content of the Unit

Feedback from SUTE

Feedback

This has been by far the most well organised and implemented subject I have ever done. The academics have made all expectations very clear, I have enjoyed the layout of the weekly content and the extra readings. The residential school was extremely useful and the feedback was exceptional. I highly rate this subject and the teaching team. The weekly chats were also a wonderful alternative to tutorials and I would recommend this for other subjects to take on board.

Recommendation

The weekly sessions will continue to be available for students and recorded for those who cannot attend in person

Unit Learning Outcomes

On successful completion of this unit, you will be able to:

1. Demonstrate and explain safe practice while assisting a person with their activities of daily living, using simulated modalities.
2. Perform a holistic assessment of a person including the completion of appropriate documentation, using simulated modalities.
3. Demonstrate the principles of the nursing process and the Nursing and Midwifery Board of Australia (NMBA) decision-making framework (DMF) (2020), using simulated modalities.
4. Apply the NMBA registered nurse standards for practice (2016) in the provision of evidence based nursing care, using simulated modalities.
5. Recognise unsafe environments and implement strategies to ensure safety.

Content in this unit incorporates a number of professional nursing requirements

Nursing and Midwifery Board of Australia decision-making framework (DMF) - nursing

Nursing and Midwifery Board of Australia Registered Nurse Standards for Practice

Thinks critically and analyses nursing practice

Engages in therapeutic and professional relationships

Maintains the capability for practice

Comprehensively conducts assessments

Develops a plan for nursing practice

Provides safe, appropriate and responsive quality nursing practice

Evaluates outcomes to inform nursing practice

Nursing and Midwifery Board of Australia Nursing Code of Conduct

Legal compliance

Person-centred practice

Cultural practice and respectful relationships

Professional behaviour

Research in health

Health and wellbeing

International Council of Nursing Code of Ethics for Nursing

Nurses and People

Nurses and Practice

Nurses and the Profession

Nurses and co-workers

National Safety and Quality Health Service Standards

Partnering with consumers

Preventing and Controlling healthcare-associated infection

Medication safety

Comprehensive care

Communicating for safety

Recognising and responding to acute deterioration

Patient Safety Competency Framework

Person-centred care

Therapeutic communication

Cultural competence

Teamwork and collaborative practice

Clinical reasoning

Evidence-based practice

Preventing, minimising and responding to adverse events

Infection prevention and control

Medication safety

Aged Care Quality Standards

Consumer dignity and choice

Ongoing assessment and planning with consumers

Personal care and clinical care

Services and supports for daily living

Organisation's service environment

Alignment of Learning Outcomes, Assessment and Graduate Attributes



Alignment of Assessment Tasks to Learning Outcomes

Assessment Tasks	Learning Outcomes				
	1	2	3	4	5
1 - In-class Test(s) - 0%	•				•
2 - Practical Assessment - 0%	•	•	•	•	•
3 - Online Quiz(zes) - 0%			•	•	

Alignment of Graduate Attributes to Learning Outcomes

Graduate Attributes	Learning Outcomes				
	1	2	3	4	5
1 - Communication	•	•	•	•	•
2 - Problem Solving	•	•			
3 - Critical Thinking	•		•	•	•
4 - Information Literacy	•				
5 - Team Work	•			•	
6 - Information Technology Competence	•				
7 - Cross Cultural Competence	•	•			
8 - Ethical practice					
9 - Social Innovation					
10 - Aboriginal and Torres Strait Islander Cultures					

Textbooks and Resources

Textbooks

NURS11166

Prescribed

Kozier & Erb's Fundamentals of Nursing

Edition: 5th (2020)

Authors: Berman, A., Frandsen, G., Snyder, S., Levett-Jones, T et al.

Pearsons

Melbourne , Victoria , Australia

ISBN: 9781488626593

Binding: Paperback

NURS11166

Prescribed

Skills in Clinical Nursing

Edition: 2nd (2020)

Authors: Berman, a., Snyder, S., Levett-Jones, T., Burton, Harvey, C.

Pearson

Melbourne , Victoria , Australia

ISBN: 9 781488620690

Binding: Spiral

Additional Textbook Information

These two books are packaged together at a reduced price to students and can be purchased at the CQUni Bookshop here: <http://bookshop.cqu.edu.au> (search on the Unit code)

[View textbooks at the CQUniversity Bookshop](#)

[View textbooks at the CQUniversity Bookshop](#)

IT Resources

You will need access to the following IT resources:

- CQUniversity Student Email
- Internet
- Unit Website (Moodle)

Referencing Style

All submissions for this unit must use the referencing style: [American Psychological Association 7th Edition \(APA 7th edition\)](#)

For further information, see the Assessment Tasks.

Teaching Contacts

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Schedule

Week 1 Introduction to Professional Nursing Requirements - 06 Mar 2023

Module/Topic	Chapter	Events and Submissions/Topic
<ul style="list-style-type: none">• NMBA Standards• NSQHS standards• National Health Priorities• Decision-Making Framework		Tutorial Zoom Thursday 1000-1100 hrs Please ensure you have completed the weekly content and reviewed the PowerPoint before attending this session. This session is a discussion and Q@A related to the content required to address the learning outcomes of this unit.

Week 2 Introduction to Clinical Reasoning and the Nursing Process - 13 Mar 2023

Module/Topic	Chapter	Events and Submissions/Topic
<ul style="list-style-type: none">• Nursing process• ADPIE• Clinical reasoning cycle		Tutorial Zoom Thursday 1000-1100 hrs Please ensure you have completed the weekly content and reviewed the PowerPoint before attending this session. This session is a discussion and Q@A related to the content required to address the learning outcomes of this unit.

Week 3 Introduction to Infection Control - 20 Mar 2023

Module/Topic	Chapter	Events and Submissions/Topic
<ul style="list-style-type: none">• Hand hygiene• Chain of infection• Health care-acquired infections• Personal Protective Equipment (PPE)		Tutorial Zoom Thursday 1000-1100 hrs Please ensure you have completed the weekly content and reviewed the PowerPoint before attending this session. This session is a discussion and Q@A related to the content required to address the learning outcomes of this unit.

Week 4 Introduction to Vital Signs - 27 Mar 2023

Module/Topic	Chapter	Events and Submissions/Topic
<ul style="list-style-type: none">• Blood Pressure (BP) (manual) palpatory and auscultatory• Temperature• Pulse• Respirations• O2 saturation• Queensland Adult Deterioration System (QADDs)• Recognising deterioration · QADDs scoring• Medical Emergency Team (MET) (or similar teams)• Graded assertiveness (PACE)		Tutorial Zoom Thursday 1000-1100 hrs Please ensure you have completed the weekly content and reviewed the PowerPoint before attending this session. This session is a discussion and Q@A related to the content required to address the learning outcomes of this unit.

Week 5 Introduction to Physical Assessment - 03 Apr 2023

Module/Topic	Chapter	Events and Submissions/Topic
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- Methods of assessment (focused vs comprehensive)
- Inspection, palpation, percussion and auscultation
- Introduction to assessment of body systems
- Intro pain assessment - PQRST
- Pt interview and health history

Tutorial Zoom Thursday

1000-1100 hrs

Please ensure you have **completed the weekly content** and **reviewed the PowerPoint** before attending this session.

This session is a **discussion and Q@A** related to the content required to address the **learning outcomes** of this unit.

Vacation Week - 10 Apr 2023

Module/Topic	Chapter	Events and Submissions/Topic
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Week 6 Introduction to the Integumentary System - 17 Apr 2023

Module/Topic	Chapter	Events and Submissions/Topic
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- Skin integrity
- Gait
- Mouth, teeth and gums
- Hair

Tutorial Zoom Thursday

1000-1100 hrs

Please ensure you have **completed the weekly content** and **reviewed the PowerPoint** before attending this session.

This session is a **discussion and Q@A** related to the content required to address the **learning outcomes** of this unit.

Week 7 Introduction to Risk Assessments - 24 Apr 2023

Module/Topic	Chapter	Events and Submissions/Topic
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- Falls assessment and management
- Mobility assessment
- Pressure area assessment and management
- Venous thromboembolism and embolic stockings

Tutorial Zoom Thursday

1000-1100 hrs

Please ensure you have **completed the weekly content** and **reviewed the PowerPoint** before attending this session.

This session is a **discussion and Q@A** related to the content required to address the **learning outcomes** of this unit.

Week 8 Introduction to Manual Handling and Patient Mobility - 01 May 2023

Module/Topic	Chapter	Events and Submissions/Topic
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- OH&S legislation
- Safe pt handling
- Risk assessment and level of assistance required
- Slide sheets
- Walk belts

Tutorial Zoom Thursday

1000-1100 hrs

Please ensure you have **completed the weekly content** and **reviewed the PowerPoint** before attending this session.

This session is a **discussion and Q@A** related to the content required to address the **learning outcomes** of this unit.

Week 9 Introduction to Activities of Daily Living - 08 May 2023

Module/Topic	Chapter	Events and Submissions/Topic
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- Patient hygiene
- Facilitating healthy eating
- Facilitating elimination
- Urinary and bowel function
- Bristol stool chart
- Incontinence

Tutorial Zoom Thursday

1000-1100 hrs

Please ensure you have **completed the weekly content** and **reviewed the PowerPoint** before attending this session.

This session is a **discussion and Q@A** related to the content required to address the **learning outcomes** of this unit.

Week 10 Introduction to Holistic v Dualistic Care - 15 May 2023

Module/Topic	Chapter	Events and Submissions/Topic
<ul style="list-style-type: none">• Patient Advocacy• Comorbid conditions• Bioethical principles• Consent• Cultural considerations		Tutorial Zoom Thursday 1000-1100 hrs Please ensure you have completed the weekly content and reviewed the PowerPoint before attending this session. This session is a discussion and Q@A related to the content required to address the learning outcomes of this unit.

Week 11 Introduction to Professional Communication - 22 May 2023

Module/Topic	Chapter	Events and Submissions/Topic
<ul style="list-style-type: none">• Handover and documentation• Admission paperwork• Terminology• ISBAR• Confidentiality		Tutorial Zoom Thursday 1000-1100 hrs Please ensure you have completed the weekly content and reviewed the PowerPoint before attending this session. This session is a discussion and Q@A related to the content required to address the learning outcomes of this unit.

Week 12 Principles of Specimen Collection - 29 May 2023

Module/Topic	Chapter	Events and Submissions/Topic
<ul style="list-style-type: none">• Mid stream urine v ward test urine• Wound swab• Faecal specimen		Tutorial Zoom Thursday 1000-1100 hrs Please ensure you have completed the weekly content and reviewed the PowerPoint before attending this session. This session is a discussion and Q@A related to the content required to address the learning outcomes of this unit.

Review/Exam Week - 05 Jun 2023

Module/Topic	Chapter	Events and Submissions/Topic
Exam Week - 12 Jun 2023		
Module/Topic	Chapter	Events and Submissions/Topic

Assessment Tasks

1 In Class Maths Quiz

Assessment Type

In-class Test(s)

Task Description

You will complete a maths quiz on day 1 of residential school or during the last session of internal classes. This invigilated quiz will be completed during your planned on-campus classes and will assess your knowledge and understanding of mathematics. You will be given a second and third attempt whilst attending on-campus classes.

You must complete the quiz in one sitting, under the direct supervision of a lecturer. Once you have started the quiz, you cannot log out. Please do not refresh or reload your screen; this may close the quiz and record your result.

The quiz will automatically close at the end of one hour and will submit your result.

You have a maximum of three attempts to complete the quiz. Each attempt will be held on a different day whilst on-campus.

If you require an additional attempt, you must undertake remediation by completing a learning package

and practice quiz prior to subsequent attempts. These learning packages are available on the Maths Central platform on Nursing Central. It is your responsibility to complete this between each attempt.

Assessment Due Date

To be undertaken during on-campus planned classes

Return Date to Students

Results will be given at the end of the quiz

Weighting

Pass/Fail

Minimum mark or grade

100%

Assessment Criteria

The quiz consists of 20 multiple-choice questions. You have a maximum of one hour to complete the quiz. The quiz will be completed using Moodle in an invigilated setting. You must achieve 100% to pass the quiz.

Referencing Style

- [American Psychological Association 7th Edition \(APA 7th edition\)](#)

Submission

No submission method provided.

Submission Instructions

Online

Learning Outcomes Assessed

- Demonstrate and explain safe practice while assisting a person with their activities of daily living, using simulated modalities.
- Recognise unsafe environments and implement strategies to ensure safety.

2 Practical Clinical Assessment

Assessment Type

Practical Assessment

Task Description

You will be required to perform a clinical simulation-based assessment and document your findings on the relevant clinical form before providing a clinical handover to your lecturer. The Practical Clinical Skills Assessment evaluates your nursing practice against the Registered nurse standards for practice. You will demonstrate safe practice through assessment, planning, implementing, and evaluating patient care.

You will be given three attempts to pass this assessment and must engage in feedback and reflection before attempts 2 and 3. All attempts are conducted face-to-face.

If you are not successful on the 3rd attempt, you may receive a Fail grade.

All assessments in this unit align with the Assessment Policy and Procedure (Higher Education Coursework).

Assessment Due Date

Assessment will be undertaken during on campus classes.

Return Date to Students

Results will be available on the day of completion

Weighting

Pass/Fail

Minimum mark or grade

Pass/Fail

Assessment Criteria

This Practical Clinical Skills Assessment will be based on the skills and theory you have covered during your unit. To attain a pass, you must satisfactorily complete all areas of the clinical skills assessment tool, found on the NURS11166 Moodle site.

1. The student demonstrates effective communication skills
2. The student introduces themselves to the patient, states their name and designation
3. The student uses the patient three patient identifiers to confirm the patient's identity

- 4 The student explains the procedure to be undertaken and gains consent
5. The student demonstrates an understanding of the five moments of hand hygiene and infection control principles
6. The student demonstrates monitoring and taking of vital signs
7. The student demonstrates correct positioning of patient and self during taking of vital signs
8. The student demonstrates an understanding of the required clinical assessment and relevant documentation.
9. The student demonstrates effective communication at handover

Referencing Style

- [American Psychological Association 7th Edition \(APA 7th edition\)](#)

Submission

Offline

Submission Instructions

Completed on-campus

Learning Outcomes Assessed

- Demonstrate and explain safe practice while assisting a person with their activities of daily living, using simulated modalities.
- Perform a holistic assessment of a person including the completion of appropriate documentation, using simulated modalities.
- Demonstrate the principles of the nursing process and the Nursing and Midwifery Board of Australia (NMBA) decision-making framework (DMF) (2020), using simulated modalities.
- Apply the NMBA registered nurse standards for practice (2016) in the provision of evidence based nursing care, using simulated modalities.
- Recognise unsafe environments and implement strategies to ensure safety.

3 Online Quiz/zes

Assessment Type

Online Quiz(zes)

Task Description

The **Online Quiz/zes** will be available on Moodle **during weeks 4, 8, and 12 of the term. Each quiz will consist of 20 questions you have 45 minutes to complete each quiz.** You are allowed **one (1) attempt to complete each quiz** and **you must accumulate 60% of the available marks across all three quizzes to pass.**

Each quiz will cover the content of the previous weeks.

- Quiz one (1)-will cover content from weeks 1-3
- Quiz two (2)-will cover content from weeks 4-7
- Quiz three (3)-will cover content from weeks 8-11

If you are unsuccessful, you may be granted a re-attempt of the quiz in which the lowest marks were attained, after the final quiz is completed. Re-attempt is an opportunity for a student to re-attempt assessable work (excluding exams) for re-assessment, where the student previously submitted the work and failed the assessment task. Re-attempts usually occur before the certification of grades and are separate from supplementary assessments.

[Assessment Task Re-Attempt Guideline.](#)

Number of Quizzes

3

Frequency of Quizzes

Other

Assessment Due Date

Quizzes will be available to complete in weeks 4, 8 and 12. Dates and times can be found in Moodle within the Assessment Tile

Return Date to Students

Your result will be visible in Moodle post quiz completion

Weighting

Pass/Fail

Minimum mark or grade

Quiz marks are cumulative. To pass, students must achieve 60% of the 60 available marks.

Assessment Criteria

Each quiz will consist of 20 questions and you have 45 minutes to complete each quiz. You are allowed one (1) attempt

to complete each quiz, and you must accumulate 60% of the available marks across all three quizzes to pass.

Referencing Style

- [American Psychological Association 7th Edition \(APA 7th edition\)](#)

Submission

Online

Learning Outcomes Assessed

- Demonstrate the principles of the nursing process and the Nursing and Midwifery Board of Australia (NMBA) decision-making framework (DMF) (2020), using simulated modalities.
- Apply the NMBA registered nurse standards for practice (2016) in the provision of evidence based nursing care, using simulated modalities.

Academic Integrity Statement

As a CQUniversity student you are expected to act honestly in all aspects of your academic work.

Any assessable work undertaken or submitted for review or assessment must be your own work. Assessable work is any type of work you do to meet the assessment requirements in the unit, including draft work submitted for review and feedback and final work to be assessed.

When you use the ideas, words or data of others in your assessment, you must thoroughly and clearly acknowledge the source of this information by using the correct referencing style for your unit. Using others' work without proper acknowledgement may be considered a form of intellectual dishonesty.

Participating honestly, respectfully, responsibly, and fairly in your university study ensures the CQUniversity qualification you earn will be valued as a true indication of your individual academic achievement and will continue to receive the respect and recognition it deserves.

As a student, you are responsible for reading and following CQUniversity's policies, including the [Student Academic Integrity Policy and Procedure](#). This policy sets out CQUniversity's expectations of you to act with integrity, examples of academic integrity breaches to avoid, the processes used to address alleged breaches of academic integrity, and potential penalties.

What is a breach of academic integrity?

A breach of academic integrity includes but is not limited to plagiarism, self-plagiarism, collusion, cheating, contract cheating, and academic misconduct. The Student Academic Integrity Policy and Procedure defines what these terms mean and gives examples.

Why is academic integrity important?

A breach of academic integrity may result in one or more penalties, including suspension or even expulsion from the University. It can also have negative implications for student visas and future enrolment at CQUniversity or elsewhere. Students who engage in contract cheating also risk being blackmailed by contract cheating services.

Where can I get assistance?

For academic advice and guidance, the [Academic Learning Centre \(ALC\)](#) can support you in becoming confident in completing assessments with integrity and of high standard.

What can you do to act with integrity?

**Be Honest**

If your assessment task is done by someone else, it would be dishonest of you to claim it as your own

**Seek Help**

If you are not sure about how to cite or reference in essays, reports etc, then seek help from your lecturer, the library or the Academic Learning Centre (ALC)

**Produce Original Work**

Originality comes from your ability to read widely, think critically, and apply your gained knowledge to address a question or problem