



NURS12160 Acute Alterations in Health

Term 1 - 2022

Profile information current as at 07/02/2023 09:35 pm

All details in this unit profile for NURS12160 have been officially approved by CQU University and represent a learning partnership between the University and you (our student). The information will not be changed unless absolutely necessary and any change will be clearly indicated by an approved correction included in the profile.

General Information

Overview

Australians are living longer. Traditionally health care has been focused on acute illness. The number of people living with chronic disease is growing. This is an important intersection as many chronic illnesses begin as an acute alteration or can cause an acute alteration in health. Australia's National Health Priority Areas (NHPAs) are diseases and conditions given focused attention by government because they significantly contribute to the burden of illness and injury in the Australian community. In this unit, you will identify the NHPAs and explore their link to lifestyle factors such as obesity, insufficient physical activity, tobacco smoking, and alcohol use and their impact on acute health conditions. You will consider the nursing process required to support people with acute conditions or deterioration of people. You will examine factors to assist you in the early recognition of sepsis and determine the nursing role in each phase of the perioperative period. This unit provides the theoretical underpinning for NURS12161 Professional Experience Practice 2 and should be completed with or before NURS12161.

Details

Career Level: *Undergraduate*

Unit Level: *Level 2*

Credit Points: 6

Student Contribution Band: 7

Fraction of Full-Time Student Load: 0.125

Pre-requisites or Co-requisites

Pre-requisites: NURS11170 Professional Experience Placement 1 or NURS11161 Clinical Nursing Practice 1

Important note: Students enrolled in a subsequent unit who failed their pre-requisite unit, should drop the subsequent unit before the census date or within 10 working days of Fail grade notification. Students who do not drop the unit in this timeframe cannot later drop the unit without academic and financial liability. See details in the [Assessment Policy and Procedure \(Higher Education Coursework\)](#).

Offerings For Term 1 - 2022

- Online
- Rockhampton

Attendance Requirements

All on-campus students are expected to attend scheduled classes – in some units, these classes are identified as a mandatory (pass/fail) component and attendance is compulsory. International students, on a student visa, must maintain a full time study load and meet both attendance and academic progress requirements in each study period (satisfactory attendance for International students is defined as maintaining at least an 80% attendance record).

Website

[This unit has a website, within the Moodle system, which is available two weeks before the start of term. It is important that you visit your Moodle site throughout the term. Please visit Moodle for more information.](#)

Class and Assessment Overview

Recommended Student Time Commitment

Each 6-credit Undergraduate unit at CQUniversity requires an overall time commitment of an average of 12.5 hours of study per week, making a total of 150 hours for the unit.

Class Timetable

[Regional Campuses](#)

Bundaberg, Cairns, Emerald, Gladstone, Mackay, Rockhampton, Townsville

[Metropolitan Campuses](#)

Adelaide, Brisbane, Melbourne, Perth, Sydney

Assessment Overview

1. **Written Assessment**

Weighting: 40%

2. **Case Study**

Weighting: 40%

3. **Online Quiz(zes)**

Weighting: 20%

Assessment Grading

This is a graded unit: your overall grade will be calculated from the marks or grades for each assessment task, based on the relative weightings shown in the table above. You must obtain an overall mark for the unit of at least 50%, or an overall grade of 'pass' in order to pass the unit. If any 'pass/fail' tasks are shown in the table above they must also be completed successfully ('pass' grade). You must also meet any minimum mark requirements specified for a particular assessment task, as detailed in the 'assessment task' section (note that in some instances, the minimum mark for a task may be greater than 50%). Consult the [University's Grades and Results Policy](#) for more details of interim results and final grades.

CQUniversity Policies

All University policies are available on the [CQUniversity Policy site](#).

You may wish to view these policies:

- Grades and Results Policy
- Assessment Policy and Procedure (Higher Education Coursework)
- Review of Grade Procedure
- Student Academic Integrity Policy and Procedure
- Monitoring Academic Progress (MAP) Policy and Procedure – Domestic Students
- Monitoring Academic Progress (MAP) Policy and Procedure – International Students
- Student Refund and Credit Balance Policy and Procedure
- Student Feedback – Compliments and Complaints Policy and Procedure
- Information and Communications Technology Acceptable Use Policy and Procedure

This list is not an exhaustive list of all University policies. The full list of University policies are available on the [CQUniversity Policy site](#).

Previous Student Feedback

Feedback, Recommendations and Responses

Every unit is reviewed for enhancement each year. At the most recent review, the following staff and student feedback items were identified and recommendations were made.

Feedback from Student experience data

Feedback

The teaching style offered combined with the structure of the unit did not work well me.

Recommendation

This unit uses the flipped classroom approach. This will remain however content specific material will be delivered, in small lessons, with guided and self-directed learning material, to prepare students for online learning sessions. Prerecorded power point presentations are a new addition. The Moodle layout and presentation of learning materials is simplified using more headings to categorise learning material. The e-reading list has been reduced. A one-page quick look guide summarises the weekly learning content to meet the learning objectives. Students can use this as a checklist each week to review and revise their learning.

Feedback from Student experience data

Feedback

This unit would benefit from a better layout on Moodle and having recorded lectures - not only online sessions but mini lectures as well.

Recommendation

The Moodle tiles format will remain. The learning content is reorganised into lessons and interactive content. Checklists are provided for students to mark off learning content when completed. Prerecorded presentations have been included.

Feedback from Student experience data

Feedback

I gained a lot from the assessment focus zooms where we set out small achievable goals

Recommendation

The drop in sessions for the written assessment will remain however more of them will be offered each week.

Unit Learning Outcomes

On successful completion of this unit, you will be able to:

1. Identify the National Health Priority Areas (NHPA) and discuss their impact on a person's acute health status
2. Discuss socio-cultural and lifestyle issues that may predispose a person to an acute alteration in health
3. Identify factors associated with the early recognition of deteriorating patients in the acute care environment
4. Identify factors associated with the early recognition of sepsis in the acute care environment
5. Determine the nursing role in each phase of the perioperative period.

Content in this unit incorporates a number of professional nursing requirements

Nursing and Midwifery Board of Australia Registered Nurse Standards for Practice

Thinks critically and analyses nursing practice

Maintains the capability for practice

Develops a plan for nursing practice

Evaluates outcomes to inform nursing practice

Nursing and Midwifery Board of Australia Nursing Code of Conduct

Legal compliance

Person-centred practice

Cultural practice and respectful relationships

Professional behaviour

Research in health

Health and wellbeing

International Council of Nursing Code of Ethics for Nursing

Nurses and People

Nurses and Practice

Nurses and the Profession

Nurses and co-workers

National Safety and Quality Health Service Standards

Clinical governance

Partnering with consumers

Preventing and Controlling healthcare-associated infection

Medication safety

Comprehensive care

Communicating for safety

Recognising and responding to acute deterioration

Patient Safety Competency Framework

Person-centred care

Therapeutic communication

Cultural competence

Teamwork and collaborative practice

Clinical reasoning

Evidence-based practice

Preventing, minimising and responding to adverse events

Infection prevention and control

Medication safety

Aged Care Quality Standards

Consumer dignity and choice

Ongoing assessment and planning with consumers

Personal care and clinical care

Services and supports for daily living

Organisation's service environment

Alignment of Learning Outcomes, Assessment and Graduate Attributes



Alignment of Assessment Tasks to Learning Outcomes

Assessment Tasks	Learning Outcomes				
	1	2	3	4	5
1 - Written Assessment - 40%	•				•
2 - Case Study - 40%	•	•	•	•	
3 - Online Quiz(zes) - 20%	•	•	•	•	•

Alignment of Graduate Attributes to Learning Outcomes

Graduate Attributes	Learning Outcomes				
	1	2	3	4	5
1 - Communication					
2 - Problem Solving					
3 - Critical Thinking			•	•	•
4 - Information Literacy					
5 - Team Work					•
6 - Information Technology Competence			•	•	•
7 - Cross Cultural Competence					
8 - Ethical practice					
9 - Social Innovation					
10 - Aboriginal and Torres Strait Islander Cultures					

Textbooks and Resources

Textbooks

NURS12160

Prescribed

Skills in Clinical Nursing ebook

Edition: 1st (2020)

Authors: Berman, Synder, Levett-Jones et al

Pearson Education Australia

Sydney , NSW , Australia

ISBN: 9781486012572

Binding: eBook

NURS12160

Supplementary

Lemone and Burke's Medical Surgical nursing (Volume 1)

4th edition (2020)

Authors: Priscilla LeMone, , Gerene Bauldoff, , Paula Gubrud, , Margaret-Ann Carno, , Tracy Levett-Jones, , and Trudy Dwyer

Pearson

Sydney , NSW , Australia

ISBN: 9781488623288

Binding: eBook

Additional Textbook Information

Skills in Clinical Nursing by Berman (2nd edition) can be purchased either in paperback or eBook versions. If you have purchased the 1st edition in a previous unit, then you are able to use it.

Lemone and Burke's Medical Surgical Nursing is a reading accessible through the Library website.

Access is limited, so you may wish to purchase an eBook version which is available also at the CQUni Bookshop. Just click on the Check for eBook link at the

: <https://bookshop.cqu.edu.au/details.asp?ITEMNO=9781488623271>

IT Resources

You will need access to the following IT resources:

- CQUniversity Student Email
- Internet
- Unit Website (Moodle)
- Zoom app on your smart phone or access to Zoom on your laptop
- Computer with microphone

Referencing Style

All submissions for this unit must use the referencing style: [American Psychological Association 7th Edition \(APA 7th edition\)](#)

For further information, see the Assessment Tasks.

Teaching Contacts

Colleen Ryan Unit Coordinator

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Rachel Euler Unit Coordinator

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Adeniyi Adeleye Unit Coordinator

a.adeleye@cqu.edu.au

Schedule

Week 1 - 07 Mar 2022

Module/Topic	Chapter	Events and Submissions/Topic
Introduction to NHPA, Lifestyle factors and perioperative nursing roles		Topic 1 NPHA and lifestyle factors Topic 2 Perioperative nursing Virtual class

Week 2 - 14 Mar 2022

Module/Topic	Chapter	Events and Submissions/Topic
Introduction to NHPA, Lifestyle factors and perioperative nursing	Readings Learning activities	Topic 1 NPHA and lifestyle factors Topic 2 Perioperative nursing Virtual Class

Week 3 - 21 Mar 2022

Module/Topic	Chapter	Events and Submissions/Topic
Nursing care of a person experiencing an acute alteration in musculoskeletal health - arthritis including relevant lifestyle factors	Readings Learning activities	Nursing care of a person experiencing an acute alteration in musculoskeletal health - arthritis including relevant lifestyle factors Virtual Class Online learning session Module readings, videos and learning activities

Week 4 - 28 Mar 2022

Module/Topic	Chapter	Events and Submissions/Topic
Nursing care of a person experiencing an acute alteration in endocrine health- Diabetes Mellitus	Readings Learning activities	Assessment 1 is due Thursday March 31st 1100pm Virtual Class Module readings, videos and learning activities Assessment 1 Written assessment Due: Week 4 Thursday (31 Mar 2022) 11:00 pm AEST

Week 5 - 04 Apr 2022

Module/Topic	Chapter	Events and Submissions/Topic
Nursing care of person experiencing acute alteration in reproductive system- sexually transmitted infections including relevant lifestyle factors	Readings Learning activities	Virtual Class Module readings, videos and learning activities

Vacation Week - 11 Apr 2022

Module/Topic	Chapter	Events and Submissions/Topic

Week 6 - 18 Apr 2022

Module/Topic	Chapter	Events and Submissions/Topic
Nursing care of the person experiencing acute alterations in ear, eye and integumentary system - The National Health Priority Area- Injury Prevention and Control- burns and otitis media	Readings Learning activities	1. Virtual Class 2. Module readings, videos and learning activities

Week 7 - 25 Apr 2022

Module/Topic	Chapter	Events and Submissions/Topic

Nursing care of the person experiencing sepsis	Readings Learning activities	Virtual Class Module readings, videos and learning activities
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Week 8 - 02 May 2022

Module/Topic	Chapter	Events and Submissions/Topic
Nursing care of the person experiencing acute alterations in neurological health. The National Health Priority Area- Injury Prevention and Control - delirium	Readings Learning activities	Virtual Class Module readings, videos and learning activities

Week 9 - 09 May 2022

Module/Topic	Chapter	Events and Submissions/Topic
Nursing care of the person experiencing acute alterations in gastrointestinal health - obesity	Readings Learning activities	Virtual Class Module readings, videos and learning activities

Week 10 - 16 May 2022

Module/Topic	Chapter	Events and Submissions/Topic
Nursing care of the person experiencing acute alterations in kidney (renal) health including relevant lifestyle factors	Readings Learning activities	Assessment 2 due Thursday May 19th 1100pm Virtual Class Module readings, videos and learning activities Assessment 2 - Case Study Due: Week 10 Thursday (19 May 2022) 11:00 pm AEST

Week 11 - 23 May 2022

Module/Topic	Chapter	Events and Submissions/Topic
Nursing care of the person experiencing acute alterations in respiratory health	Readings Learning activities	Virtual Class Module readings, videos and learning activities

Week 12 - 30 May 2022

Module/Topic	Chapter	Events and Submissions/Topic
Nursing care of the person experiencing acute alterations in cardiovascular system	Readings Learning activities	Virtual Class Module readings, videos and learning activities

Review/Exam Week - 06 Jun 2022

Module/Topic	Chapter	Events and Submissions/Topic
Assessment 3 is open during this week	Complete Assessment 3 Quiz Part A - multi-choice questions and Part B - short answer questions	Online quiz opens Monday June 6 at 0900 closes Friday June 10th at 1700 Assessment 3 Online Quiz Due: Review/Exam Week Friday (10 June 2022) 5:00 pm AEST

Review/Exam Week - 06 Jun 2022

Module/Topic	Chapter	Events and Submissions/Topic
		Assessment 3 Online Quiz Due: Review/Exam Week Friday (10 June 2022) 5:00 pm AEST

Exam Week - 13 Jun 2022

Module/Topic	Chapter	Events and Submissions/Topic

Term Specific Information

This unit provides the theoretical underpinning for NURS12161 Professional Experience Practice 2 and should be completed with or before NURS12161.

This unit has three assessment items 2 are written and 1 is a quiz.

To pass this unit students must attempt all three assessment items.

Assessment Tasks

1 Assessment 1 Written assessment

Assessment Type

Written Assessment

Task Description

NURS12160 - Acute Alterations in Health Assessment 1 - Written piece

Due date: Thursday March 31st 2022, 2300 Hours (AEST), (Week 4)

Weighting: 40%

Words count: 800 words (+/- 10%)

Unit Coordinators: Colleen Ryan, Ade Adeleye, Rachel Euler

Learning Outcomes Assessed

1. Identify the National Health Priority Areas and discuss their impact on a person's acute health status
2. Determine the nursing role of each phase of the perioperative period

Aim

In this written piece you will demonstrate your understanding of the NHPA and how they impact acute alterations in a person's health status. You will also apply your understanding of the nursing perioperative roles to care of a patient experiencing acute alteration in health requiring surgery. Completing this assessment will allow you to deepen your understanding of these concepts to prepare you to provide safe and effective care to patients.

Scenario:

You are a second-year nursing student working in an emergency department of a regional hospital. It is 0700 and you are allocated to work with an RN who is caring for Jack Thomson, a 12-year-old boy brought in by ambulance after rolling his quad bike on the family farm early this morning. Jack's Xray shows a crush fracture to his lower leg for which he will need open reduction and internal fixation (ORIF) surgery. You are asked to prepare Jack for theatre and then accompany Jack to the theatre to observe the ORIF surgery. On completion of the surgery, you will care for Jack in the post-operative anaesthetic unit (PACU) with an RN preceptor. You will discharge Jack from the PACU and perform a handover, under direct supervision of your RN preceptor, to the nurses on the ward, who will be responsible for Jack's post operative recovery until he is discharged home.

Instructions

If you have not already done so, you must complete Module 1 in NURS12160 that includes **Topic 1 - Introduction to National Health Priority Areas and Topic 2: Introduction to perioperative nursing roles and the care of the patient undergoing surgery.**

Apply what you have learnt from Module 1 content and the learning activities, and your own research to answer the following questions.

1. Identify the National Health Priority Area(s) that best applies to Jack's cause

of acute alteration in health and explain why this condition is a National Health Priority Area (approximately 200 words).

2. Describe two perioperative nursing roles, introduced in Module 1, and how these relate to preparing, caring, or recovering Jack before, during or following surgery. You may choose any two roles that can be applied to any aspect of Jack's perioperative care (approximately 200 words).

3. Using one of your chosen perioperative nursing roles, outline and justify the actions the perioperative nurse will undertake when caring for Jack (approximately 400 words).

You are to support your responses with credible citations throughout.

Requirements

- Computer access with internet connection
- You may write in the first-person e.g. I, we, me, us
- This is not a reflective piece you will use formal academic language.
- Use the seventh edition American Psychological Association (APA) referencing and citation styles. The CQUniversity Academic Learning Centre has an online [APA Referencing Style Guide](#).
- The word count is considered from the first word of the introduction to the last word of the conclusion. The word count excludes the reference list but includes in-text references and direct quotations.

Resources

- You may use NURS12160 content and other credible sources (e.g., journal articles, books) to support your work. The quality and credibility of your citation sources are important.
- We recommend that you access your discipline specific [library guide](#): the [Nursing Resource Guide](#).
- For information on academic communication please go to the [Academic Learning Centre Moodle site](#). The [Academic Communication section](#) has many helpful resources including information for students with English as a second language.
- Submit a draft before the due date to review your Turnitin Similarity Score before making a final submission. [Instructions are available here](#).

Submission

Online in word format via Turnitin.

Results will be three weeks from submission date.

Assessment Due Date

Week 4 Thursday (31 Mar 2022) 11:00 pm AEST

Return Date to Students

Week 6 Friday (22 Apr 2022)

Weighting

40%

Assessment Criteria

Student name: Student Number:

HD 85-100%	D 75-84%	C 65-74%	P 50-64%	F <50%	Fail 0%	Marks
<p>Structure 20%</p> <p>Exceptional presentation with inclusion of all correct components. Consistently accurate with spelling, grammar and paragraph structure. Submitted through Turnitin. Assessment is at least 800 words but does not exceed 880 words. 17-20</p>	<p>Remarkable presentation with inclusion of all correct components. 1-2 errors with spelling, grammar and paragraph structure. Submitted through Turnitin. Assessment is at least 800 words but does not exceed 880 words. 15-16.9</p>	<p>Well-presented with inclusion of all correct components. 3-4 errors with spelling, grammar and paragraph structure. Submitted through Turnitin. Assessment is at least 800 words but does not exceed 880 words. 13-14.9</p>	<p>Well-presented with inclusion of all correct components. 5-6 errors with spelling, grammar and paragraph structure. Submitted through Turnitin. Assessment is at least 800 words but does not exceed 880 words. 10-12.9</p>	<p>Poorly presented. Required components are missing or not relevant to the task. More than 6 inaccuracies in spelling, grammar and paragraph structure. Submitted through Turnitin. Assessment is at least 800 words but does not exceed 880 words. 0-9.9</p>	<p>No written assessment evident. 0</p>	<p>/20</p>
<p>Citations and referencing 20%</p>						

Consistently accurate with in-text citations to support and reflect all ideas, factual information and quotations (no apparent missed citations). Accurate APA 7 th style referencing. No apparent errors. A minimum of 8 references included. 17-20	Mostly accurate with in-text citations to support and reflect all ideas, factual information and quotations (1 -2 missed citations). Mostly accurate APA 7 th style referencing. 1-2 consistent errors (may be made multiple times). A minimum of 7 references included. 15-16.9	Somewhat accurate with in-text citations o support and reflect all ideas, factual information and quotations (3-4 missed citations). Somewhat accurate APA 7 th style referencing 3 or 4 consistent errors (may be made multiple times) A minimum of 6 included references. 13-14.9	Occasionally accurate with in-text citations to support and reflect all ideas, factual information and quotations (5 consistently missed citations). Occasionally accurate APA 7 th style referencing. 5 consistent errors (made multiple times). A minimum of 4 included references. 10-12.9	Few to no apparent in-text citations to support and reflect all ideas, factual information and quotations (more than 5 consistently missed citations). APA 7 th referencing style is not apparent. More than 5 inaccuracies Less than 4 included references. 0-9.9	No citations or referencing evident. 0	/20
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Approach and Persuasive Discussion 60%						
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Comprehensively and extensively includes a detailed and persuasive explanation and discussion that addresses all four of the following assessment task requirements ·Identify the National Health Priority Area that best applies to the patient's cause of acute alteration in health. ·Explain why this condition is a National Health Priority Area. ·Describe two perioperative nursing roles, from Module 1. that can be applied to any aspect of the patient's perioperative care. ·Using one of your chosen perioperative nursing roles, outline and justify the actions the perioperative nurse will undertake when caring for the patient in this scenario. 25.5-30	Extensively includes a detailed and persuasive explanation and discussion that addresses all five of the following task requirements ·Identify the National Health Priority Area that best applies to the patient's cause of acute alteration in health. ·Explain why this condition is a National Health Priority Area. ·Describe two perioperative nursing roles, from Module 1. that can be applied to any aspect of the patient's perioperative care. ·Using one of your chosen perioperative nursing roles, outline and justify the actions the perioperative nurse will undertake when caring for the patient in this scenario. 22.5-25.4	Appropriately includes a detailed and persuasive explanation and discussion that addresses at least four of the following task requirements ·Identify the National Health Priority Area that best applies to the patient's cause of acute alteration in health. ·Explain why this condition is a National Health Priority Area. ·Describe two perioperative nursing roles, from Module 1. that can be applied to any aspect of the patient's perioperative care. ·Using one of your chosen perioperative nursing roles, outline and justify the actions the perioperative nurse will undertake when caring for the patient in this scenario. 19.5-22.4	Demonstrates some persuasive discussion and explanation that addresses at least three of the following task requirements ·Identify the National Health Priority Area that best applies to the patient's cause of acute alteration in health. ·Explain why this condition is a National Health Priority Area. ·Describe two perioperative nursing roles, from Module 1. that can be applied to any aspect of the patient's perioperative care. ·Using one of your chosen perioperative nursing roles, outline and justify the actions the perioperative nurse will undertake when caring for the patient in this scenario. 15-19.49	There is little evidence of a persuasive discussion and/or explanation that addresses at least two of the following task requirements ·Identify the National Health Priority Area that best applies to the patient's cause of acute alteration in health. ·Explain why this condition is a National Health Priority Area. ·Describe two perioperative nursing roles, from Module 1. that can be applied to any aspect of the patient's perioperative care. ·Using one of your chosen perioperative nursing roles, outline and justify the actions the perioperative nurse will undertake when caring for the patient in this scenario. 0-14.9	No approach or persuasive argument evident. 0	/30
The information presented is excellent and perfectly aligned to the assessment task. The approach logically and comprehensively applies all required components of the assessment. 25.5-30	The information presented is well developed and aligns well to the assessment task. The approach logically and adequately applies at least seven of the required components of the assessment. 22.5-25.4	The information presented is appropriate and aligns to the assessment task. The approach logically and appropriately applies at least six of the required components of the assessment. 19.5- 22.4	The information presented somewhat aligns with the assessment task. The approach sometimes logically and appropriately applies at least five of the required components of the assessment task.15- 19.49	The information presented lacks alignment with the assessment task. There is no apparent logical approach that applies any of the components of the assessment task. 0-14.9	No information presented aligns to the assessment task. 0	/30

Mark/100

Justification of marks deducted:

Structure

Citations and referencing

Approach and persuasive discussion

Referencing Style

- [American Psychological Association 7th Edition \(APA 7th edition\)](#)

Submission

Online

Submission Instructions

Online via Moodle assessment portal

Learning Outcomes Assessed

- Identify the National Health Priority Areas (NHPA) and discuss their impact on a person's acute health status
- Determine the nursing role in each phase of the perioperative period.

2 Assessment 2 - Case Study

Assessment Type

Case Study

Task Description

NURS 12160 Term 1- 2022

ACUTE ALTERATIONS IN HEALTH

Assessment 2 - Case Study

Type: Case study

Due date: 2300 (AEST) Thursday May 19th (Week 10)

Weighting: 40%

Length: Minimum 1200- Maximum 1500 words

Unit Coordinator: Colleen Ryan, Ade Adeleye, Rachel Euler

Learning Outcomes Assessed

- Identify the National Health Priority Areas (NHPA) and discuss their impact on a person's health status
- Discuss socio-cultural and lifestyle issues that may predispose a person to an alteration in health
- Identify factors associated with the early recognition of deteriorating patients
- Identify factors associated with the early recognition of sepsis in the acute care environment

Aim

This case study assessment will assist you in application to practice of the concepts you have learnt in NURS12160.

Instructions

You must watch the video of an interview with Justin in NURS12160 Module 8 learning activity 8.2.1 to understand Justin's conditions, acute deterioration and lifestyle factors.

In this assessment task you will prepare a case study examining Justin Davies' recent acute alterations in health and the impact of Justin's lifestyle habits on the acute alteration. You will also create identify how

Justin will deteriorate if he is unable to manage his current lifestyle habits including relating any potential deterioration to a risk of sepsis for Justin. Case studies are regularly used in nursing education to educate staff (professional development) and for introducing policy, procedures and sharing evaluative data. Case studies can be written word documents, as in this case, or PowerPoint presentations. Preparing an engaging, interesting and educational patient case study requires some thoughtful planning and therefore is a useful skill for you to learn.

Step 1: Introduction (guide 150 words)

Introduce the presenting case. Begin with the patient's (Justin's) details, name, gender, age, and presenting health condition as well as the acute alteration(s) in health impacting the patient (Justin's) health condition.

Name the NHPA Justin's acute alteration falls under.

Introduce the importance of preventing further deterioration in Justin's condition.

Step 2: Body (guide 500 words)

Provide evidence showing how the NHPA related to Justin's condition (s) impacts a person's health status in Australia.

Describe the signs and symptoms you might expect to see in a deteriorating patient presenting with Justin's condition (s).

Describe and explain how any of the lifestyle factors of alcohol, tobacco, insufficient exercise or obesity are impacting Justin's acute alterations in health.

Discuss how Justin might continue to deteriorate if he is not able to manage or overcome the lifestyle factors impacting his acute alterations in health.

Identify signs and symptoms of sepsis that may relate to Justin's condition (s) if he continues to deteriorate further.

Step 6: Conclusion (guide 100 words)

Provide a paragraph concluding your case study and conveying the most important points of the case study to the reader. Think about what you want the reader to take away with them from this case study.

Step 7: References (no more than 15 and no less than 6)

Requirements for literature, referencing and formatting

Resources

- You can use unit provided materials to reference your case study.
- You may also draw on assessments previously submitted however do not self-plagiarise as this will be considered academic misconduct that may attract penalties.
- We recommend that you access your discipline specific [library guide](#): the Nursing and Midwifery Guide.
- For information on academic communication please go to the [Academic Learning Centre Moodle site](#). The [Academic Communication section](#) has many helpful resources including information for students with English as a second language.
- Attend the weekly drop-in sessions to work on your assessment. See Virtual classes timetable in the Moodle site for the drop-in times.
- Submit a draft before the due date to review your Turnitin Similarity Score before making a final submission. [Instructions are available here](#).

Submission

Online in word format via Turnitin.

Results will be three weeks from submission date

Assessment Due Date

Week 10 Thursday (19 May 2022) 11:00 pm AEST

Return Date to Students

Review/Exam Week Friday (10 June 2022)

Weighting

40%

Assessment Criteria

Student name: Student Number:

HD 85-100%

D 75-84%

C 65-74%

P 50-64%

F <50%

Fail 0% Marks

Structure 20%

Exceptional presentation of a case study with inclusion of all correct components. Consistently accurate with spelling, grammar and paragraph structure. Case study submitted through Turnitin. Case study is at least 1200 words but does not exceed 1500 words 17-20	Remarkable presentation of case study with inclusion of all correct components. 1-2 errors with spelling, grammar and paragraph structure. Case study submitted through Turnitin. Case study is at least 1200 words but does not exceed 1500 words 15-16.9	Well-presented case study with inclusion of all correct components. 3-4 errors with spelling, grammar and paragraph structure. Case study submitted through Turnitin. Case study is at least 1200 words but does not exceed 1500 words 13-14.9	Well-presented case study with inclusion of all correct components. 5-6 errors with spelling, grammar and paragraph structure. Case study submitted through Turnitin. Case study is at least 1200 words but does not exceed 1500 words. 10-12.9	Poorly presented case study. Not all required components are included. More than 6 inaccuracies in spelling, grammar or paragraph structure are apparent. The included information is not relevant to the content. Case study not submitted through Turnitin. Case study is less than 1200 words or exceeds 1500 words. 0-9.9	No case study included 0 /20
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Citations and referencing 10%

Consistently accurate with in-text citations to support and reflect all ideas, factual information and quotations (no apparent missed citations) Accurate APA 7 th style referencing. No apparent errors. A minimum of 8 references included 17-20	Mostly accurate with in-text citations to support and reflect all ideas, factual information and quotations (1-2 missed citations) Mostly accurate APA 7 th style referencing. 1-2 consistent errors (may be made multiple times). A minimum of 7 references included 15-16.9	Somewhat accurate with in-text citations to support and reflect all ideas, factual information and quotations (3-4 missed citations). Somewhat accurate APA 7 th style referencing 3 or 4 consistent errors (may be made multiple times) A minimum of 6 included references. 13-14.9	Occasionally accurate with in-text citations to support and reflect all ideas, factual information and quotations (5 consistently missed citations). Occasionally accurate APA 7 th style referencing. 5 consistent errors (made multiple times). A minimum of 6 included references. 10-12.9	Few to no apparent in-text citations to support and reflect all ideas, factual information and quotations (more than 5 consistently missed citations). APA 7 th referencing style is not apparent. More than 5 inaccuracies Less than 6 included references. 0-9.9	No citations or reference list included 0 /20
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Persuasive explanation and discussion 60%

Comprehensively and extensively includes a detailed and persuasive explanation and discussion that: <ul style="list-style-type: none"> ·Introduces the case ·Provides evidence showing how the NHPA related to Justin's condition (s) impacts a person's health status in Australia. ·Describes the signs and symptoms you might expect to see in a deteriorating patient presenting with Justin's condition (s). ·Describes and explains how any of the lifestyle factors of alcohol, tobacco, insufficient exercise or obesity are impacting Justin's presenting acute alteration in health. ·Discusses how Justin might continue to deteriorate if he is not able to manage or overcome the lifestyle factors impacting his acute alteration in health. ·Identify signs and symptoms of sepsis that may relate to Justin's condition if he continues to deteriorate further. ·Conclusion is evident 51-60 	Extensively includes a detailed and persuasive explanation and discussion that: <ul style="list-style-type: none"> ·Introduces the case ·Provides evidence showing how the NHPA related to Justin's condition (s) impacts a person's health status in Australia. ·Describes the signs and symptoms you might expect to see in a deteriorating patient presenting with Justin's condition (s). ·Describes and explains how any of the lifestyle factors of alcohol, tobacco, insufficient exercise or obesity are impacting Justin's presenting acute alteration in health. ·Discusses how Justin might continue to deteriorate if he is not able to manage or overcome the lifestyle factors impacting his acute alteration in health. ·Identify signs and symptoms of sepsis that may relate to Justin's condition if he continues to deteriorate further. ·Conclusion is evident 45-50.9 	Appropriately includes a detailed and persuasive explanation and discussion that: <ul style="list-style-type: none"> ·Introduces the case ·Provides evidence showing how the NHPA related to Justin's health status in Australia. ·Describes the signs and symptoms you might expect to see in a deteriorating patient presenting with Justin's condition (s). ·Describes and explains how any of the lifestyle factors of alcohol, tobacco, insufficient exercise or obesity are impacting Justin's presenting acute alteration in health. ·Discusses how Justin might continue to deteriorate if he is not able to manage or overcome the lifestyle factors impacting his acute alteration in health. ·Identify signs and symptoms of sepsis that may relate to Justin's condition if he continues to deteriorate further. ·Conclusion is evident 49.9-44.4 	Demonstrates some persuasive discussion and explanation that <ul style="list-style-type: none"> ·Introduces the case ·Provides evidence showing how the NHPA related to Justin's condition (s) impacts a person's health status in Australia. ·Describes the signs and symptoms you might expect to see in a deteriorating patient presenting with Justin's condition (s). ·Describes and explains how any of the lifestyle factors of alcohol, tobacco, insufficient exercise or obesity are impacting Justin's presenting acute alteration in health. ·Discusses how Justin might continue to deteriorate if he is not able to manage or overcome the lifestyle factors impacting his acute alteration in health. ·Identify signs and symptoms of sepsis that may relate to Justin's condition if he continues to deteriorate further. ·Conclusion is somewhat evident 30-44.3 	There is little evidence of a persuasive discussion and/or explanation that: <ul style="list-style-type: none"> ·Introduces the case ·Provides evidence showing how the NHPA related to Justin's condition (s) impacts a person's health status in Australia. ·Describes the signs and symptoms you might expect to see in a deteriorating patient presenting with Justin's condition (s). ·Describes and explains how any of the lifestyle factors of alcohol, tobacco, insufficient exercise or obesity are impacting Justin's presenting acute alteration in health. ·Discusses how Justin might continue to deteriorate if he is not able to manage or overcome the lifestyle factors impacting his acute alteration in health. ·Identify signs and symptoms of sepsis that may relate to Justin's condition if he continues to deteriorate further. ·Conclusion is not evident 0-29.9 	No detailed discussion and explanation included 0 /60
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Mark/100

Justification of marks deducted:

Structure

Citations and referencing

Approach and persuasive discussion

Referencing Style

- [American Psychological Association 7th Edition \(APA 7th edition\)](#)

Submission

Online

Learning Outcomes Assessed

- Identify the National Health Priority Areas (NHPA) and discuss their impact on a person's acute health status
- Discuss socio-cultural and lifestyle issues that may predispose a person to an acute alteration in health
- Identify factors associated with the early recognition of deteriorating patients in the acute care environment
- Identify factors associated with the early recognition of sepsis in the acute care environment

3 Assessment 3 Online Quiz

Assessment Type

Online Quiz(zes)

Task Description

Quiz

NURS12160 Term 1, 202 2

Acute alterations in health

Type: Online quiz - Part A and Part B

Quiz Opens: 9am (AEST) Monday 6 June (Week 13)

Quiz Closes: 5pm (AEST) Friday 10th June (Week 13)

Weighting: 20%

Learning Outcomes Assessed

1. Identify the National Health Priority Areas (NHPA) and discuss their impact on a person's health status
2. Discuss socio-cultural and lifestyle issues that may predispose a person to an alteration in health (tobacco, alcohol, obesity and insufficient exercise)
3. Identify factors associated with the early recognition of deteriorating patients
4. Identify factors associated with the early recognition of sepsis
5. Determine the nursing role in each phase of the perioperative period.

Aim

The aim of this assessment is to enhance your critical thinking and knowledge for caring for a person experiencing acute alterations in health related to the Australian National Health Priority Areas. For Part A, you will be randomly assigned 35 short answer multi-choice questions and each worth 1 mark

For Part B you will be randomly assigned 3 short answer questions, each worth 5 marks.

Each question will require 3-5 sentences to achieve full marks.

All questions relate to the learning content in the lessons, learning activities and weekly virtual classes in NURS12160.

Instructions

You are to complete the quiz in the allotted time and dates. Please note the following:

1. You are only permitted one attempt at Quiz Part A and Part B.
2. Your allotted time to complete Quiz Part A is 60mins
3. Your allocated time to complete Quiz Part B is 60 mins.
4. If you have not completed the quizzes in the allocated time they will close.
5. Please make sure you undertake the quiz at a time that you will NOT be interrupted to give yourself the best chance to achieve full marks.

Any issues with internet connection or IT issues please let the coordinators know straight away and if possible, take a screenshot or picture on your phone and send it to the coordinators so we can assist you to manage and get you back on track.

Number of Quizzes**Frequency of Quizzes****Assessment Due Date**

Review/Exam Week Friday (10 June 2022) 5:00 pm AEST

Return Date to Students**Weighting**

20%

Assessment Criteria

Part A quiz is automatically marked

Part B quiz will be manually marked by unit coordinators using information directly taken from the Moodle content and learning activities

Referencing Style

- [American Psychological Association 7th Edition \(APA 7th edition\)](#)

Submission

Online

Learning Outcomes Assessed

- Identify the National Health Priority Areas (NHPA) and discuss their impact on a person's acute health status
- Discuss socio-cultural and lifestyle issues that may predispose a person to an acute alteration in health
- Identify factors associated with the early recognition of deteriorating patients in the acute care environment
- Identify factors associated with the early recognition of sepsis in the acute care environment
- Determine the nursing role in each phase of the perioperative period.

Academic Integrity Statement

As a CQUniversity student you are expected to act honestly in all aspects of your academic work.

Any assessable work undertaken or submitted for review or assessment must be your own work. Assessable work is any type of work you do to meet the assessment requirements in the unit, including draft work submitted for review and feedback and final work to be assessed.

When you use the ideas, words or data of others in your assessment, you must thoroughly and clearly acknowledge the source of this information by using the correct referencing style for your unit. Using others' work without proper acknowledgement may be considered a form of intellectual dishonesty.

Participating honestly, respectfully, responsibly, and fairly in your university study ensures the CQUniversity qualification you earn will be valued as a true indication of your individual academic achievement and will continue to receive the respect and recognition it deserves.

As a student, you are responsible for reading and following CQUniversity's policies, including the [Student Academic Integrity Policy and Procedure](#). This policy sets out CQUniversity's expectations of you to act with integrity, examples of academic integrity breaches to avoid, the processes used to address alleged breaches of academic integrity, and potential penalties.

What is a breach of academic integrity?

A breach of academic integrity includes but is not limited to plagiarism, self-plagiarism, collusion, cheating, contract cheating, and academic misconduct. The Student Academic Integrity Policy and Procedure defines what these terms mean and gives examples.

Why is academic integrity important?

A breach of academic integrity may result in one or more penalties, including suspension or even expulsion from the University. It can also have negative implications for student visas and future enrolment at CQUniversity or elsewhere. Students who engage in contract cheating also risk being blackmailed by contract cheating services.

Where can I get assistance?

For academic advice and guidance, the [Academic Learning Centre \(ALC\)](#) can support you in becoming confident in completing assessments with integrity and of high standard.

What can you do to act with integrity?



Be Honest

If your assessment task is done by someone else, it would be dishonest of you to claim it as your own



Seek Help

If you are not sure about how to cite or reference in essays, reports etc, then seek help from your lecturer, the library or the Academic Learning Centre (ALC)



Produce Original Work

Originality comes from your ability to read widely, think critically, and apply your gained knowledge to address a question or problem