

In Progress

Please note that this Unit Profile is still in progress. The content below is subject to change.



NUTR13001 *Public Health Nutrition*

Term 1 - 2027

Profile information current as at 07/09/2026 08:52 pm

All details in this unit profile for NUTR13001 have been officially approved by CQUniversity and represent a learning partnership between the University and you (our student). The information will not be changed unless absolutely necessary and any change will be clearly indicated by an approved correction included in the profile.

General Information

Overview

This unit provides a critical and practical exploration of contemporary public health nutrition, addressing the complex socioecological, cultural, and systemic factors that influence food supply, food security, and population health in Australia and globally. Students will develop advanced skills to critically evaluate existing policies and regulatory frameworks, including the application of national nutrition guidelines and food standards. A key focus is placed on promoting equity and ensuring culturally safe practice when analysing and addressing nutritional issues in diverse and vulnerable communities, particularly among Aboriginal and Torres Strait Islander peoples. Practical application is emphasised through conducting data analysis on consumption trends and learning to design, implement, and evaluate evidence-based community nutrition promotion initiatives. The unit culminates in the ability to communicate professional research and strategies to foster healthier food environments and drive positive public health change.

Details

Career Level: *Undergraduate*

Unit Level: *Level 3*

Credit Points: 6

Student Contribution Band: 8

Fraction of Full-Time Student Load: 0.125

Pre-requisites or Co-requisites

Prerequisite: NUTR12002 or NUTR12001

Important note: Students enrolled in a subsequent unit who failed their pre-requisite unit, should drop the subsequent unit before the census date or within 10 working days of Fail grade notification. Students who do not drop the unit in this timeframe cannot later drop the unit without academic and financial liability. See details in the [Assessment Policy and Procedure \(Higher Education Coursework\)](#).

Offerings For Term 1 - 2027

- Online

Attendance Requirements

All on-campus students are expected to attend scheduled classes – in some units, these classes are identified as a mandatory (pass/fail) component and attendance is compulsory. International students, on a student visa, must maintain a full time study load and meet both attendance and academic progress requirements in each study period (satisfactory attendance for International students is defined as maintaining at least an 80% attendance record).

Website

This unit has a website, within the Moodle system, which is available two weeks before the start of term. It is important that you visit your Moodle site throughout the term. Please visit Moodle for more information.

Class and Assessment Overview

Information for Class and Assessment Overview has not been released yet.
This information will be available on Monday 11 January 2027

CQUniversity Policies

All University policies are available on the [CQUniversity Policy site](#).

You may wish to view these policies:

- Grades and Results Policy
- Assessment Policy and Procedure (Higher Education Coursework)
- Review of Grade Procedure
- Student Academic Integrity Policy and Procedure
- Academic Progression Policy and Procedure
- Student Refund and Credit Balance Policy and Procedure
- Complaints Policy and Procedure
- Information and Communications Technology Acceptable Use Policy and Procedure

This list is not an exhaustive list of all University policies. The full list of University policies are available on the [CQUniversity Policy site](#).

Previous Student Feedback

Feedback, Recommendations and Responses

Every unit is reviewed for enhancement each year. At the most recent review, the following staff and student feedback items were identified and recommendations were made.

Feedback from Unit Coordinator and Head of Course self reflection, SUTE feedback.

Feedback

The unit's learning content, structure, and assessment tasks may require revision to better align with student learning needs, with consideration given to updating topics and incorporating alternative areas if appropriate.

Recommendation

Consider reviewing the unit's weekly content delivery, overall structure, and assessment tasks to ensure they align with student learning needs. This may include revising weekly learning booklets, updating lecture materials, and incorporating alternative or updated assessment topics where appropriate.

Feedback from Unit Coordinator and SUTE feedback.

Feedback

Students valued the applied nature of the assessment tasks, particularly the opportunity to collect and analyse real data. They noted that preparing a written report and oral presentation based on their own findings enhanced their understanding and supported the development of practical, transferable skills.

Recommendation

Maintain the applied focus of assessment tasks, ensuring students continue to engage in data collection, analysis, and presentation activities that build practical skills and reinforce real-world application of knowledge.

Unit Learning Outcomes

Information for Unit Learning Outcomes has not been released yet.
This information will be available on Monday 11 January 2027

Alignment of Learning Outcomes, Assessment and Graduate Attributes

Information for Alignment of Learning Outcomes, Assessment and Graduate Attributes has not been released yet.
This information will be available on Monday 11 January 2027

Textbooks and Resources

Information for Textbooks and Resources has not been released yet.
This information will be available on Monday 15 February 2027

Academic Integrity Statement

Information for Academic Integrity Statement has not been released yet.
This unit profile has not yet been finalised.