



OCHS11026 *Introductory Occupational Health and Safety*

Term 1 - 2018

Profile information current as at 14/12/2025 08:08 am

All details in this unit profile for OCHS11026 have been officially approved by CQU University and represent a learning partnership between the University and you (our student). The information will not be changed unless absolutely necessary and any change will be clearly indicated by an approved correction included in the profile.

General Information

Overview

This unit provides an overview of occupational health and safety as a discipline. Students will trace the history and development of the discipline and develop an appreciation of the impact of the occupational environment on the health and safety of individuals. Students will examine the costs and benefits of strategies to prevent occupational injury and illness and be introduced to the different specialities within the OHS discipline.

Details

Career Level: *Undergraduate*

Unit Level: *Level 1*

Credit Points: 6

Student Contribution Band: 8

Fraction of Full-Time Student Load: 0.125

Pre-requisites or Co-requisites

There are no requisites for this unit.

Important note: Students enrolled in a subsequent unit who failed their pre-requisite unit, should drop the subsequent unit before the census date or within 10 working days of Fail grade notification. Students who do not drop the unit in this timeframe cannot later drop the unit without academic and financial liability. See details in the [Assessment Policy and Procedure \(Higher Education Coursework\)](#).

Offerings For Term 1 - 2018

- Adelaide
- Brisbane
- Bundaberg
- Distance
- Gladstone
- Mackay
- Melbourne
- Perth
- Rockhampton
- Sydney

Attendance Requirements

All on-campus students are expected to attend scheduled classes – in some units, these classes are identified as a mandatory (pass/fail) component and attendance is compulsory. International students, on a student visa, must maintain a full time study load and meet both attendance and academic progress requirements in each study period (satisfactory attendance for International students is defined as maintaining at least an 80% attendance record).

Website

[This unit has a website, within the Moodle system, which is available two weeks before the start of term. It is important that you visit your Moodle site throughout the term. Please visit Moodle for more information.](#)

Class and Assessment Overview

Recommended Student Time Commitment

Each 6-credit Undergraduate unit at CQUniversity requires an overall time commitment of an average of 12.5 hours of study per week, making a total of 150 hours for the unit.

Class Timetable

[Regional Campuses](#)

Bundaberg, Cairns, Emerald, Gladstone, Mackay, Rockhampton, Townsville

[Metropolitan Campuses](#)

Adelaide, Brisbane, Melbourne, Perth, Sydney

Assessment Overview

1. **Online Quiz(zes)**

Weighting: 40%

2. **Written Assessment**

Weighting: 20%

3. **Written Assessment**

Weighting: 40%

Assessment Grading

This is a graded unit: your overall grade will be calculated from the marks or grades for each assessment task, based on the relative weightings shown in the table above. You must obtain an overall mark for the unit of at least 50%, or an overall grade of 'pass' in order to pass the unit. If any 'pass/fail' tasks are shown in the table above they must also be completed successfully ('pass' grade). You must also meet any minimum mark requirements specified for a particular assessment task, as detailed in the 'assessment task' section (note that in some instances, the minimum mark for a task may be greater than 50%). Consult the [University's Grades and Results Policy](#) for more details of interim results and final grades.

CQUniversity Policies

All University policies are available on the [CQUniversity Policy site](#).

You may wish to view these policies:

- Grades and Results Policy
- Assessment Policy and Procedure (Higher Education Coursework)
- Review of Grade Procedure
- Student Academic Integrity Policy and Procedure
- Monitoring Academic Progress (MAP) Policy and Procedure – Domestic Students
- Monitoring Academic Progress (MAP) Policy and Procedure – International Students
- Student Refund and Credit Balance Policy and Procedure
- Student Feedback – Compliments and Complaints Policy and Procedure
- Information and Communications Technology Acceptable Use Policy and Procedure

This list is not an exhaustive list of all University policies. The full list of University policies are available on the [CQUniversity Policy site](#).

Previous Student Feedback

Feedback, Recommendations and Responses

Every unit is reviewed for enhancement each year. At the most recent review, the following staff and student feedback items were identified and recommendations were made.

Feedback from Student Unit Evaluations via Have Your Say

Feedback

Students liked the use of the Scoop It platform for Assessment 1 OHS Quests.

Recommendation

Keep the use of the Scoop It platform for Assessment 1 OHS Quests.

Feedback from Student Unit Evaluations via Have Your Say

Feedback

Students found the unit content and number of assessments appropriate for an Introductory OHS course.

Recommendation

Keep the current unit assessments and structure which supports students foundational knowledge learning.

Unit Learning Outcomes

On successful completion of this unit, you will be able to:

1. Trace the history and development of occupational health and safety.
2. Identify the essential elements of occupational health and safety.
3. Describe the impact of occupational injury and disease on individuals, organisations and society.
4. Source risk management and prevention guidance material.
5. Construct a reflective mind map related to occupational health and safety topics.

Alignment of Learning Outcomes, Assessment and Graduate Attributes



Alignment of Assessment Tasks to Learning Outcomes

Assessment Tasks	Learning Outcomes				
	1	2	3	4	5
1 - Online Quiz(zes) - 40%	•	•	•	•	
2 - Written Assessment - 20%	•	•	•	•	•
3 - Written Assessment - 40%	•	•	•		

Alignment of Graduate Attributes to Learning Outcomes

Graduate Attributes	Learning Outcomes				
	1	2	3	4	5
1 - Communication	•	•	•	•	•

Graduate Attributes	Learning Outcomes				
	1	2	3	4	5
2 - Problem Solving				•	•
3 - Critical Thinking	•	•	•	•	•
4 - Information Literacy			•	•	•
5 - Team Work					
6 - Information Technology Competence		•	•	•	
7 - Cross Cultural Competence	•		•		•
8 - Ethical practice	•		•		•
9 - Social Innovation					
10 - Aboriginal and Torres Strait Islander Cultures					

Alignment of Assessment Tasks to Graduate Attributes

Assessment Tasks	Graduate Attributes									
	1	2	3	4	5	6	7	8	9	10
1 - Online Quiz(zes) - 40%	•	•	•			•	•	•		
2 - Written Assessment - 20%	•		•	•		•	•	•		
3 - Written Assessment - 40%	•	•	•				•	•		

Textbooks and Resources

Textbooks

There are no required textbooks.

Additional Textbook Information

The Core Body of Knowledge for Generalist OHS Professionals is available to download for non-commercial purposes. Students are free to download and print single copies (ONLY) from the web site for their own professional use available at: <http://www.ohsbok.org.au/>

IT Resources

You will need access to the following IT resources:

- CQUniversity Student Email
- Internet
- Unit Website (Moodle)

Referencing Style

All submissions for this unit must use the referencing style: [Harvard \(author-date\)](#)
For further information, see the Assessment Tasks.

Teaching Contacts

Ryan Kift Unit Coordinator
r.kift@cqu.edu.au

Schedule

Week 1 - 05 Mar 2018

Module/Topic	Chapter	Events and Submissions/Topic
Introduction The Generalist OHS Professional Global Work	All Chapters are from the OHS Body of Knowledge Chapter 3 Chapter 4	Read the chapters before the lecture each week

Week 2 - 12 Mar 2018

Module/Topic	Chapter	Events and Submissions/Topic
The Extent of the OHS Problem Global Safety Global Health	Chapter 5 Chapter 6	Start OHS Quest 1

Week 3 - 19 Mar 2018

Module/Topic	Chapter	Events and Submissions/Topic
The Organisation Organisational Culture	Chapter 10 Chapter 10.2	OHS Quest 1 due (Friday 11:45pm)

Week 4 - 26 Mar 2018

Module/Topic	Chapter	Events and Submissions/Topic
Systems How to - Harvard Referencing Style	Chapter 11 CQUniversity Harvard Referencing Style Guide	Start OHS Quest 2

Week 5 - 02 Apr 2018

Module/Topic	Chapter	Events and Submissions/Topic
Humans	Chapter 12 Chapter 13 Chapter 14	OHS Quest 2 due (Friday 11:45pm)

Vacation Week - 09 Apr 2018

Module/Topic	Chapter	Events and Submissions/Topic
Vacation Week		

Week 6 - 16 Apr 2018

Module/Topic	Chapter	Events and Submissions/Topic
Socio-Political Context	Chapter 8 Chapter 8.2 Chapter 9	Start OHS Quest 3 Written Assessment - Mind Map Due: Week 6 Friday (20 Apr 2018) 11:45 pm AEST

Week 7 - 23 Apr 2018

Module/Topic	Chapter	Events and Submissions/Topic
Hazards as a Concept Risk	Chapter 15 Chapter 31	OHS Quest 3 due (Friday 11:45pm)

Week 8 - 30 Apr 2018

Module/Topic	Chapter	Events and Submissions/Topic
Control Prevention and Intervention User centric safe design approach to control	Chapter 34 Chapter 34.1	Start OHS Quest 4

Week 9 - 07 May 2018

Module/Topic	Chapter	Events and Submissions/Topic
Academic Writing - How to Succeed Journal Searching What is Plagiarism?	CQUniversity Resources	OHS Quest 4 due (Friday 11:45pm) OHS Professional Practice Quests Due: Week 9 Monday (7 May 2018) 11:45 pm AEST

Week 10 - 14 May 2018

Module/Topic	Chapter	Events and Submissions/Topic
Models of Causation -Safety Models of Causation - Health determinants	Chapter 32 Chapter 33	

Week 11 - 21 May 2018

Module/Topic	Chapter	Events and Submissions/Topic
Introduction to Practice as a Concept Model of OHS Practice	Chapter 37 Chapter 38	Written Assessment - The Impact of Occupational Injury and Disease Due: Week 11 Friday (25 May 2018) 11:45 pm AEST

Week 12 - 28 May 2018

Module/Topic	Chapter	Events and Submissions/Topic
Wrap Up and Reflection		

Review/Exam Week - 04 Jun 2018

Module/Topic	Chapter	Events and Submissions/Topic
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Exam Week - 11 Jun 2018

Module/Topic	Chapter	Events and Submissions/Topic
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Term Specific Information

There is no prescribed text book for this unit. This unit uses the Core Body of Knowledge for Generalist OHS Professionals which is available as a download for non-commercial purposes. Students are free to download and print single copies (ONLY) from the web site for their own professional use, available at: <http://www.ohsbok.org.au/>.

To pass this unit students must complete and lodge via the Moodle site Assessments 1, 2 and 3 (all three assessments must be attempted) and receive an overall unit score greater than 50%.

Assessment Tasks

1 OHS Professional Practice Quests

Assessment Type

Online Quiz(zes)

Task Description

Details: An important step in developing your knowledge in the area of OHS in this unit is to take you on a journey into the world of OHS practice, its history, essential elements, its importance and how you as an OHS practitioner can develop your skills and critical thinking in this area. This assessment will include 3 OHS specific professional practice quests and 1 reflective OHS professional survey quest.

Each of the four quests are worth 10%, for a total of 40% for Assessment 1.

Details of each of the OHS Quests will be made available via the Moodle site as a staggered approach with students have to complete set tasks by set dates on a fortnightly basis.

Number of Quizzes

4

Frequency of Quizzes

Fortnightly

Assessment Due Date

Week 9 Monday (7 May 2018) 11:45 pm AEST

Four (4) OHS Quests

Return Date to Students

Week 10 Monday (14 May 2018)

The four Individual quests will be marked and returned as they are completed.

Weighting

40%

Assessment Criteria

Assessment Criteria: As a general rule assessment criteria for the Assessment 1, Quests 1 to 3 are: 1. Communication of critical thinking and key ideas (50%), 2. Deliver the required content for the quest and where applicable use information to support sound reasoning when answering the quest/s (40%), 3. Correct use of grammar, spelling and language to convey thoughts and key points ethically and to a wide cross cultural audience (10%.) The Quest 4 Reflective Survey will be marked slightly differently and will cover the ability to 1. Critically reflect on and answer key questions of the quest in relation to your OHS profession learning journey across the term (80%) and 2. Demonstrate an ability to self-assess your OHS knowledge and skills, level of professional capabilities, as measured by the OHS Professional Capabilities Framework (20%). A detailed marking matrix will be presented to students via the Moodle site.

Referencing Style

- [Harvard \(author-date\)](#)

Submission

Online

Learning Outcomes Assessed

- Trace the history and development of occupational health and safety.
- Identify the essential elements of occupational health and safety.
- Describe the impact of occupational injury and disease on individuals, organisations and society.
- Source risk management and prevention guidance material.

Graduate Attributes

- Communication
- Problem Solving
- Critical Thinking
- Information Technology Competence
- Cross Cultural Competence
- Ethical practice

2 Written Assessment - Mind Map

Assessment Type

Written Assessment

Task Description

In this assessment you will explore the Generalist OHS Professional in Australia.

Chapter 3 of the OHS Body of Knowledge (OHS Bok) discusses the Generalist OHS Professional in Australia and covers the history, positive and negative aspects of the role, challenges, education, perceptions, recognition and paradigm shifts in the understanding of the OHS field of practice.

For this assessment you are required to construct a reflective mind map related to five main elements of the profession of OHS that are covered in chapter 3 of the OHS Bok.

Therefore, for each of the headings listed below, display, via a mind map, your deeper understanding of these elements which are extensively discussed in chapter 3, being:-

(1) Perceptions of the OHS professional, (2) OHS educational issues, (3) Australian legislation development, (4) OHS paradigm shifts (ages of safety) and (5) OHS professional roles.

The five headings above form the basis of your mind map branches which centre out from OHS, and you should add to those branches, ideas, concepts and understandings of what you now know they represent as they relate to the profession of OHS.

Assessment Due Date

Week 6 Friday (20 Apr 2018) 11:45 pm AEST

Written Assessment - Mind Map

Return Date to Students

Week 7 Friday (27 Apr 2018)

Weighting

20%

Assessment Criteria

When grading this submission specific attention will concentrate on finding:-

1. Evidence of your development of learning and understanding in relation to the key elements and concepts presented in this chapter of the BoK (75%); and
2. Evidence of critical thinking and creativity of presentation of key ideas (15%).

A marking matrix will be provided on the Moodle site.

Referencing Style

- [Harvard \(author-date\)](#)

Submission

Online

Learning Outcomes Assessed

- Trace the history and development of occupational health and safety.
- Identify the essential elements of occupational health and safety.
- Describe the impact of occupational injury and disease on individuals, organisations and society.
- Source risk management and prevention guidance material.
- Construct a reflective mind map related to occupational health and safety topics.

Graduate Attributes

- Communication
- Critical Thinking
- Information Literacy
- Information Technology Competence
- Cross Cultural Competence
- Ethical practice

3 Written Assessment - The Impact of Occupational Injury and Disease

Assessment Type

Written Assessment

Task Description

For this assessment you will prepare a written report that discusses your understanding of both Occupational Health and Safety (OHS) as a profession and the role of the OHS professional.

Your report should cover the following two main areas which have been covered in this unit:-

1. Outline the historical developments of the profession of OHS demonstrating your understanding of (a) how the profession developed over time (cover early years to current day) and (b) why the OHS profession has become of importance to ensuring the health and wellbeing of individuals, organisations and society over the years;
2. Describe how a OHS professional uses their understanding of the essential elements of OHS practice (covered in this unit via the OHS BoK) to reduce the occupational injury and disease impacts to individuals, organisations and the wider community (society).

Assessment Due Date

Week 11 Friday (25 May 2018) 11:45 pm AEST

Written Assessment - The Impact of Occupational Injury and Disease

Return Date to Students

Week 12 Friday (1 June 2018)

Weighting

40%

Assessment Criteria

Your assessment will be marked on the following criteria:- Ability to apply a historical foundation to the topic - 25% Ability to discuss the impacts on individuals, organisations and society - 25% Ability to identify how the discipline of OHS strives to reduce the impacts to individuals, organisations and society - 30% Organisation and sequence of written expression of the report, accurate grammar and spelling -10% Correct Use of Harvard Style Referencing - 10% A detailed marking matrix will be presented to students via the Moodle site.

Referencing Style

- [Harvard \(author-date\)](#)

Submission

Online

Learning Outcomes Assessed

- Trace the history and development of occupational health and safety.
- Identify the essential elements of occupational health and safety.
- Describe the impact of occupational injury and disease on individuals, organisations and society.

Graduate Attributes

- Communication
- Problem Solving
- Critical Thinking
- Cross Cultural Competence
- Ethical practice

Academic Integrity Statement

As a CQUniversity student you are expected to act honestly in all aspects of your academic work.

Any assessable work undertaken or submitted for review or assessment must be your own work. Assessable work is any type of work you do to meet the assessment requirements in the unit, including draft work submitted for review and feedback and final work to be assessed.

When you use the ideas, words or data of others in your assessment, you must thoroughly and clearly acknowledge the source of this information by using the correct referencing style for your unit. Using others' work without proper acknowledgement may be considered a form of intellectual dishonesty.

Participating honestly, respectfully, responsibly, and fairly in your university study ensures the CQUniversity qualification you earn will be valued as a true indication of your individual academic achievement and will continue to receive the respect and recognition it deserves.

As a student, you are responsible for reading and following CQUniversity's policies, including the [Student Academic Integrity Policy and Procedure](#). This policy sets out CQUniversity's expectations of you to act with integrity, examples of academic integrity breaches to avoid, the processes used to address alleged breaches of academic integrity, and potential penalties.

What is a breach of academic integrity?

A breach of academic integrity includes but is not limited to plagiarism, self-plagiarism, collusion, cheating, contract cheating, and academic misconduct. The Student Academic Integrity Policy and Procedure defines what these terms mean and gives examples.

Why is academic integrity important?

A breach of academic integrity may result in one or more penalties, including suspension or even expulsion from the University. It can also have negative implications for student visas and future enrolment at CQUniversity or elsewhere. Students who engage in contract cheating also risk being blackmailed by contract cheating services.

Where can I get assistance?

For academic advice and guidance, the [Academic Learning Centre \(ALC\)](#) can support you in becoming confident in completing assessments with integrity and of high standard.

What can you do to act with integrity?



Be Honest

If your assessment task is done by someone else, it would be dishonest of you to claim it as your own



Seek Help

If you are not sure about how to cite or reference in essays, reports etc, then seek help from your lecturer, the library or the Academic Learning Centre (ALC)



Produce Original Work

Originality comes from your ability to read widely, think critically, and apply your gained knowledge to address a question or problem