



OCHS11026 *Introductory Occupational Health and Safety*

Term 2 - 2018

Profile information current as at 13/12/2025 05:46 pm

All details in this unit profile for OCHS11026 have been officially approved by CQU University and represent a learning partnership between the University and you (our student). The information will not be changed unless absolutely necessary and any change will be clearly indicated by an approved correction included in the profile.

General Information

Overview

This unit provides an overview of occupational health and safety as a discipline. Students will trace the history and development of the discipline and develop an appreciation of the impact of the occupational environment on the health and safety of individuals. Students will examine the costs and benefits of strategies to prevent occupational injury and illness and be introduced to the different specialities within the OHS discipline.

Details

Career Level: *Undergraduate*

Unit Level: *Level 1*

Credit Points: 6

Student Contribution Band: 8

Fraction of Full-Time Student Load: 0.125

Pre-requisites or Co-requisites

There are no requisites for this unit.

Important note: Students enrolled in a subsequent unit who failed their pre-requisite unit, should drop the subsequent unit before the census date or within 10 working days of Fail grade notification. Students who do not drop the unit in this timeframe cannot later drop the unit without academic and financial liability. See details in the [Assessment Policy and Procedure \(Higher Education Coursework\)](#).

Offerings For Term 2 - 2018

- Adelaide
- Brisbane
- Bundaberg
- Distance
- Gladstone
- Mackay
- Melbourne
- Perth
- Rockhampton
- Sydney

Attendance Requirements

All on-campus students are expected to attend scheduled classes – in some units, these classes are identified as a mandatory (pass/fail) component and attendance is compulsory. International students, on a student visa, must maintain a full time study load and meet both attendance and academic progress requirements in each study period (satisfactory attendance for International students is defined as maintaining at least an 80% attendance record).

Website

[This unit has a website, within the Moodle system, which is available two weeks before the start of term. It is important that you visit your Moodle site throughout the term. Please visit Moodle for more information.](#)

Class and Assessment Overview

Recommended Student Time Commitment

Each 6-credit Undergraduate unit at CQUniversity requires an overall time commitment of an average of 12.5 hours of study per week, making a total of 150 hours for the unit.

Class Timetable

[Regional Campuses](#)

Bundaberg, Cairns, Emerald, Gladstone, Mackay, Rockhampton, Townsville

[Metropolitan Campuses](#)

Adelaide, Brisbane, Melbourne, Perth, Sydney

Assessment Overview

1. **Online Quiz(zes)**

Weighting: 40%

2. **Written Assessment**

Weighting: 20%

3. **Written Assessment**

Weighting: 40%

Assessment Grading

This is a graded unit: your overall grade will be calculated from the marks or grades for each assessment task, based on the relative weightings shown in the table above. You must obtain an overall mark for the unit of at least 50%, or an overall grade of 'pass' in order to pass the unit. If any 'pass/fail' tasks are shown in the table above they must also be completed successfully ('pass' grade). You must also meet any minimum mark requirements specified for a particular assessment task, as detailed in the 'assessment task' section (note that in some instances, the minimum mark for a task may be greater than 50%). Consult the [University's Grades and Results Policy](#) for more details of interim results and final grades.

CQUniversity Policies

All University policies are available on the [CQUniversity Policy site](#).

You may wish to view these policies:

- Grades and Results Policy
- Assessment Policy and Procedure (Higher Education Coursework)
- Review of Grade Procedure
- Student Academic Integrity Policy and Procedure
- Monitoring Academic Progress (MAP) Policy and Procedure – Domestic Students
- Monitoring Academic Progress (MAP) Policy and Procedure – International Students
- Student Refund and Credit Balance Policy and Procedure
- Student Feedback – Compliments and Complaints Policy and Procedure
- Information and Communications Technology Acceptable Use Policy and Procedure

This list is not an exhaustive list of all University policies. The full list of University policies are available on the [CQUniversity Policy site](#).

Previous Student Feedback

Feedback, Recommendations and Responses

Every unit is reviewed for enhancement each year. At the most recent review, the following staff and student feedback items were identified and recommendations were made.

Feedback from Self and peer reflection. Student feedback

Feedback

There was confusion around the use of generic skills in some of the lecture topic areas.

Recommendation

All generic skill development will now be covered in the tutorials.

Feedback from Student feedback

Feedback

Include a suggested word count for the final assignment

Recommendation

A word count for the final assignment will now be added.

Feedback from Student feedback

Feedback

Students enjoyed the semi-formal nature of the tutorials and the ability to interact with both lecturers and tutors.

Recommendation

Zoom tutorials will be kept.

Unit Learning Outcomes

On successful completion of this unit, you will be able to:

1. Trace the history and development of occupational health and safety.
2. Identify the essential elements of occupational health and safety.
3. Describe the impact of occupational injury and disease on individuals, organisations and society.
4. Source risk management and prevention guidance material.
5. Construct a reflective mind map related to occupational health and safety topics.

Alignment of Learning Outcomes, Assessment and Graduate Attributes



Alignment of Assessment Tasks to Learning Outcomes

Assessment Tasks	Learning Outcomes				
	1	2	3	4	5
1 - Online Quiz(zes) - 40%	•	•	•	•	
2 - Written Assessment - 20%	•	•	•	•	•
3 - Written Assessment - 40%	•	•	•		

Alignment of Graduate Attributes to Learning Outcomes

Graduate Attributes	Learning Outcomes				
	1	2	3	4	5
1 - Communication	•	•	•	•	•
2 - Problem Solving				•	•
3 - Critical Thinking	•	•	•	•	•
4 - Information Literacy			•	•	•
5 - Team Work					
6 - Information Technology Competence		•	•	•	
7 - Cross Cultural Competence	•		•		•
8 - Ethical practice	•		•		•
9 - Social Innovation					
10 - Aboriginal and Torres Strait Islander Cultures					

Alignment of Assessment Tasks to Graduate Attributes

Assessment Tasks	Graduate Attributes									
	1	2	3	4	5	6	7	8	9	10
1 - Online Quiz(zes) - 40%	•	•	•			•	•	•		
2 - Written Assessment - 20%	•		•	•		•	•	•		
3 - Written Assessment - 40%	•	•	•				•	•		

Textbooks and Resources

Textbooks

There are no required textbooks.

Additional Textbook Information

The Core Body of Knowledge for Generalist OHS Professionals is available to download for non-commercial purposes. Students are free to download and print single copies (ONLY) from the web site for their own professional use available at: <http://www.ohsbok.org.au/>

IT Resources

You will need access to the following IT resources:

- CQUniversity Student Email
- Internet
- Unit Website (Moodle)

Referencing Style

All submissions for this unit must use the referencing style: [Harvard \(author-date\)](#)
For further information, see the Assessment Tasks.

Teaching Contacts

Ryan Kift Unit Coordinator
r.kift@cqu.edu.au

Schedule

Week 1 - 09 Jul 2018

Module/Topic	Chapter	Events and Submissions/Topic
Introduction to the Unit	All Chapters are from the OHS Body of Knowledge (BoK): Chapter 3-The Generalist OHS Professional Chapter 4-Global Work	No tutorial this week

Week 2 - 16 Jul 2018

Module/Topic	Chapter	Events and Submissions/Topic
The Extent of the OHS Problem	BoK Chapter 5- Global Safety BoK Chapter 6-Global Health	Start OHS Quest 1 Tutorial- OHS Professional Practice Quests Information Session

Week 3 - 23 Jul 2018

Module/Topic	Chapter	Events and Submissions/Topic
Humans	BoK Chapter 12- Humans as a Biological System BoK Chapter 13- Human-Psychological Principles BoK Chapter 14- The Human: Principles of Social Interaction.	OHS Quest 1 due (Friday 11:45pm) Tutorial- Reliable and Unreliable Sources

Week 4 - 30 Jul 2018

Module/Topic	Chapter	Events and Submissions/Topic
The Organisation	BoK Chapter 10- The Organisation BoK Chapter 10.2- Organisational Culture	Start OHS Quest 2 Tutorial- Mind Mapping Information

Week 5 - 06 Aug 2018

Module/Topic	Chapter	Events and Submissions/Topic
Systems	BoK Chapter 11- Systems	OHS Quest 2 due (Friday 11:45pm) Tutorial- Requesting extensions and Assessment preparation

Vacation Week - 13 Aug 2018

Module/Topic	Chapter	Events and Submissions/Topic
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Week 6 - 20 Aug 2018

Module/Topic	Chapter	Events and Submissions/Topic
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Socio-Political Context- part 1	BoK Chapter 8- Sociopolitical - OHS law in Australia BoK Chapter 8.2- Principles of OHS Law BoK Chapter 9- Sociopolitical - Industrial	Tutorial- Sourcing Material Mind Map Due: Week 6 Friday (24 Aug 2018) 12:45 pm AEST
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Week 7 - 27 Aug 2018

Module/Topic	Chapter	Events and Submissions/Topic
Socio-Political Context- part 2	BoK Chapter 8- Sociopolitical - OHS law in Australia BoK Chapter 8.2- Principles of OHS Law BoK Chapter 9- Sociopolitical - Industrial	Start OHS Quest 3 Tutorial- Reports & Academic Writing

Week 8 - 03 Sep 2018

Module/Topic	Chapter	Events and Submissions/Topic
Hazards and risks	BoK Chapter 15- Hazard as a concept BoK Chapter 31- Risk	OHS Quest 3 due (Friday 11:45pm) Tutorial- Plagiarism

Week 9 - 10 Sep 2018

Module/Topic	Chapter	Events and Submissions/Topic
Control: Prevention and Intervention	BoK Chapter 34- Control: Prevention and Intervention BoK Chapter 34.1- User Centric Safe Design Approach to Control	Start OHS Quest 4 Tutorial- Harvard Referencing

Week 10 - 17 Sep 2018

Module/Topic	Chapter	Events and Submissions/Topic
Models of Causation -Safety	BoK Chapter 32- Models of causation - Safety	OHS Quest 4 due (Friday 11:45pm) Tutorial- Assessment preparation

Week 11 - 24 Sep 2018

Module/Topic	Chapter	Events and Submissions/Topic
Models of Causation - Health determinants	BoK Chapter 33- Models of causation - Health determinants	Tutorial- Assessment preparation

Week 12 - 01 Oct 2018

Module/Topic	Chapter	Events and Submissions/Topic
Introduction to OHS Practice	BoK Chapter 37- Practice - Model of practice BoK Chapter 38- Practice - Critical consumer of research	No tutorial this week The Impact of Occupational Injury and Disease Due: Week 12 Friday (5 Oct 2018) 11:45 pm AEST

Review/Exam Week - 08 Oct 2018

Module/Topic	Chapter	Events and Submissions/Topic
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Exam Week - 15 Oct 2018

Module/Topic	Chapter	Events and Submissions/Topic
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Term Specific Information

There is no prescribed text book for this unit. This unit uses the Core Body of Knowledge for Generalist OHS Professionals which is available as a download for non-commercial purposes. Students are free to download and print single copies (ONLY) from the web site for their own professional use, available at: <http://www.ohsbok.org.au/>.

Assessment Tasks

1 OHS Professional Practice Quests

Assessment Type

Online Quiz(zes)

Task Description

Details: An important step in developing your knowledge in the area of OHS in this unit is to take you on a journey into the world of OHS practice, its history, essential elements, its importance and how you as an emerging OHS professional can develop your skills and critical thinking in this area. This assessment will include 3 OHS specific professional practice quests and 1 reflective OHS professional survey quest.

Each of the four quests are worth 10%, for a total of 40% for Assessment 1.

Details of each of the OHS Quests will be made available via the Moodle site as a staggered approach with you having to complete set tasks by set dates on a fortnightly basis. Please see the schedule for the specific due dates for each Quest.

Number of Quizzes

4

Frequency of Quizzes

Other

Assessment Due Date

Quest 1 is due Friday Week 3, Quest 2 is due Friday Week 5, Quest 3 is due Friday Week 8 and Quest 4 is due Friday Week 10. Please see Moodle for the submission area for each Quest

Return Date to Students

Review/Exam Week Friday (12 Oct 2018)

Weighting

40%

Minimum mark or grade

To pass this unit, students must attempt this assessment and obtain an aggregate score of 50% for the unit overall.

Assessment Criteria

As a general rule assessment criteria for the Assessment 1, Quests 1 to 3 are:

1. Communication of critical thinking and key ideas (50%),
2. Deliver the required content for the quest and where applicable use information to support sound reasoning when answering the quest/s (40%),
3. Correct use of grammar, spelling and language to convey thoughts and key points ethically and to a wide cross cultural audience (10%).

The Quest 4 Reflective Survey will be marked slightly differently and will cover the ability to

1. Critically reflect on and answer key questions of the quest in relation to your OHS profession learning journey across the term (80%) and
2. Demonstrate an ability to self-assess your OHS knowledge and skills, level of professional capabilities, as measured by the OHS Professional Capabilities Framework (20%).

A detailed marking matrix for each quest will be available to you via the Moodle site.

Referencing Style

- [Harvard \(author-date\)](#)

Submission

Online

Submission Instructions

Via the link on Moodle

Learning Outcomes Assessed

- Trace the history and development of occupational health and safety.
- Identify the essential elements of occupational health and safety.
- Describe the impact of occupational injury and disease on individuals, organisations and society.
- Source risk management and prevention guidance material.

Graduate Attributes

- Communication
- Problem Solving
- Critical Thinking
- Information Technology Competence
- Cross Cultural Competence
- Ethical practice

2 Mind Map

Assessment Type

Written Assessment

Task Description

In this assessment you will explore the Generalist OHS Professional in Australia.

Chapter 3 of the OHS Body of Knowledge (OHS Bok) discusses the Generalist OHS Professional in Australia and covers the history, positive and negative aspects of the role, challenges, education, perceptions, recognition and paradigm shifts in the understanding of the OHS field of practice.

For this assessment you are required to construct a reflective mind map related to five main elements of the profession of OHS that are covered in chapter 3 of the OHS BoK.

Therefore, for each of the headings listed below, display, via a mind map, your deeper understanding of these elements which are extensively discussed in chapter 3, being:-

- (1) Perceptions of the OHS professional,
- (2) OHS educational issues,
- (3) Australian legislation development,
- (4) OHS paradigm shifts (ages of safety) and
- (5) OHS professional roles.

The five headings above form the basis of your mind map branches which centre out from OHS, and you should add to those branches, ideas, concepts and understandings of what you now know they represent as they relate to the profession of OHS.

Assessment Due Date

Week 6 Friday (24 Aug 2018) 12:45 pm AEST

Return Date to Students

Week 8 Friday (7 Sept 2018)

Weighting

20%

Minimum mark or grade

To pass this unit, students must attempt this assessment and obtain an aggregate score of 50% for the unit overall.

Assessment Criteria

When grading this submission specific attention will concentrate on finding:-

1. Evidence of your development of learning and understanding in relation to the key elements and

concepts presented in this chapter of the BoK (75%); and
2. Evidence of critical thinking and creativity of presentation of key ideas (25%).
A marking matrix will be provided via the Moodle site.

Referencing Style

- [Harvard \(author-date\)](#)

Submission

Online

Submission Instructions

Via the link on Moodle

Learning Outcomes Assessed

- Trace the history and development of occupational health and safety.
- Identify the essential elements of occupational health and safety.
- Describe the impact of occupational injury and disease on individuals, organisations and society.
- Source risk management and prevention guidance material.
- Construct a reflective mind map related to occupational health and safety topics.

Graduate Attributes

- Communication
- Critical Thinking
- Information Literacy
- Information Technology Competence
- Cross Cultural Competence
- Ethical practice

3 The Impact of Occupational Injury and Disease

Assessment Type

Written Assessment

Task Description

For this assessment you will prepare a written report that discusses your understanding of both Occupational Health and Safety (OHS) as a profession and the role of the OHS professional.

Your report should cover the following two main areas which have been covered in this unit:-

1. Outline the historical developments of the profession of OHS demonstrating your understanding of (a) how the profession developed over time (cover early years to current day) and (b) why the OHS profession has become of importance to ensuring the health and wellbeing of individuals, organisations and society over the years;
2. Describe how a OHS professional uses their understanding of the essential elements of OHS practice (covered in this unit via the OHS BoK) to reduce the occupational injury and disease impacts to individuals, organisations and the wider community (society).

Word expectation- 1500-2000 words

Submission should be in Word or pdf format.

Assessment Due Date

Week 12 Friday (5 Oct 2018) 11:45 pm AEST

Return Date to Students

Exam Week Friday (19 Oct 2018)

Weighting

40%

Minimum mark or grade

To pass this unit, students must attempt this assessment and obtain an aggregate score of 50% for the unit overall.

Assessment Criteria

Your assessment will be marked on the following criteria:-

Ability to apply a historical foundation to the topic- 25%

Ability to discuss the impacts on individuals, organisations and society- 25%

Ability to identify how the discipline of OHS strives to reduce the impacts to individuals, organisations

and society- 30%

Organisation and sequence of written expression of the report, accurate grammar and spelling- 10%

Correct Use of Harvard Style Referencing- 10%

A detailed marking matrix will be available to you via the Moodle site.

Referencing Style

- [Harvard \(author-date\)](#)

Submission

Online

Submission Instructions

Submission in a Word or PDF format is required Via the link on Moodle

Learning Outcomes Assessed

- Trace the history and development of occupational health and safety.
- Identify the essential elements of occupational health and safety.
- Describe the impact of occupational injury and disease on individuals, organisations and society.

Graduate Attributes

- Communication
- Problem Solving
- Critical Thinking
- Cross Cultural Competence
- Ethical practice

Academic Integrity Statement

As a CQUniversity student you are expected to act honestly in all aspects of your academic work.

Any assessable work undertaken or submitted for review or assessment must be your own work. Assessable work is any type of work you do to meet the assessment requirements in the unit, including draft work submitted for review and feedback and final work to be assessed.

When you use the ideas, words or data of others in your assessment, you must thoroughly and clearly acknowledge the source of this information by using the correct referencing style for your unit. Using others' work without proper acknowledgement may be considered a form of intellectual dishonesty.

Participating honestly, respectfully, responsibly, and fairly in your university study ensures the CQUniversity qualification you earn will be valued as a true indication of your individual academic achievement and will continue to receive the respect and recognition it deserves.

As a student, you are responsible for reading and following CQUniversity's policies, including the [Student Academic Integrity Policy and Procedure](#). This policy sets out CQUniversity's expectations of you to act with integrity, examples of academic integrity breaches to avoid, the processes used to address alleged breaches of academic integrity, and potential penalties.

What is a breach of academic integrity?

A breach of academic integrity includes but is not limited to plagiarism, self-plagiarism, collusion, cheating, contract cheating, and academic misconduct. The Student Academic Integrity Policy and Procedure defines what these terms mean and gives examples.

Why is academic integrity important?

A breach of academic integrity may result in one or more penalties, including suspension or even expulsion from the University. It can also have negative implications for student visas and future enrolment at CQUniversity or elsewhere. Students who engage in contract cheating also risk being blackmailed by contract cheating services.

Where can I get assistance?

For academic advice and guidance, the [Academic Learning Centre \(ALC\)](#) can support you in becoming confident in completing assessments with integrity and of high standard.

What can you do to act with integrity?



Be Honest

If your assessment task is done by someone else, it would be dishonest of you to claim it as your own



Seek Help

If you are not sure about how to cite or reference in essays, reports etc, then seek help from your lecturer, the library or the Academic Learning Centre (ALC)



Produce Original Work

Originality comes from your ability to read widely, think critically, and apply your gained knowledge to address a question or problem