



OCHS11026 *Introductory Occupational Health and Safety*

Term 3 - 2019

Profile information current as at 14/12/2025 04:57 am

All details in this unit profile for OCHS11026 have been officially approved by CQUniversity and represent a learning partnership between the University and you (our student). The information will not be changed unless absolutely necessary and any change will be clearly indicated by an approved correction included in the profile.

General Information

Overview

This unit provides an overview of occupational health and safety as a discipline. Students will trace the history and development of the discipline and develop an appreciation of the impact of the occupational environment on the health and safety of individuals. Students will examine the costs and benefits of strategies to prevent occupational injury and illness and be introduced to the different specialities within the OHS discipline.

Details

Career Level: *Undergraduate*

Unit Level: *Level 1*

Credit Points: 6

Student Contribution Band: 8

Fraction of Full-Time Student Load: 0.125

Pre-requisites or Co-requisites

There are no requisites for this unit.

Important note: Students enrolled in a subsequent unit who failed their pre-requisite unit, should drop the subsequent unit before the census date or within 10 working days of Fail grade notification. Students who do not drop the unit in this timeframe cannot later drop the unit without academic and financial liability. See details in the [Assessment Policy and Procedure \(Higher Education Coursework\)](#).

Offerings For Term 3 - 2019

- Online

Attendance Requirements

All on-campus students are expected to attend scheduled classes – in some units, these classes are identified as a mandatory (pass/fail) component and attendance is compulsory. International students, on a student visa, must maintain a full time study load and meet both attendance and academic progress requirements in each study period (satisfactory attendance for International students is defined as maintaining at least an 80% attendance record).

Website

[This unit has a website, within the Moodle system, which is available two weeks before the start of term. It is important that you visit your Moodle site throughout the term. Please visit Moodle for more information.](#)

Class and Assessment Overview

Recommended Student Time Commitment

Each 6-credit Undergraduate unit at CQUniversity requires an overall time commitment of an average of 12.5 hours of study per week, making a total of 150 hours for the unit.

Class Timetable

[Regional Campuses](#)

Bundaberg, Cairns, Emerald, Gladstone, Mackay, Rockhampton, Townsville

[Metropolitan Campuses](#)

Adelaide, Brisbane, Melbourne, Perth, Sydney

Assessment Overview

1. **Online Quiz(zes)**

Weighting: 40%

2. **Written Assessment**

Weighting: 20%

3. **Written Assessment**

Weighting: 40%

Assessment Grading

This is a graded unit: your overall grade will be calculated from the marks or grades for each assessment task, based on the relative weightings shown in the table above. You must obtain an overall mark for the unit of at least 50%, or an overall grade of 'pass' in order to pass the unit. If any 'pass/fail' tasks are shown in the table above they must also be completed successfully ('pass' grade). You must also meet any minimum mark requirements specified for a particular assessment task, as detailed in the 'assessment task' section (note that in some instances, the minimum mark for a task may be greater than 50%). Consult the [University's Grades and Results Policy](#) for more details of interim results and final grades.

CQUniversity Policies

All University policies are available on the [CQUniversity Policy site](#).

You may wish to view these policies:

- Grades and Results Policy
- Assessment Policy and Procedure (Higher Education Coursework)
- Review of Grade Procedure
- Student Academic Integrity Policy and Procedure
- Monitoring Academic Progress (MAP) Policy and Procedure – Domestic Students
- Monitoring Academic Progress (MAP) Policy and Procedure – International Students
- Student Refund and Credit Balance Policy and Procedure
- Student Feedback – Compliments and Complaints Policy and Procedure
- Information and Communications Technology Acceptable Use Policy and Procedure

This list is not an exhaustive list of all University policies. The full list of University policies are available on the [CQUniversity Policy site](#).

Previous Student Feedback

Feedback, Recommendations and Responses

Every unit is reviewed for enhancement each year. At the most recent review, the following staff and student feedback items were identified and recommendations were made.

Feedback from Student feedback

Feedback

Review the tutorial schedule to ensure that it complements the assessment items.

Recommendation

The timing of the assessment items will be reviewed to complement the tutorial and lecture content.

Unit Learning Outcomes

On successful completion of this unit, you will be able to:

1. Trace the history and development of occupational health and safety.
2. Identify the essential elements of occupational health and safety.
3. Describe the impact of occupational injury and disease on individuals, organisations and society.
4. Source risk management and prevention guidance material.
5. Construct a reflective mind map related to occupational health and safety topics.

Alignment of Learning Outcomes, Assessment and Graduate Attributes



Alignment of Assessment Tasks to Learning Outcomes

Assessment Tasks	Learning Outcomes				
	1	2	3	4	5
1 - Online Quiz(zes) - 40%	•	•	•	•	
2 - Written Assessment - 20%	•	•	•	•	•
3 - Written Assessment - 40%	•	•	•		

Alignment of Graduate Attributes to Learning Outcomes

Graduate Attributes	Learning Outcomes				
	1	2	3	4	5
1 - Communication	•	•	•	•	•
2 - Problem Solving				•	•
3 - Critical Thinking	•	•	•	•	•
4 - Information Literacy			•	•	•

Graduate Attributes	Learning Outcomes				
	1	2	3	4	5
5 - Team Work					
6 - Information Technology Competence		•	•	•	
7 - Cross Cultural Competence	•		•		•
8 - Ethical practice	•		•		•
9 - Social Innovation					
10 - Aboriginal and Torres Strait Islander Cultures					

Alignment of Assessment Tasks to Graduate Attributes

Assessment Tasks	Graduate Attributes									
	1	2	3	4	5	6	7	8	9	10
1 - Online Quiz(zes) - 40%	•	•	•			•	•	•		
2 - Written Assessment - 20%	•		•	•		•	•	•		
3 - Written Assessment - 40%	•	•	•				•	•		

Textbooks and Resources

Textbooks

There are no required textbooks.

IT Resources

You will need access to the following IT resources:

- CQUniversity Student Email
- Internet
- Unit Website (Moodle)

Referencing Style

All submissions for this unit must use the referencing style: [Harvard \(author-date\)](#)
For further information, see the Assessment Tasks.

Teaching Contacts

Karen Klockner Unit Coordinator
k.klockner@cqu.edu.au

Schedule

Week 1 - 11 Nov 2019

Module/Topic	Chapter	Events and Submissions/Topic
Lecture: Introduction to the Unit	All Chapters are from the OHS Body of Knowledge (BoK): Chapter 3 - The Generalist OHS Professional (Chapter supplied on the Moodle site)	Online Zoom Tutorial - Welcome and Overview (All Zoom Tutorials will be held on a Monday night at 7.00pm (Qld Time) to join click on the Zoom link on the Moodle site)

Week 2 - 18 Nov 2019

Module/Topic	Chapter	Events and Submissions/Topic
Lecture: The Extent of the OHS Problem	Chapter 4.1 - Global Concepts - Work, 2012 Chapter 5.1 - Global Concepts - Safety, 2012 Chapter 6.6 - Global Concepts - Health, 2012	Start OHS Quest 1 Online Zoom Tutorial - OHS Professional Practice Quests Information Session

Week 3 - 25 Nov 2019

Module/Topic	Chapter	Events and Submissions/Topic
Lecture: Humans	Chapter 7 - The Human: As a biological system Chapter 8.1 - The Human: Basic psychological principles Chapter 8.2 - The Human: Basic principles of social interaction	OHS Quest 1 due Friday 29 November (11:45 PM) Online Zoom Tutorial - Mind Mapping Information

Week 4 - 02 Dec 2019

Module/Topic	Chapter	Events and Submissions/Topic
Lecture: The Organisation	Chapter 10.1 - The Organisation Chapter 10.2 - Organisational Culture	Start OHS Quest 2 Online Zoom Tutorial - Sourcing Material - Reliable and Unreliable Sources

Vacation Week - 09 Dec 2019

Module/Topic	Chapter	Events and Submissions/Topic
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Week 5 - 16 Dec 2019

Module/Topic	Chapter	Events and Submissions/Topic
Lecture: Socio-political Context - Part 1 & Part 2	Chapter 9.1 - Socio-political context: OHS law and regulation in Australia Chapter 9.2 - Work Health and Safety Law in Australia Chapter 9 - Industrial, technological and business imperatives	OHS Quest 2 due Friday 20 December (11:45PM) Online Zoom Tutorial - Academic Writing

Week 6 - 23 Dec 2019

Module/Topic	Chapter	Events and Submissions/Topic
Lecture: Hazards and Risks	Chapter 15 - Hazard as a Concept Chapter 31.1 - Risk	Online Zoom Tutorial - Requesting Extensions and Assessment Preparation

Week 7 - 06 Jan 2020

Module/Topic	Chapter	Events and Submissions/Topic
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Lecture: Control: Prevention and Intervention	Chapter 34.1 - Control: Prevention and Intervention Chapter 34.2 - User-Centric Safe Design Approach to Control Chapter 34.3 - Health and Safety In Design	Start Quest 3 Online Zoom Tutorial - CQUniversity Harvard Style Explored Mind Map Due: Week 7 Monday (6 Jan 2020) 11:45 pm AEST
Week 8 - 13 Jan 2020		
Module/Topic	Chapter	Events and Submissions/Topic
Lecture - Systems	Chapter 12.1 - Systems Chapter 12.2 OHS Management Systems	Quest 3 due Friday 17 January 2020 (11:45PM) Online Zoom Tutorial - Plagiarism
Week 9 - 20 Jan 2020		
Module/Topic	Chapter	Events and Submissions/Topic
Lecture: Models of Causation - Safety	Chapter 32 - Models of Causation	Online Zoom Tutorial - International Network of Safety and Health Practitioner Organisations (INSHPO 2017) - The Occupational Health and Safety Professional Capability Framework: A Global Framework for Practice.
Week 10 - 27 Jan 2020		
Module/Topic	Chapter	Events and Submissions/Topic
Lecture: Models of Causation - Health Determinant	Chapter 33 - Models of Causation - Health Determinants	Online Zoom Tutorial - Evidence Informed Practice
Week 11 - 03 Feb 2020		
Module/Topic	Chapter	Events and Submissions/Topic
Lecture: Introduction of OHS Practice	Chapter 37 - Introduction to 'practice' as a concept Chapter 39.1 - The OHS professional as a 'critical consumer' of research Chapter 39.2 - The OHS Professional as a workplace researcher	Online Zoom Tutorial - The OHS Professional as Researcher Start OHS Quest 4
Week 12 - 10 Feb 2020		
Module/Topic	Chapter	Events and Submissions/Topic
Lecture - Introduction to OHS - Unit Summary	No reading this week	Online Zoom - Assessment Help OHS Quest 4 due Monday 10 February 2020 (11:45PM) OHS Professional Practice Quests Due: Week 12 Monday (10 Feb 2020) 11:45 pm AEST OHS Professional Practice Due: Week 12 Friday (14 Feb 2020) 11:45 pm AEST
Exam Week - 17 Feb 2020		
Module/Topic	Chapter	Events and Submissions/Topic

Assessment Tasks

1 OHS Professional Practice Quests

Assessment Type

Online Quiz(zes)

Task Description

Task Description:

An important step in developing your knowledge in the area of OHS in this unit is to explore OHS practice, its history, essential elements, its importance and, as an emerging OHS professional, develop your skills and critical thinking in this area.

This assessment will include four quests:

Quest 1: Future directions (Due Week 3)

Quest 2: Work environments (Due Week 5)

Quest 3: Hazard controls (Due Week 8)

Quest 4: Reflective practice (Due Week 12)

Each of the four tasks are worth 10%, for a total of 40% for Assessment 1.

Details of each of the OHS tasks will be made available via the unit's Moodle page. They will be staggered in approach, with tasks being completed by set dates. Please see the schedule for the specific due dates for each task.

Number of Quizzes

4

Frequency of Quizzes

Other

Assessment Due Date

Week 12 Monday (10 Feb 2020) 11:45 pm AEST

Return Date to Students

Week 12 Monday (10 Feb 2020)

Weighting

40%

Assessment Criteria

Minimum mark or grade:

To pass this unit, students must attempt each part of this assessment and obtain a minimum grade of 25% for each part.

Assessment Criteria:

The marking criteria are different for each Quest as follows:

Quest 1:

Chosen 5 key words are appropriate (5%)

Demonstrates ability to critically think and argue key points of the quest (50%)

Demonstrates an ability to answer the quest using key information to support writing (40%)

Correct use of grammar, language and spelling (5%)

Quest 2:

Demonstrates ability to interview 5 people and identify their environment (35%)

Demonstrates an ability to critically identify the OHS issues faced in the environment by the person interviewed (60%)

Correct use of grammar, language and spelling (5%)

Quest 3:

Demonstrates ability to source relevant risk management material to assist identified character (30%)

Demonstrates an ability to answer the quest as to how the risk management material will assist them manage their OHS issues in their environment (60%)

Referencing (10%)

Quest 4:

Demonstrates ability to critically think about the learning journey across the term as it relates to OHS competency (50%)

Demonstrates an ability to answer the quest using self reflection to support writing (50%)

A detailed marking matrix for each task will be available to you via the Moodle site.

Referencing Style

- [Harvard \(author-date\)](#)

Submission

Online

Learning Outcomes Assessed

- Trace the history and development of occupational health and safety.
- Identify the essential elements of occupational health and safety.
- Describe the impact of occupational injury and disease on individuals, organisations and society.
- Source risk management and prevention guidance material.

Graduate Attributes

- Communication
- Problem Solving
- Critical Thinking
- Information Technology Competence
- Cross Cultural Competence
- Ethical practice

2 Mind Map

Assessment Type

Written Assessment

Task Description

Task Description:

In this assessment you will explore aspects of your study so far in this unit in order to display your understanding of key concepts as a Mind Map.

Therefore, for each of the headings listed below, display, via your Mind Map, your deeper understanding of these elements as covered in the BoK chapters you have read, being: -

- (1) History of OHS as a Profession and the Generalist OHS role (Week 1 and 2 = Chapters 3, 4.1, 5.1 and 6.1),
- (2) The Human including Biological, Psychological and Social Systems (Week 3 = Chapters 7, 8.1 and 8.2),
- (3) The Organisation (Week 4 = Chapters 10.1 and 10.2),
- (4) The Socio-Political context and OHS Law in Australia (Week 5 = Chapters 9, 9.1, and 9.2).

The four headings above form the basis of your Mind Map, branching out from OHS in the centre, and you should add to those branches, ideas, concepts and understandings of what you now know they represent as they relate to the profession of OHS and the material covered in this unit in the first 5 weeks.

Presentation Format:

You are required to prepare a ONE page Mind Map of what you have learnt under each of the headings referred to above that you have learnt about this term.

Examples of Mind Maps will be given in Moodle, however please feel free to research mind maps and see how you would like to present your work.

Assessment Due Date

Week 7 Monday (6 Jan 2020) 11:45 pm AEST

Return Date to Students

Week 9 Monday (20 Jan 2020)

Weighting

20%

Assessment Criteria

Minimum mark or grade:

To pass this unit, students must attempt this assessment and must obtain a minimum grade of 25%.

Assessment Criteria:

When grading this submission specific attention will concentrate on finding:-

1. Evidence of your development of learning and understanding in relation to the key elements and concepts presented in these chapters of the BoK (75%); and
2. Evidence of critical thinking and creativity of presentation of key ideas (25%).

A detailed marking matrix will be provided via the Moodle site.

Referencing Style

- [Harvard \(author-date\)](#)

Submission

Online

Learning Outcomes Assessed

- Trace the history and development of occupational health and safety.
- Identify the essential elements of occupational health and safety.
- Describe the impact of occupational injury and disease on individuals, organisations and society.
- Source risk management and prevention guidance material.
- Construct a reflective mind map related to occupational health and safety topics.

Graduate Attributes

- Communication
- Critical Thinking
- Information Literacy
- Information Technology Competence
- Cross Cultural Competence
- Ethical practice

3 OHS Professional Practice

Assessment Type

Written Assessment

Task Description

Task Description

For this assessment you will prepare a written paper that discusses your understanding of both Occupational Health and Safety (OHS) as a profession and the role of the OHS professional.

Your paper should cover the following two main areas which have been covered in this unit: -

1. Outline the historical developments of the profession of OHS demonstrating your understanding of how the profession developed from the early industrial era up to what the OHS profession encompasses in modern social-technical times, then: -

2. Describe how OHS professionals: -

(a) use their knowledge of the key elements covered in this unit (i.e. refer to the wide range subjects covered in this unit via the OHS BoK) to reduce the occupational injury and disease impacts on individuals, organisations and the wider community (society); and

(b) use their evidence informed knowledge of OHS to influence the practice of OHS in organisations (i.e. critical consumers of research).

Word expectation: 2000 words.

Submission should be in Word format only.

Assessment Due Date

Week 12 Friday (14 Feb 2020) 11:45 pm AEST

Return Date to Students

Exam Week Friday (21 Feb 2020)

Weighting

40%

Assessment Criteria

Minimum mark or grade:

To pass this unit, students must attempt this assessment and obtain a minimum grade of 25%.

Assessment Criteria:

- Ability to apply a historical to modern day OHS professional lens - 20%
- Ability to discuss key elements of OHS practice to reduce the impacts on individuals, organisations and society - 30%
- Ability to identify evidence informed practice concepts and OHS professional as a critical consumer of research - 30%
- Organisation and sequence of written expression of the report, accurate grammar and spelling - 10%
- Correct Use of Harvard Style Referencing - 10%

A detailed marking matrix will be available to you via the Moodle site.

Referencing Style

- [Harvard \(author-date\)](#)

Submission

Online

Learning Outcomes Assessed

- Trace the history and development of occupational health and safety.
- Identify the essential elements of occupational health and safety.
- Describe the impact of occupational injury and disease on individuals, organisations and society.

Graduate Attributes

- Communication
- Problem Solving
- Critical Thinking
- Cross Cultural Competence
- Ethical practice

Academic Integrity Statement

As a CQUniversity student you are expected to act honestly in all aspects of your academic work.

Any assessable work undertaken or submitted for review or assessment must be your own work. Assessable work is any type of work you do to meet the assessment requirements in the unit, including draft work submitted for review and feedback and final work to be assessed.

When you use the ideas, words or data of others in your assessment, you must thoroughly and clearly acknowledge the source of this information by using the correct referencing style for your unit. Using others' work without proper acknowledgement may be considered a form of intellectual dishonesty.

Participating honestly, respectfully, responsibly, and fairly in your university study ensures the CQUniversity qualification you earn will be valued as a true indication of your individual academic achievement and will continue to receive the respect and recognition it deserves.

As a student, you are responsible for reading and following CQUniversity's policies, including the [Student Academic Integrity Policy and Procedure](#). This policy sets out CQUniversity's expectations of you to act with integrity, examples of academic integrity breaches to avoid, the processes used to address alleged breaches of academic integrity, and potential penalties.

What is a breach of academic integrity?

A breach of academic integrity includes but is not limited to plagiarism, self-plagiarism, collusion, cheating, contract cheating, and academic misconduct. The Student Academic Integrity Policy and Procedure defines what these terms mean and gives examples.

Why is academic integrity important?

A breach of academic integrity may result in one or more penalties, including suspension or even expulsion from the University. It can also have negative implications for student visas and future enrolment at CQUniversity or elsewhere. Students who engage in contract cheating also risk being blackmailed by contract cheating services.

Where can I get assistance?

For academic advice and guidance, the [Academic Learning Centre \(ALC\)](#) can support you in becoming confident in completing assessments with integrity and of high standard.

What can you do to act with integrity?

**Be Honest**

If your assessment task is done by someone else, it would be dishonest of you to claim it as your own

**Seek Help**

If you are not sure about how to cite or reference in essays, reports etc, then seek help from your lecturer, the library or the Academic Learning Centre (ALC)

**Produce Original Work**

Originality comes from your ability to read widely, think critically, and apply your gained knowledge to address a question or problem