



OCHS11026 *Introductory Occupational Health and Safety*

Term 1 - 2021

Profile information current as at 20/09/2024 08:38 pm

All details in this unit profile for OCHS11026 have been officially approved by CQU University and represent a learning partnership between the University and you (our student). The information will not be changed unless absolutely necessary and any change will be clearly indicated by an approved correction included in the profile.

General Information

Overview

This unit provides an overview of occupational health and safety as a discipline. Students will trace the history and development of the discipline and develop an appreciation of the impact of the occupational environment on the health and safety of individuals. Students will examine the costs and benefits of strategies to prevent occupational injury and illness and be introduced to the different specialities within the OHS discipline.

Details

Career Level: *Undergraduate*

Unit Level: *Level 1*

Credit Points: 6

Student Contribution Band: 8

Fraction of Full-Time Student Load: 0.125

Pre-requisites or Co-requisites

There are no requisites for this unit.

Important note: Students enrolled in a subsequent unit who failed their pre-requisite unit, should drop the subsequent unit before the census date or within 10 working days of Fail grade notification. Students who do not drop the unit in this timeframe cannot later drop the unit without academic and financial liability. See details in the [Assessment Policy and Procedure \(Higher Education Coursework\)](#).

Offerings For Term 1 - 2021

- Online

Attendance Requirements

All on-campus students are expected to attend scheduled classes - in some units, these classes are identified as a mandatory (pass/fail) component and attendance is compulsory. International students, on a student visa, must maintain a full time study load and meet both attendance and academic progress requirements in each study period (satisfactory attendance for International students is defined as maintaining at least an 80% attendance record).

Website

[This unit has a website, within the Moodle system, which is available two weeks before the start of term. It is important that you visit your Moodle site throughout the term. Please visit Moodle for more information.](#)

Class and Assessment Overview

Recommended Student Time Commitment

Each 6-credit Undergraduate unit at CQUniversity requires an overall time commitment of an average of 12.5 hours of study per week, making a total of 150 hours for the unit.

Class Timetable

[Regional Campuses](#)

Bundaberg, Cairns, Emerald, Gladstone, Mackay, Rockhampton, Townsville

[Metropolitan Campuses](#)

Adelaide, Brisbane, Melbourne, Perth, Sydney

Assessment Overview

1. **Online Quiz(zes)**

Weighting: 40%

2. **Written Assessment**

Weighting: 20%

3. **Written Assessment**

Weighting: 40%

Assessment Grading

This is a graded unit: your overall grade will be calculated from the marks or grades for each assessment task, based on the relative weightings shown in the table above. You must obtain an overall mark for the unit of at least 50%, or an overall grade of 'pass' in order to pass the unit. If any 'pass/fail' tasks are shown in the table above they must also be completed successfully ('pass' grade). You must also meet any minimum mark requirements specified for a particular assessment task, as detailed in the 'assessment task' section (note that in some instances, the minimum mark for a task may be greater than 50%). Consult the [University's Grades and Results Policy](#) for more details of interim results and final grades.

CQUniversity Policies

All University policies are available on the [CQUniversity Policy site](#).

You may wish to view these policies:

- Grades and Results Policy
- Assessment Policy and Procedure (Higher Education Coursework)
- Review of Grade Procedure
- Student Academic Integrity Policy and Procedure
- Monitoring Academic Progress (MAP) Policy and Procedure – Domestic Students
- Monitoring Academic Progress (MAP) Policy and Procedure – International Students
- Student Refund and Credit Balance Policy and Procedure
- Student Feedback – Compliments and Complaints Policy and Procedure
- Information and Communications Technology Acceptable Use Policy and Procedure

This list is not an exhaustive list of all University policies. The full list of University policies are available on the [CQUniversity Policy site](#).

Previous Student Feedback

Feedback, Recommendations and Responses

Every unit is reviewed for enhancement each year. At the most recent review, the following staff and student feedback items were identified and recommendations were made.

Feedback from Have Your Say Feedback

Feedback

Students reported that there could be more emphasis on when the 4 Quest tasks were released to students and when they should submit these tasks.

Recommendation

Whilst the schedule clearly states when students can access and submit the 4 Quests as part of Assessment 1, students appear to struggle with this rolling assessment task idea. It is recommended that Assessment 1 be revised so that only one assessment task is completed which incorporates the learning outcomes of the current 4 Quest tasks.

Feedback from Have Your Say Feedback

Feedback

Students commented that the Zoom tutorials (done by a casual tutor) were not well received due to mixed messages on assessment requirements being given.

Recommendation

It is recommended that the delivery of the Zoom tutorials by casual staff be reviewed for future offerings with a view to enhancing the messages delivered to students on assessment requirements.

Unit Learning Outcomes

On successful completion of this unit, you will be able to:

1. Trace the history and development of occupational health and safety.
2. Identify the essential elements of occupational health and safety.
3. Describe the impact of occupational injury and disease on individuals, organisations and society.
4. Source risk management and prevention guidance material.
5. Construct a reflective mind map related to occupational health and safety topics.

Alignment of Learning Outcomes, Assessment and Graduate Attributes



Alignment of Assessment Tasks to Learning Outcomes

Assessment Tasks	Learning Outcomes				
	1	2	3	4	5
1 - Online Quiz(zes) - 40%	•	•	•	•	
2 - Written Assessment - 20%	•	•	•	•	•
3 - Written Assessment - 40%	•	•	•		

Alignment of Graduate Attributes to Learning Outcomes

Graduate Attributes	Learning Outcomes				
	1	2	3	4	5
1 - Communication	•	•	•	•	•
2 - Problem Solving				•	•
3 - Critical Thinking	•	•	•	•	•
4 - Information Literacy			•	•	•
5 - Team Work					
6 - Information Technology Competence		•	•	•	
7 - Cross Cultural Competence	•		•		•
8 - Ethical practice	•		•		•
9 - Social Innovation					
10 - Aboriginal and Torres Strait Islander Cultures					

Alignment of Assessment Tasks to Graduate Attributes

Assessment Tasks	Graduate Attributes									
	1	2	3	4	5	6	7	8	9	10
1 - Online Quiz(zes) - 40%	•	•	•			•	•	•		
2 - Written Assessment - 20%	•		•	•		•	•	•		
3 - Written Assessment - 40%	•	•	•				•	•		

Textbooks and Resources

Textbooks

There are no required textbooks.

IT Resources

You will need access to the following IT resources:

- CQUniversity Student Email
- Internet
- Unit Website (Moodle)

Referencing Style

All submissions for this unit must use the referencing style: [Harvard \(author-date\)](#)
 For further information, see the Assessment Tasks.

Teaching Contacts

Karen Klockner Unit Coordinator
k.klockner@cqu.edu.au

Schedule

Week 1 - 08 Mar 2021

Module/Topic	Chapter	Events and Submissions/Topic
Lecture: Introduction to the Unit	All Chapters are from the OHS Body of Knowledge (BoK): Chapter 3.1 - The Generalist OHS Professional	Tutorial: Welcome and Overview

Week 2 - 15 Mar 2021

Module/Topic	Chapter	Events and Submissions/Topic
Lecture: The Extent of the OHS Problem	Chapter 4 - Global Concepts - Work, 2012 Chapter 5 - Global Concepts - Safety, 2012 Chapter 6 - Global Concepts - Health, 2012	Tutorial: Academic Learning Centre (ALC) - Introduction to the ALC and tips for studying at university

Week 3 - 22 Mar 2021

Module/Topic	Chapter	Events and Submissions/Topic
Lecture: Humans	Chapter 7.1 - The Human: As a biological system Chapter 8.1 - The Human: Basic psychological principles Chapter 8.2 - The Human: Basic principles of social interaction	Tutorial: OHS Knowledge - Evidence Informed Professional Practice

Week 4 - 29 Mar 2021

Module/Topic	Chapter	Events and Submissions/Topic
Lecture: Organisations	Chapter 10.1 - The Organisation Chapter 10.2.1 - Organisational Culture	Tutorial: Assessment 1 - Quiz

Week 5 - 05 Apr 2021

Module/Topic	Chapter	Events and Submissions/Topic
Lecture: Socio-political Context	Chapter 9.1 - Socio-political context in Australia Chapter 9.2 - Work Health and Safety Law in Australia	Tutorial: Assessment 2 - Mind Mapping

Vacation Week - 12 Apr 2021

Module/Topic	Chapter	Events and Submissions/Topic
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Week 6 - 19 Apr 2021

Module/Topic	Chapter	Events and Submissions/Topic
Lecture: Hazards and Risks	Chapter 15 - Hazard as a Concept Chapter 31.1. - Risk	Tutorial: OHS Professional as Researcher and Professional Specialisations On Line Quiz - Elements of Occupational Health & Safety Due: Week 6 Monday (19 Apr 2021) 11:45 pm AEST

Week 7 - 26 Apr 2021

Module/Topic	Chapter	Events and Submissions/Topic
Lecture: Control: Prevention and Intervention	Chapter 34.1 - Control: Prevention and Intervention Chapter 34.2 - User-Centric Safe Design Approach to Control Chapter 34.3 - Health and Safety in Design	Tutorial: Academic Learning Centre (ALC) - Reading and recording reliable research

Week 8 - 03 May 2021

Module/Topic	Chapter	Events and Submissions/Topic
Lecture - Systems	Chapter 12.1 - Systems	Tutorial: International Network of Safety and Health Practitioner Organisations (INSHPO 2017) - The Occupational Health and Safety Professional Capability Framework: A Global Framework for Practice. Mind Map Due: Week 8 Friday (7 May 2021) 11:45 pm AEST

Week 9 - 10 May 2021

Module/Topic	Chapter	Events and Submissions/Topic
Lecture: Models of Causation - Safety	Chapter 32 - Models of Causation - Safety	Tutorial: Academic Learning Centre (ALC) - Writing academic assignments

Week 10 - 17 May 2021

Module/Topic	Chapter	Events and Submissions/Topic
Lecture: Models of Causation - Health Determinants	Chapter 33 - Models of Causation - Health Determinates	Tutorial : Academic Learning Centre (ALC) - Harvard style referencing

Week 11 - 24 May 2021

Module/Topic	Chapter	Events and Submissions/Topic
Lecture: Introduction to OHS Practice	Chapter 37 - Introduction to 'practice' as a concept Chapter 39.1 - The OHS professional as a 'critical consumer' of research	Tutorial : Assignment 3 Report Help - Drop In Session

Week 12 - 31 May 2021

Module/Topic	Chapter	Events and Submissions/Topic
Lecture: Introduction to OHS - Unit Summary		No Tutorial Report - OHS Professional Practice Due: Week 12 Friday (4 June 2021) 11:45 pm AEST

Review/Exam Week - 07 Jun 2021

Module/Topic	Chapter	Events and Submissions/Topic

Exam Week - 14 Jun 2021

Module/Topic	Chapter	Events and Submissions/Topic

Term Specific Information

The formal weekly Lecture will be held via Zoom at 9.00am (Qld time) every Wednesday morning. Zoom details will be made available on the Moodle site. Lectures will be recorded and students will be able to access the recording after the lecture.

The informal weekly Tutorial will be held via Zoom at 7.00pm (Qld time) every Wednesday night. Zoom details will be made available on the Moodle site. Tutorials will be recorded and students will be able to access the recordings after the tutorial.

Assessment Tasks

1 On Line Quiz - Elements of Occupational Health & Safety

Assessment Type

Online Quiz(zes)

Task Description

In this assessment you will complete (one) online quiz via the Moodle site which covers your understanding of some of the essential elements of OHS which you have learnt about during the first 5 weeks of lectures for this unit including:-

- (1) the early foundational History of OHS in the United Kingdom (England);
- (2) the extent of the OHS problem in Australia;
- (3) Humans;
- (4) Organisations; and
- (5) OHS Law.

Students will be required to complete a quiz which is made up of 40 questions, each worth one mark. Whilst students will only be allowed one final submission for the whole quiz, students will be able to access the quiz and complete their answers at any time before their final submission by the assessment 1 due date. If students fail to formally submit their quiz by the due date, the quiz will be graded on any answers allocated to questions which the student completed before the due date.

Questions are made up of multiple choice or true/false responses.

Number of Quizzes

1

Frequency of Quizzes

Other

Assessment Due Date

Week 6 Monday (19 Apr 2021) 11:45 pm AEST

Return Date to Students

Week 8 Monday (3 May 2021)

Automatic Grading will be completed for the quiz after the Assessment 1 due date

Weighting

40%

Minimum mark or grade

50%

Assessment Criteria

Minimum mark or grade: To pass this unit students must obtain a minimum grade of 50% for all assessment tasks.

The quiz will be automatically graded based on the student's answers after the submission due date for Assessment 1.

Referencing Style

- [Harvard \(author-date\)](#)

Submission

Online

Graduate Attributes

- Communication
- Problem Solving
- Critical Thinking
- Information Technology Competence
- Cross Cultural Competence
- Ethical practice

Learning Outcomes Assessed

- Trace the history and development of occupational health and safety.
- Identify the essential elements of occupational health and safety.
- Describe the impact of occupational injury and disease on individuals, organisations and society.
- Source risk management and prevention guidance material.

2 Mind Map

Assessment Type

Written Assessment

Task Description

In this assessment you will explore four key aspects of your study in this unit in order to display your deeper understanding of key concepts as a Mind Map.

Therefore, for each of the OHS elements listed below, display, via your Mind Map, your key understandings of these elements from a complex systems lens as covered in the OHS Body of Knowledge chapters you have read, being: -

- (1) The Human including Biological, Psychological and Social Systems (Week 3 = Chapters 7.1, 8.1 and 8.2),
- (2) The Organisation (Week 4 = Chapters 10.1 and 10.2.1),
- (3) Hazards and Risks (Week 6 = Chapters 15 and 31.1)
- (4) Control including Prevention and Intervention (Week 7 = Chapters 34.1, 34.2 and 34.3)

The four headings above form the basis of your Mind Map, branching out from OHS in the centre, and you should add to those branches, ideas, concepts, understandings and linkages of what you now know they represent as they relate to the OHS Body of Knowledge material covered in this unit in the first 7 weeks.

Presentation Format:

You are required to prepare a ONE page Mind Map of what you have learnt about this term under each of the headings referred to above.

Examples of Mind Maps will be given in Moodle, however please feel free to research Mind Maps think about how you would like to present your work.

Assessment Due Date

Week 8 Friday (7 May 2021) 11:45 pm AEST

Return Date to Students

Week 10 Friday (21 May 2021)

Weighting

20%

Minimum mark or grade

50%

Assessment Criteria

Minimum mark or grade: To pass this unit students must obtain a minimum grade of 50% for all assessment tasks.

When grading this submission specific attention will concentrate on finding:-

1. Evidence of your development of learning and understanding in relation to the key elements and concepts presented in these chapters of the Body of Knowledge (75%); and
2. Evidence of critical thinking and creativity of presentation of key ideas (25%).

A detailed marking matrix will be provided via the Moodle site.

Referencing Style

- [Harvard \(author-date\)](#)

Submission

Online

Graduate Attributes

- Communication
- Critical Thinking
- Information Literacy
- Information Technology Competence
- Cross Cultural Competence
- Ethical practice

Learning Outcomes Assessed

- Trace the history and development of occupational health and safety.
- Identify the essential elements of occupational health and safety.
- Describe the impact of occupational injury and disease on individuals, organisations and society.
- Source risk management and prevention guidance material.
- Construct a reflective mind map related to occupational health and safety topics.

3 Report - OHS Professional Practice

Assessment Type

Written Assessment

Task Description

For this assessment you will prepare a written paper that discusses your understanding of both Occupational Health and Safety (OHS) as a 'profession' and the 'role' of the OHS professional.

Your paper should cover the following two main areas which have been covered in this unit: -

1. Outline the historical developments of the profession of OHS demonstrating your understanding of how the profession developed from the early industrial era up to how the OHS profession now encompasses work in complex socio-technical systems,

then: -

2. Describe how OHS professionals use their knowledge of the key elements of OHS (i.e. refer to the wide range subjects covered in this unit via the OHS BoK) to reduce the occupational injury and disease impacts to individuals, organisations and the wider community (society) as critical consumers of research and other OHS material.

Word expectation: 2000 words.

Submission should be in Word format only - Not PDF.

Assessment Due Date

Week 12 Friday (4 June 2021) 11:45 pm AEST

Return Date to Students

Exam Week Friday (18 June 2021)

Weighting

40%

Minimum mark or grade

50%

Assessment Criteria

Minimum mark or grade: To pass this unit students must obtain a minimum grade of 50% for all assessment tasks.

Assessment Criteria:

Ability to apply a historical to modern day lens to the OHS profession - 20%

Ability to discuss key elements of OHS knowledge used to reduce the impacts on individuals, organisations and society - 30%

Ability to discuss how the OHS professional uses OHS research and other material (knowledge) to inform OHS practice - 30%

Organisation and sequence of written expression of the report, accurate grammar and spelling - 10%

Correct Use of Harvard Style Referencing - 10%

A detailed marking matrix will be available to you via the Moodle site.

Referencing Style

- [Harvard \(author-date\)](#)

Submission

Online

Graduate Attributes

- Communication
- Problem Solving
- Critical Thinking
- Cross Cultural Competence

- Ethical practice

Learning Outcomes Assessed

- Trace the history and development of occupational health and safety.
- Identify the essential elements of occupational health and safety.
- Describe the impact of occupational injury and disease on individuals, organisations and society.

Academic Integrity Statement

As a CQUniversity student you are expected to act honestly in all aspects of your academic work.

Any assessable work undertaken or submitted for review or assessment must be your own work. Assessable work is any type of work you do to meet the assessment requirements in the unit, including draft work submitted for review and feedback and final work to be assessed.

When you use the ideas, words or data of others in your assessment, you must thoroughly and clearly acknowledge the source of this information by using the correct referencing style for your unit. Using others' work without proper acknowledgement may be considered a form of intellectual dishonesty.

Participating honestly, respectfully, responsibly, and fairly in your university study ensures the CQUniversity qualification you earn will be valued as a true indication of your individual academic achievement and will continue to receive the respect and recognition it deserves.

As a student, you are responsible for reading and following CQUniversity's policies, including the [Student Academic Integrity Policy and Procedure](#). This policy sets out CQUniversity's expectations of you to act with integrity, examples of academic integrity breaches to avoid, the processes used to address alleged breaches of academic integrity, and potential penalties.

What is a breach of academic integrity?

A breach of academic integrity includes but is not limited to plagiarism, self-plagiarism, collusion, cheating, contract cheating, and academic misconduct. The Student Academic Integrity Policy and Procedure defines what these terms mean and gives examples.

Why is academic integrity important?

A breach of academic integrity may result in one or more penalties, including suspension or even expulsion from the University. It can also have negative implications for student visas and future enrolment at CQUniversity or elsewhere. Students who engage in contract cheating also risk being blackmailed by contract cheating services.

Where can I get assistance?

For academic advice and guidance, the [Academic Learning Centre \(ALC\)](#) can support you in becoming confident in completing assessments with integrity and of high standard.

What can you do to act with integrity?



Be Honest

If your assessment task is done by someone else, it would be dishonest of you to claim it as your own



Seek Help

If you are not sure about how to cite or reference in essays, reports etc, then seek help from your lecturer, the library or the Academic Learning Centre (ALC)



Produce Original Work

Originality comes from your ability to read widely, think critically, and apply your gained knowledge to address a question or problem