OCHS11026 *Introductory Occupational Health and Safety*
Term 1 - 2024

Profile information current as at 10/05/2024 12:43 am

All details in this unit profile for OCHS11026 have been officially approved by CQUniversity and represent a learning partnership between the University and you (our student). The information will not be changed unless absolutely necessary and any change will be clearly indicated by an approved correction included in the profile.

General Information

Overview
This unit provides an overview of occupational health and safety as a discipline. Students will trace the history and development of the discipline and develop an appreciation of the impact of the occupational environment on the health and safety of individuals. Students will examine the costs and benefits of strategies to prevent occupational injury and illness and be introduced to the different specialities within the OHS discipline.

Details
Career Level: *Undergraduate*
Unit Level: *Level 1*
Credit Points: *6*
Student Contribution Band: *8*
Fraction of Full-Time Student Load: *0.125*

Pre-requisites or Co-requisites
There are no requisites for this unit.
Important note: Students enrolled in a subsequent unit who failed their pre-requisite unit, should drop the subsequent unit before the census date or within 10 working days of Fail grade notification. Students who do not drop the unit in this timeframe cannot later drop the unit without academic and financial liability. See details in the [Assessment Policy and Procedure (Higher Education Coursework)](#).

Offerings For Term 1 - 2024
- Online

Attendance Requirements
All on-campus students are expected to attend scheduled classes – in some units, these classes are identified as a mandatory (pass/fail) component and attendance is compulsory. International students, on a student visa, must maintain a full time study load and meet both attendance and academic progress requirements in each study period (satisfactory attendance for International students is defined as maintaining at least an 80% attendance record).

Website
[This unit has a website, within the Moodle system, which is available two weeks before the start of term. It is important that you visit your Moodle site throughout the term. Please visit Moodle for more information.](#)

Class and Assessment Overview

Recommended Student Time Commitment
Each 6-credit Undergraduate unit at CQUniversity requires an overall time commitment of an average of 12.5 hours of study per week, making a total of 150 hours for the unit.

Class Timetable

Regional Campuses
Bundaberg, Cairns, Emerald, Gladstone, Mackay, Rockhampton, Townsville

Metropolitan Campuses
Adelaide, Brisbane, Melbourne, Perth, Sydney

Assessment Overview
1. **Online Quiz(zes)**
Weighting: 40%
2. **Written Assessment**
Weighting: 20%
3. **Written Assessment**
Weighting: 40%

Assessment Grading
This is a graded unit: your overall grade will be calculated from the marks or grades for each assessment task, based on the relative weightings shown in the table above. You must obtain an overall mark for the unit of at least 50%, or an overall grade of 'pass' in order to pass the unit. If any 'pass/fail' tasks are shown in the table above they must also be completed successfully ('pass' grade). You must also meet any minimum mark requirements specified for a particular assessment task, as detailed in the 'assessment task' section (note that in some instances, the minimum mark for a task may be greater than 50%). Consult the University's Grades and Results Policy for more details of interim results and final grades.

CQUniversity Policies

All University policies are available on the CQUniversity Policy site.
You may wish to view these policies:

- Grades and Results Policy
- Assessment Policy and Procedure (Higher Education Coursework)
- Review of Grade Procedure
- Student Academic Integrity Policy and Procedure
- Monitoring Academic Progress (MAP) Policy and Procedure – Domestic Students
- Monitoring Academic Progress (MAP) Policy and Procedure – International Students
- Student Refund and Credit Balance Policy and Procedure
- Student Feedback – Compliments and Complaints Policy and Procedure
- Information and Communications Technology Acceptable Use Policy and Procedure

This list is not an exhaustive list of all University policies. The full list of University policies are available on the CQUniversity Policy site.

Feedback, Recommendations and Responses

Every unit is reviewed for enhancement each year. At the most recent review, the following staff and student feedback items were identified and recommendations were made.

Feedback from SUTE feedback.

Feedback

This unit was a pleasure to undertake and was very informative.

Recommendation

Only one comment was received from a student this term, which was very positive, and it is therefore recommended to keep the teaching and assessment format of this unit for future deliveries.

Feedback from Unit Coordinator

Feedback

Update the Assessment 1 Quiz which is worth 40% with a view to making it related to the first 4 weeks teaching content.

Recommendation

It is recommended to review and update the Quiz for assessment 1 looking at new questions related to OHS Body of Knowledge first 4 weeks readings rather than OHS history focussed.

Unit Learning Outcomes

On successful completion of this unit, you will be able to:

1. Trace the history and development of occupational health and safety.
2. Identify the essential elements of occupational health and safety.
3. Describe the impact of occupational injury and disease on individuals, organisations and society.
4. Source risk management and prevention guidance material.
5. Construct a reflective mind map related to occupational health and safety topics.

Alignment of Learning Outcomes, Assessment and Graduate Attributes

— N/A Level   ○ Introductory Level   ○ Intermediate Level   ○ Graduate Level   ○ Professional Level   ○ Advanced Level

Alignment of Assessment Tasks to Learning Outcomes

Assessment Tasks	Learning Outcomes				
	1	**2**	**3**	**4**	**5**
1 - Online Quiz(zes) - 40%	●	●	●	●	
2 - Written Assessment - 20%	●	●	●	●	●
3 - Written Assessment - 40%	●	●	●		

Alignment of Graduate Attributes to Learning Outcomes

Graduate Attributes	Learning Outcomes				
	1	2	3	4	5
1 - Communication	•	•	•	•	•
2 - Problem Solving				•	•
3 - Critical Thinking	•	•	•	•	•
4 - Information Literacy			•	•	•
5 - Team Work					
6 - Information Technology Competence		•	•	•	
7 - Cross Cultural Competence	•		•		•
8 - Ethical practice	•		•		•
9 - Social Innovation					
10 - Aboriginal and Torres Strait Islander Cultures					

Alignment of Assessment Tasks to Graduate Attributes

Assessment Tasks	Graduate Attributes									
	1	2	3	4	5	6	7	8	9	10
1 - Online Quiz(zes) - 40%	•	•	•			•	•	•		
2 - Written Assessment - 20%	•		•	•		•	•	•		
3 - Written Assessment - 40%	•	•	•				•	•		

Textbooks and Resources

Textbooks

There are no required textbooks.

Additional Textbook Information
There are no required textbooks for this unit. All readings will be provided in the Moodle site.

IT Resources

You will need access to the following IT resources:

- CQUniversity Student Email
- Internet
- Unit Website (Moodle)

Referencing Style

All submissions for this unit must use the referencing style: [Harvard (author-date)](#)
For further information, see the Assessment Tasks.

Teaching Contacts

Karen Klockner Unit Coordinator
k.klockner@cqu.edu.au

Schedule

Week 1 - 04 Mar 2024

Module/Topic	Chapter	Events and Submissions/Topic
Introduction to the Unit	All Chapter Readings are from the OHS Body of Knowledge (BoK): Chapter 3 - The Generalist OHS Professional Chapter 4 - Global Concepts - Work	Lecture (No tutorial) Complete Week 1 Turning Point Discussion

Week 2 - 11 Mar 2024

Module/Topic	Chapter	Events and Submissions/Topic
The Extent of the OHS Problem	Chapter 5 - Global Concepts - Safety Chapter 6 - Global Concepts - Health	Lecture Tutorial Complete Week 2 Turning Point Discussion

Week 3 - 18 Mar 2024

Module/Topic	Chapter	Events and Submissions/Topic
Humans	Chapter 7.1 - The Human: As a biological system Chapter 8.1 - The Human: Basic psychological principles Chapter 8.2 - The Human: Basic principles of social interaction	Lecture Tutorial Complete Week 3 Turning Point Discussion

Week 4 - 25 Mar 2024

Module/Topic	Chapter	Events and Submissions/Topic
Organisations	Chapter 10.1 - The Organisation Chapter 10.2.1 - Organisational Culture	Lecture Tutorial Complete Week 4 Turning Point Discussion

Week 5 - 01 Apr 2024

Module/Topic	Chapter	Events and Submissions/Topic
Socio-political Context	Chapter 9.1 - Socio-political context in Australia Chapter 9.2 - Work Health and Safety Law in Australia	Lecture Tutorial **Turning Point Discussions** Due: Week 5 Friday (5 Apr 2024) 11:45 pm AEST

Vacation Week - 08 Apr 2024

Module/Topic	Chapter	Events and Submissions/Topic

Week 6 - 15 Apr 2024

Module/Topic	Chapter	Events and Submissions/Topic

| | Chapter 15 - Hazard as a Concept | Lecture |
| Hazards and Risks | Chapter 31.1. - Risk | Tutorial |

Week 7 - 22 Apr 2024

Module/Topic	Chapter	Events and Submissions/Topic
Control: Prevention and Intervention	Chapter 34.1 - Control: Prevention and Intervention Chapter 34.2 - User-Centric Safe Design Approach to Control Chapter 34.3 - Health and Safety in Design	Lecture Tutorial

Week 8 - 29 Apr 2024

Module/Topic	Chapter	Events and Submissions/Topic
Systems	Chapter 12.1 - Systems Chapter 12.2 - OHS Management Systems	Lecture Tutorial **Mind Map - OHS Professional Learning Journey** Due: Week 8 Friday (3 May 2024) 11:45 pm AEST

Week 9 - 06 May 2024

Module/Topic	Chapter	Events and Submissions/Topic
Models of Causation - Safety	Chapter 32 - Models of Causation - Safety	Lecture Tutorial

Week 10 - 13 May 2024

Module/Topic	Chapter	Events and Submissions/Topic
Models of Causation - Health Determinants	Chapter 33 - Models of Causation - Health Determinates	Lecture Tutorial

Week 11 - 20 May 2024

Module/Topic	Chapter	Events and Submissions/Topic
Introduction to OHS Practice	Chapter 37 - Introduction to 'practice' as a concept Chapter 39.1 - The OHS professional as a 'critical consumer' of research	Lecture Tutorial

Week 12 - 27 May 2024

Module/Topic	Chapter	Events and Submissions/Topic
Introduction to OHS - Unit Summary		Lecture Tutorial - Assessment help **Written Assessment - The Modern Day OHS Professional** Due: Week 12 Friday (31 May 2024) 11:45 pm AEST

Review/Exam Week - 03 Jun 2024

Module/Topic	Chapter	Events and Submissions/Topic

Exam Week - 10 Jun 2024

Module/Topic	Chapter	Events and Submissions/Topic

Assessment Tasks

1 Turning Point Discussions

Assessment Type
Online Quiz(zes)

Task Description
Students come into a unit with one understanding of the subject and - one hopes - leave with another. This assessment is therefore interested in your learning journey and the highlights, lightbulb moments or 'turning points' in your early learning about the OHS profession across the first 4 weeks of term.

In this assessment you will complete one online discussion per week for the first 4 weeks of term, via the Moodle site. Your weekly assigned readings from the OHS Body of Knowledge chapters from week 1 to week 4 will be used for your online turning point discussion. You are required to reflect and share your turning point learning experience via the Moodle site with your class cohort.

(1) Week 1 - BoK Chapters 3 and 4 - The Generalist OHS Professional and Global Concept - Work.
Discussion 1 - Reflect on and describe your turning point learning from your week 1 readings on the OHS Profession and the modern-day concept of work and how it has changed across time.

(2) Week 2 - BoK Chapters 5 and 6 - Global Concept - Safety and Global Concept - Health.
Discussion 2 - Reflect on and describe your turning point learning from your week 2 readings on the history and theory of Safety Science, and physical and psychological health.

(3) Week 3 - Bok Chapters - Humans - Chapters 7.1, 8.1 and 8.2.
Discussion 3 - Reflect on and describe your turning point learning from your week 3 reading on humans.

(4) Week 4 - Bok Chapters - Organisations - Chapters 10.1 and 10.2.
Discussion 4 - Reflect on and describe your turning point learning from your week 4 readings on organisational complexity, culture and safety performance.

Students are required to complete all four-discussion post by the end of Week 5, and it is suggested you post your discussions week by week across the first 4 weeks of term. You weekly post should be no more than 250 words as a maximum.

There is no need to formally submit an assessment item in the Moodle site, your discussion posts will be marked by the unit coordinator directly from the discussion forums on the Moodle site. A marking matrix will be provided in the Moodle site Assessment tile.

Number of Quizzes
1
Frequency of Quizzes
Other

Assessment Due Date
Week 5 Friday (5 Apr 2024) 11:45 pm AEST

Return Date to Students
Week 7 Friday (26 Apr 2024)

Weighting
40%

Minimum mark or grade
50%

Assessment Criteria
Minimum mark or grade: To pass this unit students must obtain a minimum grade of 50% for all assessment tasks.
Discussion 1 - Reflect on and describe your turning point learning from your week 1 readings. (10 marks)
Discussion 2 - Reflect on and describe your turning point learning from your week 2 readings. (10 marks)
Discussion 3 - Reflect on and describe your turning point learning from your week 3 readings. (10 marks)
Discussion 4 - Reflect on and describe your turning point learning from your week 4 readings. (10 marks)

Referencing Style

- Harvard (author-date)

Submission
Online

Learning Outcomes Assessed

- Trace the history and development of occupational health and safety.

- Identify the essential elements of occupational health and safety.
- Describe the impact of occupational injury and disease on individuals, organisations and society.
- Source risk management and prevention guidance material.

Graduate Attributes

- Communication
- Problem Solving
- Critical Thinking
- Information Technology Competence
- Cross Cultural Competence
- Ethical practice

2 Mind Map - OHS Professional Learning Journey

Assessment Type
Written Assessment

Task Description
This Introductory OHS unit takes you on a learning journey across the term into the profession of OHS. In this assessment you will construct a Mind Map of your key OHS learnings across the following areas of study: -
1. The history and development of the profession of occupational health and safety.
2. The essential elements of occupational health and safety.
3. The impact of occupational injury and disease (consider individuals, organisations and society).
4. The OHS Body of Knowledge as a foundational risk management and prevention guidance source for OHS professionals.

Using the term "Intro to OHS" as the central heading in your mind map, map a branch for each of the 4 topics listed and then add details about your learning in each of the branches.
Examples of Mind Maps will be provided in Moodle and a detailed marking matrix will also be provided.

Presentation Format:
You are required to prepare a ONE-page Mind Map of your key learnings under each of the 4 key branches referred to above.
Examples of Mind Maps will be given in Moodle, however, please feel free to research Mind Maps and think about how you would like to present your work.

Assessment Due Date
Week 8 Friday (3 May 2024) 11:45 pm AEST

Return Date to Students
Week 10 Friday (17 May 2024)

Weighting
20%

Minimum mark or grade
50%

Assessment Criteria
Minimum mark or grade: To pass this unit students must obtain a minimum grade of 50% for all assessment tasks.
When grading this submission specific attention will concentrate on the following: -
1. The history and development of the profession of occupational health and safety (10%).
2. The essential elements of occupational health and safety (10%).
3. The impact of occupational injury and disease - consider individuals, organisations and society (10%).
4. The OHS Body of Knowledge as a foundational risk management and prevention guidance source for OHS professionals (10%).
A detailed marking matrix will be provided via the Moodle site.

Referencing Style

- Harvard (author-date)

Submission
Online

Learning Outcomes Assessed

- Trace the history and development of occupational health and safety.
- Identify the essential elements of occupational health and safety.
- Describe the impact of occupational injury and disease on individuals, organisations and society.
- Source risk management and prevention guidance material.
- Construct a reflective mind map related to occupational health and safety topics.

Graduate Attributes

- Communication
- Critical Thinking
- Information Literacy
- Information Technology Competence
- Cross Cultural Competence
- Ethical practice

3 Written Assessment - The Modern Day OHS Professional

Assessment Type
Written Assessment

Task Description
OHS professionals work in complex systems of work in what has been termed the Fifth Age of Safety or the Adaptive Age. As an early career OHS professional you are required to prepare a written paper that demonstrates your understanding of the key notions linked to OHS modern day work. You are therefore required to: -

1. Discuss your understanding of the Fifth Age of Safety / The Adaptive Age;
2. Discuss the notions of Safety-I and Safety-II including how safety is now thought to be achieved by adaptations to changing circumstances through variability in human performance; and
3. Discuss why an understanding of complex socio-technical systems is important for modern day OHS professionals.

You will need to refer to the paper by Borys, Else and Leggett (2009) titled 'The Fifth Age of Safety: The Adaptive Age' and further support your writing with a total of at least 10 references.

Submission should be in Word format only - Not PDF. Length - 1500 words.

Assessment Due Date
Week 12 Friday (31 May 2024) 11:45 pm AEST

Return Date to Students
Exam Week Friday (14 June 2024)

Weighting
40%

Minimum mark or grade
50%

Assessment Criteria
Minimum mark or grade: To pass this unit students must obtain a minimum grade of 50% for all assessment tasks.
Assessment Criteria:
Ability to discuss an understanding of the 5th Age of Safety - the Adaptive Age - 30%
Ability to discuss the notions of Safety-I and Safety-II including an understanding of human performance variability which is now acknowledged as necessary for OHS - 30%
Ability to discuss the importance of a complex socio-technical systems view of OHS - 30%
Correct Use of Harvard Style Referencing - 10%
A detailed marking matrix will be available to you via the Moodle site.

Referencing Style

- [Harvard (author-date)](#)

Submission
Online

Learning Outcomes Assessed

- Trace the history and development of occupational health and safety.

- Identify the essential elements of occupational health and safety.
- Describe the impact of occupational injury and disease on individuals, organisations and society.

Graduate Attributes

- Communication
- Problem Solving
- Critical Thinking
- Cross Cultural Competence
- Ethical practice

Academic Integrity Statement

As a CQUniversity student you are expected to act honestly in all aspects of your academic work.

Any assessable work undertaken or submitted for review or assessment must be your own work. Assessable work is any type of work you do to meet the assessment requirements in the unit, including draft work submitted for review and feedback and final work to be assessed.

When you use the ideas, words or data of others in your assessment, you must thoroughly and clearly acknowledge the source of this information by using the correct referencing style for your unit. Using others' work without proper acknowledgement may be considered a form of intellectual dishonesty.

Participating honestly, respectfully, responsibly, and fairly in your university study ensures the CQUniversity qualification you earn will be valued as a true indication of your individual academic achievement and will continue to receive the respect and recognition it deserves.

As a student, you are responsible for reading and following CQUniversity's policies, including the **Student Academic Integrity Policy and Procedure**. This policy sets out CQUniversity's expectations of you to act with integrity, examples of academic integrity breaches to avoid, the processes used to address alleged breaches of academic integrity, and potential penalties.

What is a breach of academic integrity?
A breach of academic integrity includes but is not limited to plagiarism, self-plagiarism, collusion, cheating, contract cheating, and academic misconduct. The Student Academic Integrity Policy and Procedure defines what these terms mean and gives examples.

Why is academic integrity important?
A breach of academic integrity may result in one or more penalties, including suspension or even expulsion from the University. It can also have negative implications for student visas and future enrolment at CQUniversity or elsewhere. Students who engage in contract cheating also risk being blackmailed by contract cheating services.

Where can I get assistance?
For academic advice and guidance, the Academic Learning Centre (ALC) can support you in becoming confident in completing assessments with integrity and of high standard.

What can you do to act with integrity?

Be Honest
If your assessment task is done by someone else, it would be dishonest of you to claim it as your own

Seek Help
If you are not sure about how to cite or reference in essays, reports etc, then seek help from your lecturer, the library or the Academic Learning Centre (ALC)

Produce Original Work
Originality comes from your ability to read widely, think critically, and apply your gained knowledge to address a question or problem