PODI12007 *Gerontology in Podiatry Practice*
Term 2 - 2020

Profile information current as at 12/10/2024 06:39 pm

All details in this unit profile for PODI12007 have been officially approved by CQUniversity and represent a learning partnership between the University and you (our student).The information will not be changed unless absolutely necessary and any change will be clearly indicated by an approved correction included in the profile.

General Information

Overview
This unit is designed to provide you with a strong comprehension of the psycho-social-biological changes that people experience as they grow older. Population ageing across all communities and cultures, as well as the theories of ageing will be reviewed. The physiological and pathophysiological effects of ageing and senescence will be covered in-depth. The implications of an ageing society for all Australians will also be discussed. Mental health issues, particularly in dementia care and communication, along with polypharmacy in the elderly will be addressed. You will be able to describe the role of podiatric practice in an ageing society.

Details
Career Level: *Undergraduate*
Unit Level: *Level 2*
Credit Points: *6*
Student Contribution Band: *8*
Fraction of Full-Time Student Load: *0.125*

Pre-requisites or Co-requisites
Pre-requisite: ALLH11006 Life Course Development for Health Professionals.
Important note: Students enrolled in a subsequent unit who failed their pre-requisite unit, should drop the subsequent unit before the census date or within 10 working days of Fail grade notification. Students who do not drop the unit in this timeframe cannot later drop the unit without academic and financial liability. See details in the Assessment Policy and Procedure (Higher Education Coursework).

Offerings For Term 2 - 2020

- Rockhampton
- Sydney

Attendance Requirements
All on-campus students are expected to attend scheduled classes – in some units, these classes are identified as a mandatory (pass/fail) component and attendance is compulsory. International students, on a student visa, must maintain a full time study load and meet both attendance and academic progress requirements in each study period (satisfactory attendance for International students is defined as maintaining at least an 80% attendance record).

Website
This unit has a website, within the Moodle system, which is available two weeks before the start of term. It is important that you visit your Moodle site throughout the term. Please visit Moodle for more information.

Class and Assessment Overview

Recommended Student Time Commitment

Each 6-credit Undergraduate unit at CQUniversity requires an overall time commitment of an average of 12.5 hours of study per week, making a total of 150 hours for the unit.

Class Timetable

Regional Campuses
Bundaberg, Cairns, Emerald, Gladstone, Mackay, Rockhampton, Townsville

Metropolitan Campuses
Adelaide, Brisbane, Melbourne, Perth, Sydney

Assessment Overview

1. **Presentation**
Weighting: 30%
2. **Written Assessment**
Weighting: 20%
3. **Take Home Exam**
Weighting: 50%

Assessment Grading

This is a graded unit: your overall grade will be calculated from the marks or grades for each assessment task, based on the relative weightings shown in the table above. You must obtain an overall mark for the unit of at least 50%, or an overall grade of 'pass' in order to pass the unit. If any 'pass/fail' tasks are shown in the table above they must also be completed successfully ('pass' grade). You must also meet any minimum mark requirements specified for a particular assessment task, as detailed in the 'assessment task' section (note that in some instances, the minimum mark for a task may be greater than 50%). Consult the University's Grades and Results Policy for more details of interim results and final grades.

CQUniversity Policies

All University policies are available on the CQUniversity Policy site.
You may wish to view these policies:

- Grades and Results Policy
- Assessment Policy and Procedure (Higher Education Coursework)
- Review of Grade Procedure
- Student Academic Integrity Policy and Procedure
- Monitoring Academic Progress (MAP) Policy and Procedure – Domestic Students
- Monitoring Academic Progress (MAP) Policy and Procedure – International Students
- Student Refund and Credit Balance Policy and Procedure
- Student Feedback – Compliments and Complaints Policy and Procedure
- Information and Communications Technology Acceptable Use Policy and Procedure

This list is not an exhaustive list of all University policies. The full list of University policies are available on the CQUniversity Policy site.

Previous Student Feedback

Feedback, Recommendations and Responses

Every unit is reviewed for enhancement each year. At the most recent review, the following staff and student feedback items were identified and recommendations were made.

Feedback from Have your say

Feedback

The students found the lecturer very engaging and facilitated a lot of discussions. This was especially useful as the lesson was time-tabled in the afternoon.

Recommendation

The lesson will continue to be delivered in an engaging way, requiring student involvement in discussions, presentations and hands-on practicals.

Feedback from Have your say

Feedback

Students generally did not enjoy reading journal articles which was part of the requirement before lectures. Instead, a suggestion was provided to have an excursion to an aged care facility to appreciate first- hand, the mobility issues faced by the elderly.

Recommendation

Journal articles are required to provide students with up-to-date and evidence-based theoretical knowledge of gerontology in podiatry practice. More communication will be provided to students to highlight this point and the importance of reading journal articles provided to them. Students will encounter more elderly patients in the following term during clinical placements. Therefore an excursion to an aged care facility may not be valuable at this juncture where students may not have sufficient underpinning knowledge to manage elderly patients yet.

Feedback from Have your say

Feedback

Students appreciated that assessments were marked and returned swiftly and feedback was provided in a timely manner.

Recommendation

Unit coordinators and lecturers should continue to provide timely assessment return and feedback.

Unit Learning Outcomes

On successful completion of this unit, you will be able to:

1. Investigate the socio-economic impact of ageing and relate to podiatric practice
2. Apply effective and appropriate communication styles in managing the ageing patient
3. Describe the physiology and patho-physiology of ageing on different body systems, and analyse the relationship between common disease conditions and foot problems of older adults
4. Describe and appraise functional performance with respect to basic cognitive, psychological, sensory, perceptual and physical changes associated with ageing
5. Examine the challenges of polypharmacy encountered with elderly patients in podiatric practice
6. Evaluate best evidence in gerontology relevant to podiatric practice.

Alignment of Learning Outcomes, Assessment and Graduate Attributes

N/A Level | Introductory Level | Intermediate Level | Graduate Level | Professional Level | Advanced Level

Alignment of Assessment Tasks to Learning Outcomes

Assessment Tasks	Learning Outcomes					
	1	2	3	4	5	6
1 - Written Assessment - 20%	•	•			•	•
2 - Presentation - 30%	•	•	•	•		
3 - Take Home Exam - 50%			•	•	•	•

Alignment of Graduate Attributes to Learning Outcomes

Graduate Attributes	Learning Outcomes					
	1	2	3	4	5	6
1 - Communication	•	•	•	•	•	•
2 - Problem Solving				•	•	•
3 - Critical Thinking				•	•	•
4 - Information Literacy	•	•	•	•	•	•
5 - Team Work		•	•	•		
6 - Information Technology Competence	•	•	•	•	•	•
7 - Cross Cultural Competence	•	•				
8 - Ethical practice		•				
9 - Social Innovation						
10 - Aboriginal and Torres Strait Islander Cultures						

Alignment of Assessment Tasks to Graduate Attributes

Assessment Tasks	Graduate Attributes									
	1	2	3	4	5	6	7	8	9	10
1 - Written Assessment - 20%	•	•	•	•		•		•		
2 - Presentation - 30%	•	•	•	•	•	•	•	•		
3 - Take Home Exam - 50%	•	•	•	•		•	•			

Textbooks and Resources

Textbooks

PODI12007

Prescribed

Neale's Disorders of the Foot
Edition: 9th edn (2020)
Authors: Paul Frowen, Maureen O'Donnell, Donald Lorimer and Gordon Burrow
Churchill Livingstone
London , United Kingdom
ISBN: 9780702062230
Binding: Hardcover

Additional Textbook Information
Paper copies can be purchased at the CQUni Bookshop here: http://bookshop.cqu.edu.au (search on the Unit code)

View textbooks at the CQUniversity Bookshop

IT Resources

You will need access to the following IT resources:

- CQUniversity Student Email
- Internet
- Unit Website (Moodle)

Referencing Style

All submissions for this unit must use the referencing style: American Psychological Association 7th Edition (APA 7th edition)
For further information, see the Assessment Tasks.

Teaching Contacts

Angela Wilczek Unit Coordinator
a.wilczek@cqu.edu.au

Schedule

Week 1 - 16 July 2020 - 13 Jul 2020

Module/Topic	Chapter	Events and Submissions/Topic
Introduction to Gerontology. Theories of ageing. Quality of Life. Population aging trends. Impact of aging on healthcare. Duty of Care. Attitudes to ageing.	11	

Week 2 - 23 July 2020 - 20 Jul 2020

Module/Topic	Chapter	Events and Submissions/Topic
Physiological effects of ageing on the musculoskeletal systems. Common diseases affecting the foot (Osteoporosis, Osteoarthritis, muscle, tendon and ligaments).	4, 8, 15	

Week 3 - 30 July 2020 - 27 Jul 2020

Module/Topic	Chapter	Events and Submissions/Topic
Verbal and non-verbal communication and assessment of the aged person with neurovascular disorders.	1, 5, 6, 11	

Week 4 - 6 August 2020 - 03 Aug 2020

Module/Topic	Chapter	Events and Submissions/Topic
Physiological effects of ageing on the neurovascular system. Common diseases affecting the foot (Parkinson's, Dementia, Stroke, Diabetes).	5, 6, 11	

Week 5 - 13 August 2020 - 10 Aug 2020

Module/Topic	Chapter	Events and Submissions/Topic
Group Work (practice Oral Presentations and feedback)		

Vacation Week - 17 Aug 2020

Module/Topic	Chapter	Events and Submissions/Topic
Vacation Week		

Week 6 - 27 August 2020 - 24 Aug 2020

Module/Topic	Chapter	Events and Submissions/Topic
Group Work (in-class Oral Presentations) (30%)		**Group Work - Oral Presentation (30%)** Due: Week 6 Thursday (27 Aug 2020) 9:00 am AEST

Week 7 - 3 September 2020 - 31 Aug 2020

Module/Topic	Chapter	Events and Submissions/Topic
Poly pharmacy	11	

Week 8 - 10 September 2020 - 07 Sep 2020

Module/Topic	Chapter	Events and Submissions/Topic
Normal age-related changes which affect locomotion. Falls in older people. Footwear assessment.	11, 14, 16, 18	

Week 9 - 17 September 2020 - 14 Sep 2020

Module/Topic	Chapter	Events and Submissions/Topic
Common foot problems in older adults.	11	

Week 10 - 24 September 2020 - 21 Sep 2020

Module/Topic	Chapter	Events and Submissions/Topic
Written Assessment Review and feedback (individual zoom sessions).		

Week 11 - 1 October 2020 - 28 Sep 2020

Module/Topic	Chapter	Events and Submissions/Topic
Written Assessment Due (20%) No lecture		**Written Assessment (20%)** Due: Week 11 Thursday (1 Oct 2020) 11:45 pm AEST

Week 12 - 8 October 2020 - 05 Oct 2020

Module/Topic	Chapter	Events and Submissions/Topic
Exam Revision		

Review/Exam Week - 12 Oct 2020

Module/Topic	Chapter	Events and Submissions/Topic

Exam Week - 19 Oct 2020

Module/Topic	Chapter	Events and Submissions/Topic
Exam (50%)		

Term Specific Information

Term specific information for units with pracs and clinical placement
The Vice-Chancellor has approved exemptions for practical and clinical sessions for specific courses at CQUniversity. Students in the Bachelor of Podiatry Practice (Honours) course will be required to resume their studies on-campus for practical classes and clinical placements Terms 2 and 3 2020.
Provisions for social distancing will be implemented in all practical and clinical learning spaces for podiatry students. All staff, students and patients will be screened for COVID-19 symptoms and risk factors. Personal Protective Equipment (PPE) will be worn as required.
The re-commencement of practical and clinical sessions comes with the proviso that it will be subject to State and Federal health regulations if the situation with COVID-19 should deteriorate.
Attendance: As per the University's recommendation that all on-campus students are expected to attend scheduled classes online via zoom. Students should also be aware that there is clear evidence to show that attendance rates are directly related to academic progress. It is therefore in your best interest and strongly recommended in the Bachelor of Podiatry Practice (Honours) course, that you attend all scheduled learning activities to support your learning.
Uniform: In all practical classes, students are required to wear the mandatory clinical uniform.
Sessional Lecturer contact details: Ms Alexandra Bramley a.bramley@cqu.edu.au

Assessment Tasks

1 Group Work - Oral Presentation (30%)

Assessment Type
Presentation

Task Description

This assessment task is a group oral presentation.

The groups and topics will be discussed and agreed upon during the term with your Unit Coordinator.

The presentation will be a 20 minute group PowerPoint presentation, with each member of the group contributing and presenting.

Times of the presentations will be advised early in the term.

Assessment Due Date
Week 6 Thursday (27 Aug 2020) 9:00 am AEST

Group Oral Presentation (times to be advised).

Return Date to Students
Week 8 Thursday (10 Sept 2020)

Results and feedback will be given via Moodle.

Weighting
30%

Assessment Criteria

You will need to demonstrate that you are able to:

- Investigate the socio-economic impact of ageing and relate to podiatric practice
- Apply effective and appropriate communication styles in managing the ageing patient
- Describe the physiology and pathophysiology of ageing on different body systems
- Analyse the relationship between common disease conditions and foot problems of older adults
- Evaluate best evidence in gerontology relevant to podiatric practice

The assessment rubric for the oral presentation will be provided to you at the start of term.

Referencing Style

- American Psychological Association 7th Edition (APA 7th edition)

Submission
Group

assessmentOutcome

- Investigate the socio-economic impact of ageing and relate to podiatric practice
- Apply effective and appropriate communication styles in managing the ageing patient
- Describe the physiology and patho-physiology of ageing on different body systems, and analyse the relationship between common disease conditions and foot problems of older adults
- Describe and appraise functional performance with respect to basic cognitive, psychological, sensory, perceptual and physical changes associated with ageing

assessmentGradAttribute

- Communication
- Problem Solving
- Critical Thinking
- Information Literacy
- Team Work
- Information Technology Competence
- Cross Cultural Competence
- Ethical practice

2 Written Assessment (20%)

Assessment Type
Written Assessment

Task Description
The written assessment will be in the form of an essay.
The topic will be provided to you by the Unit Coordinator. You will be expected to review the relevant literature in order to establish the current knowledge of your particular topic(s).
The essay must be 1500 (+/- 10%) words (excluding any references, figures and tables) and should include:
• A cover page which includes assessment title, student's name and number, Unit Coordinators name, course code and title, due date, word count.
• An introduction
• Argument/case supported with evidence from the literature.
• Conclusion

Assessment Due Date
Week 11 Thursday (1 Oct 2020) 11:45 pm AEST

Task submission via Turnitin in Moodle.

Return Date to Students
Review/Exam Week Thursday (15 Oct 2020)

Results and feedback will be returned in Moodle.

Weighting
20%

Assessment Criteria
You will need to demonstrate that you are able to:

- Appraise functional performance with respect to basic sensory, perceptual and physical changes associated with ageing.
- Describe the cognitive and psychological changes associated with ageing and their impact on care.
- Examine the challenges of polypharmacy encountered with elderly patients in podiatric practice.
- Evaluate best evidence in gerontology relevant to podiatric practice.

The assessment rubric for the written assessment will be provided to you at the start of term.
If the written assessment exceeds the word limit of 1500 (+/- 10%) words, any content over the word limit will not be

assessed by the examiner.

Referencing Style

- American Psychological Association 7th Edition (APA 7th edition)

Submission
Online

assessmentOutcome

- Investigate the socio-economic impact of ageing and relate to podiatric practice
- Apply effective and appropriate communication styles in managing the ageing patient
- Examine the challenges of polypharmacy encountered with elderly patients in podiatric practice
- Evaluate best evidence in gerontology relevant to podiatric practice.

assessmentGradAttribute

- Communication
- Problem Solving
- Critical Thinking
- Information Literacy
- Information Technology Competence
- Ethical practice

3 Examination (50%)

Assessment Type
Take Home Exam

Task Description
This exam will be an open book, online exam. More details will be provided at the beginning of the term.

Assessment Due Date

During the University examination period.

Return Date to Students

Weighting
50%

Assessment Criteria
Length 120 minutes

Referencing Style

- American Psychological Association 7th Edition (APA 7th edition)

Submission
Online

assessmentOutcome

- Describe the physiology and patho-physiology of ageing on different body systems, and analyse the relationship between common disease conditions and foot problems of older adults
- Describe and appraise functional performance with respect to basic cognitive, psychological, sensory, perceptual and physical changes associated with ageing
- Examine the challenges of polypharmacy encountered with elderly patients in podiatric practice
- Evaluate best evidence in gerontology relevant to podiatric practice.

assessmentGradAttribute

- Communication
- Problem Solving
- Critical Thinking
- Information Literacy
- Information Technology Competence
- Cross Cultural Competence

Academic Integrity Statement

As a CQUniversity student you are expected to act honestly in all aspects of your academic work.

Any assessable work undertaken or submitted for review or assessment must be your own work. Assessable work is any type of work you do to meet the assessment requirements in the unit, including draft work submitted for review and feedback and final work to be assessed.

When you use the ideas, words or data of others in your assessment, you must thoroughly and clearly acknowledge the source of this information by using the correct referencing style for your unit. Using others' work without proper acknowledgement may be considered a form of intellectual dishonesty.

Participating honestly, respectfully, responsibly, and fairly in your university study ensures the CQUniversity qualification you earn will be valued as a true indication of your individual academic achievement and will continue to receive the respect and recognition it deserves.

As a student, you are responsible for reading and following CQUniversity's policies, including the **Student Academic Integrity Policy and Procedure**. This policy sets out CQUniversity's expectations of you to act with integrity, examples of academic integrity breaches to avoid, the processes used to address alleged breaches of academic integrity, and potential penalties.

What is a breach of academic integrity?
A breach of academic integrity includes but is not limited to plagiarism, self-plagiarism, collusion, cheating, contract cheating, and academic misconduct. The Student Academic Integrity Policy and Procedure defines what these terms mean and gives examples.

Why is academic integrity important?
A breach of academic integrity may result in one or more penalties, including suspension or even expulsion from the University. It can also have negative implications for student visas and future enrolment at CQUniversity or elsewhere. Students who engage in contract cheating also risk being blackmailed by contract cheating services.

Where can I get assistance?
For academic advice and guidance, the Academic Learning Centre (ALC) can support you in becoming confident in completing assessments with integrity and of high standard.

What can you do to act with integrity?

Be Honest
If your assessment task is done by someone else, it would be dishonest of you to claim it as your own

Seek Help
If you are not sure about how to cite or reference in essays, reports etc, then seek help from your lecturer, the library or the Academic Learning Centre (ALC)

Produce Original Work
Originality comes from your ability to read widely, think critically, and apply your gained knowledge to address a question or problem