



# PODI13010 Sports in Podiatry Practice

## Term 1 - 2017

Profile information current as at 08/05/2024 03:02 am

All details in this unit profile for PODI13010 have been officially approved by CQUniversity and represent a learning partnership between the University and you (our student). The information will not be changed unless absolutely necessary and any change will be clearly indicated by an approved correction included in the profile.

### General Information

#### Overview

This unit will provide the student with the advanced understanding of prevention, treatment and rehabilitation of musculoskeletal and sports related injuries of the lower limb. Evidence based practice will be central to this theme. Students will investigate the best practice management techniques for common acute and chronic injuries including strapping, electrophysical agents, exercise prescription, training regimes, orthoses and footwear. Students will also develop understanding of the role of psychology in sport related patient management.

#### Details

Career Level: *Undergraduate*

Unit Level: *Level 3*

Credit Points: 6

Student Contribution Band: 8

Fraction of Full-Time Student Load: 0.125

#### Pre-requisites or Co-requisites

Pre-requisites: PODI12010 Advanced Anatomy and Podiatric Biomechanics.

Important note: Students enrolled in a subsequent unit who failed their pre-requisite unit, should drop the subsequent unit before the census date or within 10 working days of Fail grade notification. Students who do not drop the unit in this timeframe cannot later drop the unit without academic and financial liability. See details in the [Assessment Policy and Procedure \(Higher Education Coursework\)](#).

#### Offerings For Term 1 - 2017

- Rockhampton
- Sydney

#### Attendance Requirements

All on-campus students are expected to attend scheduled classes – in some units, these classes are identified as a mandatory (pass/fail) component and attendance is compulsory. International students, on a student visa, must maintain a full time study load and meet both attendance and academic progress requirements in each study period (satisfactory attendance for International students is defined as maintaining at least an 80% attendance record).

#### Website

[This unit has a website, within the Moodle system, which is available two weeks before the start of term. It is important that you visit your Moodle site throughout the term. Please visit Moodle for more information.](#)

## Class and Assessment Overview

### Recommended Student Time Commitment

Each 6-credit Undergraduate unit at CQUniversity requires an overall time commitment of an average of 12.5 hours of study per week, making a total of 150 hours for the unit.

### Class Timetable

#### [Regional Campuses](#)

Bundaberg, Cairns, Emerald, Gladstone, Mackay, Rockhampton, Townsville

#### [Metropolitan Campuses](#)

Adelaide, Brisbane, Melbourne, Perth, Sydney

### Assessment Overview

#### 1. **Presentation and Written Assessment**

Weighting: 30%

#### 2. **Practical Assessment**

Weighting: 20%

#### 3. **Examination**

Weighting: 50%

### Assessment Grading

This is a graded unit: your overall grade will be calculated from the marks or grades for each assessment task, based on the relative weightings shown in the table above. You must obtain an overall mark for the unit of at least 50%, or an overall grade of 'pass' in order to pass the unit. If any 'pass/fail' tasks are shown in the table above they must also be completed successfully ('pass' grade). You must also meet any minimum mark requirements specified for a particular assessment task, as detailed in the 'assessment task' section (note that in some instances, the minimum mark for a task may be greater than 50%). Consult the [University's Grades and Results Policy](#) for more details of interim results and final grades.

## CQUniversity Policies

**All University policies are available on the [CQUniversity Policy site](#).**

You may wish to view these policies:

- Grades and Results Policy
- Assessment Policy and Procedure (Higher Education Coursework)
- Review of Grade Procedure
- Student Academic Integrity Policy and Procedure
- Monitoring Academic Progress (MAP) Policy and Procedure – Domestic Students
- Monitoring Academic Progress (MAP) Policy and Procedure – International Students
- Student Refund and Credit Balance Policy and Procedure
- Student Feedback – Compliments and Complaints Policy and Procedure
- Information and Communications Technology Acceptable Use Policy and Procedure

This list is not an exhaustive list of all University policies. The full list of University policies are available on the [CQUniversity Policy site](#).

## Previous Student Feedback

### Feedback, Recommendations and Responses

Every unit is reviewed for enhancement each year. At the most recent review, the following staff and student feedback items were identified and recommendations were made.

#### Feedback from Student feedback

##### Feedback

Ensure there is a clear distinction between Sports in Podiatry and Clinical Biomechanics in the practical sessions.

##### Recommendation

Ensure there are practical sessions separate for both courses through timetabling.

## Unit Learning Outcomes

**On successful completion of this unit, you will be able to:**

1. Select appropriate examination techniques required to determine a sports related injury.
2. Interpret the aetiology, clinical presentation, and treatment strategies for common sports related injuries.
3. Implement a safe and effective management plan, including self-management education for the sports injury patient.
4. Work in partnership with other health care professionals and health care teams to effectively manage the patient with a sports injury in podiatric practice.
5. Review literature from a range of sources relevant to the field of musculoskeletal and sports related injury and apply an evidence-based approach to podiatric practice.

Per NPC1321

## Alignment of Learning Outcomes, Assessment and Graduate Attributes



### Alignment of Assessment Tasks to Learning Outcomes

Assessment Tasks	Learning Outcomes				
	1	2	3	4	5
1 - Presentation and Written Assessment - 30%	•	•	•	•	•
2 - Practical Assessment - 20%	•	•	•	•	
3 - Examination - 50%	•	•	•	•	

### Alignment of Graduate Attributes to Learning Outcomes

Graduate Attributes	Learning Outcomes				
	1	2	3	4	5
1 - Communication	•	•	•	•	•
2 - Problem Solving	•	•	•	•	•

Graduate Attributes	Learning Outcomes				
	1	2	3	4	5
3 - Critical Thinking	•	•	•	•	•
4 - Information Literacy	•	•	•	•	•
5 - Team Work			•	•	
6 - Information Technology Competence	•	•	•	•	•
7 - Cross Cultural Competence	•		•	•	
8 - Ethical practice	•	•	•	•	•
9 - Social Innovation					
10 - Aboriginal and Torres Strait Islander Cultures					

## Alignment of Assessment Tasks to Graduate Attributes

[illegible]

## Textbooks and Resources

### Textbooks

PODI13010

#### Prescribed

##### **Bruckner & Kahn's Clinical Sports Medicine**

4th Edition (2011)

Authors: Peter Bruckner and Karim Khan

McGraw-Hill Education

Australia

ISBN: 9780070998131

Binding: Hardcover

#### **Additional Textbook Information**

You should be able to source this text at a lower cost through an online retailer.

[View textbooks at the CQUniversity Bookshop](#)

### IT Resources

**You will need access to the following IT resources:**

- CQUniversity Student Email
- Internet
- Unit Website (Moodle)

## Referencing Style

All submissions for this unit must use the referencing style: [American Psychological Association 6th Edition \(APA 6th edition\)](#)

For further information, see the Assessment Tasks.

## Teaching Contacts

**Laura Hutchison** Unit Coordinator

[l.hutchison@cqu.edu.au](mailto:l.hutchison@cqu.edu.au)

## Schedule

### **Week 1 - 06 Mar 2017**

Module/Topic	Chapter	Events and Submissions/Topic
Interdisciplinary teamwork, history taking, assessment and ethics in sports injury management	Appropriate reading chapters and other resources relevant to each week will be discussed during term time and posted in Moodle.	

### **Week 2 - 13 Mar 2017**

Module/Topic	Chapter	Events and Submissions/Topic
Principles of injury prevention, rehabilitation and return to sport		

### **Week 3 - 20 Mar 2017**

Module/Topic	Chapter	Events and Submissions/Topic
Psychology in sport		

### **Week 4 - 27 Mar 2017**

Module/Topic	Chapter	Events and Submissions/Topic
Foot injuries in sport		
<b>Week 5 - 03 Apr 2017</b>		
Module/Topic	Chapter	Events and Submissions/Topic
Ankle injuries in sport		
<b>Vacation Week - 10 Apr 2017</b>		
Module/Topic	Chapter	Events and Submissions/Topic
<b>Week 6 - 17 Apr 2017</b>		
Module/Topic	Chapter	Events and Submissions/Topic
Leg injuries in sport		<b>Presentation and Written Assessment</b> Due: Week 6 Friday (21 Apr 2017) 8:00 am AEST
<b>Week 7 - 24 Apr 2017</b>		
Module/Topic	Chapter	Events and Submissions/Topic
Knee injuries in sport		
<b>Week 8 - 01 May 2017</b>		
Module/Topic	Chapter	Events and Submissions/Topic
Thigh and groin injuries in sport		
<b>Week 9 - 08 May 2017</b>		
Module/Topic	Chapter	Events and Submissions/Topic
Hip, buttock and low back injuries in sport		
<b>Week 10 - 15 May 2017</b>		
Module/Topic	Chapter	Events and Submissions/Topic
Footwear and orthoses		
<b>Week 11 - 22 May 2017</b>		
Module/Topic	Chapter	Events and Submissions/Topic
Conditions masquerading as sports injuries		
<b>Week 12 - 29 May 2017</b>		
Module/Topic	Chapter	Events and Submissions/Topic
Review		
<b>Review/Exam Week - 05 Jun 2017</b>		
Module/Topic	Chapter	Events and Submissions/Topic
<b>Exam Week - 12 Jun 2017</b>		
Module/Topic	Chapter	Events and Submissions/Topic

## Assessment Tasks

### 1 Presentation and Written Assessment

#### Assessment Type

Presentation and Written Assessment

#### Task Description

You will be required to give a 10 minute power point oral presentation regarding a podiatric related pathology which is commonly seen in sport. You will also need to compile your oral presentation into a correctly referenced written report

(maximum two pages excluding references). The written report will be made available to all students in the unit as a learning resource. The aim of the assignment is to succinctly present the most relevant and current information regarding your topic. Specific areas to be covered and a list of pathology topic areas will be provided at the beginning of term.

**Assessment Due Date**

Week 6 Friday (21 Apr 2017) 8:00 am AEST

Presentations will be held in the tutorial and practical class times on Friday of week 6. Your written report is also due at this time and must be submitted via Moodle.

**Return Date to Students**

Week 9 Friday (12 May 2017)

**Weighting**

30%

**Assessment Criteria**

Assessment criteria and a marking rubric will be made available to students at the beginning of term.

**Referencing Style**

- [American Psychological Association 6th Edition \(APA 6th edition\)](#)

**Submission**

Online

**Learning Outcomes Assessed**

- Select appropriate examination techniques required to determine a sports related injury.
- Interpret the aetiology, clinical presentation, and treatment strategies for common sports related injuries.
- Implement a safe and effective management plan, including self-management education for the sports injury patient.
- Work in partnership with other health care professionals and health care teams to effectively manage the patient with a sports injury in podiatric practice.
- Review literature from a range of sources relevant to the field of musculoskeletal and sports related injury and apply an evidence-based approach to podiatric practice.

**Graduate Attributes**

- Communication
- Problem Solving
- Critical Thinking
- Information Literacy
- Team Work
- Information Technology Competence
- Cross Cultural Competence
- Ethical practice

## 2 Practical and Written Assessment

**Assessment Type**

Practical Assessment

**Task Description**

This assessment is an objective structured clinical examination (OSCE). There will be a number of OSCE stations each designed to assess your knowledge and practical skills acquired during this course. A mix of station types and competencies will be tested in this assessment. There will be a combination of written answer stations and observer assessed stations.

**Assessment Due Date**

Week 11. Date and time to be advised.

**Return Date to Students**

Exam Week Friday (16 June 2017)

**Weighting**

20%

**Assessment Criteria**

No Assessment Criteria

**Referencing Style**

- [American Psychological Association 6th Edition \(APA 6th edition\)](#)

**Submission**

Offline

**Learning Outcomes Assessed**

- Select appropriate examination techniques required to determine a sports related injury.
- Interpret the aetiology, clinical presentation, and treatment strategies for common sports related injuries.
- Implement a safe and effective management plan, including self-management education for the sports injury patient.
- Work in partnership with other health care professionals and health care teams to effectively manage the patient with a sports injury in podiatric practice.

**Graduate Attributes**

- Communication
- Problem Solving
- Critical Thinking
- Information Literacy
- Team Work
- Information Technology Competence
- Cross Cultural Competence
- Ethical practice

**Examination****Outline**

Complete an invigilated examination.

**Date**

During the examination period at a CQUniversity examination centre.

**Weighting**

50%

**Length**

120 minutes

**Exam Conditions**

Closed Book.

**Materials**

No calculators permitted

Dictionary - non-electronic, concise, direct translation only (dictionary must not contain any notes or comments).



## Academic Integrity Statement

As a CQUniversity student you are expected to act honestly in all aspects of your academic work.

Any assessable work undertaken or submitted for review or assessment must be your own work. Assessable work is any type of work you do to meet the assessment requirements in the unit, including draft work submitted for review and feedback and final work to be assessed.

When you use the ideas, words or data of others in your assessment, you must thoroughly and clearly acknowledge the source of this information by using the correct referencing style for your unit. Using others' work without proper acknowledgement may be considered a form of intellectual dishonesty.

Participating honestly, respectfully, responsibly, and fairly in your university study ensures the CQUniversity qualification you earn will be valued as a true indication of your individual academic achievement and will continue to receive the respect and recognition it deserves.

As a student, you are responsible for reading and following CQUniversity's policies, including the [Student Academic Integrity Policy and Procedure](#). This policy sets out CQUniversity's expectations of you to act with integrity, examples of academic integrity breaches to avoid, the processes used to address alleged breaches of academic integrity, and potential penalties.

### What is a breach of academic integrity?

A breach of academic integrity includes but is not limited to plagiarism, self-plagiarism, collusion, cheating, contract cheating, and academic misconduct. The Student Academic Integrity Policy and Procedure defines what these terms mean and gives examples.

### Why is academic integrity important?

A breach of academic integrity may result in one or more penalties, including suspension or even expulsion from the University. It can also have negative implications for student visas and future enrolment at CQUniversity or elsewhere. Students who engage in contract cheating also risk being blackmailed by contract cheating services.

### Where can I get assistance?

For academic advice and guidance, the [Academic Learning Centre \(ALC\)](#) can support you in becoming confident in completing assessments with integrity and of high standard.

### What can you do to act with integrity?



#### Be Honest

If your assessment task is done by someone else, it would be dishonest of you to claim it as your own



#### Seek Help

If you are not sure about how to cite or reference in essays, reports etc, then seek help from your lecturer, the library or the Academic Learning Centre (ALC)



#### Produce Original Work

Originality comes from your ability to read widely, think critically, and apply your gained knowledge to address a question or problem