



PODI13010 Sports in Podiatry Practice

Term 1 - 2019

Profile information current as at 23/04/2024 08:29 pm

All details in this unit profile for PODI13010 have been officially approved by CQUniversity and represent a learning partnership between the University and you (our student). The information will not be changed unless absolutely necessary and any change will be clearly indicated by an approved correction included in the profile.

General Information

Overview

This unit will provide you with the understanding of prevention, treatment and rehabilitation of chronic and acute musculoskeletal and sports related injuries of the lower limb which are commonly seen in podiatry practice. Evidence based practice will be central to this unit. You will develop practical skills regarding the assessment and management of common podiatric sporting injuries. You will also develop an understanding of the role of psychology in sport related patient management.

Details

Career Level: *Undergraduate*

Unit Level: *Level 3*

Credit Points: 6

Student Contribution Band: 8

Fraction of Full-Time Student Load: 0.125

Pre-requisites or Co-requisites

Pre-requisites: PODI12010 Advanced Anatomy and Podiatric Biomechanics. To be enrolled in this unit, students must be enrolled in CB86 Bachelor of Podiatry Practice (Honours) course. Co-requisite: PODI13008 Clinical Biomechanics of the Lower Limb

Important note: Students enrolled in a subsequent unit who failed their pre-requisite unit, should drop the subsequent unit before the census date or within 10 working days of Fail grade notification. Students who do not drop the unit in this timeframe cannot later drop the unit without academic and financial liability. See details in the [Assessment Policy and Procedure \(Higher Education Coursework\)](#).

Offerings For Term 1 - 2019

- Rockhampton
- Sydney

Attendance Requirements

All on-campus students are expected to attend scheduled classes - in some units, these classes are identified as a mandatory (pass/fail) component and attendance is compulsory. International students, on a student visa, must maintain a full time study load and meet both attendance and academic progress requirements in each study period (satisfactory attendance for International students is defined as maintaining at least an 80% attendance record).

Website

[This unit has a website, within the Moodle system, which is available two weeks before the start of term. It is important that you visit your Moodle site throughout the term. Please visit Moodle for more information.](#)

Class and Assessment Overview

Recommended Student Time Commitment

Each 6-credit Undergraduate unit at CQUniversity requires an overall time commitment of an average of 12.5 hours of study per week, making a total of 150 hours for the unit.

Class Timetable

[Regional Campuses](#)

Bundaberg, Cairns, Emerald, Gladstone, Mackay, Rockhampton, Townsville

[Metropolitan Campuses](#)

Adelaide, Brisbane, Melbourne, Perth, Sydney

Assessment Overview

1. **Presentation**

Weighting: 20%

2. **Practical Assessment**

Weighting: 30%

3. **On-campus Activity**

Weighting: Pass/Fail

4. **Examination**

Weighting: 50%

Assessment Grading

This is a graded unit: your overall grade will be calculated from the marks or grades for each assessment task, based on the relative weightings shown in the table above. You must obtain an overall mark for the unit of at least 50%, or an overall grade of 'pass' in order to pass the unit. If any 'pass/fail' tasks are shown in the table above they must also be completed successfully ('pass' grade). You must also meet any minimum mark requirements specified for a particular assessment task, as detailed in the 'assessment task' section (note that in some instances, the minimum mark for a task may be greater than 50%). Consult the [University's Grades and Results Policy](#) for more details of interim results and final grades.

CQUniversity Policies

All University policies are available on the [CQUniversity Policy site](#).

You may wish to view these policies:

- Grades and Results Policy
- Assessment Policy and Procedure (Higher Education Coursework)
- Review of Grade Procedure
- Student Academic Integrity Policy and Procedure
- Monitoring Academic Progress (MAP) Policy and Procedure – Domestic Students
- Monitoring Academic Progress (MAP) Policy and Procedure – International Students
- Student Refund and Credit Balance Policy and Procedure
- Student Feedback – Compliments and Complaints Policy and Procedure
- Information and Communications Technology Acceptable Use Policy and Procedure

This list is not an exhaustive list of all University policies. The full list of University policies are available on the [CQUniversity Policy site](#).

Previous Student Feedback

Feedback, Recommendations and Responses

Every unit is reviewed for enhancement each year. At the most recent review, the following staff and student feedback items were identified and recommendations were made.

Feedback from Student feedback - Have Your Say Survey

Feedback

It would be good if lectures could be recorded for study purposes.

Recommendation

It is acknowledged that recordings may be helpful for study purposes, however, any recordings should not replace student attendance. Participation and engagement are encouraged during lectures, and as such enables students to have the ability to ask the lecturer questions in real time.

Feedback from Student feedback - Have Your Say Survey

Feedback

"I think reading journal articles every week was not as beneficial as it could have been. Some weeks I found it useful, other times I wish we did more interactive things."

Recommendation

Tutorial activities are structured around reading weekly articles which help the students achieve the unit learning outcomes. Tutorial sessions are always followed with 'hands-on' practical sessions, which have opportunity for more interactive learning during the teaching term.

Feedback from Student feedback - Have Your Say Survey

Feedback

"The Brukner & Khan textbook recommended will be extremely useful for future clinical use, it was clear, easy to understand, and holistic. The assessment guidelines were clear. The practicals were engaging. Overall the content and its presentation in the course was 10/10."

Recommendation

It was important to recommend a text that will be of use now, but also in the career of a podiatrist. It is hoped that facilitating engaging practicals will motivate students to learn the topic content. It is anticipated this unit will continue to be run in a similar fashion and be further developed and refined during each term of delivery.

Unit Learning Outcomes

On successful completion of this unit, you will be able to:

1. Interpret the aetiology and clinical presentation and apply appropriate examination techniques required to determine a common sports related injury in podiatric practice
2. Select safe and effective management plans, including appropriate referral, for common sports injuries in podiatric practice
3. Evaluate peer reviewed literature to apply an evidence based approach to common sports injuries in podiatric practice
4. Demonstrate continuous professional development of skills relevant to common sports injuries in podiatric practice.

Per NPC1321

Alignment of Learning Outcomes, Assessment and Graduate Attributes



Alignment of Assessment Tasks to Learning Outcomes

Assessment Tasks	Learning Outcomes			
	1	2	3	4
1 - Presentation - 20%			•	
2 - Practical Assessment - 30%	•	•		
3 - Examination - 50%	•	•	•	
4 - On-campus Activity - 0%				•

Alignment of Graduate Attributes to Learning Outcomes

Graduate Attributes	Learning Outcomes			
	1	2	3	4
1 - Communication	•	•	•	
2 - Problem Solving	•	•	•	
3 - Critical Thinking	•	•	•	
4 - Information Literacy	•	•	•	
5 - Team Work		•	•	
6 - Information Technology Competence	•	•	•	
7 - Cross Cultural Competence	•			
8 - Ethical practice	•	•	•	•
9 - Social Innovation		•		
10 - Aboriginal and Torres Strait Islander Cultures				

Alignment of Assessment Tasks to Graduate Attributes

Assessment Tasks	Graduate Attributes									
	1	2	3	4	5	6	7	8	9	10
1 - Presentation - 20%	•	•	•	•	•	•	•	•	•	
2 - Practical Assessment - 30%	•	•	•				•	•		
3 - Examination - 50%	•	•	•	•				•		
4 - On-campus Activity - 0%								•		

Textbooks and Resources

Textbooks

PODI13010

Supplementary

Brukner & Khan's Clinical Sports Medicine: Injuries, Volume 1

Edition: 5th (2017)

Authors: Peter Brukner & Karim Khan

McGraw-Hill Australia

Sydney , NSW , Australia

ISBN: 9781743761380

Binding: Hardcover

Additional Textbook Information

Paper copies can be purchased at the CQUni Bookshop here: <http://bookshop.cqu.edu.au> (search on the Unit code)

IT Resources

You will need access to the following IT resources:

- CQUniversity Student Email
- Internet
- Unit Website (Moodle)

Referencing Style

All submissions for this unit must use the referencing style: [American Psychological Association 6th Edition \(APA 6th edition\)](#)

For further information, see the Assessment Tasks.

Teaching Contacts

Malia Ho Unit Coordinator

m.ho@cqu.edu.au

Schedule

Week 1: Overview of Unit and Introduction to Sports Podiatry - 11 Mar 2019

Module/Topic	Chapter	Events and Submissions/Topic
Unit Overview Role of Sports Podiatrist Health vs Fitness testing	Appropriate reading chapters and other resources relevant to each week will be discussed during term time and posted in Moodle.	Clinic Orientation

Week 2: Principles of Injury Prevention, Rehabilitation and Return to Sport - 18 Mar 2019

Module/Topic	Chapter	Events and Submissions/Topic
Injuries to soft tissue, bony tissue Injuries due to overuse Short and mid-term management tools		Hand in Competency Task 1

Week 3: Rearfoot Injuries in Sports - 25 Mar 2019

Module/Topic	Chapter	Events and Submissions/Topic
		Hand in Competency Task 2

Week 4: Midfoot Injuries in Sports - 01 Apr 2019

Module/Topic	Chapter	Events and Submissions/Topic
		Hand in Competency Task 3

Week 5: Forefoot Injuries in Sports - 08 Apr 2019

Module/Topic	Chapter	Events and Submissions/Topic
		Hand in Competency Task 4

Vacation Week - 15 Apr 2019

Module/Topic	Chapter	Events and Submissions/Topic

Week 6: Presentation (20%) - 22 Apr 2019

Module/Topic	Chapter	Events and Submissions/Topic
		Presentation Due: Week 6 Tuesday (23 Apr 2019) 9:00 am AEST

Week 7: Ankle and Leg Injuries in Sports - 29 Apr 2019

Module/Topic	Chapter	Events and Submissions/Topic
		Hand in Competency Task 5

Week 8: Knee and Thigh Injuries in Sports - 06 May 2019

Module/Topic	Chapter	Events and Submissions/Topic
		Hand in Competency Task 6

Week 9: Hip and Lower Back Injuries in Sports - 13 May 2019

Module/Topic	Chapter	Events and Submissions/Topic
		Hand in Competency Task 7

Week 10: Review and Preparation for Practical Assessment - 20 May 2019

Module/Topic	Chapter	Events and Submissions/Topic
Mock Practical Assessment		

Week 11: Practical Assessment (30%) - 27 May 2019

Module/Topic	Chapter	Events and Submissions/Topic
		Practical Assessment Due: Week 11 Tuesday (28 May 2019) 9:00 am AEST

Week 12: Review Week - 03 Jun 2019

Module/Topic	Chapter	Events and Submissions/Topic
Review of challenging concepts in sports podiatry Mock exam questions and answers		Competency Checklist Due: Week 12 Tuesday (4 June 2019) 11:45 pm AEST

Review/Exam Week - 10 Jun 2019

Module/Topic	Chapter	Events and Submissions/Topic

Exam Week - 17 Jun 2019

Module/Topic	Chapter	Events and Submissions/Topic

Term Specific Information

Attendance: As per the University's recommendation that "All on-campus students are expected to attend scheduled classes," students should also be aware that there is clear evidence to show that attendance rates are directly related to academic progress. It is therefore in your best interest and strongly recommended in the Bachelor of Podiatry Practice (Honours) course, that you attend all scheduled learning activities to support your learning.

Uniform: In all practical classes, students are required to wear the nominated uniform. Students must purchase their uniform from the bookshop. This uniform is separate to the mandatory clinical uniform. Please refer to the Podiatry Course Handbook for further details.

Assessment Tasks

1 Presentation

Assessment Type

Presentation

Task Description

This assessment task is made up of an oral presentation (20%). This presentation can be done in-class, and there is also the option of submitting a pre-recorded video presentation, that is shown in class.

The topic of the oral presentation will focus on content covered within Week 1 - 5. The presentation will be ten (10) minutes long with five (5) minutes for question and answer. The topics for presentation and schedule of presenters will be provided during the term by your Unit Coordinator/ lecturer.

Assessment Due Date

Week 6 Tuesday (23 Apr 2019) 9:00 am AEST

Return Date to Students

Week 8 Tuesday (7 May 2019)

Weighting

20%

Assessment Criteria

You will need to demonstrate that you are able to:

1) Evaluate peer reviewed literature to apply an evidence based approach to common sports injuries in podiatric practice.

The assessment rubric for the oral presentation will be provided to you at the start of term.

If the presentation exceeds the time limit, students may opt to complete the presentation but any additional content that is over the time limit will not be assessed by the examiner.

Referencing Style

- [American Psychological Association 6th Edition \(APA 6th edition\)](#)

Submission

Offline

Learning Outcomes Assessed

- Evaluate peer reviewed literature to apply an evidence based approach to common sports injuries in podiatric practice

Graduate Attributes

- Communication
- Problem Solving
- Critical Thinking
- Information Literacy
- Team Work
- Information Technology Competence
- Cross Cultural Competence
- Ethical practice
- Social Innovation

2 Practical Assessment

Assessment Type

Practical Assessment

Task Description

The practical assessment will assess your clinical knowledge, practical assessment and treatment skills and clinical reasoning. Based on various clinical scenarios, you will be required to discuss verbally and/or perform aspects of relevant history taking, diagnosis, assessment, treatment and overall management of the condition and/or clinical scenarios presented. All assessments may be video and/or audio-recorded for moderation purposes. You are expected to arrive at least 15 minutes before the allocated start time and to wear full clinical uniform with enclosed shoes. The practical assessment is a closed book assessment.

Assessment Due Date

Week 11 Tuesday (28 May 2019) 9:00 am AEST

Return Date to Students

Week 12 Tuesday (4 June 2019)

Weighting

30%

Minimum mark or grade

50%

Assessment Criteria

You will need to demonstrate that you are able to:

- 1) Interpret the aetiology and clinical presentation and apply appropriate examination techniques required to determine a common sports related injury in podiatric practice
- 2) Select safe and effective management plans, including appropriate referral, for common sports injuries in podiatric practice

In order to be eligible to PASS the practical assessment, you must achieve a minimum overall grade of 50%.

If you do not meet the above criterion of a minimum overall grade of 50%, you may be eligible for a supplementary assessment providing you meet the requirements as stipulated in the CQUniversity Grades and Results Procedure and this will be determined by the Unit Coordinator.

Referencing Style

- [American Psychological Association 6th Edition \(APA 6th edition\)](#)

Submission

Offline

Learning Outcomes Assessed

- Interpret the aetiology and clinical presentation and apply appropriate examination techniques required to determine a common sports related injury in podiatric practice
- Select safe and effective management plans, including appropriate referral, for common sports injuries in podiatric practice

Graduate Attributes

- Communication
- Problem Solving
- Critical Thinking
- Cross Cultural Competence
- Ethical practice

3 Competency Checklist

Assessment Type

On-campus Activity

Task Description

You will be expected to complete 7 compulsory competency tasks that forms a competency checklist within the unit practical manual. The manual will be provided to you at the beginning of the term and will also be available for download on the Moodle site.

Each competency task will be completed during tutorial and/or practical sessions and in-class completion of these tasks is compulsory. More details and information regarding the on campus activities will be made available at the start of term.

Assessment Due Date

Week 12 Tuesday (4 June 2019) 11:45 pm AEST

Return Date to Students

Week 12 Tuesday (4 June 2019)

Weighting

Pass/Fail

Minimum mark or grade

Students have to complete all 7 competency tasks.

Assessment Criteria

You will need to demonstrate that you are able to:

1) Demonstrate continuous professional development of skills relevant to common sports injuries in podiatric practice. The on campus activities in this unit consists of competency tasks relating to professional podiatry skills, which are inherent requirements to meet the professional standards. Satisfactory completion of these activities on campus are integral to your achievement of learning outcomes and assessment of this unit and other units within the course. Participation in all competency tasks is required for you to satisfactorily PASS this unit.

If you are unable to attend campus, you must notify the Unit Coordinator (in writing/by e mail) as soon as possible, and provide a medical certificate or statutory declaration supporting any absence within five (5) working days. If the required documentation is not provided to the Unit Coordinator within the stipulated time frame, you will be marked as 'Absent' for the session. Failure to maintain a satisfactory competency record for on campus activities may seriously undermine your ability to complete this unit and will result in a 'Fail' grade.

Referencing Style

- [American Psychological Association 6th Edition \(APA 6th edition\)](#)

Submission

Online

Submission Instructions

Scan and upload completed competency checklist

Learning Outcomes Assessed

- Demonstrate continuous professional development of skills relevant to common sports injuries in podiatric practice.

Graduate Attributes

- Ethical practice

Examination

Outline

Complete an invigilated examination.

Date

During the examination period at a CQUniversity examination centre.

Weighting

50%

Length

120 minutes

Exam Conditions

Closed Book.

Materials

Dictionary - non-electronic, concise, direct translation only (dictionary must not contain any notes or comments).
No calculators permitted

Academic Integrity Statement

As a CQUniversity student you are expected to act honestly in all aspects of your academic work.

Any assessable work undertaken or submitted for review or assessment must be your own work. Assessable work is any type of work you do to meet the assessment requirements in the unit, including draft work submitted for review and feedback and final work to be assessed.

When you use the ideas, words or data of others in your assessment, you must thoroughly and clearly acknowledge the source of this information by using the correct referencing style for your unit. Using others' work without proper acknowledgement may be considered a form of intellectual dishonesty.

Participating honestly, respectfully, responsibly, and fairly in your university study ensures the CQUniversity qualification you earn will be valued as a true indication of your individual academic achievement and will continue to receive the respect and recognition it deserves.

As a student, you are responsible for reading and following CQUniversity's policies, including the [Student Academic Integrity Policy and Procedure](#). This policy sets out CQUniversity's expectations of you to act with integrity, examples of academic integrity breaches to avoid, the processes used to address alleged breaches of academic integrity, and potential penalties.

What is a breach of academic integrity?

A breach of academic integrity includes but is not limited to plagiarism, self-plagiarism, collusion, cheating, contract cheating, and academic misconduct. The Student Academic Integrity Policy and Procedure defines what these terms mean and gives examples.

Why is academic integrity important?

A breach of academic integrity may result in one or more penalties, including suspension or even expulsion from the University. It can also have negative implications for student visas and future enrolment at CQUniversity or elsewhere. Students who engage in contract cheating also risk being blackmailed by contract cheating services.

Where can I get assistance?

For academic advice and guidance, the [Academic Learning Centre \(ALC\)](#) can support you in becoming confident in completing assessments with integrity and of high standard.

What can you do to act with integrity?



Be Honest

If your assessment task is done by someone else, it would be dishonest of you to claim it as your own



Seek Help

If you are not sure about how to cite or reference in essays, reports etc, then seek help from your lecturer, the library or the Academic Learning Centre (ALC)



Produce Original Work

Originality comes from your ability to read widely, think critically, and apply your gained knowledge to address a question or problem