



PODI13010 Sports in Podiatry Practice

Term 1 - 2021

Profile information current as at 29/04/2024 01:35 pm

All details in this unit profile for PODI13010 have been officially approved by CQUniversity and represent a learning partnership between the University and you (our student). The information will not be changed unless absolutely necessary and any change will be clearly indicated by an approved correction included in the profile.

General Information

Overview

In this unit, you will gain an understanding of prevention, treatment and rehabilitation of chronic and acute sports related injuries of the lower limb. You will develop practical skills regarding the assessment and management of common podiatric sporting injuries using patient-centered evidence-based practice. You will also develop an understanding of the role of podiatry in a multi-disciplinary sports management team.

Details

Career Level: *Undergraduate*

Unit Level: *Level 3*

Credit Points: 6

Student Contribution Band: 8

Fraction of Full-Time Student Load: 0.125

Pre-requisites or Co-requisites

Pre-requisites: PODI12010 Advanced Anatomy and Podiatric Biomechanics. To be enrolled in this unit, students must be enrolled in CB86 Bachelor of Podiatry Practice (Honours) course. Co-requisite: PODI13008 Clinical Biomechanics of the Lower Limb

Important note: Students enrolled in a subsequent unit who failed their pre-requisite unit, should drop the subsequent unit before the census date or within 10 working days of Fail grade notification. Students who do not drop the unit in this timeframe cannot later drop the unit without academic and financial liability. See details in the [Assessment Policy and Procedure \(Higher Education Coursework\)](#).

Offerings For Term 1 - 2021

- Rockhampton
- Sydney

Attendance Requirements

All on-campus students are expected to attend scheduled classes – in some units, these classes are identified as a mandatory (pass/fail) component and attendance is compulsory. International students, on a student visa, must maintain a full time study load and meet both attendance and academic progress requirements in each study period (satisfactory attendance for International students is defined as maintaining at least an 80% attendance record).

Website

[This unit has a website, within the Moodle system, which is available two weeks before the start of term. It is important that you visit your Moodle site throughout the term. Please visit Moodle for more information.](#)

Class and Assessment Overview

Recommended Student Time Commitment

Each 6-credit Undergraduate unit at CQUniversity requires an overall time commitment of an average of 12.5 hours of study per week, making a total of 150 hours for the unit.

Class Timetable

[Regional Campuses](#)

Bundaberg, Cairns, Emerald, Gladstone, Mackay, Rockhampton, Townsville

[Metropolitan Campuses](#)

Adelaide, Brisbane, Melbourne, Perth, Sydney

Assessment Overview

1. **Presentation**

Weighting: 30%

2. **In-class Test(s)**

Weighting: 50%

3. **On-campus Activity**

Weighting: 20%

Assessment Grading

This is a graded unit: your overall grade will be calculated from the marks or grades for each assessment task, based on the relative weightings shown in the table above. You must obtain an overall mark for the unit of at least 50%, or an overall grade of 'pass' in order to pass the unit. If any 'pass/fail' tasks are shown in the table above they must also be completed successfully ('pass' grade). You must also meet any minimum mark requirements specified for a particular assessment task, as detailed in the 'assessment task' section (note that in some instances, the minimum mark for a task may be greater than 50%). Consult the [University's Grades and Results Policy](#) for more details of interim results and final grades.

CQUniversity Policies

All University policies are available on the [CQUniversity Policy site](#).

You may wish to view these policies:

- Grades and Results Policy
- Assessment Policy and Procedure (Higher Education Coursework)
- Review of Grade Procedure
- Student Academic Integrity Policy and Procedure
- Monitoring Academic Progress (MAP) Policy and Procedure – Domestic Students
- Monitoring Academic Progress (MAP) Policy and Procedure – International Students
- Student Refund and Credit Balance Policy and Procedure
- Student Feedback – Compliments and Complaints Policy and Procedure
- Information and Communications Technology Acceptable Use Policy and Procedure

This list is not an exhaustive list of all University policies. The full list of University policies are available on the [CQUniversity Policy site](#).

Previous Student Feedback

Feedback, Recommendations and Responses

Every unit is reviewed for enhancement each year. At the most recent review, the following staff and student feedback items were identified and recommendations were made.

Feedback from Have your say

Feedback

Students enjoyed this unit, and found the tutorial sessions leading up to the presentations extremely helpful.

Recommendation

Students generally find giving presentations daunting. The tutorial sessions provided students with opportunities to prepare their presentation and have practice presentations before the actual assessment. This should be continued.

Feedback from Have your say

Feedback

Videos of the taping, and soft tissue therapy techniques were also interesting and supported their learning.

Recommendation

These demonstrations would have been conducted face to face. However, due to COVID, students were provided with demonstration videos instead. Students were able to review the videos and learn at their own pace. It is recommended that students have access to these videos even after face to face practical sessions resume.

Unit Learning Outcomes

On successful completion of this unit, you will be able to:

1. Describe and interpret the aetiology and clinical presentation and apply appropriate examination techniques required to determine a common sports related injury in podiatric practice
2. Design and implement safe and effective management plans, including appropriate referral, for common sports injuries in podiatric practice
3. Critique published literature to apply an evidence based approach to the assessment and management of common sports injuries in podiatric practice
4. Demonstrate continuous professional development of skills relevant to common sports injuries in podiatric practice.

Per NPC1321

Alignment of Learning Outcomes, Assessment and Graduate Attributes

 N/A Level	 Introductory Level	 Intermediate Level	 Graduate Level	 Professional Level	 Advanced Level
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Alignment of Assessment Tasks to Learning Outcomes

Assessment Tasks	Learning Outcomes			
	1	2	3	4
1 - Presentation - 30%	•		•	•
2 - In-class Test(s) - 50%	•	•	•	
3 - On-campus Activity - 20%		•		•

Alignment of Graduate Attributes to Learning Outcomes

Graduate Attributes	Learning Outcomes			
	1	2	3	4
1 - Communication	•	•	•	•
2 - Problem Solving	•	•	•	•
3 - Critical Thinking	•	•	•	•
4 - Information Literacy	•	•	•	•
5 - Team Work		•	•	•
6 - Information Technology Competence	•	•	•	•
7 - Cross Cultural Competence	•		•	•
8 - Ethical practice	•	•	•	•
9 - Social Innovation				
10 - Aboriginal and Torres Strait Islander Cultures				

Alignment of Assessment Tasks to Graduate Attributes

[illegible]

Textbooks and Resources

Textbooks

PODI13010

Supplementary

Brukner & Khan's Clinical Sports Medicine: Injuries, Volume 1

Edition: 5th (2017)

Authors: Peter Brukner & Karim Khan

McGraw-Hill Australia

Sydney , NSW , Australia

ISBN: 9781743761380

Binding: Hardcover

IT Resources

You will need access to the following IT resources:

- CQUniversity Student Email
- Internet
- Unit Website (Moodle)

Referencing Style

All submissions for this unit must use the referencing style: [American Psychological Association 7th Edition \(APA 7th edition\)](#)

For further information, see the Assessment Tasks.

Teaching Contacts

Malia Ho Unit Coordinator

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Schedule

Week 1 - 08 Mar 2021

Module/Topic	Chapter	Events and Submissions/Topic
Overview of Unit Role of Sports Podiatrist Health vs Fitness Testing		

Week 2 - 15 Mar 2021

Module/Topic	Chapter	Events and Submissions/Topic
Principals of Injury Prevention, Rehabilitation and Return to Sports Short and Midterm Management Strategies		

Week 3 - 22 Mar 2021

Module/Topic	Chapter	Events and Submissions/Topic
Rearfoot Injuries in Sports		

Week 4 - 29 Mar 2021

Module/Topic	Chapter	Events and Submissions/Topic
Midfoot Injuries in Sport		

Week 5 - 05 Apr 2021

Module/Topic	Chapter	Events and Submissions/Topic
Forefoot Injuries in Sport		

Vacation Week - 12 Apr 2021

Module/Topic	Chapter	Events and Submissions/Topic
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Week 6: Presentation (30%) - 19 Apr 2021

Module/Topic	Chapter	Events and Submissions/Topic
		Presentation Due: Week 6 Tuesday (20 Apr 2021) 11:59 am AEST

Week 7 - 26 Apr 2021

Module/Topic	Chapter	Events and Submissions/Topic
Ankle and Leg Injuries in Sport Sports Footwear and Assessment		

Week 8 - 03 May 2021

Module/Topic	Chapter	Events and Submissions/Topic
Knee, hip and thigh injuries in Sports		

Week 9: In-class test (50%) - 10 May 2021

Module/Topic	Chapter	Events and Submissions/Topic
		In-class test Due: Week 9 Tuesday (11 May 2021) 11:59 pm AEST

Week 10 - 17 May 2021

Module/Topic	Chapter	Events and Submissions/Topic
Life of an Athlete: Invited guest speaker		

Week 11 - 24 May 2021

Module/Topic	Chapter	Events and Submissions/Topic
Clinical Biomechanics Placement Day 1 (PODI13008)		

Week 12 - 31 May 2021

Module/Topic	Chapter	Events and Submissions/Topic
Clinical Biomechanics Placement Day 2 (PODI13008)		On-campus activity Due: Week 12 Friday (4 June 2021) 11:59 pm AEST

Review/Exam Week - 07 Jun 2021

Module/Topic	Chapter	Events and Submissions/Topic
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Exam Week - 14 Jun 2021

Module/Topic	Chapter	Events and Submissions/Topic
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Term Specific Information

Attendance: As per the University's recommendation that "All on-campus students are expected to attend scheduled classes," students should also be aware that there is clear evidence to show that attendance rates are directly related to academic progress. It is therefore in your best interest and strongly recommended in the Bachelor of Podiatry Practice (Honours) course, that you attend all scheduled learning activities to support your learning.

Assessment Tasks

1 Presentation

Assessment Type

Presentation

Task Description

You will be required to provide a Powerpoint oral presentation worth 30% covering content covered from Weeks 1-5. All students will be required to select a topic of their choice from a list of provided injuries and sports. The topic of the oral presentation will be discussed and finalised with your lecturer at the beginning of the term. The oral presentation will be 10 minutes long with a Question and Answer session of 3 minutes. This is an individual assessment task so although you are allowed to work with a partner to prepare for the presentation, the final submission has to be an individual effort.

Referencing (if any) should follow APA format.

Assessment Due Date

Week 6 Tuesday (20 Apr 2021) 11:59 am AEST

You are required to submit your PowerPoint presentation on your Moodle site after your presentation.

Return Date to Students

Week 8 Tuesday (4 May 2021)

Weighting

30%

Assessment Criteria

The assessment will be marked according to a marking rubric designed specifically for this assessment task. The assessment rubric will be made available to you at the beginning of the term.

If the presentation exceeds the **10 minute** time limit, students may opt to complete the presentation but any additional content that is over the time limit will not be assessed by the examiner.

Referencing Style

- [American Psychological Association 7th Edition \(APA 7th edition\)](#)

Submission

Online

Learning Outcomes Assessed

- Describe and interpret the aetiology and clinical presentation and apply appropriate examination techniques required to determine a common sports related injury in podiatric practice
- Critique published literature to apply an evidence based approach to the assessment and management of common sports injuries in podiatric practice
- Demonstrate continuous professional development of skills relevant to common sports injuries in podiatric practice.

Graduate Attributes

- Communication
- Problem Solving
- Critical Thinking
- Information Literacy
- Team Work
- Information Technology Competence
- Cross Cultural Competence
- Ethical practice

2 In-class test

Assessment Type

In-class Test(s)

Task Description

The written assessment (50%) will be in a form of a **closed book** class test covering content from Week 1- 8. Students will be required to attend on-campus to complete this class test. The class test will be 120 minutes long.

Assessment Due Date

Week 9 Tuesday (11 May 2021) 11:59 pm AEST

Return Date to Students

Week 10 Tuesday (18 May 2021)

Weighting

50%

Assessment Criteria

The class test will assess all content covered from Weeks 1-8. Students must demonstrate that they have a firm grasp of lower limb injuries, pathomechanics and management commonly seen in sports.

You will be provided with sample questions during the term to prepare you for the class test.

Referencing Style

- [American Psychological Association 7th Edition \(APA 7th edition\)](#)

Submission

Offline

Learning Outcomes Assessed

- Describe and interpret the aetiology and clinical presentation and apply appropriate examination techniques required to determine a common sports related injury in podiatric practice
- Design and implement safe and effective management plans, including appropriate referral, for common sports injuries in podiatric practice
- Critique published literature to apply an evidence based approach to the assessment and management of common sports injuries in podiatric practice

Graduate Attributes

- Communication
- Problem Solving
- Critical Thinking
- Information Literacy
- Cross Cultural Competence
- Ethical practice

3 On-campus activity

Assessment Type

On-campus Activity

Task Description

You will be expected to complete a series of tasks found in your Sports Practical Manual.

The manual will be made available to you at the start of term. Each task will be completed during clinical placement sessions and you will be awarded marks accordingly for each completed task. More details and information regarding the on campus activities will be made available at the start of term.

Assessment Due Date

Week 12 Friday (4 June 2021) 11:59 pm AEST

You are to submit evidence of your successful completion of on-campus activities on your Moodle site.

Return Date to Students**Weighting**

20%

Assessment Criteria

You will be required to complete a check list of tasks from the Sport in Podiatry Practice practical manual

This assessment task will occur during clinical placement sessions during the term. Marks will be awarded accordingly for successful completion of the tasks.

Referencing Style

- [American Psychological Association 7th Edition \(APA 7th edition\)](#)

Submission

Online

Learning Outcomes Assessed

- Design and implement safe and effective management plans, including appropriate referral, for common sports injuries in podiatric practice
- Demonstrate continuous professional development of skills relevant to common sports injuries in podiatric

practice.

Graduate Attributes

- Communication
- Problem Solving
- Critical Thinking
- Information Literacy
- Team Work
- Information Technology Competence
- Cross Cultural Competence
- Ethical practice

Academic Integrity Statement

As a CQUniversity student you are expected to act honestly in all aspects of your academic work.

Any assessable work undertaken or submitted for review or assessment must be your own work. Assessable work is any type of work you do to meet the assessment requirements in the unit, including draft work submitted for review and feedback and final work to be assessed.

When you use the ideas, words or data of others in your assessment, you must thoroughly and clearly acknowledge the source of this information by using the correct referencing style for your unit. Using others' work without proper acknowledgement may be considered a form of intellectual dishonesty.

Participating honestly, respectfully, responsibly, and fairly in your university study ensures the CQUniversity qualification you earn will be valued as a true indication of your individual academic achievement and will continue to receive the respect and recognition it deserves.

As a student, you are responsible for reading and following CQUniversity's policies, including the [Student Academic Integrity Policy and Procedure](#). This policy sets out CQUniversity's expectations of you to act with integrity, examples of academic integrity breaches to avoid, the processes used to address alleged breaches of academic integrity, and potential penalties.

What is a breach of academic integrity?

A breach of academic integrity includes but is not limited to plagiarism, self-plagiarism, collusion, cheating, contract cheating, and academic misconduct. The Student Academic Integrity Policy and Procedure defines what these terms mean and gives examples.

Why is academic integrity important?

A breach of academic integrity may result in one or more penalties, including suspension or even expulsion from the University. It can also have negative implications for student visas and future enrolment at CQUniversity or elsewhere. Students who engage in contract cheating also risk being blackmailed by contract cheating services.

Where can I get assistance?

For academic advice and guidance, the [Academic Learning Centre \(ALC\)](#) can support you in becoming confident in completing assessments with integrity and of high standard.

What can you do to act with integrity?

**Be Honest**

If your assessment task is done by someone else, it would be dishonest of you to claim it as your own

**Seek Help**

If you are not sure about how to cite or reference in essays, reports etc, then seek help from your lecturer, the library or the Academic Learning Centre (ALC)

**Produce Original Work**

Originality comes from your ability to read widely, think critically, and apply your gained knowledge to address a question or problem