



# PODI13010 Sports in Podiatry Practice

## Term 1 - 2022

Profile information current as at 03/05/2024 12:04 am

All details in this unit profile for PODI13010 have been officially approved by CQUniversity and represent a learning partnership between the University and you (our student). The information will not be changed unless absolutely necessary and any change will be clearly indicated by an approved correction included in the profile.

### General Information

#### Overview

In this unit, you will gain an understanding of prevention, treatment and rehabilitation of chronic and acute sports related injuries of the lower limb. You will develop practical skills regarding the assessment and management of common podiatric sporting injuries using patient-centered evidence-based practice. You will also develop an understanding of the role of podiatry in a multi-disciplinary sports management team.

#### Details

Career Level: *Undergraduate*

Unit Level: *Level 3*

Credit Points: 6

Student Contribution Band: 8

Fraction of Full-Time Student Load: 0.125

#### Pre-requisites or Co-requisites

Pre-requisites: PODI12010 Advanced Anatomy and Podiatric Biomechanics. To be enrolled in this unit, students must be enrolled in CB86 Bachelor of Podiatry Practice (Honours) course. Co-requisite: PODI13008 Clinical Biomechanics of the Lower Limb

Important note: Students enrolled in a subsequent unit who failed their pre-requisite unit, should drop the subsequent unit before the census date or within 10 working days of Fail grade notification. Students who do not drop the unit in this timeframe cannot later drop the unit without academic and financial liability. See details in the [Assessment Policy and Procedure \(Higher Education Coursework\)](#).

#### Offerings For Term 1 - 2022

- Rockhampton
- Sydney

#### Attendance Requirements

All on-campus students are expected to attend scheduled classes – in some units, these classes are identified as a mandatory (pass/fail) component and attendance is compulsory. International students, on a student visa, must maintain a full time study load and meet both attendance and academic progress requirements in each study period (satisfactory attendance for International students is defined as maintaining at least an 80% attendance record).

#### Website

[This unit has a website, within the Moodle system, which is available two weeks before the start of term. It is important that you visit your Moodle site throughout the term. Please visit Moodle for more information.](#)

## Class and Assessment Overview

### Recommended Student Time Commitment

Each 6-credit Undergraduate unit at CQUniversity requires an overall time commitment of an average of 12.5 hours of study per week, making a total of 150 hours for the unit.

### Class Timetable

#### [Regional Campuses](#)

Bundaberg, Cairns, Emerald, Gladstone, Mackay, Rockhampton, Townsville

#### [Metropolitan Campuses](#)

Adelaide, Brisbane, Melbourne, Perth, Sydney

### Assessment Overview

#### 1. **Presentation**

Weighting: 30%

#### 2. **On-campus Activity**

Weighting: 20%

#### 3. **In-class Test(s)**

Weighting: 50%

### Assessment Grading

This is a graded unit: your overall grade will be calculated from the marks or grades for each assessment task, based on the relative weightings shown in the table above. You must obtain an overall mark for the unit of at least 50%, or an overall grade of 'pass' in order to pass the unit. If any 'pass/fail' tasks are shown in the table above they must also be completed successfully ('pass' grade). You must also meet any minimum mark requirements specified for a particular assessment task, as detailed in the 'assessment task' section (note that in some instances, the minimum mark for a task may be greater than 50%). Consult the [University's Grades and Results Policy](#) for more details of interim results and final grades.

## CQUniversity Policies

**All University policies are available on the [CQUniversity Policy site](#).**

You may wish to view these policies:

- Grades and Results Policy
- Assessment Policy and Procedure (Higher Education Coursework)
- Review of Grade Procedure
- Student Academic Integrity Policy and Procedure
- Monitoring Academic Progress (MAP) Policy and Procedure – Domestic Students
- Monitoring Academic Progress (MAP) Policy and Procedure – International Students
- Student Refund and Credit Balance Policy and Procedure
- Student Feedback – Compliments and Complaints Policy and Procedure
- Information and Communications Technology Acceptable Use Policy and Procedure

This list is not an exhaustive list of all University policies. The full list of University policies are available on the [CQUniversity Policy site](#).

## Previous Student Feedback

### Feedback, Recommendations and Responses

Every unit is reviewed for enhancement each year. At the most recent review, the following staff and student feedback items were identified and recommendations were made.

#### Feedback from Have your say

##### Feedback

Students found that the lectures were organised and structured well to make learning content fun and easy. Students were thus able to actively engage with the unit content. The content matched and progressed in-line with the co-requisite unit PODI13008, which supported student learning of both units.

##### Recommendation

It is recommended that the structure of the content remain the similar. Content of this unit and co-requisite unit should continue to progress in tandem, to support student learning of both units.

#### Feedback from Have your say, unit coordinator reflection

##### Feedback

Students felt anxious about not receiving the last assessment task results and feedback. This was due to an oversight on the part of the unit-coordinator who completed all marking on time, but did not 'unhide' the marks on the Grades set up page after all student marks were uploaded.

##### Recommendation

It is recommended that the unit-coordinator remembers to click on the 'unhide marks' feature on the Grades page once all marking is complete. Students may also have to provide timely feedback to the unit-coordinator if they do not see their marks within the assessment return time frame set out on their unit profile.

## Unit Learning Outcomes

### On successful completion of this unit, you will be able to:

1. Describe and interpret the aetiology and clinical presentation and apply appropriate examination techniques required to determine a common sports related injury in podiatric practice
2. Design and implement safe and effective management plans, including appropriate referral, for common sports injuries in podiatric practice
3. Critique published literature to apply an evidence based approach to the assessment and management of common sports injuries in podiatric practice
4. Demonstrate continuous professional development of skills relevant to common sports injuries in podiatric practice.

Per NPC1321

## Alignment of Learning Outcomes, Assessment and Graduate Attributes



### Alignment of Assessment Tasks to Learning Outcomes

Assessment Tasks	Learning Outcomes			
	1	2	3	4
1 - Presentation - 30%	•		•	•
2 - In-class Test(s) - 50%	•	•	•	

## Alignment of Graduate Attributes to Learning Outcomes

## Alignment of Assessment Tasks to Graduate Attributes

[illegible]

## Textbooks and Resources

### Textbooks

PODI13010

#### Supplementary

##### **Brukner & Khan's Clinical Sports Medicine: Injuries, Volume 1**

Edition: 5th (2017)

Authors: Peter Brukner & Karim Khan

McGraw-Hill Australia

Sydney , NSW , Australia

ISBN: 9781743761380

Binding: Hardcover

### IT Resources

**You will need access to the following IT resources:**

- CQUniversity Student Email
- Internet
- Unit Website (Moodle)
- ZOOM

## Referencing Style

All submissions for this unit must use the referencing style: [Vancouver](#)  
For further information, see the Assessment Tasks.

## Teaching Contacts

**Benjamin Peterson** Unit Coordinator  
[b.peterson@cqu.edu.au](mailto:b.peterson@cqu.edu.au)

## Schedule

### Week 1 - 07 Mar 2022

Module/Topic	Chapter	Events and Submissions/Topic
Lecture: Overview of unit Role of the Sports Podiatrist Principals of Injury Prevention, Rehabilitation and Return to Sports Tutorial: Intro to ultrasound machine and shockwave machine		

### Week 2 - 14 Mar 2022

Module/Topic	Chapter	Events and Submissions/Topic
Lecture: Rearfoot Injuries in Sport Tutorial: In-class practice presentation - rearfoot injuries		

### Week 3 - 21 Mar 2022

Module/Topic	Chapter	Events and Submissions/Topic
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Lecture:  
Midfoot Injuries in Sport  
Tutorial:  
In-class practice presentation - midfoot injuries

#### Week 4 - 28 Mar 2022

Module/Topic	Chapter	Events and Submissions/Topic
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Lecture:  
Forefoot Injuries in Sport  
Tutorial:  
In-class practice presentation - forefoot injuries

#### Week 5 - 04 Apr 2022

Module/Topic	Chapter	Events and Submissions/Topic
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Tutorial:  
Week 1-4 review and Q&A session

**Presentation** Due: Week 5 Friday (8 Apr 2022) 12:00 pm AEST

#### Vacation Week - 11 Apr 2022

Module/Topic	Chapter	Events and Submissions/Topic
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#### Week 6 - 18 Apr 2022

Module/Topic	Chapter	Events and Submissions/Topic
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Clinical Placement

#### Week 7 - 25 Apr 2022

Module/Topic	Chapter	Events and Submissions/Topic
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Clinical Placement

#### Week 8 - 02 May 2022

Module/Topic	Chapter	Events and Submissions/Topic
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Clinical Placement

**On-campus activity** Due: Week 8 Friday (6 May 2022) 11:59 pm AEST

#### Week 9 - 09 May 2022

Module/Topic	Chapter	Events and Submissions/Topic
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Lecture:  
Ankle and Leg Injuries in Sport  
Sports Footwear  
Tutorial:  
Case studies

#### Week 10 - 16 May 2022

Module/Topic	Chapter	Events and Submissions/Topic
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Lecture:  
Knee, and lower thigh Injuries in Sports  
Tutorial:  
Case studies

#### Week 11 - 23 May 2022

Module/Topic	Chapter	Events and Submissions/Topic
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Lecture:  
Upper thigh and hip Injuries in Sports  
Tutorial:  
Case studies

#### Week 12 - 30 May 2022

Module/Topic	Chapter	Events and Submissions/Topic
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Lecture:  
Mock in-class test  
Term review

## Review/Exam Week - 06 Jun 2022

Module/Topic

Chapter

Events and Submissions/Topic

**In-class test** Due: Review/Exam Week  
Friday (10 June 2022) 12:00 pm AEST

## Term Specific Information

Attendance: As per the University's recommendation that "All on-campus students are expected to attend scheduled classes," students should also be aware that there is clear evidence to show that attendance rates are directly related to academic progress. It is therefore in the students best interest and strongly recommended in the Bachelor of Podiatry Practice (Honours) course, that students attend all scheduled learning activities to support their learning.

Uniform: In all clinical placement sessions, students are required to wear their clinical uniform. Please refer to the Clinical Placement Handbook for further details.

## Assessment Tasks

### 1 Presentation

#### Assessment Type

Presentation

#### Task Description

Students will be required to provide a PowerPoint oral presentation worth 30% covering content covered from Weeks 1-4.

All students will be required to select a topic of their choice from a list of provided foot injuries and sports. The topic of the oral presentation will be discussed and finalised with the lecturer at the beginning of the term. The oral presentation will be 10 minutes long with a Question and Answer session of 3 minutes. This is an individual assessment task so although students are allowed to work with a partner to prepare for the presentation, the final submission must be an individual effort.

This presentation is to be submitted to Moodle by 12pm AEST and will be presented during the tutorial time.

Referencing (if any) should follow Vancouver format.

#### Assessment Due Date

Week 5 Friday (8 Apr 2022) 12:00 pm AEST

Students are required to upload their power point slides on Moodle by 12pm and present during the 2pm AEST tutorial time.

#### Return Date to Students

Week 6 Friday (22 Apr 2022)

#### Weighting

30%

#### Assessment Criteria

The assessment will be marked according to a marking rubric designed specifically for this assessment task. The assessment rubric will be made available to students at the beginning of the term.

If the presentation exceeds the 10 minute time limit, students may opt to complete the presentation but any additional content that is over the time limit will not be assessed by the examiner

#### Referencing Style

- [Vancouver](#)

#### Submission

Online

#### Learning Outcomes Assessed

- Describe and interpret the aetiology and clinical presentation and apply appropriate examination techniques required to determine a common sports related injury in podiatric practice

- Critique published literature to apply an evidence based approach to the assessment and management of common sports injuries in podiatric practice
- Demonstrate continuous professional development of skills relevant to common sports injuries in podiatric practice.

#### **Graduate Attributes**

- Communication
- Problem Solving
- Critical Thinking
- Information Literacy
- Team Work
- Information Technology Competence
- Cross Cultural Competence
- Ethical practice

## **2 On-campus activity**

#### **Assessment Type**

On-campus Activity

#### **Task Description**

Students will be expected to complete a series of tasks found in the Sports Practical Manual.

The manual will be made available to students at the start of term. Each task will be completed during clinical placement sessions and students will be awarded marks accordingly for each completed task. More details and information regarding the on campus activities will be made available at the start of term.

#### **Assessment Due Date**

Week 8 Friday (6 May 2022) 11:59 pm AEST

Students are to submit evidence of their successful completion of on-campus activities on your Moodle site

#### **Return Date to Students**

#### **Weighting**

20%

#### **Assessment Criteria**

Students will be required to complete a check list of tasks from the Sport in Podiatry Practice practical manual.

This assessment task will occur during clinical placement sessions during the term. Marks will be awarded accordingly for successful completion of the tasks.

#### **Referencing Style**

- [Vancouver](#)

#### **Submission**

Online

#### **Learning Outcomes Assessed**

- Design and implement safe and effective management plans, including appropriate referral, for common sports injuries in podiatric practice
- Demonstrate continuous professional development of skills relevant to common sports injuries in podiatric practice.

#### **Graduate Attributes**

- Communication
- Problem Solving
- Critical Thinking
- Information Literacy
- Team Work
- Information Technology Competence
- Cross Cultural Competence
- Ethical practice

## **3 In-class test**

#### **Assessment Type**

In-class Test(s)



**Task Description**

The in-class test will be in the form of a closed book test covering content from Weeks 1-11. There will be a combination of multiple choice, short answer and essay questions. The in-class test will be 120 minutes long.

If a student is not able to complete this test on-campus, they must inform the unit co-ordinator as soon as possible. If the reason is valid (e.g. isolation requirements due to being a close contact of a COVID positive person), accommodations can be made to facilitate taking this test supervised off-campus. If a feasible alternative cannot be found/ agreed upon, students will be required to apply for an extension for this assessment task via the Moodle site.

**Assessment Due Date**

Review/Exam Week Friday (10 June 2022) 12:00 pm AEST

The in-class test will start at 12:00pm AEST sharp. Please arrive 10 minutes before the start time.

**Return Date to Students**

Exam Week Friday (17 June 2022)

**Weighting**

50%

**Assessment Criteria**

Students will be marked according to an answer sheet specific to this test.

**Referencing Style**

- [Vancouver](#)

**Submission**

No submission method provided.

**Learning Outcomes Assessed**

- Describe and interpret the aetiology and clinical presentation and apply appropriate examination techniques required to determine a common sports related injury in podiatric practice
- Design and implement safe and effective management plans, including appropriate referral, for common sports injuries in podiatric practice
- Critique published literature to apply an evidence based approach to the assessment and management of common sports injuries in podiatric practice

**Graduate Attributes**

- Communication
- Problem Solving
- Critical Thinking
- Information Literacy
- Cross Cultural Competence
- Ethical practice

## Academic Integrity Statement

As a CQUniversity student you are expected to act honestly in all aspects of your academic work.

Any assessable work undertaken or submitted for review or assessment must be your own work. Assessable work is any type of work you do to meet the assessment requirements in the unit, including draft work submitted for review and feedback and final work to be assessed.

When you use the ideas, words or data of others in your assessment, you must thoroughly and clearly acknowledge the source of this information by using the correct referencing style for your unit. Using others' work without proper acknowledgement may be considered a form of intellectual dishonesty.

Participating honestly, respectfully, responsibly, and fairly in your university study ensures the CQUniversity qualification you earn will be valued as a true indication of your individual academic achievement and will continue to receive the respect and recognition it deserves.

As a student, you are responsible for reading and following CQUniversity's policies, including the [Student Academic Integrity Policy and Procedure](#). This policy sets out CQUniversity's expectations of you to act with integrity, examples of academic integrity breaches to avoid, the processes used to address alleged breaches of academic integrity, and potential penalties.

### What is a breach of academic integrity?

A breach of academic integrity includes but is not limited to plagiarism, self-plagiarism, collusion, cheating, contract cheating, and academic misconduct. The Student Academic Integrity Policy and Procedure defines what these terms mean and gives examples.

### Why is academic integrity important?

A breach of academic integrity may result in one or more penalties, including suspension or even expulsion from the University. It can also have negative implications for student visas and future enrolment at CQUniversity or elsewhere. Students who engage in contract cheating also risk being blackmailed by contract cheating services.

### Where can I get assistance?

For academic advice and guidance, the [Academic Learning Centre \(ALC\)](#) can support you in becoming confident in completing assessments with integrity and of high standard.

### What can you do to act with integrity?



#### Be Honest

If your assessment task is done by someone else, it would be dishonest of you to claim it as your own



#### Seek Help

If you are not sure about how to cite or reference in essays, reports etc, then seek help from your lecturer, the library or the Academic Learning Centre (ALC)



#### Produce Original Work

Originality comes from your ability to read widely, think critically, and apply your gained knowledge to address a question or problem