



PODI13010 Sports in Podiatry Practice

Term 1 - 2023

Profile information current as at 23/04/2024 05:38 pm

All details in this unit profile for PODI13010 have been officially approved by CQUniversity and represent a learning partnership between the University and you (our student). The information will not be changed unless absolutely necessary and any change will be clearly indicated by an approved correction included in the profile.

General Information

Overview

In this unit, you will gain an understanding of prevention, treatment and rehabilitation of chronic and acute sports related injuries of the lower limb. You will develop practical skills regarding the assessment and management of common podiatric sporting injuries using patient-centered evidence-based practice. You will also develop an understanding of the role of podiatry in a multi-disciplinary sports management team.

Details

Career Level: *Undergraduate*

Unit Level: *Level 3*

Credit Points: 6

Student Contribution Band: 8

Fraction of Full-Time Student Load: 0.125

Pre-requisites or Co-requisites

Pre-requisites: PODI12010 Advanced Anatomy and Podiatric Biomechanics. To be enrolled in this unit, students must be enrolled in CB86 Bachelor of Podiatry Practice (Honours) course. Co-requisite: PODI13008 Clinical Biomechanics of the Lower Limb

Important note: Students enrolled in a subsequent unit who failed their pre-requisite unit, should drop the subsequent unit before the census date or within 10 working days of Fail grade notification. Students who do not drop the unit in this timeframe cannot later drop the unit without academic and financial liability. See details in the [Assessment Policy and Procedure \(Higher Education Coursework\)](#).

Offerings For Term 1 - 2023

- Rockhampton

Attendance Requirements

All on-campus students are expected to attend scheduled classes - in some units, these classes are identified as a mandatory (pass/fail) component and attendance is compulsory. International students, on a student visa, must maintain a full time study load and meet both attendance and academic progress requirements in each study period (satisfactory attendance for International students is defined as maintaining at least an 80% attendance record).

Website

[This unit has a website, within the Moodle system, which is available two weeks before the start of term. It is important that you visit your Moodle site throughout the term. Please visit Moodle for more information.](#)

Class and Assessment Overview

Recommended Student Time Commitment

Each 6-credit Undergraduate unit at CQUniversity requires an overall time commitment of an average of 12.5 hours of study per week, making a total of 150 hours for the unit.

Class Timetable

[Regional Campuses](#)

Bundaberg, Cairns, Emerald, Gladstone, Mackay, Rockhampton, Townsville

[Metropolitan Campuses](#)

Adelaide, Brisbane, Melbourne, Perth, Sydney

Assessment Overview

1. **Presentation**

Weighting: 20%

2. **On-campus Activity**

Weighting: Pass/Fail

3. **Objective Structured Clinical Examinations (OSCEs)**

Weighting: 30%

4. **In-class Test(s)**

Weighting: 50%

Assessment Grading

This is a graded unit: your overall grade will be calculated from the marks or grades for each assessment task, based on the relative weightings shown in the table above. You must obtain an overall mark for the unit of at least 50%, or an overall grade of 'pass' in order to pass the unit. If any 'pass/fail' tasks are shown in the table above they must also be completed successfully ('pass' grade). You must also meet any minimum mark requirements specified for a particular assessment task, as detailed in the 'assessment task' section (note that in some instances, the minimum mark for a task may be greater than 50%). Consult the [University's Grades and Results Policy](#) for more details of interim results and final grades.

CQUniversity Policies

All University policies are available on the [CQUniversity Policy site](#).

You may wish to view these policies:

- Grades and Results Policy
- Assessment Policy and Procedure (Higher Education Coursework)
- Review of Grade Procedure
- Student Academic Integrity Policy and Procedure
- Monitoring Academic Progress (MAP) Policy and Procedure – Domestic Students
- Monitoring Academic Progress (MAP) Policy and Procedure – International Students
- Student Refund and Credit Balance Policy and Procedure
- Student Feedback – Compliments and Complaints Policy and Procedure
- Information and Communications Technology Acceptable Use Policy and Procedure

This list is not an exhaustive list of all University policies. The full list of University policies are available on the [CQUniversity Policy site](#).

Previous Student Feedback

Feedback, Recommendations and Responses

Every unit is reviewed for enhancement each year. At the most recent review, the following staff and student feedback items were identified and recommendations were made.

Feedback from In Class

Feedback

Students enjoyed practicing their hands-on skills during the two-day professional practice placement, but would have preferred to have this opportunity earlier in the term

Recommendation

It is recommended that practical, hands-on classes be implemented earlier in the term

Feedback from Unit Coordinator self-reflection

Feedback

This unit would benefit from integration of content related to orthopaedic assessment and clinical management of pathologies occurring above the foot and the ankle to better align with the broader scope of practice of a Podiatrist.

Recommendation

It is recommended that more content related to the assessment and management of injuries affecting the leg, knee, thigh, and low-back be implemented

Feedback from Unit Coordinator self-reflection

Feedback

The weighted on-campus activity would be more appropriately assessed as a pass/fail, competency-based, assessment item

Recommendation

It is recommended that the weighted on-campus activity be removed and replaced with an Observed Structured Clinical Examination (OSCE) to promote authentic assessment of students practical and theoretical skills

Unit Learning Outcomes

On successful completion of this unit, you will be able to:

1. Describe and interpret the aetiology and clinical presentation and apply appropriate examination techniques required to determine a common sports related injury in podiatric practice
2. Design and implement safe and effective management plans, including appropriate referral, for common sports injuries in podiatric practice
3. Critique published literature to apply an evidence based approach to the assessment and management of common sports injuries in podiatric practice
4. Demonstrate continuous professional development of skills relevant to common sports injuries in podiatric practice.

Per NPC1321

Alignment of Learning Outcomes, Assessment and Graduate Attributes



Alignment of Assessment Tasks to Learning Outcomes

Assessment Tasks	Learning Outcomes			
	1	2	3	4
1 - Presentation - 20%			•	•
2 - On-campus Activity - 0%				•
3 - Objective Structured Clinical Examinations (OSCEs) - 30%	•	•		
4 - In-class Test(s) - 50%	•	•	•	

Alignment of Graduate Attributes to Learning Outcomes

Graduate Attributes	Learning Outcomes			
	1	2	3	4
1 - Communication	•	•	•	•
2 - Problem Solving	•	•	•	•
3 - Critical Thinking	•	•	•	•
4 - Information Literacy	•	•	•	•
5 - Team Work		•	•	•
6 - Information Technology Competence	•	•	•	•
7 - Cross Cultural Competence	•		•	•
8 - Ethical practice	•	•	•	•
9 - Social Innovation				
10 - Aboriginal and Torres Strait Islander Cultures				

Textbooks and Resources

Textbooks

PODI13010

Supplementary

Brukner & Khan's Clinical Sports Medicine: Injuries, Volume 1

Edition: 5th (2017)

Authors: Peter Brukner & Karim Khan

McGraw-Hill Australia

Sydney , NSW , Australia

ISBN: 9781743761380

Binding: Hardcover

IT Resources

You will need access to the following IT resources:

- CQUniversity Student Email
- Internet
- Unit Website (Moodle)
- ZOOM

Referencing Style

All submissions for this unit must use the referencing style: [American Psychological Association 7th Edition \(APA 7th edition\)](#)

For further information, see the Assessment Tasks.

Teaching Contacts

Benjamin Peterson Unit Coordinator

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Schedule

Week 1 - 06 Mar 2023

Module/Topic	Chapter	Events and Submissions/Topic
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Lecture:

Overview of unit

Introduction to Sports Podiatry

Principals of Injury Prevention,

Rehabilitation and Return to Sports

Tutorial:

Introduction to therapeutic ultrasound
and extracorporeal shockwave therapy

Week 2 - 13 Mar 2023

Module/Topic	Chapter	Events and Submissions/Topic
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Sporting injuries affecting the foot part

1

Week 3 - 20 Mar 2023

Module/Topic	Chapter	Events and Submissions/Topic
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Sporting injuries affecting the foot part

2

Week 4 - 27 Mar 2023		
Module/Topic	Chapter	Events and Submissions/Topic
Sporting injuries of the ankle		
Week 5 - 03 Apr 2023		
Module/Topic	Chapter	Events and Submissions/Topic
Sporting injuries affecting the leg		
Vacation Week - 10 Apr 2023		
Module/Topic	Chapter	Events and Submissions/Topic
Week 6 - 17 Apr 2023		
Module/Topic	Chapter	Events and Submissions/Topic
Sporting injuries affecting the knee		Presentation Due: Week 6 Tuesday (18 Apr 2023) 3:00 pm AEST
Week 7 - 24 Apr 2023		
Module/Topic	Chapter	Events and Submissions/Topic
Sporting injuries affecting the thigh		
Week 8 - 01 May 2023		
Module/Topic	Chapter	Events and Submissions/Topic
Sporting injuries affecting the hip		
Week 9 - 08 May 2023		
Module/Topic	Chapter	Events and Submissions/Topic
Sporting injuries affecting the lumbar spine		
Week 10 - 15 May 2023		
Module/Topic	Chapter	Events and Submissions/Topic
Sports footwear		
Week 11 - 22 May 2023		
Module/Topic	Chapter	Events and Submissions/Topic
Review week and mock OSCE		
Week 12 - 29 May 2023		
Module/Topic	Chapter	Events and Submissions/Topic
OSCE		On-campus activity Due: Week 12 Friday (2 June 2023) 5:00 pm AEST OSCE Due: Week 12 Tuesday (30 May 2023) 1:00 pm AEST
Review/Exam Week - 05 Jun 2023		
Module/Topic	Chapter	Events and Submissions/Topic
In-class test Tuesday 1pm to 3pm		In-class test Due: Review/Exam Week Tuesday (6 June 2023) 1:00 pm AEST

Assessment Tasks

1 Presentation

Assessment Type

Presentation

Task Description

Students will be required to provide a PowerPoint oral presentation worth 30% covering content covered from Weeks

1-4.

All students will be required to select a topic of their choice from a list of provided foot and ankle injuries. The topic of the oral presentation will be discussed and finalised with the lecturer at the beginning of the term. The oral presentation will be 10 minutes long with a Question and Answer session. This is an individual assessment task.

Assessment Due Date

Week 6 Tuesday (18 Apr 2023) 3:00 pm AEST

Students are to present their powerpoint presentation during the tutorial time and must upload their powerpoint slides by 5pm AEST Tuesday 18th April, 2023.

Return Date to Students

Weighting

20%

Assessment Criteria

This assessment will be marked according to a rubric which will be made available to students via Moodle.

Referencing Style

- [American Psychological Association 7th Edition \(APA 7th edition\)](#)

Submission

Online

Learning Outcomes Assessed

- Critique published literature to apply an evidence based approach to the assessment and management of common sports injuries in podiatric practice
- Demonstrate continuous professional development of skills relevant to common sports injuries in podiatric practice.

2 On-campus activity

Assessment Type

On-campus Activity

Task Description

Students will be expected to complete a series of tasks found in the Sports Practical Manual.

The manual will be made available to students via moodle early in the term. Each task will be completed during tutorial sessions and students are required to complete all tasks in order to pass this assessment item. More details and information regarding the on campus activities will be made available at the start of term.

Assessment Due Date

Week 12 Friday (2 June 2023) 5:00 pm AEST

The completed Sports Practical Manual must be submitted to Moodle by 5pm AEST Friday Week 12.

Return Date to Students

Weighting

Pass/Fail

Minimum mark or grade

Pass

Assessment Criteria

Students are required to satisfactorily complete each of the tasks in the Sports Practical Manual under the supervision of their educator by the assessment due date. Your supervisor will sign-off satisfactory completion of each task and will provide feedback for unsatisfactory performance. Failure to satisfactorily complete each of the tasks in the Sports Practical Manual will receive a Fail grade for this assessment item.

Referencing Style

- [American Psychological Association 7th Edition \(APA 7th edition\)](#)

Submission

No submission method provided.

Learning Outcomes Assessed

- Demonstrate continuous professional development of skills relevant to common sports injuries in podiatric practice.

3 OSCE

Assessment Type

Objective Structured Clinical Examinations (OSCEs)

Task Description

This assessment task will assess your practical and theoretical skills in the assessment and management of a range of orthopaedic conditions affecting the lower extremity, pelvis, and lumbar spine. This assessment task will occur during the usual lecture and tutorial time in Week 12 according to an assessment schedule which will be made available via Moodle.

Assessment Due Date

Week 12 Tuesday (30 May 2023) 1:00 pm AEST

Return Date to Students

Weighting

30%

Assessment Criteria

Students will be marked against a marking guide designed specifically for this assessment task.

Referencing Style

- [American Psychological Association 7th Edition \(APA 7th edition\)](#)

Submission

Offline

Learning Outcomes Assessed

- Describe and interpret the aetiology and clinical presentation and apply appropriate examination techniques required to determine a common sports related injury in podiatric practice
- Design and implement safe and effective management plans, including appropriate referral, for common sports injuries in podiatric practice

4 In-class test

Assessment Type

In-class Test(s)

Task Description

The in-class test will be in the form of a closed book test covering content from Weeks 1-11. There will be a combination of multiple choice, short answer and essay questions. The in-class test will be 120 minutes long.

Assessment Due Date

Review/Exam Week Tuesday (6 June 2023) 1:00 pm AEST

This test will be completed in-class, on-campus, during the lecture time (1:00 - 3:00pm AEST).

Return Date to Students

Weighting

50%

Assessment Criteria

Students will be marked according to an answer sheet specific to this test.

Referencing Style

- [American Psychological Association 7th Edition \(APA 7th edition\)](#)

Submission

Offline

Learning Outcomes Assessed

- Describe and interpret the aetiology and clinical presentation and apply appropriate examination techniques required to determine a common sports related injury in podiatric practice
- Design and implement safe and effective management plans, including appropriate referral, for common sports injuries in podiatric practice
- Critique published literature to apply an evidence based approach to the assessment and management of common sports injuries in podiatric practice

Academic Integrity Statement

As a CQUniversity student you are expected to act honestly in all aspects of your academic work.

Any assessable work undertaken or submitted for review or assessment must be your own work. Assessable work is any type of work you do to meet the assessment requirements in the unit, including draft work submitted for review and feedback and final work to be assessed.

When you use the ideas, words or data of others in your assessment, you must thoroughly and clearly acknowledge the source of this information by using the correct referencing style for your unit. Using others' work without proper acknowledgement may be considered a form of intellectual dishonesty.

Participating honestly, respectfully, responsibly, and fairly in your university study ensures the CQUniversity qualification you earn will be valued as a true indication of your individual academic achievement and will continue to receive the respect and recognition it deserves.

As a student, you are responsible for reading and following CQUniversity's policies, including the [Student Academic Integrity Policy and Procedure](#). This policy sets out CQUniversity's expectations of you to act with integrity, examples of academic integrity breaches to avoid, the processes used to address alleged breaches of academic integrity, and potential penalties.

What is a breach of academic integrity?

A breach of academic integrity includes but is not limited to plagiarism, self-plagiarism, collusion, cheating, contract cheating, and academic misconduct. The Student Academic Integrity Policy and Procedure defines what these terms mean and gives examples.

Why is academic integrity important?

A breach of academic integrity may result in one or more penalties, including suspension or even expulsion from the University. It can also have negative implications for student visas and future enrolment at CQUniversity or elsewhere. Students who engage in contract cheating also risk being blackmailed by contract cheating services.

Where can I get assistance?

For academic advice and guidance, the [Academic Learning Centre \(ALC\)](#) can support you in becoming confident in completing assessments with integrity and of high standard.

What can you do to act with integrity?



Be Honest

If your assessment task is done by someone else, it would be dishonest of you to claim it as your own



Seek Help

If you are not sure about how to cite or reference in essays, reports etc, then seek help from your lecturer, the library or the Academic Learning Centre (ALC)



Produce Original Work

Originality comes from your ability to read widely, think critically, and apply your gained knowledge to address a question or problem