



PODI13010 Sports in Podiatry Practice

Term 1 - 2024

Profile information current as at 19/05/2024 12:17 pm

All details in this unit profile for PODI13010 have been officially approved by CQUniversity and represent a learning partnership between the University and you (our student). The information will not be changed unless absolutely necessary and any change will be clearly indicated by an approved correction included in the profile.

General Information

Overview

In this unit, you will gain an understanding of prevention, treatment and rehabilitation of chronic and acute sports related injuries of the lower limb. You will develop practical skills regarding the assessment and management of common podiatric sporting injuries using patient-centered evidence-based practice. You will also develop an understanding of the role of podiatry in a multi-disciplinary sports management team.

Details

Career Level: *Undergraduate*

Unit Level: *Level 3*

Credit Points: 6

Student Contribution Band: 8

Fraction of Full-Time Student Load: 0.125

Pre-requisites or Co-requisites

Pre-requisites: PODI12010 Advanced Anatomy and Podiatric Biomechanics. To be enrolled in this unit, students must be enrolled in CB86 Bachelor of Podiatry Practice (Honours) course. Co-requisite: PODI13008 Clinical Biomechanics of the Lower Limb

Important note: Students enrolled in a subsequent unit who failed their pre-requisite unit, should drop the subsequent unit before the census date or within 10 working days of Fail grade notification. Students who do not drop the unit in this timeframe cannot later drop the unit without academic and financial liability. See details in the [Assessment Policy and Procedure \(Higher Education Coursework\)](#).

Offerings For Term 1 - 2024

- Rockhampton

Attendance Requirements

All on-campus students are expected to attend scheduled classes – in some units, these classes are identified as a mandatory (pass/fail) component and attendance is compulsory. International students, on a student visa, must maintain a full time study load and meet both attendance and academic progress requirements in each study period (satisfactory attendance for International students is defined as maintaining at least an 80% attendance record).

Website

[This unit has a website, within the Moodle system, which is available two weeks before the start of term. It is important that you visit your Moodle site throughout the term. Please visit Moodle for more information.](#)

Class and Assessment Overview

Recommended Student Time Commitment

Each 6-credit Undergraduate unit at CQUniversity requires an overall time commitment of an average of 12.5 hours of study per week, making a total of 150 hours for the unit.

Class Timetable

[Regional Campuses](#)

Bundaberg, Cairns, Emerald, Gladstone, Mackay, Rockhampton, Townsville

[Metropolitan Campuses](#)

Adelaide, Brisbane, Melbourne, Perth, Sydney

Assessment Overview

1. **Presentation**

Weighting: 20%

2. **On-campus Activity**

Weighting: Pass/Fail

3. **Objective Structured Clinical Examinations (OSCEs)**

Weighting: 30%

4. **In-class Test(s)**

Weighting: 50%

Assessment Grading

This is a graded unit: your overall grade will be calculated from the marks or grades for each assessment task, based on the relative weightings shown in the table above. You must obtain an overall mark for the unit of at least 50%, or an overall grade of 'pass' in order to pass the unit. If any 'pass/fail' tasks are shown in the table above they must also be completed successfully ('pass' grade). You must also meet any minimum mark requirements specified for a particular assessment task, as detailed in the 'assessment task' section (note that in some instances, the minimum mark for a task may be greater than 50%). Consult the [University's Grades and Results Policy](#) for more details of interim results and final grades.

CQUniversity Policies

All University policies are available on the [CQUniversity Policy site](#).

You may wish to view these policies:

- Grades and Results Policy
- Assessment Policy and Procedure (Higher Education Coursework)
- Review of Grade Procedure
- Student Academic Integrity Policy and Procedure
- Monitoring Academic Progress (MAP) Policy and Procedure – Domestic Students
- Monitoring Academic Progress (MAP) Policy and Procedure – International Students
- Student Refund and Credit Balance Policy and Procedure
- Student Feedback – Compliments and Complaints Policy and Procedure
- Information and Communications Technology Acceptable Use Policy and Procedure

This list is not an exhaustive list of all University policies. The full list of University policies are available on the [CQUniversity Policy site](#).

Previous Student Feedback

Feedback, Recommendations and Responses

Every unit is reviewed for enhancement each year. At the most recent review, the following staff and student feedback items were identified and recommendations were made.

Feedback from SUTE feedback

Feedback

Students indicated that they would benefit from a broader video library of orthopaedic assessment techniques

Recommendation

It is recommended that a library of video recordings of common orthopaedic assessments is developed to aid students in their self-directed revision

Feedback from SUTE feedback

Feedback

Students indicated that they would like their OSCE assessment feedback to be available prior to the in-class test

Recommendation

It is recommended that the OSCE occur earlier in the term to enable students to receive feedback prior to the in-class test

Unit Learning Outcomes

On successful completion of this unit, you will be able to:

1. Describe and interpret the aetiology and clinical presentation and apply appropriate examination techniques required to determine a common sports related injury in podiatric practice
2. Design and implement safe and effective management plans, including appropriate referral, for common sports injuries in podiatric practice
3. Critique published literature to apply an evidence based approach to the assessment and management of common sports injuries in podiatric practice
4. Demonstrate continuous professional development of skills relevant to common sports injuries in podiatric practice.

Per NPC1321

Alignment of Learning Outcomes, Assessment and Graduate Attributes

 N/A Level	 Introductory Level	 Intermediate Level	 Graduate Level	 Professional Level	 Advanced Level
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Alignment of Assessment Tasks to Learning Outcomes

Assessment Tasks	Learning Outcomes			
	1	2	3	4
1 - Presentation - 20%			•	•
2 - On-campus Activity - 0%				•
3 - Objective Structured Clinical Examinations (OSCEs) - 30%	•	•		
4 - In-class Test(s) - 50%	•	•	•	

Alignment of Graduate Attributes to Learning Outcomes

Graduate Attributes	Learning Outcomes			
	1	2	3	4
1 - Communication	•	•	•	•
2 - Problem Solving	•	•	•	•
3 - Critical Thinking	•	•	•	•
4 - Information Literacy	•	•	•	•
5 - Team Work		•	•	•
6 - Information Technology Competence	•	•	•	•
7 - Cross Cultural Competence	•		•	•
8 - Ethical practice	•	•	•	•
9 - Social Innovation				
10 - Aboriginal and Torres Strait Islander Cultures				

Textbooks and Resources

Textbooks

PODI13010

Supplementary

Brukner & Khan's Clinical Sports Medicine: Injuries, Volume 1

Edition: 5th (2017)

Authors: Peter Brukner & Karim Khan

McGraw-Hill Australia

Sydney , NSW , Australia

ISBN: 9781743761380

Binding: Hardcover

IT Resources

You will need access to the following IT resources:

- CQUniversity Student Email
- Internet
- Unit Website (Moodle)
- ZOOM

Referencing Style

All submissions for this unit must use the referencing style: [American Psychological Association 7th Edition \(APA 7th edition\)](#)

For further information, see the Assessment Tasks.

Teaching Contacts

Benjamin Peterson Unit Coordinator

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Schedule

Week 1 - 04 Mar 2024

Module/Topic	Chapter	Events and Submissions/Topic
Unit overview Introduction to sports podiatry and musculoskeletal injury		

Week 2 - 11 Mar 2024

Module/Topic	Chapter	Events and Submissions/Topic
Sporting injuries affecting the foot part 1		

Week 3 - 18 Mar 2024

Module/Topic	Chapter	Events and Submissions/Topic
Sporting injuries affecting the foot part 2		

Week 4 - 25 Mar 2024

Module/Topic	Chapter	Events and Submissions/Topic
Sporting injuries affecting the ankle		

Week 5 - 01 Apr 2024		
Module/Topic	Chapter	Events and Submissions/Topic
Sporting injuries affecting the leg		
Vacation Week - 08 Apr 2024		
Module/Topic	Chapter	Events and Submissions/Topic
No lecture or tutorial during vacation week		
Week 6 - 15 Apr 2024		
Module/Topic	Chapter	Events and Submissions/Topic
Student presentations (Assessment 1, 20%) during lecture time		Presentation Due: Week 6 Tuesday (16 Apr 2024) 1:00 pm AEST
Week 7 - 22 Apr 2024		
Module/Topic	Chapter	Events and Submissions/Topic
Sporting injuries affecting the knee		
Week 8 - 29 Apr 2024		
Module/Topic	Chapter	Events and Submissions/Topic
Sporting injuries affecting the thigh		
Week 9 - 06 May 2024		
Module/Topic	Chapter	Events and Submissions/Topic
Sporting injuries affecting the lumbopelvic-hip complex		On-campus activity Due: Week 9 Friday (10 May 2024) 5:00 pm AEST
Week 10 - 13 May 2024		
Module/Topic	Chapter	Events and Submissions/Topic
Sports footwear and Mock OSCE		
Week 11 - 20 May 2024		
Module/Topic	Chapter	Events and Submissions/Topic
OSCE		OSCE Due: Week 11 Tuesday (21 May 2024) 1:00 pm AEST
Week 12 - 27 May 2024		
Module/Topic	Chapter	Events and Submissions/Topic
In-class test		In-class test Due: Week 12 Tuesday (28 May 2024) 1:00 pm AEST

Term Specific Information

Any term-specific information will be outlined on the PODI13010 Moodle page

Assessment Tasks

1 Presentation

Assessment Type

Presentation

Task Description

Students will be required to provide a PowerPoint oral presentation worth 20% covering content from Weeks 1-5. All students will be required to select a topic of their choice from a list of provided foot and ankle injuries. The topic of the oral presentation will be discussed and finalised with the lecturer at least one week prior to the assessment date. The oral presentation will be 15 minutes long (+/- 10%) followed by an assessable Question and Answer session.

Material delivered beyond the maximum presentation time will not be assessed. This is an individual assessment task.

Assessment Due Date

Week 6 Tuesday (16 Apr 2024) 1:00 pm AEST

Students are to submit their PowerPoint presentation slides by 1pm AEST Tuesday 16th April, 2024. Presentations will occur during the lecture and tutorial time, commencing at 1pm AEST Tuesday 16th April, 2024.

Return Date to Students

Week 8 Tuesday (30 Apr 2024)

Weighting

20%

Assessment Criteria

This assessment will be marked according to a rubric which will be made available to students via Moodle.

Referencing Style

- [American Psychological Association 7th Edition \(APA 7th edition\)](#)

Submission

Online

Learning Outcomes Assessed

- Critique published literature to apply an evidence based approach to the assessment and management of common sports injuries in podiatric practice
- Demonstrate continuous professional development of skills relevant to common sports injuries in podiatric practice.

2 On-campus activity

Assessment Type

On-campus Activity

Task Description

During the weekly Tutorials, students will be expected to complete a series of tasks linked to the Sports Practical Manual.

The manual will be made available to students via moodle early in the term. Students are required to attend all tutorial sessions from Weeks 1-5 and Weeks 7-9 and satisfactorily complete all tasks in order to pass this assessment item. The on-campus activity schedule and checklist is available in the Assessment Tab on Moodle.

Assessment Due Date

Week 9 Friday (10 May 2024) 5:00 pm AEST

The completed on-campus activity schedule and checklist is to be submitted via Moodle by 5pm Friday April 10th, 2024

Return Date to Students

Week 11 Friday (24 May 2024)

Weighting

Pass/Fail

Minimum mark or grade

Pass

Assessment Criteria

Students are required to satisfactorily complete each of the tasks in the 'on-campus activity schedule and checklist' under the supervision of their educator by the assessment due date. Your supervisor will sign-off satisfactory completion of each task and will provide feedback for unsatisfactory performance. Failure to satisfactorily complete each of the tasks will receive a Fail grade for this assessment item.

Referencing Style

- [American Psychological Association 7th Edition \(APA 7th edition\)](#)

Submission

Online

Learning Outcomes Assessed

- Demonstrate continuous professional development of skills relevant to common sports injuries in podiatric practice.

3 OSCE

Assessment Type

Objective Structured Clinical Examinations (OSCEs)

Task Description

This assessment task will assess your practical and theoretical skills in the assessment, diagnosis, and management of a range of musculoskeletal conditions affecting the lower extremity and the lumbopelvic-hip complex. This assessment task will occur during the usual lecture and tutorial time in Week 11 according to an assessment schedule which will be made available via Moodle.

Assessment Due Date

Week 11 Tuesday (21 May 2024) 1:00 pm AEST

This OSCE will occur during class time in Week 11

Return Date to Students

Review/Exam Week Tuesday (4 June 2024)

OSCE results will be made available via Moodle

Weighting

30%

Minimum mark or grade

50%

Assessment Criteria

Students will be marked against a marking guide designed specifically for this assessment task.

Referencing Style

- [American Psychological Association 7th Edition \(APA 7th edition\)](#)

Submission

Offline

Learning Outcomes Assessed

- Describe and interpret the aetiology and clinical presentation and apply appropriate examination techniques required to determine a common sports related injury in podiatric practice
- Design and implement safe and effective management plans, including appropriate referral, for common sports injuries in podiatric practice

4 In-class test

Assessment Type

In-class Test(s)

Task Description

The in-class test will be in the form of a closed book test covering content from Weeks 1-10. There will be a combination of multiple choice, short-answer, and long-response questions. The in-class test will be 120 minutes long.

Assessment Due Date

Week 12 Tuesday (28 May 2024) 1:00 pm AEST

This test will be completed in-class, on-campus, during the lecture and tutorial time in Week 12

Return Date to Students

Exam Week Tuesday (11 June 2024)

In-class test results will be made available via Moodle

Weighting

50%

Assessment Criteria

Students will be marked according to an answer sheet specific to this test.

Referencing Style

- [American Psychological Association 7th Edition \(APA 7th edition\)](#)

Submission

Offline

Learning Outcomes Assessed

- Describe and interpret the aetiology and clinical presentation and apply appropriate examination techniques required to determine a common sports related injury in podiatric practice
- Design and implement safe and effective management plans, including appropriate referral, for common sports injuries in podiatric practice
- Critique published literature to apply an evidence based approach to the assessment and management of common sports injuries in podiatric practice

Academic Integrity Statement

As a CQUniversity student you are expected to act honestly in all aspects of your academic work.

Any assessable work undertaken or submitted for review or assessment must be your own work. Assessable work is any type of work you do to meet the assessment requirements in the unit, including draft work submitted for review and feedback and final work to be assessed.

When you use the ideas, words or data of others in your assessment, you must thoroughly and clearly acknowledge the source of this information by using the correct referencing style for your unit. Using others' work without proper acknowledgement may be considered a form of intellectual dishonesty.

Participating honestly, respectfully, responsibly, and fairly in your university study ensures the CQUniversity qualification you earn will be valued as a true indication of your individual academic achievement and will continue to receive the respect and recognition it deserves.

As a student, you are responsible for reading and following CQUniversity's policies, including the [Student Academic Integrity Policy and Procedure](#). This policy sets out CQUniversity's expectations of you to act with integrity, examples of academic integrity breaches to avoid, the processes used to address alleged breaches of academic integrity, and potential penalties.

What is a breach of academic integrity?

A breach of academic integrity includes but is not limited to plagiarism, self-plagiarism, collusion, cheating, contract cheating, and academic misconduct. The Student Academic Integrity Policy and Procedure defines what these terms mean and gives examples.

Why is academic integrity important?

A breach of academic integrity may result in one or more penalties, including suspension or even expulsion from the University. It can also have negative implications for student visas and future enrolment at CQUniversity or elsewhere. Students who engage in contract cheating also risk being blackmailed by contract cheating services.

Where can I get assistance?

For academic advice and guidance, the [Academic Learning Centre \(ALC\)](#) can support you in becoming confident in completing assessments with integrity and of high standard.

What can you do to act with integrity?

**Be Honest**

If your assessment task is done by someone else, it would be dishonest of you to claim it as your own

**Seek Help**

If you are not sure about how to cite or reference in essays, reports etc, then seek help from your lecturer, the library or the Academic Learning Centre (ALC)

**Produce Original Work**

Originality comes from your ability to read widely, think critically, and apply your gained knowledge to address a question or problem