



# PSIO11003 *Foundations of Physiotherapy*

## Practice 2

### Term 2 - 2018

Profile information current as at 29/04/2024 06:04 pm

All details in this unit profile for PSIO11003 have been officially approved by CQUniversity and represent a learning partnership between the University and you (our student). The information will not be changed unless absolutely necessary and any change will be clearly indicated by an approved correction included in the profile.

## General Information

### Overview

In this unit a case-based learning model will be used to develop core health professional practice skills, including posture and functional movement analysis; assessment of joint movement; muscle strength and length; neurological tests; the introduction to therapeutic exercise and treatments including manual handling and walking aid prescription. Professional and individual boundaries of scope of practice and the different health professional roles will be explored. Occupational health and safety issues relevant to the profession will also be presented. Students will be introduced to pain mechanisms and aspects of pain management.

### Details

Career Level: *Undergraduate*

Unit Level: *Level 1*

Credit Points: 6

Student Contribution Band: 8

Fraction of Full-Time Student Load: 0.125

### Pre-requisites or Co-requisites

Prerequisites: PSIO11004: Foundations of Physiotherapy Practice 1 ALLH11005: Anatomy and Physiology for Health

Professionals 1 Co-requisite: ALLH11004: Anatomy and Physiology for Health Professionals 2

Important note: Students enrolled in a subsequent unit who failed their pre-requisite unit, should drop the subsequent unit before the census date or within 10 working days of Fail grade notification. Students who do not drop the unit in this timeframe cannot later drop the unit without academic and financial liability. See details in the [Assessment Policy and Procedure \(Higher Education Coursework\)](#).

### Offerings For Term 2 - 2018

- Bundaberg
- Rockhampton

### Attendance Requirements

All on-campus students are expected to attend scheduled classes – in some units, these classes are identified as a mandatory (pass/fail) component and attendance is compulsory. International students, on a student visa, must maintain a full time study load and meet both attendance and academic progress requirements in each study period (satisfactory attendance for International students is defined as maintaining at least an 80% attendance record).

### Website

[This unit has a website, within the Moodle system, which is available two weeks before the start of term. It is important that you visit your Moodle site throughout the term. Please visit Moodle for more information.](#)

## Class and Assessment Overview

### Recommended Student Time Commitment

Each 6-credit Undergraduate unit at CQUniversity requires an overall time commitment of an average of 12.5 hours of study per week, making a total of 150 hours for the unit.

### Class Timetable

#### [Regional Campuses](#)

Bundaberg, Cairns, Emerald, Gladstone, Mackay, Rockhampton, Townsville

#### [Metropolitan Campuses](#)

Adelaide, Brisbane, Melbourne, Perth, Sydney

### Assessment Overview

#### 1. **Online Quiz(zes)**

Weighting: 20%

#### 2. **Written Assessment**

Weighting: 30%

#### 3. **On-campus Activity**

Weighting: Pass/Fail

#### 4. **Practical Assessment**

Weighting: 50%

### Assessment Grading

This is a graded unit: your overall grade will be calculated from the marks or grades for each assessment task, based on the relative weightings shown in the table above. You must obtain an overall mark for the unit of at least 50%, or an overall grade of 'pass' in order to pass the unit. If any 'pass/fail' tasks are shown in the table above they must also be completed successfully ('pass' grade). You must also meet any minimum mark requirements specified for a particular assessment task, as detailed in the 'assessment task' section (note that in some instances, the minimum mark for a task may be greater than 50%). Consult the [University's Grades and Results Policy](#) for more details of interim results and final grades.

## CQUniversity Policies

**All University policies are available on the [CQUniversity Policy site](#).**

You may wish to view these policies:

- Grades and Results Policy
- Assessment Policy and Procedure (Higher Education Coursework)
- Review of Grade Procedure
- Student Academic Integrity Policy and Procedure
- Monitoring Academic Progress (MAP) Policy and Procedure – Domestic Students
- Monitoring Academic Progress (MAP) Policy and Procedure – International Students
- Student Refund and Credit Balance Policy and Procedure
- Student Feedback – Compliments and Complaints Policy and Procedure
- Information and Communications Technology Acceptable Use Policy and Procedure

This list is not an exhaustive list of all University policies. The full list of University policies are available on the [CQUniversity Policy site](#).

## Previous Student Feedback

### Feedback, Recommendations and Responses

Every unit is reviewed for enhancement each year. At the most recent review, the following staff and student feedback items were identified and recommendations were made.

Feedback from Unit evaluation data, have your say, direct student feedback, self reflection.

#### Feedback

Unit evaluation data indicates that students were satisfied with this unit and achieved high levels of learning. Overall, students were satisfied with the clinically focused unit content and engaging delivery, and were very complimentary regarding the quality and support of the teaching team.

#### Recommendation

The unit will continue to be designed and delivered to ensure it is clinically focused, engaging, supportive and well moderated.

Feedback from Unit evaluation data, have your say, direct student feedback, self reflection.

#### Feedback

Students reported dissatisfaction with the teaching schedule of this unit.

#### Recommendation

The scheduling of this unit should be reviewed to ensure that where possible, the scheduling of this unit aligns with the teaching of upper limb anatomy in ALLH11004; allows teaching of content applicable to the group assignment to be taught early in the term; scaffolds the development of skills required for manual handling and walking aid prescription.

Feedback from Unit evaluation data, have your say, direct student feedback, self reflection.

#### Feedback

Students reported dissatisfaction with the assessment schedule of this unit.

#### Recommendation

The design, scheduling and weighting of assessment items should be reviewed to ensure that assessments are designed and administered to enable prompt feedback to be provided within a timeline that enables students to learn from the feedback provided.

## Unit Learning Outcomes

**On successful completion of this unit, you will be able to:**

1. Perform and discuss assessment of functional movement.
2. Perform safe and effective prescription of mobility aids and teaching of ambulatory skills.
3. Perform safe and effective manual handling, including patient transfers.
4. Design and discuss therapeutic exercise using current evidence based practice within physiotherapy practice.
5. Discuss the role of other allied health professionals within the Interprofessional team.
6. Describe pain mechanisms and demonstrate aspects of pain management.

## Alignment of Learning Outcomes, Assessment and Graduate Attributes



### Alignment of Assessment Tasks to Learning Outcomes

Assessment Tasks	Learning Outcomes					
	1	2	3	4	5	6
1 - Online Quiz(zes) - 20%	•	•		•	•	•
2 - Written Assessment - 30%				•	•	
3 - On-campus Activity - 0%					•	
4 - Practical Assessment - 50%	•	•	•	•	•	•

## Alignment of Graduate Attributes to Learning Outcomes

Graduate Attributes	Learning Outcomes					
	1	2	3	4	5	6
1 - Communication	•	•	•	•	•	•
2 - Problem Solving	•	•	•	•	•	•
3 - Critical Thinking	•			•		•
4 - Information Literacy						
5 - Team Work			•			•
6 - Information Technology Competence						
7 - Cross Cultural Competence				•		
8 - Ethical practice	•	•	•	•		•
9 - Social Innovation						
10 - Aboriginal and Torres Strait Islander Cultures						

## Alignment of Assessment Tasks to Graduate Attributes

Assessment Tasks	Graduate Attributes									
	1	2	3	4	5	6	7	8	9	10
1 - Online Quiz(zes) - 20%	•	•	•	•		•				
2 - Written Assessment - 30%	•	•	•	•	•	•				
3 - On-campus Activity - 0%	•									
4 - Practical Assessment - 50%	•	•	•					•		

## Textbooks and Resources

### Textbooks

PSIO11003

#### Prescribed

##### **Orthopedic Physical Assessment**

6th Edition (2014)

Authors: Magee, D. J

Elsevier Saunders

St Louis , Missouri , USA

ISBN: 978-1-4557-0977-9

Binding: Hardcover

PSIO11003

#### Prescribed

##### **Therapeutic Exercise: Foundations and Techniques**

Edition: 7th edn (2017)

Authors: Kisner, C. & Colby, L. A.

F.A. Davis Company

Philadelphia , PA , USA

ISBN: 9780803658509

Binding: Hardcover

[View textbooks at the CQUniversity Bookshop](#)

### IT Resources

**You will need access to the following IT resources:**

- CQUniversity Student Email
- Internet
- Unit Website (Moodle)
- Clinics in Motion

## Referencing Style

All submissions for this unit must use the referencing style: [American Psychological Association 6th Edition \(APA 6th edition\)](#)

For further information, see the Assessment Tasks.

## Teaching Contacts

**Sasha Job** Unit Coordinator

[s.job@cqu.edu.au](mailto:s.job@cqu.edu.au)

## Schedule

### Week 1 - 09 Jul 2018

Module/Topic	Chapter	Events and Submissions/Topic
--------------	---------	------------------------------

Introduction to PSIO11003 - Foundations of Physiotherapy Practice 2  
Clinical Placement Briefing  
Introduction to Therapeutic Exercise Intervention

Kisner, C. & Colby, L. A. (2012). *Therapeutic exercise: Foundations and techniques* (6th ed.). Philadelphia, PA: F. A. Davis Company.  
Magee, D. J. (2014). *Orthopaedic Physical Assessment* (6th ed.). St Louis, MO: Elsevier Saunders.  
Refer to Moodle page for prescribed textbook chapter and additional resources.

## Week 2 - 16 Jul 2018

Module/Topic	Chapter	Events and Submissions/Topic
Range of Movement Flexibility and Stretching	Kisner, C. & Colby, L. A. (2012). <i>Therapeutic exercise: Foundations and techniques</i> (6th ed.). Philadelphia, PA: F. A. Davis Company. Magee, D. J. (2014). <i>Orthopaedic Physical Assessment</i> (6th ed.). St Louis, MO: Elsevier Saunders. Refer to Moodle page for prescribed textbook chapter and additional resources.	Group Work Presentation: groups to be allocated

## Week 3 - 23 Jul 2018

Module/Topic	Chapter	Events and Submissions/Topic
Aerobic Training Resistance Training	Kisner, C. & Colby, L. A. (2012). <i>Therapeutic exercise: Foundations and techniques</i> (6th ed.). Philadelphia, PA: F. A. Davis Company. Magee, D. J. (2014). <i>Orthopaedic Physical Assessment</i> (6th ed.). St Louis, MO: Elsevier Saunders. Refer to Moodle page for prescribed textbook chapter and additional resources.	Gym Visit Group Work Presentation: topics to be finalised

## Week 4 - 30 Jul 2018

Module/Topic	Chapter	Events and Submissions/Topic
Therapeutic Exercise Program Design Hydrotherapy	Kisner, C. & Colby, L. A. (2012). <i>Therapeutic exercise: Foundations and techniques</i> (6th ed.). Philadelphia, PA: F. A. Davis Company. Magee, D. J. (2014). <i>Orthopaedic Physical Assessment</i> (6th ed.). St Louis, MO: Elsevier Saunders. Refer to Moodle page for prescribed textbook chapter and additional resources.	Pool Visit

## Week 5 - 06 Aug 2018

Module/Topic	Chapter	Events and Submissions/Topic
Physical Examination of the Shoulder	Kisner, C. & Colby, L. A. (2012). <i>Therapeutic exercise: Foundations and techniques</i> (6th ed.). Philadelphia, PA: F. A. Davis Company. Magee, D. J. (2014). <i>Orthopaedic Physical Assessment</i> (6th ed.). St Louis, MO: Elsevier Saunders. Refer to Moodle page for prescribed textbook chapter and additional resources.	Summative Assessment: Quiz

## Vacation Week - 13 Aug 2018

Module/Topic	Chapter	Events and Submissions/Topic
--------------	---------	------------------------------

**Week 6 - 20 Aug 2018**

Module/Topic	Chapter	Events and Submissions/Topic
Physical Examination of the Elbow Physical Examination of the Wrist	Kisner, C. & Colby, L. A. (2012). <i>Therapeutic exercise: Foundations and techniques</i> (6th ed.). Philadelphia, PA: F. A. Davis Company. Magee, D. J. (2014). <i>Orthopaedic Physical Assessment</i> (6th ed.). St Louis, MO: Elsevier Saunders. Refer to Moodle page for prescribed textbook chapter and additional resources.	

**Week 7 - 27 Aug 2018**

Module/Topic	Chapter	Events and Submissions/Topic
Physical Examination of the Upper Limb Introduction to Neurological Physiotherapy	Kisner, C. & Colby, L. A. (2012). <i>Therapeutic exercise: Foundations and techniques</i> (6th ed.). Philadelphia, PA: F. A. Davis Company. Magee, D. J. (2014). <i>Orthopaedic Physical Assessment</i> (6th ed.). St Louis, MO: Elsevier Saunders. Refer to Moodle page for prescribed textbook chapter and additional resources.	

**Week 8 - 03 Sep 2018**

Module/Topic	Chapter	Events and Submissions/Topic
Introduction to Balance Introduction to Gait Analysis	Kisner, C. & Colby, L. A. (2012). <i>Therapeutic exercise: Foundations and techniques</i> (6th ed.). Philadelphia, PA: F. A. Davis Company. Magee, D. J. (2014). <i>Orthopaedic Physical Assessment</i> (6th ed.). St Louis, MO: Elsevier Saunders. Refer to Moodle page for prescribed textbook chapter and additional resources.	

**Week 9 - 10 Sep 2018**

Module/Topic	Chapter	Events and Submissions/Topic
Manual Handling	Kisner, C. & Colby, L. A. (2012). <i>Therapeutic exercise: Foundations and techniques</i> (6th ed.). Philadelphia, PA: F. A. Davis Company. Magee, D. J. (2014). <i>Orthopaedic Physical Assessment</i> (6th ed.). St Louis, MO: Elsevier Saunders. Refer to Moodle page for prescribed textbook chapter and additional resources.	

**Week 10 - 17 Sep 2018**

Module/Topic	Chapter	Events and Submissions/Topic
Walking Aid Prescription Introduction to Fractures	Kisner, C. & Colby, L. A. (2012). <i>Therapeutic exercise: Foundations and techniques</i> (6th ed.). Philadelphia, PA: F. A. Davis Company. Magee, D. J. (2014). <i>Orthopaedic Physical Assessment</i> (6th ed.). St Louis, MO: Elsevier Saunders. Refer to Moodle page for prescribed textbook chapter and additional resources.	Have Your Say - Unit Evaluation

**Week 11 - 24 Sep 2018**

Module/Topic	Chapter	Events and Submissions/Topic
Introduction to Pre and Post Operative Physiotherapy	Kisner, C. & Colby, L. A. (2012). <i>Therapeutic exercise: Foundations and techniques</i> (6th ed.). Philadelphia, PA: F. A. Davis Company. Magee, D. J. (2014). <i>Orthopaedic Physical Assessment</i> (6th ed.). St Louis, MO: Elsevier Saunders. Refer to Moodle page for prescribed textbook chapter and additional resources.	Summative Assessment: Written Assessment (Group Work Presentation) Have Your Say - Unit Evaluation

**Week 12 - 01 Oct 2018**

Module/Topic	Chapter	Events and Submissions/Topic
Revision	Kisner, C. & Colby, L. A. (2012). <i>Therapeutic exercise: Foundations and techniques</i> (6th ed.). Philadelphia, PA: F. A. Davis Company. Magee, D. J. (2014). <i>Orthopaedic Physical Assessment</i> (6th ed.). St Louis, MO: Elsevier Saunders. Refer to Moodle page for prescribed textbook chapter and additional resources.	Summative Assessment: Quiz 2 Summative Assessment: Hurdle 1 (Attainment of a Satisfactory Grade for the Observational Placement) Summative Assessment: Hurdle 2 (Attendance) Have Your Say - Unit Evaluation

**Review/Exam Week - 08 Oct 2018**

Module/Topic	Chapter	Events and Submissions/Topic
		Summative Assessment: Practical Assessment (OSCE) may be scheduled within week 1 or week 2 of the CQUniversity Examination Period. Have Your Say - Unit Evaluation

**Exam Week - 15 Oct 2018**

Module/Topic	Chapter	Events and Submissions/Topic
		Summative Assessment: Practical Assessment (OSCE) may be scheduled within week 1 or week 2 of the CQUniversity Examination Period. Have Your Say - Unit Evaluation  <b>Practical Assessment (OSCE) Due:</b> Exam Week Monday (15 Oct 2018) 11:45 pm AEST

## Term Specific Information

This unit includes four (4) hours of observational learning. This clinical observation placement is designed to give you the opportunity to observe practicing physiotherapists and other multidisciplinary team members interacting with patients in a range of clinical settings. These observational placements will be scheduled outside regular timetabled sessions. All pre-clinical requirements must be completed prior to the observational clinical placement and attendance at the placement is mandatory. Refer to Moodle for further information and additional resources.

## Assessment Tasks

### 1 Supervised Online Quizzes

**Assessment Type**

Online Quiz(zes)



### Task Description

There will be two online quizzes:

- **Supervised Online Quiz 1 (10%)** will occur in week 5 on Wednesday 8th August at 8am . It will assess content from weeks 1-4 inclusive.
- **Supervised Online Quiz 2 (10%)** will occur in week 12 on Wednesday 3rd October at 8am. It will assess content from weeks 5-11 inclusive.

Each quiz will consist of up to 20 questions (worth 25 marks) and will have a time limit of up to 40 minutes. The questions will be identical for all students, however they will be randomly generated from a question bank so that the quizzes may appear differently for each student. Quiz 1 and Quiz 2 are closed book assessments which will be supervised by a CQU staff member and must be completed at the scheduled time on either Rockhampton or Bundaberg campus. Access to all resources other than the quiz itself is prohibited (e.g. books, notes, electronic devices or websites other than the quiz itself). It is recommended that a laptop be utilised for this assessment, however a tablet is permitted. The use of a mobile phone is not permitted for this assessment item.

Quiz 1 and Quiz 2 will consist of some or all of the following categories:

- Multiple choice questions
- True/ false questions
- Short answer questions
- Fill in the missing word(s) questions
- Questions relating to multimedia material (e.g. images, videos)

Refer to Moodle for further information and additional resources.

### Number of Quizzes

2

### Frequency of Quizzes

### Assessment Due Date

Quiz 1: Week 5 (Wednesday 8th August at 8am); Quiz 2: Week 12 (Wednesday 3rd October at 8am).

### Return Date to Students

Results will be accessible on Moodle within two weeks of the submission date.

### Weighting

20%

### Assessment Criteria

All questions will be marked numerically and an overall percentage mark awarded.

### Referencing Style

- [American Psychological Association 6th Edition \(APA 6th edition\)](#)

### Submission

Online

### Learning Outcomes Assessed

- Perform and discuss assessment of functional movement.
- Perform safe and effective prescription of mobility aids and teaching of ambulatory skills.
- Design and discuss therapeutic exercise using current evidence based practice within physiotherapy practice.
- Discuss the role of other allied health professionals within the Interprofessional team.
- Describe pain mechanisms and demonstrate aspects of pain management.

### Graduate Attributes

- Communication
- Problem Solving
- Critical Thinking
- Information Literacy
- Information Technology Competence

## 2 Group Work Presentation

## Assessment Type

Written Assessment

## Task Description

### Task Overview

You will be randomly assigned to small groups. In your respective groups, you will be required to design and implement an individualised exercise program for one member of your group. The exercise program (i.e. intervention) must be focused on one of the following parameters of physical capacity:

- Muscle strength
- Muscle power
- Aerobic fitness
- Range of movement
- Flexibility

You will need to perform an initial assessment, and based on the evaluation of findings establish SMART goals (short and long term) and design and conduct a five week intervention program. You will then need to evaluate the outcomes of the intervention.

During week 11, on Thursday 27th September, each group will perform a 10 minute presentation. The presentation will be followed by five minutes of question time. All groups will be required to submit a copy of their presentation in both PowerPoint and PDF format. Sections of the presentation may include, but are not limited to:

- Introduction and Background
- SMART Goals (short and long term)
- Evidence Based Practice (EBP)
- Intervention
- Progression of the Intervention
- Outcomes and Conclusions

A 10 minute presentation will not be sufficient time to comprehensively present your program. To support your presentation, you must submit a copy of your patient notes as well as an overview of your exercise program (weekly schedule with specific exercise prescription/ dosage parameters).

### Group Allocation and Topic Selection

- You will be randomly assigned to small groups by week 2, Friday 20th July at 4pm.
- Your group must nominate their topic by week 3, Friday 27th July at 4pm.

### Task Completion and Submission

- You are expected to have started preparing your group work assessment by Week 3 in order to complete the assessment on time.
- Groups are required to submit their presentation files and any other relevant supporting documentation for their formal presentation by Week 11, Tuesday 25th September at 12pm.
- Presentations will be scheduled for Week 11, Thursday 27th September from 8am. It is a requirement that you are present for all group presentations, some of which may be scheduled outside of the regularly timetabled session. A timetable for presentations will be published on Moodle by the end of Week 10.

Refer to Moodle for further information and additional resources.

### Assessment Due Date

File submission: Week 11 (Tuesday 25th September at 12pm); Presentation: Week 11 (Thursday 27th September).

### Return Date to Students

Results will be accessible on Moodle within two weeks of the submission date.

### Weighting

30%

### Assessment Criteria

The assessment rubric for this task is based on the Australian Standards for Physiotherapy, the Accreditation Standard set by the Australian Physiotherapy Council and The Assessment of Physiotherapy Practice Instrument. These quality frameworks are mapped against the CQUniversity Graduate Attributes and are intended to give a holistic understanding of standards expected for the assessment task. The rubric for this assessment will be based on the following categories and weightings:

- Organisation of Presentation and Supporting Documentation (20%)
- Knowledge of Best Practice Physiotherapy Assessment (40%)
- Knowledge of Best Practice Physiotherapy Intervention (40%)

### Time Limit

Marks are allocated to adhering to the time limit for the presentation. Presentations and resources that do not adhere to the limit (+/- 10%) will receive a grade of <50% for the time/ word limit construct within the 'Organisation of Presentation and Supporting Documentation' category of the rubric. Refer to Moodle for the assessment rubric.

### Referencing Style

- [American Psychological Association 6th Edition \(APA 6th edition\)](#)

### Submission

Offline Online Group

### Learning Outcomes Assessed

- Design and discuss therapeutic exercise using current evidence based practice within physiotherapy practice.
- Discuss the role of other allied health professionals within the Interprofessional team.

### Graduate Attributes

- Communication
- Problem Solving
- Critical Thinking
- Information Literacy
- Team Work
- Information Technology Competence

## 3 Hurdle Assessments (P/F)

### Assessment Type

On-campus Activity

### Task Description

There will be two (2) Hurdle Assessments

- **Hurdle 1 (Attainment of a Satisfactory Grade for the Observational Placement):** This unit includes four (4) hours of observational learning. This clinical observation placement is designed to give you the opportunity to observe practicing physiotherapists and other multidisciplinary team members interacting with patients with a range of conditions in a range of clinical settings. These observational placements will be scheduled outside regular timetabled sessions. All pre-clinical requirements must be completed prior to the observational clinical placement and attendance at the placement is mandatory. Following your observational placement, feedback will be provided by the supervising physiotherapist to the Clinical Educator Coordinator on the following constructs of physiotherapy practice: professional behaviour, communication and assessment (observation). A satisfactory grade for the observational placement is required in order to be eligible to PASS this unit. Results for this hurdle will be available once all clinical observational placements are completed and satisfactory performance is confirmed by the clinical educator coordinator.
- **Hurdle 2 (Attendance):** A minimum attendance rate of 85% for practical and tutorial sessions is required in order to be eligible to PASS this unit. This minimum attendance requirement is recommended by the Australian Physiotherapy Council. The monitoring of attendance will take into consideration legitimate requests for absence such as those outlined in the Assessment Policy and Procedure (Higher Education Coursework) as reasons for requesting time extensions for submitting assessment tasks (e.g. medical or allied health, compassionate, misadventure and exceptional circumstances). Attendance rates for this hurdle will be calculated at the end of week 12.

Refer to Moodle for further information and additional resources.

### Assessment Due Date

Week 12 (Friday 5th October at 4pm).

### Return Date to Students

Results will be accessible on Moodle within two weeks of the submission date.

**Weighting**

Pass/Fail

**Minimum mark or grade**

In order to be eligible to PASS the unit, you must achieve a PASS result for each hurdle (i.e. PASS for hurdle 1 and PASS for hurdle 2).

**Assessment Criteria**

**Hurdle 1:** Attainment of a satisfactory grade on your observational placement is required to PASS this hurdle. You must PASS this hurdle in order to be eligible to PASS the unit.

**Hurdle 2:** An attendance rate of 85% at practical and tutorial sessions is required to PASS this hurdle. You must PASS this hurdle in order to be eligible to PASS the unit.

**Referencing Style**

- [American Psychological Association 6th Edition \(APA 6th edition\)](#)

**Submission**

Offline Online

**Learning Outcomes Assessed**

- Discuss the role of other allied health professionals within the Interprofessional team.

**Graduate Attributes**

- Communication

## 4 Practical Assessment (OSCE)

**Assessment Type**

Practical Assessment

**Task Description**

The Practical Assessment will be in the form of an Objective Structured Clinical Examination (OSCE) and is intended to assess your performance of practical and clinical reasoning skills.

You will be provided with two (2) scenarios. One (1) scenario will be focused on the assessment of a patient with an upper limb condition and the other will be focused on manual handling and walking aid prescription. The clinical notes will be provided to you 30 minutes prior to the practical examination. The practical examination will have a time limit of 30 minutes (15 minutes per scenario). For each clinical scenario, you may be requested to:

- Demonstrate knowledge of the presenting condition including aetiology, pathophysiology and typical presentation
- Demonstrate specific assessment techniques (e.g. subjective examination, physical examination including observation, palpation, ROM, muscle strength, muscle length, passive accessory movements, functional assessment)
- Demonstrate specific practical intervention techniques (e.g. walking aid prescription)
- Interpret clinical notes and design an assessment plan including subjective and physical examination
- Identify and discuss any precautions, contraindications or considerations
- Document physiotherapy intervention (e.g. assessment, treatment, plan)

You must come appropriately attired for the Practical Assessment. When being examined, you should be attired in your full clinical uniform. When you are a 'patient', you should be suitably attired for a physical examination.

A timetable for the Practical Assessment will be published on Moodle at the end of Term 2.

Refer to Moodle for further information and additional resources.

**Assessment Due Date**

Exam Week Monday (15 Oct 2018) 11:45 pm AEST

**Return Date to Students**

Results will be accessible on Moodle within two weeks of the submission date.

**Weighting**

50%

**Minimum mark or grade**

In order to be eligible to PASS the unit, you must achieve a PASS result for each case study (i.e. PASS for case study one and PASS for case study 2). Refer to the requirements to PASS the OSCE outlined in the Assessment Criteria section.

## Assessment Criteria

The assessment rubric for this task is based on the Australian Standards for Physiotherapy, the Accreditation Standard set by the Australian Physiotherapy Council and The Assessment of Physiotherapy Practice Instrument. These quality frameworks are mapped against the CQUniversity Graduate Attributes and are intended to give a holistic understanding of standards expected for the assessment task. The rubric for this assessment will be based on the following categories and weightings:

### Practical Assessment (OSCE) (50%)

- Professional Behaviour (10%)
- Communication (20%)
- Risk Management/ Safety (Pass/Fail)
- Assessment (55%)
- Analysis and Interpretation (15%)

Refer to Moodle for the assessment rubric.

### Requirements to PASS the Practical Assessment

In order to be eligible to PASS the Practical Assessment you must:

- 1) achieve a PASS result for the PASS/FAIL component of Risk Management/Safety for the Practical Assessment (OSCE). AND
- 2) achieve 50% or higher in the graded component for each of the two parts (i.e. a minimum of 50% for Part 1 and a minimum of 50% for Part 2).

If you do not meet the above criteria for each part, you will be eligible for one opportunity to re-sit the part(s) of the assessment task for which you have not met the requirements to PASS, provided you have:

- 1) achieved an overall grade equal to, or higher than 44.5% for your OSCE. AND
- 2) achieved 49.5% or higher for each of the assessment items within the unit that have been completed and graded at the time of the OSCE.

#### Re-sit Conditions

1. If you meet the eligibility criteria for a re-sit, you will be given only one opportunity to pass the practical assessment.
2. The re-sit will be assessed by up to two examiners and will be of an equivalent format to the original assessment task.
3. Where possible, the re-sit will be conducted within two weeks of the date of grade release for this assessment item.
4. The assessment criteria of the re-sit will be identical to the original practical assessment.
5. If you pass the re-sit you will receive a grade of exactly 50% for the practical assessment (i.e. 27.5% of the entire unit grade), irrespective of your achievement for the graded component. This is to ensure equity to those students who only had one attempt.
6. If you do not meet the requirements to pass the re-sit, or to PASS the re-sit, you will receive a grade equal to your original OSCE grade and may be awarded a supplementary assessment in line with CQUniversity Policy.

## Referencing Style

- [American Psychological Association 6th Edition \(APA 6th edition\)](#)

## Submission

Offline

## Learning Outcomes Assessed

- Perform and discuss assessment of functional movement.
- Perform safe and effective prescription of mobility aids and teaching of ambulatory skills.
- Perform safe and effective manual handling, including patient transfers.
- Design and discuss therapeutic exercise using current evidence based practice within physiotherapy practice.
- Discuss the role of other allied health professionals within the Interprofessional team.
- Describe pain mechanisms and demonstrate aspects of pain management.

## Graduate Attributes

- Communication
- Problem Solving
- Critical Thinking
- Ethical practice

## Academic Integrity Statement

As a CQUniversity student you are expected to act honestly in all aspects of your academic work.

Any assessable work undertaken or submitted for review or assessment must be your own work. Assessable work is any type of work you do to meet the assessment requirements in the unit, including draft work submitted for review and feedback and final work to be assessed.

When you use the ideas, words or data of others in your assessment, you must thoroughly and clearly acknowledge the source of this information by using the correct referencing style for your unit. Using others' work without proper acknowledgement may be considered a form of intellectual dishonesty.

Participating honestly, respectfully, responsibly, and fairly in your university study ensures the CQUniversity qualification you earn will be valued as a true indication of your individual academic achievement and will continue to receive the respect and recognition it deserves.

As a student, you are responsible for reading and following CQUniversity's policies, including the [Student Academic Integrity Policy and Procedure](#). This policy sets out CQUniversity's expectations of you to act with integrity, examples of academic integrity breaches to avoid, the processes used to address alleged breaches of academic integrity, and potential penalties.

### What is a breach of academic integrity?

A breach of academic integrity includes but is not limited to plagiarism, self-plagiarism, collusion, cheating, contract cheating, and academic misconduct. The Student Academic Integrity Policy and Procedure defines what these terms mean and gives examples.

### Why is academic integrity important?

A breach of academic integrity may result in one or more penalties, including suspension or even expulsion from the University. It can also have negative implications for student visas and future enrolment at CQUniversity or elsewhere. Students who engage in contract cheating also risk being blackmailed by contract cheating services.

### Where can I get assistance?

For academic advice and guidance, the [Academic Learning Centre \(ALC\)](#) can support you in becoming confident in completing assessments with integrity and of high standard.

### What can you do to act with integrity?



#### Be Honest

If your assessment task is done by someone else, it would be dishonest of you to claim it as your own



#### Seek Help

If you are not sure about how to cite or reference in essays, reports etc, then seek help from your lecturer, the library or the Academic Learning Centre (ALC)



#### Produce Original Work

Originality comes from your ability to read widely, think critically, and apply your gained knowledge to address a question or problem