



PSIO11004 *Foundations of Physiotherapy*

Practice 1

Term 1 - 2017

Profile information current as at 03/05/2024 03:07 pm

All details in this unit profile for PSIO11004 have been officially approved by CQUniversity and represent a learning partnership between the University and you (our student). The information will not be changed unless absolutely necessary and any change will be clearly indicated by an approved correction included in the profile.

General Information

Overview

In this unit a case-based learning model will be used to develop foundation skills associated with Physiotherapy practice. Students will develop skills in the theory and practice of essential physiotherapy skills, such as communication, observation, record keeping, manual handling and infection control.

Details

Career Level: *Undergraduate*

Unit Level: *Level 1*

Credit Points: 6

Student Contribution Band: 8

Fraction of Full-Time Student Load: 0.125

Pre-requisites or Co-requisites

There are no requisites for this unit.

Important note: Students enrolled in a subsequent unit who failed their pre-requisite unit, should drop the subsequent unit before the census date or within 10 working days of Fail grade notification. Students who do not drop the unit in this timeframe cannot later drop the unit without academic and financial liability. See details in the [Assessment Policy and Procedure \(Higher Education Coursework\)](#).

Offerings For Term 1 - 2017

- Bundaberg
- Rockhampton

Attendance Requirements

All on-campus students are expected to attend scheduled classes - in some units, these classes are identified as a mandatory (pass/fail) component and attendance is compulsory. International students, on a student visa, must maintain a full time study load and meet both attendance and academic progress requirements in each study period (satisfactory attendance for International students is defined as maintaining at least an 80% attendance record).

Website

[This unit has a website, within the Moodle system, which is available two weeks before the start of term. It is important that you visit your Moodle site throughout the term. Please visit Moodle for more information.](#)

Class and Assessment Overview

Recommended Student Time Commitment

Each 6-credit Undergraduate unit at CQUniversity requires an overall time commitment of an average of 12.5 hours of study per week, making a total of 150 hours for the unit.

Class Timetable

[Regional Campuses](#)

Bundaberg, Cairns, Emerald, Gladstone, Mackay, Rockhampton, Townsville

[Metropolitan Campuses](#)

Adelaide, Brisbane, Melbourne, Perth, Sydney

Assessment Overview

1. **Online Quiz(zes)**

Weighting: 30%

2. **Group Work**

Weighting: 15%

3. **On-campus Activity**

Weighting: Pass/Fail

4. **Practical Assessment**

Weighting: 55%

Assessment Grading

This is a graded unit: your overall grade will be calculated from the marks or grades for each assessment task, based on the relative weightings shown in the table above. You must obtain an overall mark for the unit of at least 50%, or an overall grade of 'pass' in order to pass the unit. If any 'pass/fail' tasks are shown in the table above they must also be completed successfully ('pass' grade). You must also meet any minimum mark requirements specified for a particular assessment task, as detailed in the 'assessment task' section (note that in some instances, the minimum mark for a task may be greater than 50%). Consult the [University's Grades and Results Policy](#) for more details of interim results and final grades.

CQUniversity Policies

All University policies are available on the [CQUniversity Policy site](#).

You may wish to view these policies:

- Grades and Results Policy
- Assessment Policy and Procedure (Higher Education Coursework)
- Review of Grade Procedure
- Student Academic Integrity Policy and Procedure
- Monitoring Academic Progress (MAP) Policy and Procedure – Domestic Students
- Monitoring Academic Progress (MAP) Policy and Procedure – International Students
- Student Refund and Credit Balance Policy and Procedure
- Student Feedback – Compliments and Complaints Policy and Procedure
- Information and Communications Technology Acceptable Use Policy and Procedure

This list is not an exhaustive list of all University policies. The full list of University policies are available on the [CQUniversity Policy site](#).

Previous Student Feedback

Feedback, Recommendations and Responses

Every unit is reviewed for enhancement each year. At the most recent review, the following staff and student feedback items were identified and recommendations were made.

Feedback from Have your say surveys, and feedback during class.

Feedback

Overall positive feedback was received regarding the current format of teaching practical manual therapy assessment skills of the lower limb in the PSIO11004 course. Students highly valued the open learning environment, ability to ask questions and engage in discussion, and the teaching staff applying these skills back into a relevant clinical context.

Recommendation

Practical assessment skills will continue to be taught via a combination of visual presentation aids, verbal instructions and educator demonstration, with time for students to practice these skills in class and seek feedback on their technique from teaching staff.

Action

The practical assessment skills component of the unit continues to be taught using a variety of resources to accommodate learning styles and timely feedback given to students in class.

Feedback from Have your say surveys

Feedback

Provide additional visual/video resources for the Neurological assessment components of this course. Move this module earlier in the semester to allow more time for study prior to its inclusion in the second quiz.

Recommendation

The content of the neurological assessment module will be reviewed prior to the commencement of Term 1 2017, and appropriate additional resources will be included to aid student learning. The order of teaching topics will be reviewed prior to 2017, and considerations will be made regarding the timing and appropriateness of the inclusion of neurological assessment content in the second quiz.

Action

The neurological assessment content was removed from this years quiz as it was unable to be moved earlier in the unit schedule. Neurological assessment skills are examined in the OSCE at the end of the term. The content of this teaching module was reviewed and several additional resources were used to aid student understanding of this complex topic.

Feedback from Have your say surveys, feedback during class and email communication.

Feedback

The instructions for the Group Work Assignment were unclear and greater consistency of information provided is needed for the Group Work Assessment item.

Recommendation

The written instructions and assessment rubric for the Group Work Assignment will be reviewed and modified to improve transparency for this assessment item.

Action

The rubric was reformatted and restructured for the Group Work Assignment to aid student understanding of this assessment item. The written instructions were changed to improve clarity and understanding of the expectations of the assessment.

Unit Learning Outcomes

On successful completion of this unit, you will be able to:

1. Explain the principles of an evidence-based approach to practice.
2. Use appropriate communication skills and perform an effective patient interview.
3. Demonstrate aspects of physical examination and identify what constitutes a normal finding.
4. Recognise safe and effective manual handling.
5. Apply effective infection control in a simulated clinical environment.
6. Use the principles of patient record keeping.

Alignment of Learning Outcomes, Assessment and Graduate Attributes

 N/A Level	 Introductory Level	 Intermediate Level	 Graduate Level	 Professional Level	 Advanced Level
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Alignment of Assessment Tasks to Learning Outcomes

Assessment Tasks	Learning Outcomes					
	1	2	3	4	5	6
1 - Online Quiz(zes) - 30%	•	•				•
2 - Group Work - 15%	•	•	•	•	•	•
3 - On-campus Activity - 0%	•	•	•	•	•	
4 - Practical Assessment - 55%		•	•	•	•	

Alignment of Graduate Attributes to Learning Outcomes

Graduate Attributes	Learning Outcomes					
	1	2	3	4	5	6
1 - Communication	•	•	•	•		•
2 - Problem Solving	•	•	•	•	•	•
3 - Critical Thinking	•	•	•	•	•	•
4 - Information Literacy	•	•				•
5 - Team Work		•	•	•	•	
6 - Information Technology Competence	•	•				•
7 - Cross Cultural Competence		•	•	•		
8 - Ethical practice	•	•	•	•	•	•
9 - Social Innovation						
10 - Aboriginal and Torres Strait Islander Cultures						

Alignment of Assessment Tasks to Graduate Attributes

Assessment Tasks	Graduate Attributes									
	1	2	3	4	5	6	7	8	9	10
1 - Online Quiz(zes) - 30%	•	•	•	•		•				

Assessment Tasks	Graduate Attributes									
	1	2	3	4	5	6	7	8	9	10
2 - Group Work - 15%	•	•	•	•	•	•	•	•		
3 - On-campus Activity - 0%	•	•	•	•	•	•	•	•		
4 - Practical Assessment - 55%	•	•	•		•		•	•		

Textbooks and Resources

Textbooks

PSIO11004

Prescribed

Orthopedic Physical Assessment

Edition: 6th edn (2014)

Authors: Magee, D

Saunders Elsevier

Philadelphia , PA , Australia

ISBN: 9781455709779

Binding: Paperback

Additional Textbook Information

This textbook will be used as one of the reference books throughout the entire Physiotherapy program.

[View textbooks at the CQUniversity Bookshop](#)

IT Resources

You will need access to the following IT resources:

- CQUniversity Student Email
- Internet
- Unit Website (Moodle)
- Clinics in Motion Website

Referencing Style

All submissions for this unit must use the referencing style: [American Psychological Association 6th Edition \(APA 6th edition\)](#)

For further information, see the Assessment Tasks.

Teaching Contacts

Kate Gregory Unit Coordinator

k.gregory@cqu.edu.au

Schedule

Week 1 - 06 Mar 2017

Module/Topic	Chapter	Events and Submissions/Topic

Course Introduction, Code of Conduct, Introduction to Palpation

Refer to Moodle page for prescribed textbook chapters and additional resources.

Week 2 - 13 Mar 2017

Module/Topic	Chapter	Events and Submissions/Topic
Introduction to Massage, Arthritis	Refer to Moodle page for prescribed textbook chapters and additional resources.	

Week 3 - 20 Mar 2017

Module/Topic	Chapter	Events and Submissions/Topic
ICF Framework, Therapeutic relationship, Communication skills	Refer to Moodle page for prescribed textbook chapters and additional resources.	

Week 4 - 27 Mar 2017

Module/Topic	Chapter	Events and Submissions/Topic
Patient Interview, Soft tissue injury	Refer to Moodle page for prescribed textbook chapters and additional resources.	

Week 5 - 03 Apr 2017

Module/Topic	Chapter	Events and Submissions/Topic
Patient Interview, Documentation, Flags, Clinical reasoning	Refer to Moodle page for prescribed textbook chapters and additional resources.	Quiz 1

Vacation Week - 10 Apr 2017

Module/Topic	Chapter	Events and Submissions/Topic

Week 6 - 17 Apr 2017

Module/Topic	Chapter	Events and Submissions/Topic
Posture and movement	Refer to Moodle page for prescribed textbook chapters and additional resources.	Group Work Due: Week 6 Tuesday (18 Apr 2017) 1:00 pm AEST

Week 7 - 24 Apr 2017

Module/Topic	Chapter	Events and Submissions/Topic
Designing Physical Examination, Standardised scales, Physical Examination of hip	Refer to Moodle page for prescribed textbook chapters and additional resources.	

Week 8 - 01 May 2017

Module/Topic	Chapter	Events and Submissions/Topic
Physical examination of the hip, Physical examination of the knee	Refer to Moodle page for prescribed textbook chapters and additional resources.	Hurdle: video presenting aspects of simulated physical examination

Week 9 - 08 May 2017

Module/Topic	Chapter	Events and Submissions/Topic
Physical examination of the knee, Physical examination of the ankle and foot	Refer to Moodle page for prescribed textbook chapters and additional resources.	Hurdle: video presenting aspects of simulated physical examination

Week 10 - 15 May 2017

Module/Topic	Chapter	Events and Submissions/Topic
Neurological examination, Introduction to Pain	Refer to Moodle page for prescribed textbook chapters and additional resources.	Quiz 2

Week 11 - 22 May 2017

Module/Topic	Chapter	Events and Submissions/Topic
Evaluation & Plan of Care, Goal setting, Revision	Refer to Moodle page for prescribed textbook chapters and additional resources.	

Week 12 - 29 May 2017

Module/Topic	Chapter	Events and Submissions/Topic
Mock OSCE, Revision	Refer to Moodle page for prescribed textbook chapters and additional resources.	Pre-clinical hurdle requirements due

Review/Exam Week - 05 Jun 2017

Module/Topic	Chapter	Events and Submissions/Topic
		Have Your Say - Course Evaluation Practical Assessment Part 1

Exam Week - 12 Jun 2017

Module/Topic	Chapter	Events and Submissions/Topic
		Have Your Say - Course Evaluation Practical Assessment Part 2

Assessment Tasks

1 Online Quiz(zes)

Assessment Type

Online Quiz(zes)

Task Description

During the unit, there will be the following summative quizzes:

- **Quiz 1** will occur in Week 5 and account for 10% of the total grade of the unit. Quiz 1 will consist of 10 questions; it will need to be completed in 20 minutes, and will assess content from the first four weeks of the unit.
- **Quiz 2** will take place in Week 10 and account for 20% of the total grade of the unit. Quiz 2 will consist of 20 questions; it will last for 40 minutes and will assess content from the first nine weeks of the unit.

All summative quizzes will be closed-book tasks and will take place in a computer lab. Quiz 1 and Quiz 2 will take place during the regular timetabled sessions. Access to external websites and use of other electronic devices are prohibited. Quizzes are time-limited and cannot be completed and submitted earlier than 3/4 of the total designated time. Students will not be allowed to exit the room until after everybody has finished.

The quizzes will mainly include multiple choice and short answer questions. Questions will be of similar formats to those presented in formative assessment tasks during the unit. Questions will be randomly drawn from a theme-based pool of questions and will generally be different for each student.

Policies and Procedures:

1. The CQUniversity [Assessment of Coursework Procedures](#) policy (for centrally timetabled examinations) applies to all assessment items in this unit.
2. **Supplementary Assessments:** As per the CQU [Assessment of Coursework Procedures](#) policy, students will be notified regarding final unit grades, including the provision of Supplementary Assessments, prior to the official Certification of Grades date for Term 1. All Supplementary Assessments will be granted in accordance with the [Grades and Results Procedures](#) policy, Supplementary Assessments will be required to be completed within the two weeks following Certification of Grades.

Number of Quizzes

2

Frequency of Quizzes

Other

Assessment Due Date

Quiz 1 in Week 5 and Quiz 2 in Week 10

Return Date to Students

Within 2 weeks of submission

Weighting

30%

Assessment Criteria

Multiple choice, fill in the missing word(s) questions, essay questions, questions relating to multimedia material (e.g. images, videos) and short answer questions will be awarded a percentage grading.

Referencing Style

- [American Psychological Association 6th Edition \(APA 6th edition\)](#)

Submission

Online

Learning Outcomes Assessed

- Explain the principles of an evidence-based approach to practice.
- Use appropriate communication skills and perform an effective patient interview.
- Use the principles of patient record keeping.

Graduate Attributes

- Communication
- Problem Solving
- Critical Thinking
- Information Literacy
- Information Technology Competence

2 Group Work

Assessment Type

Group Work

Task Description

Based on a given clinical scenario, each student will be required to develop a video interviewing a hypothetical patient. After the interview, the therapist should provide a short summary of the most important findings.

Students will work in small groups and each group member will rotate between the following roles: physiotherapist, patient, observer/assistant. The total duration of the final video should be between 8-10 minutes.

All videos will need to be handed in at the beginning of Week 6. During the tutorial in Week 6, students will be required to watch and peer assess videos of another group and provide feedback based on an assessment guide.

Policies and Procedures:

1. The CQUniversity [Assessment of Coursework Procedures](#) policy (for centrally timetabled examinations) applies to all assessment items in this unit.
2. **Supplementary Assessments:** As per the CQU [Assessment of Coursework Procedures](#) policy, students will be notified regarding final unit grades, including the provision of Supplementary Assessments, prior to the official Certification of Grades date for Term 1. All Supplementary Assessments will be granted in accordance with the [Grades and Results Procedures](#) policy, Supplementary Assessments will be required to be completed within the two weeks following Certification of Grades.

Assessment Due Date

Week 6 Tuesday (18 Apr 2017) 1:00 pm AEST

Return Date to Students

Within 3 weeks of submission

Weighting

15%

Assessment Criteria

The assessment rubric for this assessment task is based on the Australian Standards for Physiotherapy, the Accreditation Standard set by the Australian Physiotherapy Council, and The Assessment of Physiotherapy Practice Instrument. These quality frameworks are mapped against the CQUniversity Graduate Attributes, and intended to give a holistic understanding of standards expected for the assessment task.

Referencing Style

- [American Psychological Association 6th Edition \(APA 6th edition\)](#)

Submission

Offline Online

Learning Outcomes Assessed

- Explain the principles of an evidence-based approach to practice.
- Use appropriate communication skills and perform an effective patient interview.
- Demonstrate aspects of physical examination and identify what constitutes a normal finding.
- Recognise safe and effective manual handling.
- Apply effective infection control in a simulated clinical environment.
- Use the principles of patient record keeping.

Graduate Attributes

- Communication
- Problem Solving
- Critical Thinking
- Information Literacy
- Team Work
- Information Technology Competence
- Cross Cultural Competence
- Ethical practice

3 Hurdles

Assessment Type

On-campus Activity

Task Description

Pre-Clinical Experience Requirements

Completion of all Pre-clinical Requirements before the end of week 12 is required for a PASS grade. Relevant information about the pre-clinical requirements will be provided at the unit Moodle site.

85% Attendance Requirement of Tutorial Sessions

At least 85% attendance of tutorial sessions is required for a PASS grade. If there is a genuine reason for being absent, students need to inform the Unit Coordinator as soon as possible.

A minimum attendance requirement of 85% is recommended from the Australian Physiotherapy Council for all tutorials and practical sessions. The monitoring of attendance will take into consideration legitimate reasons for absence, such as those outlined in the [Assessment of Coursework Procedures](#) (1.21, 1.23 and 1.24), and these will not be counted as absence for the purpose of this attendance requirement.

Submission of Videos

Submission of two videos relevant to the tutor instructions are required for a PASS grade. Based on a given clinical scenario, students will be required to develop two 5-minute videos presenting specific aspects of simulated physical examinations. More information will be provided in due time at the unit Moodle site.

Policies and Procedures:

1. The CQUniversity [Assessment of Coursework Procedures](#) policy (for centrally timetabled examinations) applies to all assessment items in this unit. The monitoring of attendance will take into consideration legitimate reasons for absence, as outlined in the aforementioned CQUniversity *Assessment of Coursework Procedures* policy, and these will not be counted as an absence for the purpose of this attendance requirement.
2. **Supplementary Assessments:** As per the CQU [Assessment of Coursework Procedures](#) policy, students will be notified regarding final unit grades, including the provision of Supplementary Assessments, prior to the official Certification of Grades date for Term 1. All Supplementary Assessments will be granted in accordance with the [Grades and Results Procedures](#) policy, Supplementary Assessments will be required to be completed within the two weeks following Certification of Grades.

Assessment Due Date

Details provided in the "Task description" text box.

Return Date to Students

Students will be notified about the completion of each hurdle.

Weighting

Pass/Fail

Minimum mark or grade

A PASS grade is required in order to pass the unit.

Assessment Criteria

Details provided in the "Task description" text box.

Referencing Style

- [American Psychological Association 6th Edition \(APA 6th edition\)](#)

Submission

Offline

Submission Instructions

Submission instructions will be provided in due time at the unit Moodle site.

Learning Outcomes Assessed

- Explain the principles of an evidence-based approach to practice.
- Use appropriate communication skills and perform an effective patient interview.
- Demonstrate aspects of physical examination and identify what constitutes a normal finding.
- Recognise safe and effective manual handling.
- Apply effective infection control in a simulated clinical environment.

Graduate Attributes

- Communication
- Problem Solving
- Critical Thinking
- Information Literacy
- Team Work
- Information Technology Competence
- Cross Cultural Competence
- Ethical practice

4 Practical Assessment

Assessment Type

Practical Assessment

Task Description

The Practical Assessment Task will consist of two parts that will cover various areas of clinical assessment including physiotherapy note writing, clinical reasoning and physical examination.

During part 1, students will watch a video-recorded interview of a patient and will be required to take notes of the relevant information. Students will need to organize, structure and record their notes as if they were writing a formal patient record. Students will be able to use blank papers in order to create their own relevant headings, and will be provided with a body chart and an ICF (International Classification of Functioning, Disability and Health) problem solving form.

Part 2 of the Practical Assessment will be an Objective Structured Clinical Examination (OSCE). Based on a written case scenario related to physical examination of lower limb, each student will be required to choose, justify and perform relevant physical examination procedures. This section will last for approximately 30 minutes.

Each student will be required to act as a model for the next assessment, once their own assessment is completed. All assessments will be video and/or audio-recorded for moderation purposes.

Policies and Procedures:

1. The CQUniversity [Assessment of Coursework Procedures](#) policy (for centrally timetabled examinations) applies to all assessment items in this unit.
2. **Supplementary Assessments:** As per the CQU [Assessment of Coursework Procedures](#) policy, students will be notified regarding final unit grades, including the provision of Supplementary Assessments, prior to the official Certification of Grades date for Term 1. All Supplementary Assessments will be granted in accordance with the [Grades and Results Procedures](#) policy, Supplementary Assessments will be required to be completed within the two weeks following Certification of Grades.

Assessment Due Date

Exam Week

Return Date to Students

Results and feedback will become available with the official release of final unit grades, as determined by the

CQUniversity Certification of Grades Term 1 date

Weighting

55%

Minimum mark or grade

A minimum grade of 50% is required for a passing grade on this assessment task, and in order to pass the unit overall.

Assessment Criteria

The assessment rubric for this assessment task is based on the Australian Standards for Physiotherapy, the Accreditation Standard set by the Australian Physiotherapy Council, and The Assessment of Physiotherapy Practice Instrument. These quality frameworks are mapped against the CQUniversity Graduate Attributes, and intended to give a holistic understanding of standards expected for the assessment task.

Referencing Style

- [American Psychological Association 6th Edition \(APA 6th edition\)](#)

Submission

Offline

Learning Outcomes Assessed

- Use appropriate communication skills and perform an effective patient interview.
- Demonstrate aspects of physical examination and identify what constitutes a normal finding.
- Recognise safe and effective manual handling.
- Apply effective infection control in a simulated clinical environment.

Graduate Attributes

- Communication
- Problem Solving
- Critical Thinking
- Team Work
- Cross Cultural Competence
- Ethical practice

Academic Integrity Statement

As a CQUniversity student you are expected to act honestly in all aspects of your academic work.

Any assessable work undertaken or submitted for review or assessment must be your own work. Assessable work is any type of work you do to meet the assessment requirements in the unit, including draft work submitted for review and feedback and final work to be assessed.

When you use the ideas, words or data of others in your assessment, you must thoroughly and clearly acknowledge the source of this information by using the correct referencing style for your unit. Using others' work without proper acknowledgement may be considered a form of intellectual dishonesty.

Participating honestly, respectfully, responsibly, and fairly in your university study ensures the CQUniversity qualification you earn will be valued as a true indication of your individual academic achievement and will continue to receive the respect and recognition it deserves.

As a student, you are responsible for reading and following CQUniversity's policies, including the [Student Academic Integrity Policy and Procedure](#). This policy sets out CQUniversity's expectations of you to act with integrity, examples of academic integrity breaches to avoid, the processes used to address alleged breaches of academic integrity, and potential penalties.

What is a breach of academic integrity?

A breach of academic integrity includes but is not limited to plagiarism, self-plagiarism, collusion, cheating, contract cheating, and academic misconduct. The Student Academic Integrity Policy and Procedure defines what these terms mean and gives examples.

Why is academic integrity important?

A breach of academic integrity may result in one or more penalties, including suspension or even expulsion from the University. It can also have negative implications for student visas and future enrolment at CQUniversity or elsewhere. Students who engage in contract cheating also risk being blackmailed by contract cheating services.

Where can I get assistance?

For academic advice and guidance, the [Academic Learning Centre \(ALC\)](#) can support you in becoming confident in completing assessments with integrity and of high standard.

What can you do to act with integrity?



Be Honest

If your assessment task is done by someone else, it would be dishonest of you to claim it as your own



Seek Help

If you are not sure about how to cite or reference in essays, reports etc, then seek help from your lecturer, the library or the Academic Learning Centre (ALC)



Produce Original Work

Originality comes from your ability to read widely, think critically, and apply your gained knowledge to address a question or problem