



# PSIO13002 *Professional Physiotherapy Practice*

## 1

### Term 2 - 2018

Profile information current as at 21/05/2024 02:32 pm

All details in this unit profile for PSIO13002 have been officially approved by CQUniversity and represent a learning partnership between the University and you (our student). The information will not be changed unless absolutely necessary and any change will be clearly indicated by an approved correction included in the profile.

## General Information

### Overview

The unit aims to develop your ability to integrate the knowledge, physical skills, principles of evidence based practice and clinical reasoning, ethical and professional behaviours that are necessary for you to function competently as a physiotherapist. This will include a variety of settings and patient groups, with an emphasis on effective and patient-centred management plans, within the framework of the International Classification of Functioning, Disability and Health (ICF).

### Details

Career Level: *Undergraduate*

Unit Level: *Level 3*

Credit Points: *12*

Student Contribution Band: *8*

Fraction of Full-Time Student Load: *0.25*

### Pre-requisites or Co-requisites

Pre-Requisites ALLH11001 - Introduction to Allied Health Practice PSYC11010 - Fundamentals of Psychology MPAT12001 - Medical Pathophysiology ALLH11006 - Life Course Development for Health Professionals ALLH12007 - Research Methods for Therapy ESSC12001 - Exercise and Sport Physiology PSIO12002 - Cardiorespiratory Physiotherapy ALLH12006 - Evidence Based Practice for Allied Health PSIO13001 - Neurological Physiotherapy PSIO13007 - Musculoskeletal Physiotherapy 3 PSIO13006 - Rehabilitation of Functional Movement SOCL19065 - Rural Communities for Health  
Important note: Students enrolled in a subsequent unit who failed their pre-requisite unit, should drop the subsequent unit before the census date or within 10 working days of Fail grade notification. Students who do not drop the unit in this timeframe cannot later drop the unit without academic and financial liability. See details in the [Assessment Policy and Procedure \(Higher Education Coursework\)](#).

### Offerings For Term 2 - 2018

- Bundaberg
- Rockhampton

### Attendance Requirements

All on-campus students are expected to attend scheduled classes – in some units, these classes are identified as a mandatory (pass/fail) component and attendance is compulsory. International students, on a student visa, must maintain a full time study load and meet both attendance and academic progress requirements in each study period (satisfactory attendance for International students is defined as maintaining at least an 80% attendance record).

### Website

[This unit has a website, within the Moodle system, which is available two weeks before the start of term. It is important that you visit your Moodle site throughout the term. Please visit Moodle for more information.](#)

## Class and Assessment Overview

### Recommended Student Time Commitment

Each 12-credit Undergraduate unit at CQUniversity requires an overall time commitment of an average of 25 hours of study per week, making a total of 300 hours for the unit.

### Class Timetable

#### [Regional Campuses](#)

Bundaberg, Cairns, Emerald, Gladstone, Mackay, Rockhampton, Townsville

#### [Metropolitan Campuses](#)

Adelaide, Brisbane, Melbourne, Perth, Sydney

### Assessment Overview

#### 1. **On-campus Activity**

Weighting: Pass/Fail

#### 2. **Professional Practice Placement**

Weighting: 70%

#### 3. **Written Assessment**

Weighting: 30%

### Assessment Grading

This is a graded unit: your overall grade will be calculated from the marks or grades for each assessment task, based on the relative weightings shown in the table above. You must obtain an overall mark for the unit of at least 50%, or an overall grade of 'pass' in order to pass the unit. If any 'pass/fail' tasks are shown in the table above they must also be completed successfully ('pass' grade). You must also meet any minimum mark requirements specified for a particular assessment task, as detailed in the 'assessment task' section (note that in some instances, the minimum mark for a task may be greater than 50%). Consult the [University's Grades and Results Policy](#) for more details of interim results and final grades.

## CQUniversity Policies

**All University policies are available on the [CQUniversity Policy site](#).**

You may wish to view these policies:

- Grades and Results Policy
- Assessment Policy and Procedure (Higher Education Coursework)
- Review of Grade Procedure
- Student Academic Integrity Policy and Procedure
- Monitoring Academic Progress (MAP) Policy and Procedure – Domestic Students
- Monitoring Academic Progress (MAP) Policy and Procedure – International Students
- Student Refund and Credit Balance Policy and Procedure
- Student Feedback – Compliments and Complaints Policy and Procedure
- Information and Communications Technology Acceptable Use Policy and Procedure

This list is not an exhaustive list of all University policies. The full list of University policies are available on the [CQUniversity Policy site](#).

## Previous Student Feedback

### Feedback, Recommendations and Responses

Every unit is reviewed for enhancement each year. At the most recent review, the following staff and student feedback items were identified and recommendations were made.

#### Feedback from Have Your Say, Student verbal feedback

##### Feedback

Some students reported that certain placement sites and clinical placements would be better suited for forth year placements.

##### Recommendation

Unit Coordinator will review feedback provided from students about placement site and placement requirements. This feedback will be used to guide future placement selections and allocations.

## Unit Learning Outcomes

### On successful completion of this unit, you will be able to:

1. Demonstrate consistent adherence to the rules of professional conduct, including legal and ethical responsibilities, and take responsibility for your personal development as an autonomous physiotherapist
2. Communicate effectively and efficiently with service users and the multi-disciplinary team in all aspects of your clinical practice
3. Demonstrate competency at an entry level standard of practice in assessments, clinical reasoning, execution of techniques, and delivery of programmes to manage specific clinical problems across a variety of services
4. Critically reflect upon your clinical development and relate this to relevant published sources and practice based experience.

Per NPC1326

## Alignment of Learning Outcomes, Assessment and Graduate Attributes



### Alignment of Assessment Tasks to Learning Outcomes

Assessment Tasks	Learning Outcomes			
	1	2	3	4
1 - On-campus Activity - 0%		•	•	•
2 - Professional Practice Placement - 70%	•	•	•	
3 - Written Assessment - 30%	•			•

### Alignment of Graduate Attributes to Learning Outcomes

Graduate Attributes	Learning Outcomes			
	1	2	3	4
1 - Communication	•	•	•	•

Graduate Attributes	Learning Outcomes			
	1	2	3	4
2 - Problem Solving	•	•	•	•
3 - Critical Thinking	•	•	•	•
4 - Information Literacy	•	•	•	•
5 - Team Work	•	•	•	
6 - Information Technology Competence	•	•	•	
7 - Cross Cultural Competence	•	•	•	
8 - Ethical practice	•	•	•	•
9 - Social Innovation	•		•	
10 - Aboriginal and Torres Strait Islander Cultures				

## Alignment of Assessment Tasks to Graduate Attributes

Assessment Tasks	Graduate Attributes									
	1	2	3	4	5	6	7	8	9	10
1 - On-campus Activity - 0%	•	•	•	•	•		•	•		
2 - Professional Practice Placement - 70%	•	•	•	•	•	•	•	•	•	
3 - Written Assessment - 30%	•	•	•	•		•			•	

## Textbooks and Resources

### Textbooks

**There are no required textbooks.**

### IT Resources

**You will need access to the following IT resources:**

- CQUniversity Student Email
- Internet
- Unit Website (Moodle)

## Referencing Style

All submissions for this unit must use the referencing style: [American Psychological Association 6th Edition \(APA 6th edition\)](#)

For further information, see the Assessment Tasks.

## Teaching Contacts

**Tanya Palmer** Unit Coordinator  
[t.palmer@cqu.edu.au](mailto:t.palmer@cqu.edu.au)

## Schedule

### Week 1 - 09 Jul 2018

Module/Topic	Chapter	Events and Submissions/Topic
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### Week 2 - 16 Jul 2018

Module/Topic	Chapter	Events and Submissions/Topic
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### Week 3 - 23 Jul 2018

Module/Topic	Chapter	Events and Submissions/Topic
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### Week 4 - 30 Jul 2018

Module/Topic	Chapter	Events and Submissions/Topic
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### Week 5 - 06 Aug 2018

Module/Topic	Chapter	Events and Submissions/Topic
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### Vacation Week - 13 Aug 2018

Module/Topic	Chapter	Events and Submissions/Topic
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### Week 6 - 20 Aug 2018

Module/Topic	Chapter	Events and Submissions/Topic
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### Week 7 - 27 Aug 2018

Module/Topic	Chapter	Events and Submissions/Topic
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### Week 8 - 03 Sep 2018

Module/Topic	Chapter	Events and Submissions/Topic
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### Week 9 - 10 Sep 2018

Module/Topic	Chapter	Events and Submissions/Topic
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### Week 10 - 17 Sep 2018

Module/Topic	Chapter	Events and Submissions/Topic
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### Week 11 - 24 Sep 2018

Module/Topic	Chapter	Events and Submissions/Topic
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### Week 12 - 01 Oct 2018

Module/Topic	Chapter	Events and Submissions/Topic
		<b>Clinical Placement</b> Due: Week 12 Friday (5 Oct 2018) 11:45 pm AEST <b>Reflective Essay</b> Due: Week 12 Friday (5 Oct 2018) 4:00 pm AEST

### Review/Exam Week - 08 Oct 2018

Module/Topic	Chapter	Events and Submissions/Topic
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### Exam Week - 15 Oct 2018

Module/Topic	Chapter	Events and Submissions/Topic
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## Term Specific Information

Clinical Placements run throughout the year from late January to early December and some may occur outside of term times. You may be required to travel outside of your home town to complete clinical placements. Placements are allocated by the Physiotherapy Clinical Educator Coordinator in accordance with requirements set by the Physiotherapy Board of Australia. You will be notified of your clinical placement allocation once you have met all pre-requisites for Professional Physiotherapy Practice 1.

## Assessment Tasks

### 1 Simulation

#### Assessment Type

On-campus Activity

#### Task Description

Simulation will run during the university break between terms 1 and 2 specifically for the third year physiotherapy students. You will be required to attend all timetabled sessions. Simulation will be run over 3 weeks, with 2 days per week timetabled per campus. You will complete simulation for the core clinical areas of physiotherapy - Musculoskeletal, Neurological and Cardiorespiratory Physiotherapy.

You will be notified of the simulation timetable and requirements prior to the completion of the term 1 examination period. Attendance is compulsory and you will be required to complete reflective tasks throughout the simulation sessions.

#### Assessment Due Date

#### Return Date to Students

You will be notified at the completion of simulation if you have not met the pass criteria for this assessment item.

#### Weighting

Pass/Fail

#### Minimum mark or grade

You must gain a pass on this assessment item to be eligible to pass this unit.

#### Assessment Criteria

This assessment item is pass/fail. You will be assessed on both your attendance and the completion of reflective tasks throughout the simulation sessions. You will be required to submit your workbooks to the clinical supervisors at the completion of each core area of simulation.

If you are unable to attend a session due to medical reasons, a medical certificate will be required as proof that you were unable to complete simulation due to medical reasons.

#### Referencing Style

- [American Psychological Association 6th Edition \(APA 6th edition\)](#)

#### Submission

No submission method provided.

#### Learning Outcomes Assessed

- Communicate effectively and efficiently with service users and the multi-disciplinary team in all aspects of your clinical practice
- Demonstrate competency at an entry level standard of practice in assessments, clinical reasoning, execution of techniques, and delivery of programmes to manage specific clinical problems across a variety of services
- Critically reflect upon your clinical development and relate this to relevant published sources and practice based experience.

#### Graduate Attributes

- Communication
- Problem Solving

- Critical Thinking
- Information Literacy
- Team Work
- Cross Cultural Competence
- Ethical practice

## 2 Clinical Placement

### Assessment Type

Professional Practice Placement

### Task Description

You will complete a 5 week full-time clinical placement as allocated by the unit coordinator. This clinical placement can be in any area of physiotherapy and may be located in any facility ranging from Acute Hospitals to Community programs.

The grade awarded is based on your performance during the 5 week clinical placement and evaluated using the Assessment of Physiotherapy Practice (APP) via the APPLink-up.

You are also required to submit the Hurdle assessment - Placement Evaluation survey via Moodle at the completion of your clinical placement to be eligible to pass this assessment item.

### Assessment Due Date

Week 12 Friday (5 Oct 2018) 11:45 pm AEST

### Return Date to Students

At the completion of their clinical placement from your Clinical Educator.

### Weighting

70%

### Minimum mark or grade

You are required to pass this assessment task in order to pass this unit. Assessment criteria discussed above in the assessment criteria section.

### Assessment Criteria

In order to pass the Clinical Placement you need to meet the "Adequate" level on the Global Rating Score and achieve the following on the APP, as graded by your Clinical Educator:

1. A minimum total score of 49.5% for the combined domains of Professional Behaviour and Communication AND
2. A minimum total score of 49.5% for the combined domains of Assessment, Analysis and Planning, Intervention, Evidence Based Practice and Risk Management.

If you don't meet the above criteria for the Clinical Placement you will be eligible to sit a Clinical Exam, provided you have achieved an overall grade equal to, or higher than 44.5% for your clinical placement. The Clinical Exam is in the format of an OSCE that will be completed on a real or simulated patient within the area that you completed the clinical placement. The clinical exam will be assessed by two clinical educators, one of which will be a CQUniversity Physiotherapy academic. The exam will run for approximately 60 minutes and will be assessed on the APP.

### Referencing Style

- [American Psychological Association 6th Edition \(APA 6th edition\)](#)

### Submission

Online

### Submission Instructions

You must submit your completed Placement Evaluation via moodle at the completion of your Clinical Placement.

### Learning Outcomes Assessed

- Demonstrate consistent adherence to the rules of professional conduct, including legal and ethical responsibilities, and take responsibility for your personal development as an autonomous physiotherapist
- Communicate effectively and efficiently with service users and the multi-disciplinary team in all aspects of your clinical practice
- Demonstrate competency at an entry level standard of practice in assessments, clinical reasoning, execution of techniques, and delivery of programmes to manage specific clinical problems across a variety of services

### Graduate Attributes

- Communication
- Problem Solving



- Critical Thinking
- Information Literacy
- Team Work
- Information Technology Competence
- Cross Cultural Competence
- Ethical practice
- Social Innovation

### 3 Reflective Essay

#### Assessment Type

Written Assessment

#### Task Description

You are required to write a reflective essay on your first clinical placement. Select and critically appraise a component of your clinical placement that you found to be the most challenging and that you needed to improve or found the hardest to complete (e.g. prescribing home exercise programs, communicating within the MDT etc).

In order to do that, you will need to keep record of your reflections and actions throughout your clinical placement as you go through the 5 weeks. You will need to critically appraise the literature to support your reflections on your chosen topic.

#### Structure of Report and Presentation

Cover Page – include name, student number, unit, assignment title, word count, due date.

Sections of the presentation may include but are **not** necessarily limited to:

- Introduction - outlining and describing the reflective subject, setting the topic.
- What does the literature say? What is the available evidence?
- What was the relevance of this to your clinical placement and how did you reflect and respond throughout your clinical placement to improve your practice.
- Conclusions
- References according to the APA referencing system.

#### Assessment Due Date

Week 12 Friday (5 Oct 2018) 4:00 pm AEST

#### Return Date to Students

End of Term

#### Weighting

30%

#### Minimum mark or grade

You must complete this assessment item to be eligible to pass the unit.

#### Assessment Criteria

Detailed marking criteria will be available on the unit moodle site, and will be based on the following:

- Presentation (30%)
- Reflection (40%)
- Use of Literature (30%)

The assignment must be within 2250 - 2750 words. Failure to meet this requirement will incur a 5% penalty off the initial mark for this assessment.

#### Referencing Style

- [American Psychological Association 6th Edition \(APA 6th edition\)](#)

#### Submission

Online

#### Learning Outcomes Assessed

- Demonstrate consistent adherence to the rules of professional conduct, including legal and ethical responsibilities, and take responsibility for your personal development as an autonomous physiotherapist
- Critically reflect upon your clinical development and relate this to relevant published sources and practice based experience.

#### Graduate Attributes

- Communication
- Problem Solving
- Critical Thinking
- Information Literacy
- Information Technology Competence
- Social Innovation

## Academic Integrity Statement

As a CQUniversity student you are expected to act honestly in all aspects of your academic work.

Any assessable work undertaken or submitted for review or assessment must be your own work. Assessable work is any type of work you do to meet the assessment requirements in the unit, including draft work submitted for review and feedback and final work to be assessed.

When you use the ideas, words or data of others in your assessment, you must thoroughly and clearly acknowledge the source of this information by using the correct referencing style for your unit. Using others' work without proper acknowledgement may be considered a form of intellectual dishonesty.

Participating honestly, respectfully, responsibly, and fairly in your university study ensures the CQUniversity qualification you earn will be valued as a true indication of your individual academic achievement and will continue to receive the respect and recognition it deserves.

As a student, you are responsible for reading and following CQUniversity's policies, including the [Student Academic Integrity Policy and Procedure](#). This policy sets out CQUniversity's expectations of you to act with integrity, examples of academic integrity breaches to avoid, the processes used to address alleged breaches of academic integrity, and potential penalties.

### **What is a breach of academic integrity?**

A breach of academic integrity includes but is not limited to plagiarism, self-plagiarism, collusion, cheating, contract cheating, and academic misconduct. The Student Academic Integrity Policy and Procedure defines what these terms mean and gives examples.

### **Why is academic integrity important?**

A breach of academic integrity may result in one or more penalties, including suspension or even expulsion from the University. It can also have negative implications for student visas and future enrolment at CQUniversity or elsewhere. Students who engage in contract cheating also risk being blackmailed by contract cheating services.

### **Where can I get assistance?**

For academic advice and guidance, the [Academic Learning Centre \(ALC\)](#) can support you in becoming confident in completing assessments with integrity and of high standard.

### **What can you do to act with integrity?**

**Be Honest**

If your assessment task is done by someone else, it would be dishonest of you to claim it as your own

**Seek Help**

If you are not sure about how to cite or reference in essays, reports etc, then seek help from your lecturer, the library or the Academic Learning Centre (ALC)

**Produce Original Work**

Originality comes from your ability to read widely, think critically, and apply your gained knowledge to address a question or problem