



# PSYC12013 *Personality*

## Term 3 - 2021

Profile information current as at 19/05/2022 09:22 pm

All details in this unit profile for PSYC12013 have been officially approved by CQUniversity and represent a learning partnership between the University and you (our student). The information will not be changed unless absolutely necessary and any change will be clearly indicated by an approved correction included in the profile.

### General Information

#### Overview

This unit introduces you to major perspectives of studying personality, including psychoanalytic, humanistic, cognitive, dispositional, and behavioural. Representative theories within each approach will be discussed with the consideration of both theory and application. Apart from requiring you to familiarise yourself with theoretical materials and research findings regarding personality theories, this unit encourages you to look at your own personality and encourages you to explore the practical applications of the theories.

#### Details

Career Level: *Undergraduate*

Unit Level: *Level 2*

Credit Points: 6

Student Contribution Band: 10

Fraction of Full-Time Student Load: 0.125

#### Pre-requisites or Co-requisites

24 credit points which must include PSYC11008 OR PSYC11009 OR PSYC11011

Important note: Students enrolled in a subsequent unit who failed their pre-requisite unit, should drop the subsequent unit before the census date or within 10 working days of Fail grade notification. Students who do not drop the unit in this timeframe cannot later drop the unit without academic and financial liability. See details in the [Assessment Policy and Procedure \(Higher Education Coursework\)](#).

#### Offerings For Term 3 - 2021

- Online

#### Attendance Requirements

All on-campus students are expected to attend scheduled classes - in some units, these classes are identified as a mandatory (pass/fail) component and attendance is compulsory. International students, on a student visa, must maintain a full time study load and meet both attendance and academic progress requirements in each study period (satisfactory attendance for International students is defined as maintaining at least an 80% attendance record).

#### Website

[This unit has a website, within the Moodle system, which is available two weeks before the start of term. It is important that you visit your Moodle site throughout the term. Please visit Moodle for more information.](#)

## Class and Assessment Overview

### Recommended Student Time Commitment

Each 6-credit Undergraduate unit at CQUniversity requires an overall time commitment of an average of 12.5 hours of study per week, making a total of 150 hours for the unit.

### Class Timetable

#### [Regional Campuses](#)

Bundaberg, Cairns, Emerald, Gladstone, Mackay, Rockhampton, Townsville

#### [Metropolitan Campuses](#)

Adelaide, Brisbane, Melbourne, Perth, Sydney

### Assessment Overview

#### 1. **Group Discussion**

Weighting: 10%

#### 2. **Essay**

Weighting: 30%

#### 3. **Written Assessment**

Weighting: 30%

#### 4. **Online Quiz(zes)**

Weighting: 30%

### Assessment Grading

This is a graded unit: your overall grade will be calculated from the marks or grades for each assessment task, based on the relative weightings shown in the table above. You must obtain an overall mark for the unit of at least 50%, or an overall grade of 'pass' in order to pass the unit. If any 'pass/fail' tasks are shown in the table above they must also be completed successfully ('pass' grade). You must also meet any minimum mark requirements specified for a particular assessment task, as detailed in the 'assessment task' section (note that in some instances, the minimum mark for a task may be greater than 50%). Consult the [University's Grades and Results Policy](#) for more details of interim results and final grades.

## CQUniversity Policies

**All University policies are available on the [CQUniversity Policy site](#).**

You may wish to view these policies:

- Grades and Results Policy
- Assessment Policy and Procedure (Higher Education Coursework)
- Review of Grade Procedure
- Student Academic Integrity Policy and Procedure
- Monitoring Academic Progress (MAP) Policy and Procedure – Domestic Students
- Monitoring Academic Progress (MAP) Policy and Procedure – International Students
- Student Refund and Credit Balance Policy and Procedure
- Student Feedback – Compliments and Complaints Policy and Procedure
- Information and Communications Technology Acceptable Use Policy and Procedure

This list is not an exhaustive list of all University policies. The full list of University policies are available on the [CQUniversity Policy site](#).

## Previous Student Feedback

### Feedback, Recommendations and Responses

Every unit is reviewed for enhancement each year. At the most recent review, the following staff and student feedback items were identified and recommendations were made.

#### Feedback from Student Feedback (Have your say)

##### Feedback

Students reported that the weekly reflection tasks did not give them enough time to critically reflect on their studies from the prior week.

##### Recommendation

Review the timing and due date of the weekly discussion forum posts to enable students time to critically reflect on the week's topic.

#### Feedback from Student Feedback (Have your say)

##### Feedback

Students reported that they needed more time to complete the mid-term quiz.

##### Recommendation

Review the quiz time limit to ensure students have sufficient time to complete the quiz.

## Unit Learning Outcomes

### On successful completion of this unit, you will be able to:

1. Distinguish the study of personality as a psychology discipline from the talk of personality as an everyday common sense
2. Identify basic issues in contemporary personality research
3. Understand significant ideas and themes of major theories within each domain within the textbook
4. Display certain critical thinking skills in evaluating, comparing and applying various theories.

## Alignment of Learning Outcomes, Assessment and Graduate Attributes



### Alignment of Assessment Tasks to Learning Outcomes

Assessment Tasks	Learning Outcomes			
	1	2	3	4
1 - Group Discussion - 10%	•	•		
2 - Essay - 30%	•	•		
3 - Written Assessment - 30%			•	•
4 - Online Quiz(zes) - 30%			•	•

### Alignment of Graduate Attributes to Learning Outcomes

Graduate Attributes	Learning Outcomes			
	1	2	3	4
1 - Communication			•	
2 - Problem Solving	•			•
3 - Critical Thinking	•	•	•	•
4 - Information Literacy	•	•	•	•
5 - Team Work				
6 - Information Technology Competence				
7 - Cross Cultural Competence				
8 - Ethical practice				
9 - Social Innovation				
10 - Aboriginal and Torres Strait Islander Cultures				

### Alignment of Assessment Tasks to Graduate Attributes

Assessment Tasks	Graduate Attributes									
	1	2	3	4	5	6	7	8	9	10
1 - Group Discussion - 10%	•	•				•				
2 - Essay - 30%	•	•	•							
3 - Written Assessment - 30%			•	•						
4 - Online Quiz(zes) - 30%			•			•				

## Textbooks and Resources

### Textbooks

PSYC12013

#### Prescribed

##### Personality Theories

Edition: 9th (2014)

Authors: Engler, B.

Cengage

Belmont , CA , USA

ISBN: 978-1-285-08880-8

Binding: Hardcover

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#### Supplementary

##### Publication Manual of the American Psychological Association

Edition: 7th (2019)

Authors: American Psychological Association

American Psychological Association

USA

ISBN: 9781433832161

Binding: Other

[View textbooks at the CQUniversity Bookshop](#)

### IT Resources

**You will need access to the following IT resources:**

- CQUniversity Student Email
- Internet
- Unit Website (Moodle)

## Referencing Style

All submissions for this unit must use the referencing style: [American Psychological Association 7th Edition \(APA 7th edition\)](#)

For further information, see the Assessment Tasks.

## Teaching Contacts

**Karen Luke** Unit Coordinator

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**Cassy Dittman** Unit Coordinator

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## Schedule

### Week 1 - 08 Nov 2021

Module/Topic	Chapter	Events and Submissions/Topic
Sigmund Freud and Psychoanalysis	1 & 2	

### Week 2 - 15 Nov 2021

Module/Topic	Chapter	Events and Submissions/Topic
Carl Jung and Analytic Psychology	3	

**Week 3 - 22 Nov 2021**

Module/Topic	Chapter	Events and Submissions/Topic
Alfred Adler, Harry Stack Sullivan and Individual/Interpsychic Psychology	4	

**Week 4 - 29 Nov 2021**

Module/Topic	Chapter	Events and Submissions/Topic
Psychoanalytic Social Psychology: Karen Horney and Erik Fromm	5	

**Vacation Week - 06 Dec 2021**

Module/Topic	Chapter	Events and Submissions/Topic

**Week 5 - 13 Dec 2021**

Module/Topic	Chapter	Events and Submissions/Topic
Anna Freud, Erik Erickson, Dan McAdams, and Ego Analytic Psychology	6	

**Week 6 - 20 Dec 2021**

Module/Topic	Chapter	Events and Submissions/Topic
Human Relations: Object Relations Theory	7	

**Vacation Week - 27 Dec 2021**

Module/Topic	Chapter	Events and Submissions/Topic

**Week 7 - 03 Jan 2022**

Module/Topic	Chapter	Events and Submissions/Topic
Experimental Analysis of Behaviour: John Dollard, Neal Mill & B.F. Skinner	8	

**Week 8 - 10 Jan 2022**

Module/Topic	Chapter	Events and Submissions/Topic
Social Learning Theories: Albert Bandura, Julian Rotter, and Walter Mischel	9	<b>Essay</b> Due: Week 8 Monday (10 Jan 2022) 9:00 am AEST

**Week 9 - 17 Jan 2022**

Module/Topic	Chapter	Events and Submissions/Topic
Humanism: Abraham Maslow and Carl Rogers	13	

**Week 10 - 24 Jan 2022**

Module/Topic	Chapter	Events and Submissions/Topic
Existential Analysis: Rollo May	14	<b>Online Quiz</b> Due: Week 10 Monday (24 Jan 2022) 9:00 am AEST

**Week 11 - 31 Jan 2022**

Module/Topic	Chapter	Events and Submissions/Topic
Cognitive Behavioural Theories: Albert Ellis, Aaron Beck, and Arnold Lazarus	16	

**Week 12 - 07 Feb 2022**

Module/Topic	Chapter	Events and Submissions/Topic
Eastern Theories: Zen Buddhism, Yoga and the Hindu Tradition. Indigenous Australian perspectives on personality		<b>Group Discussion</b> Due: Week 12 Friday (11 Feb 2022) 6:00 pm AEST <b>Critical Thinking Task</b> Due: Week 12 Monday (7 Feb 2022) 9:00 am AEST

## Assessment Tasks

### 1 Group Discussion

#### Assessment Type

Group Discussion

#### Task Description

You are required to make 5 genuine contributions to the Group Discussion forum over the course of the term. Choose 5 of the 12 weekly topics and make at least 1 contribution per topic on the forum. As you have been afforded the flexibility to choose 5 of the 12 topics on which to make discussion posts, no extensions will be granted under any circumstances for this assessment

#### Assessment Due Date

Week 12 Friday (11 Feb 2022) 6:00 pm AEST

Five contributions to the discussion forum should be made across the course of the term.

#### Return Date to Students

Exam Week Friday (18 Feb 2022)

#### Weighting

10%

#### Assessment Criteria

10% will be awarded at the conclusion of the term (2% for each discussion post).

#### Referencing Style

- [American Psychological Association 7th Edition \(APA 7th edition\)](#)

#### Submission

Online

#### Submission Instructions

Submit via discussion forum

#### Learning Outcomes Assessed

- Distinguish the study of personality as a psychology discipline from the talk of personality as an everyday common sense
- Identify basic issues in contemporary personality research

#### Graduate Attributes

- Communication
- Problem Solving
- Information Technology Competence

### 2 Essay

#### Assessment Type

Essay

#### Task Description

**Objective:** The purpose of this assessment is to give you the opportunity to explore a selected area of personality theory in greater depth. In general this will involve comprehensive reading of primary sources (wherever possible), a critical approach to the material, and the development of an argument reflecting your own reasoning and viewpoint about the topic.

**Details:** You must choose ONE (1) topic question from the following list:

1. Can Karen Horney be considered a true feminist? Evaluate her work and contributions to personality theory and compare it to the ideas/theory of modern Feminist psychology (e.g. Chodorow, Klein, The Stone Center Group).
2. How do traditional Eastern theories of personality differ from those of Western psychology? Compare the Buddhist or Hindu approach to personality with one of the theorists/theories discussed in this course. How might diagnosis and treatment of psychological problems differ between the two approaches? What are the advantages and disadvantages of

each?

3. Is free will an illusion? Do external forces outside of our control predominately determine our behaviour or do individuals have the capacity to influence the course of their lives and personality development? Compare Skinner's Behaviourist perspective with the Social Learning theory of Albert Bandura and ONE (1) other theory/theorist from this course (\*note, Humanism or Zen Buddhism might be good theories to consider).

#### **Assessment Due Date**

Week 8 Monday (10 Jan 2022) 9:00 am AEST

#### **Return Date to Students**

Week 11 Monday (31 Jan 2022)

#### **Weighting**

30%

#### **Assessment Criteria**

An essay usually comprises three main sections: an introduction, body and conclusion, with an abstract and a list of references. The following aspects of the written assessment will be marked using a rubric that provides detailed criteria for performance at each grade level. The marking rubric will be available from the PSYC12013 Moodle site.

You will be assessed on the following criteria:

#### **Content (50 marks)**

- Theoretical and conceptual knowledge: 10 marks
- Themes and arguments: 10 marks
- Literature review and supporting evidence: 10 marks
- Critical reflection: 10 marks
- Overall coherence: 10 marks

#### **Structure and Style (50 marks)**

- Title page, abstract, and introduction: 10 marks
- Discussion: 10 marks
- Conclusion: 10 marks
- Referencing format: 10 marks
- Written expression, language use and grammar: 10 marks

#### **Referencing Style**

- [American Psychological Association 7th Edition \(APA 7th edition\)](#)

#### **Submission**

Online

#### **Submission Instructions**

Please submit the assessment via the PSYC12013 Moodle site as a Word doc or docx file.

#### **Learning Outcomes Assessed**

- Distinguish the study of personality as a psychology discipline from the talk of personality as an everyday common sense
- Identify basic issues in contemporary personality research

#### **Graduate Attributes**

- Communication
- Problem Solving
- Critical Thinking

## 3 Critical Thinking Task

#### **Assessment Type**

Written Assessment

#### **Task Description**

**Objective:** The purpose of this assessment is for you to critically examine and demonstrate your knowledge and understanding of relevant personality theories.

**Task:** There will be five (5) critical thinking tasks that have been adapted from your textbook chapters. These will be available in Week 5 on the Unit Moodle site. You are required to select and complete a total of three (3) of the critical thinking tasks available between Week 5 to Week 11. Each written response to the critical thinking tasks should be between 400 to 500 words. Additional instructions pertaining to the structure of the critical thinking task will be provided



to you in Week 1 on the Unit Moodle site. You are required to use appropriate APA formatting in-text and for your referencing.

**Assessment Due Date**

Week 12 Monday (7 Feb 2022) 9:00 am AEST

**Return Date to Students**

Marks will be returned approximately 2 weeks after submission.

**Weighting**

30%

**Assessment Criteria**

Each of the three (3) critical thinking tasks are worth a maximum of 20 marks. The total marks for this assessment is 60 marks.

You will be assessed on the following criteria

- On topic, concise and all parts of the questions addressed
- Theoretical and conceptual knowledge demonstrated
- Evidence of critical evaluation and discussion
- Overall readability/flow of writing
- Correct APA format in-text, reference list and relevance of support

All three (3) critical thinking tasks are due at the same time in the one submission.

**Referencing Style**

- [American Psychological Association 7th Edition \(APA 7th edition\)](#)

**Submission**

Online

**Submission Instructions**

Please submit the assessment via the PSYC12013 Moodle site as a Word doc or docx file.

**Learning Outcomes Assessed**

- Understand significant ideas and themes of major theories within each domain within the textbook
- Display certain critical thinking skills in evaluating, comparing and applying various theories.

**Graduate Attributes**

- Critical Thinking
- Information Literacy

## 4 Online Quiz

**Assessment Type**

Online Quiz(zes)

**Task Description**

The online quiz will contain 100 multiple choice questions. You will have 90 minutes to complete the quiz. All questions have equal weight. You will only have 1 attempt at this quiz. Once you begin, you cannot repeat the quiz, but you can go back to a previous question before you press the final 'submit' button.

The quiz will open on Monday at 9:00 AM [AEST] in Week 9 and is due Monday at 9:00 AM [AEST] in Week 10.

**Number of Quizzes**

1

**Frequency of Quizzes**

Other

**Assessment Due Date**

Week 10 Monday (24 Jan 2022) 9:00 am AEST

**Return Date to Students**

You will receive your grade out of 100 immediately after you complete the quiz.

**Weighting**

30%

**Assessment Criteria**

All questions have equal weight.

**Referencing Style**

- [American Psychological Association 7th Edition \(APA 7th edition\)](#)

**Submission**

Online

**Learning Outcomes Assessed**

- Understand significant ideas and themes of major theories within each domain within the textbook
- Display certain critical thinking skills in evaluating, comparing and applying various theories.

**Graduate Attributes**

- Critical Thinking
- Information Technology Competence

## Academic Integrity Statement

As a CQUniversity student you are expected to act honestly in all aspects of your academic work.

Any assessable work undertaken or submitted for review or assessment must be your own work. Assessable work is any type of work you do to meet the assessment requirements in the unit, including draft work submitted for review and feedback and final work to be assessed.

When you use the ideas, words or data of others in your assessment, you must thoroughly and clearly acknowledge the source of this information by using the correct referencing style for your unit. Using others' work without proper acknowledgement may be considered a form of intellectual dishonesty.

Participating honestly, respectfully, responsibly, and fairly in your university study ensures the CQUniversity qualification you earn will be valued as a true indication of your individual academic achievement and will continue to receive the respect and recognition it deserves.

As a student, you are responsible for reading and following CQUniversity's policies, including the [Student Academic Integrity Policy and Procedure](#). This policy sets out CQUniversity's expectations of you to act with integrity, examples of academic integrity breaches to avoid, the processes used to address alleged breaches of academic integrity, and potential penalties.

**What is a breach of academic integrity?**

A breach of academic integrity includes but is not limited to plagiarism, self-plagiarism, collusion, cheating, contract cheating, and academic misconduct. The Student Academic Integrity Policy and Procedure defines what these terms mean and gives examples.

**Why is academic integrity important?**

A breach of academic integrity may result in one or more penalties, including suspension or even expulsion from the University. It can also have negative implications for student visas and future enrolment at CQUniversity or elsewhere. Students who engage in contract cheating also risk being blackmailed by contract cheating services.

**Where can I get assistance?**

For academic advice and guidance, the [Academic Learning Centre \(ALC\)](#) can support you in becoming confident in completing assessments with integrity and of high standard.

**What can you do to act with integrity?**



**Be Honest**

If your assessment task is done by someone else, it would be dishonest of you to claim it as your own



**Seek Help**

If you are not sure about how to cite or reference in essays, reports etc, then seek help from your lecturer, the library or the Academic Learning Centre (ALC)



**Produce Original Work**

Originality comes from your ability to read widely, think critically, and apply your gained knowledge to address a question or problem