

PSYC20045 *Applied Wellbeing Project B*

Term 2 - 2025

Profile information current as at 11/05/2026 10:17 pm

All details in this unit profile for PSYC20045 have been officially approved by CQUniversity and represent a learning partnership between the University and you (our student). The information will not be changed unless absolutely necessary and any change will be clearly indicated by an approved correction included in the profile.

General Information

Overview

Applied Wellbeing Project B is the second of two integrated units. In these units, you will plan, design and undertake a research project - either a systematic or scoping review (Option 1) or research study (Option 2) - in a positive psychology/wellbeing-related field. Stage 2 of the process will occur in this unit and involves undertaking, under the supervision of a qualified Academic supervisor, the systematic/scoping review or research study that you developed in Stage 1 (PSYC20044: Applied Wellbeing Project A) of the two integrated units. In this unit, you will either: • Conduct your systematic or scoping review (Option 1) or • Implement your research study (Option 2), which will involve either collecting and assessing new quantitative, qualitative or mixed-methods data, or utilising an existing dataset. At the completion of your project, you will submit your systematic review, scoping review, or research study in journal article format.

Details

Career Level: *Postgraduate*

Unit Level: *Level 9*

Credit Points: *24*

Student Contribution Band: *10*

Fraction of Full-Time Student Load: *0.5*

Pre-requisites or Co-requisites

PSYC20044 Applied Wellbeing Project A

Important note: Students enrolled in a subsequent unit who failed their pre-requisite unit, should drop the subsequent unit before the census date or within 10 working days of Fail grade notification. Students who do not drop the unit in this timeframe cannot later drop the unit without academic and financial liability. See details in the [Assessment Policy and Procedure \(Higher Education Coursework\)](#).

Offerings For Term 2 - 2025

- Online

Attendance Requirements

All on-campus students are expected to attend scheduled classes - in some units, these classes are identified as a mandatory (pass/fail) component and attendance is compulsory. International students, on a student visa, must maintain a full time study load and meet both attendance and academic progress requirements in each study period (satisfactory attendance for International students is defined as maintaining at least an 80% attendance record).

Website

[This unit has a website, within the Moodle system, which is available two weeks before the start of term. It is important that you visit your Moodle site throughout the term. Please visit Moodle for more information.](#)

Class and Assessment Overview

Recommended Student Time Commitment

Each 24-credit Postgraduate unit at CQUniversity requires an overall time commitment of an average of 50 hours of study per week, making a total of 600 hours for the unit.

Class Timetable

Regional Campuses

Bundaberg, Cairns, Emerald, Gladstone, Mackay, Rockhampton, Townsville

Metropolitan Campuses

Adelaide, Brisbane, Melbourne, Perth, Sydney

Assessment Overview

1. Written Assessment

Weighting: 100%

Assessment Grading

This is a graded unit: your overall grade will be calculated from the marks or grades for each assessment task, based on the relative weightings shown in the table above. You must obtain an overall mark for the unit of at least 50%, or an overall grade of 'pass' in order to pass the unit. If any 'pass/fail' tasks are shown in the table above they must also be completed successfully ('pass' grade). You must also meet any minimum mark requirements specified for a particular assessment task, as detailed in the 'assessment task' section (note that in some instances, the minimum mark for a task may be greater than 50%). Consult the [University's Grades and Results Policy](#) for more details of interim results and final grades.

CQUniversity Policies

All University policies are available on the [CQUniversity Policy site](#).

You may wish to view these policies:

- Grades and Results Policy
- Assessment Policy and Procedure (Higher Education Coursework)
- Review of Grade Procedure
- Student Academic Integrity Policy and Procedure
- Monitoring Academic Progress (MAP) Policy and Procedure - Domestic Students
- Monitoring Academic Progress (MAP) Policy and Procedure - International Students
- Student Refund and Credit Balance Policy and Procedure
- Student Feedback - Compliments and Complaints Policy and Procedure
- Information and Communications Technology Acceptable Use Policy and Procedure

This list is not an exhaustive list of all University policies. The full list of University policies are available on the [CQUniversity Policy site](#).

Previous Student Feedback

Feedback, Recommendations and Responses

Every unit is reviewed for enhancement each year. At the most recent review, the following staff and student feedback items were identified and recommendations were made.

Feedback from Student feedback (email)

Feedback

Students appreciated the ability to choose a project type and topic area for their thesis.

Recommendation

Maintain, with guidance from teaching staff, student choice of project type and topic area for their thesis.

Feedback from Student feedback (evaluations)

Feedback

Students would have liked more examples of recent student theses to view for guidance on structure and approach to writing the thesis.

Recommendation

Provide students with more examples of recent student theses, that used diverse methods and methodologies.

Unit Learning Outcomes

On successful completion of this unit, you will be able to:

1. Apply research knowledge and skills applicable to working as a practitioner and researcher in positive psychology or workplace wellbeing
2. Competently apply a qualitative, quantitative, mixed-method design or review approach to conducting and evaluating a research project
3. Apply high-level written communication and research skills to produce a systematic review, scoping review, or research study written report.

N/A - the Master of Applied Positive Psychology (CL41) and Master of Workplace Wellbeing (CM64) have no external accreditation requirements.

Alignment of Learning Outcomes, Assessment and Graduate Attributes

—	N/A Level		Introductory Level		Intermediate Level		Graduate Level		Professional Level		Advanced Level
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Alignment of Assessment Tasks to Learning Outcomes

Assessment Tasks	Learning Outcomes		
	1	2	3
1 - Written Assessment - 100%	●	●	●

Alignment of Graduate Attributes to Learning Outcomes

Graduate Attributes	Learning Outcomes		
	1	2	3
1 - Knowledge	○	○	○
2 - Communication	○	○	○
3 - Cognitive, technical and creative skills	○	○	○
4 - Research	○	○	○
5 - Self-management	○	○	○
6 - Ethical and Professional Responsibility	○	○	
7 - Leadership			
8 - First Nations Knowledges			
9 - Aboriginal and Torres Strait Islander Cultures			

Textbooks and Resources

Textbooks

There are no required textbooks.

IT Resources

You will need access to the following IT resources:

- CQUniversity Student Email
- Internet
- Unit Website (Moodle)

Referencing Style

All submissions for this unit must use the referencing style: [American Psychological Association 7th Edition \(APA 7th edition\)](#)

For further information, see the Assessment Tasks.

Teaching Contacts

Dean Miller Unit Coordinator

d.j.miller@cqu.edu.au

Schedule

Week 1 - 14 Jul 2025

Module/Topic	Chapter	Events and Submissions/Topic
Continue drafting Introduction and Methods sections. Commence gathering data and data familiarisation (research study projects). Continue finalising searches (systematic/scoping review projects).	All resources, including notes, videos, and activities, are available on Moodle.	

Week 2 - 21 Jul 2025

Module/Topic	Chapter	Events and Submissions/Topic
Continue drafting Introduction and Methods sections. Continue gathering data and data familiarisation (research study projects). Finalise and run searches (systematic/scoping review projects).	All resources, including notes, videos, and activities, are available on Moodle.	Zoom Tutorial: Week 2 Monday (21 Jul 2025) 6:30-8:00 pm AEST <i>Topic: Dissecting Introduction and Methods sections.</i> Prior to the tutorial, students will be expected to have accessed and read the lecture material on Introduction and Method sections; and read three example Introduction and Method sections. All of these materials will be provided to students prior to the tutorial via Moodle. Meet with supervisor to discuss Introduction and Methods sections and to provide an update on data collection (research study projects) and searches (systematic/scoping review projects).

Week 3 - 28 Jul 2025

Module/Topic	Chapter	Events and Submissions/Topic
Continue drafting Introduction and Methods sections. Continue gathering data and data familiarisation (research study projects). Screen search results (systematic/scoping review projects).	All resources, including notes, videos, and activities, are available on Moodle.	Submit draft of Introduction and Method to supervisor.

Week 4 - 04 Aug 2025

Module/Topic	Chapter	Events and Submissions/Topic
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<p>Begin data analysis/data extraction. Begin drafting Results section, including tables/figures.</p>	<p>All resources, including notes, videos, and activities, are available on Moodle.</p>	<p>Zoom Tutorial: Week 4 Monday (4 Aug 2025) 6:30-8:00 pm AEST <i>Topic: Writing Results sections.</i> Prior to the tutorial, students will be expected to have accessed and read the lecture material on Results sections; and read three example Results sections. All of these materials will be provided to students prior to the tutorial via Moodle. Students will also be required to complete a data extraction activity prior to the tutorial, and bring to the tutorial an outline of their proposed Results section (including planned tables) and any initial results they have drafted. Meet with supervisor to discuss Introduction/Method feedback and data analysis and Results section.</p>
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Week 5 - 11 Aug 2025

Module/Topic	Chapter	Events and Submissions/Topic
Continue data analysis/data extraction. Continue drafting Results section, including tables/figures.	All resources, including notes, videos, and activities, are available on Moodle.	

Vacation Week - 18 Aug 2025

Module/Topic	Chapter	Events and Submissions/Topic
Continue data analysis/data extraction. Continue drafting Results section, including tables/figures.	All resources, including notes, videos, and activities, are available on Moodle.	

Week 6 - 25 Aug 2025

Module/Topic	Chapter	Events and Submissions/Topic
Continue drafting Results section, including tables/figures.	All resources, including notes, videos, and activities, are available on Moodle.	<p>Zoom Tutorial: Week 6 Monday (25 Aug 2025) 6:30-8:00 pm AEST <i>Topic: Writing Discussion sections.</i> Prior to the tutorial, students will be expected to have accessed and read the lecture material on Discussion sections; and read three example Discussion sections. All of these materials will be provided to students prior to the tutorial via Moodle.</p> <p>Submit draft of Results to supervisor.</p> <p>Meet with supervisor to discuss Discussion section.</p>

Week 7 - 01 Sep 2025

Module/Topic	Chapter	Events and Submissions/Topic
Begin draft of Discussion section	All resources, including notes, videos, and activities, are available on Moodle.	

Week 8 - 08 Sep 2025

Module/Topic	Chapter	Events and Submissions/Topic
Continue draft of Discussion section.	All resources, including notes, videos, and activities, are available on Moodle.	Meet with supervisor to discuss Results feedback.

Week 9 - 15 Sep 2025

Module/Topic	Chapter	Events and Submissions/Topic

Zoom Tutorial: Week 9 Monday (15 Sept 2025) 6:30-8:00 pm AEST
 Topic: *Finalising write-up.*
 This tutorial will cover final considerations for write-up of research report.

Continue draft of Discussion section.

All resources, including notes, videos, and activities, are available on Moodle.

Submit draft of Discussion section to supervisor.

Week 10 - 22 Sep 2025

Module/Topic

Chapter

Events and Submissions/Topic

Finalise Introduction, Methods, Results, and Discussion sections.

All resources, including notes, videos, and activities, are available on Moodle.

Meet with supervisor to discuss Discussion feedback and finalisation of research report.

Week 11 - 29 Sep 2025

Module/Topic

Chapter

Events and Submissions/Topic

Finalise Introduction, Methods, Results, and Discussion sections. Finalise References list and ensure APA style applied. Write Abstract.

All resources, including notes, videos, and activities, are available on Moodle.

Submit full draft of research report to supervisors.

Week 12 - 06 Oct 2025

Module/Topic

Chapter

Events and Submissions/Topic

Finalise thesis, including preparing title page, acknowledgements, list of tables/figures, and appendices.

All resources, including notes, videos, and activities, are available on Moodle.

Meet with supervisor to discuss finalisation of research report.

Review/Exam Week - 13 Oct 2025

Module/Topic

Chapter

Events and Submissions/Topic

Submit Final Thesis. Due Monday (13 Oct 2025) at 5PM AEST. Complete final ethics report.

All resources, including notes, videos, and activities, are available on Moodle.

Master of Applied Wellbeing Research Project Written Report Due: Review/Exam Week Monday (13 Oct 2025) 5:00 pm AEST

Exam Week - 20 Oct 2025

Module/Topic

Chapter

Events and Submissions/Topic

Complete final ethics report.

All resources, including notes, videos, and activities, are available on Moodle.

Submit Final Ethics report to CQU Ethics Committee (if required). Due Friday (24 Oct 2025) at 5PM AEST.

Assessment Tasks

1 Master of Applied Wellbeing Research Project Written Report

Assessment Type

Written Assessment

Task Description

For this unit, you are required to complete your research project written report, which may consist of either:

- Option 1: a systematic or scoping review
- Option 2: a research study

The research report must be between 7,000-9000 (+/- 10%) words. Further task details for both types of research report, including formatting and presentation guidelines, will be available on the unit Moodle site.

Level of GenAI use allowed: Level 2

You may use AI for planning, idea development, and research. Your final submission should show how you have developed and refined the ideas.

Please refer to the unit Moodle site for further details on permissible uses of Generative-AI tools for this assessment task.

Assessment Due Date

Review/Exam Week Monday (13 Oct 2025) 5:00 pm AEST

Return Date to Students

Examination of the research project written report will take 2-4 weeks.

Weighting

100%

Assessment Criteria

You will be assessed on:

- identification of the research question and issues related to it
- review and analysis of relevant literature
- understanding of methods chosen to investigate the research question and clarity of reporting of methods and procedure
- data analyses, including reporting of data screening, statistical and/or critical analyses
- interpretation of results in light of research question, relevant research, and study design
- summary of all aspects of the research project in an abstract
- quality of written communication and presentation, including correct APA referencing and formatting.

Detailed information regarding assessment requirements and criteria for assessment, including the marking rubric, can be found in the Unit and Assessment Guide on Moodle.

Referencing Style

- [American Psychological Association 7th Edition \(APA 7th edition\)](#)

Submission

Online

Submission Instructions

This assessment will be submitted online through Moodle. A submission portal will be provided in the Assessment section of the unit Moodle site.

Learning Outcomes Assessed

- Apply research knowledge and skills applicable to working as a practitioner and researcher in positive psychology or workplace wellbeing
- Competently apply a qualitative, quantitative, mixed-method design or review approach to conducting and evaluating a research project
- Apply high-level written communication and research skills to produce a systematic review, scoping review, or research study written report.

Academic Integrity Statement

As a CQUniversity student you are expected to act honestly in all aspects of your academic work.

Any assessable work undertaken or submitted for review or assessment must be your own work. Assessable work is any type of work you do to meet the assessment requirements in the unit, including draft work submitted for review and feedback and final work to be assessed.

When you use the ideas, words or data of others in your assessment, you must thoroughly and clearly acknowledge the source of this information by using the correct referencing style for your unit. Using others' work without proper acknowledgement may be considered a form of intellectual dishonesty.

Participating honestly, respectfully, responsibly, and fairly in your university study ensures the CQUniversity qualification you earn will be valued as a true indication of your individual academic achievement and will continue to receive the respect and recognition it deserves.

As a student, you are responsible for reading and following CQUniversity's policies, including the [Student Academic Integrity Policy and Procedure](#). This policy sets out CQUniversity's expectations of you to act with integrity, examples of academic integrity breaches to avoid, the processes used to address alleged breaches of academic integrity, and potential penalties.

What is a breach of academic integrity?

A breach of academic integrity includes but is not limited to plagiarism, self-plagiarism, collusion, cheating, contract cheating, and academic misconduct. The Student Academic Integrity Policy and Procedure defines what these terms mean and gives examples.

Why is academic integrity important?

A breach of academic integrity may result in one or more penalties, including suspension or even expulsion from the University. It can also have negative implications for student visas and future enrolment at CQUniversity or elsewhere. Students who engage in contract cheating also risk being blackmailed by contract cheating services.

Where can I get assistance?

For academic advice and guidance, the [Academic Learning Centre \(ALC\)](#) can support you in becoming confident in completing assessments with integrity and of high standard.

What can you do to act with integrity?



Be Honest

If your assessment task is done by someone else, it would be dishonest of you to claim it as your own



Seek Help

If you are not sure about how to cite or reference in essays, reports etc, then seek help from your lecturer, the library or the Academic Learning Centre (ALC)



Produce Original Work

Originality comes from your ability to read widely, think critically, and apply your gained knowledge to address a question or problem