



# PSYC21007 Clinic Team I

## Term 1 - 2019

Profile information current as at 01/05/2024 12:29 am

All details in this unit profile for PSYC21007 have been officially approved by CQUniversity and represent a learning partnership between the University and you (our student). The information will not be changed unless absolutely necessary and any change will be clearly indicated by an approved correction included in the profile.

## General Information

### Overview

The Clinic Team 1 unit is the initial internship training unit for the Master in Clinical Psychology Course. The learning outcomes across the domains of both knowledge and skill development align with the core capabilities of accreditation standards of the Australian Psychological Accreditation Council. The unit focuses on the integration of psychological knowledge and skills within a supervised practice learning environment.

### Details

Career Level: *Postgraduate*

Unit Level: *Level 9*

Credit Points: 6

Student Contribution Band: 10

Fraction of Full-Time Student Load: 0.125

### Pre-requisites or Co-requisites

Academic Course = CG17

Important note: Students enrolled in a subsequent unit who failed their pre-requisite unit, should drop the subsequent unit before the census date or within 10 working days of Fail grade notification. Students who do not drop the unit in this timeframe cannot later drop the unit without academic and financial liability. See details in the [Assessment Policy and Procedure \(Higher Education Coursework\)](#).

### Offerings For Term 1 - 2019

- Rockhampton

### Attendance Requirements

All on-campus students are expected to attend scheduled classes - in some units, these classes are identified as a mandatory (pass/fail) component and attendance is compulsory. International students, on a student visa, must maintain a full time study load and meet both attendance and academic progress requirements in each study period (satisfactory attendance for International students is defined as maintaining at least an 80% attendance record).

### Website

[This unit has a website, within the Moodle system, which is available two weeks before the start of term. It is important that you visit your Moodle site throughout the term. Please visit Moodle for more information.](#)

## Class and Assessment Overview

### Recommended Student Time Commitment

Each 6-credit Postgraduate unit at CQUniversity requires an overall time commitment of an average of 12.5 hours of study per week, making a total of 150 hours for the unit.

### Class Timetable

#### [Regional Campuses](#)

Bundaberg, Cairns, Emerald, Gladstone, Mackay, Rockhampton, Townsville

#### [Metropolitan Campuses](#)

Adelaide, Brisbane, Melbourne, Perth, Sydney

### Assessment Overview

#### 1. **Presentation and Written Assessment**

Weighting: Pass/Fail

#### 2. **Practical Assessment**

Weighting: Pass/Fail

#### 3. **Written Assessment**

Weighting: Pass/Fail

### Assessment Grading

This is a pass/fail (non-graded) unit. To pass the unit, you must pass all of the individual assessment tasks shown in the table above.

## CQUniversity Policies

**All University policies are available on the [CQUniversity Policy site](#).**

You may wish to view these policies:

- Grades and Results Policy
- Assessment Policy and Procedure (Higher Education Coursework)
- Review of Grade Procedure
- Student Academic Integrity Policy and Procedure
- Monitoring Academic Progress (MAP) Policy and Procedure – Domestic Students
- Monitoring Academic Progress (MAP) Policy and Procedure – International Students
- Student Refund and Credit Balance Policy and Procedure
- Student Feedback – Compliments and Complaints Policy and Procedure
- Information and Communications Technology Acceptable Use Policy and Procedure

This list is not an exhaustive list of all University policies. The full list of University policies are available on the [CQUniversity Policy site](#).

## Previous Student Feedback

### Feedback, Recommendations and Responses

Every unit is reviewed for enhancement each year. At the most recent review, the following staff and student feedback items were identified and recommendations were made.

#### Feedback from Student feedback

**Feedback**

Supervision with primary supervisor and also opportunities to talk to clinic team lecturer when available are really helpful.

**Recommendation**

Continue format of individual supervision with clinical supervisors and group supervision with Unit lecturer.

#### Feedback from Student feedback

**Feedback**

It would be helpful to be able to have more than 1 hour of dedicated supervision per week

**Recommendation**

There is some capacity for extra supervision if students approach the Clinic's daily supervisor, however this depends on other tasks the supervisor needs to complete. The quantity of clinical supervision provided overall is based on APAC and Psychology Registration Board requirements and all students receive sufficient supervision to meet requirements and to support their beginning clinical practice. Therefore, recommend to continue the one hour per week scheduled supervision and encourage students to make use of the clinic daily supervisor to supplement this.

## Unit Learning Outcomes

**On successful completion of this unit, you will be able to:**

1. Describe key areas of professional practice.
2. Administer clinical interviews using techniques of non-directive therapeutic practice.
3. Develop case formulations from a cognitive behavioural framework.
4. Describe the development, implementation, and evaluation of both individual and group Cognitive Behavioural Interventions
5. Conduct, interpret and report on a cognitive assessment.

This unit is one of a series of units that will prepare you to become registered as a clinical psychologist in Australia.



## Textbooks and Resources

### Textbooks

PSYC21007

#### **Prescribed**

##### **APS Code of Ethics**

(2013)

Authors: Australian Psychological Society

APS

Melbourne , Victoria , Australia

Binding: Paperback

PSYC21007

#### **Prescribed**

##### **Clinical Interviewing**

6th edition (June 29, 2015) (2015)

Authors: Sommers-Flanagan and Sommers-Flanagan

Wiley

New Jersey , USA

ISBN: 1119084237

Binding: Paperback

PSYC21007

#### **Prescribed**

##### **DSM-5**

Edition: 5 (2013)

Authors: APA

APA

ISBN: 9788123923796 / 8123923791.

Binding: Paperback

PSYC21007

#### **Prescribed**

##### **Getting the Most Out of Clinical Training and Supervision**

Edition 1 (2011)

Authors: Carol A. Falender, Edward Shafranske

American Psychological Association

United States

ISBN: 1433810492

Binding: Paperback

##### **Additional Textbook Information**

Paper copies can be purchased at the CQUni Bookshop here: <http://bookshop.cqu.edu.au> (search on the Unit code)

### IT Resources

#### **You will need access to the following IT resources:**

- CQUniversity Student Email
- Internet
- Unit Website (Moodle)
- Zoom Conferencing (Webcam and Microphone)
- S Desk
- Archibus
- Outlook affiliate staff address
- Medsvr (wellness drive)

## Referencing Style

All submissions for this unit must use the referencing style: [American Psychological Association 6th Edition \(APA 6th edition\)](#)

For further information, see the Assessment Tasks.

## Teaching Contacts

**Claire Thompson** Unit Coordinator

[c.l.thompson@cqu.edu.au](mailto:c.l.thompson@cqu.edu.au)

## Schedule

### Week 1 - Intensive skills training - 11 Mar 2019

Module/Topic	Chapter	Events and Submissions/Topic
<ul style="list-style-type: none"><li>• <b>Unit requirements</b></li><li>• <b>Micro-counselling skills</b></li><li>• <b>Clinical interviewing</b></li><li>• <b>Wellness Centre Intake form</b></li><li>• <b>Mental Status Examination</b></li><li>• <b>Placement Agreement form</b></li><li>• <b>Student confidentiality agreement</b></li><li>• <b>Logbook</b></li><li>• <b>Supervision record form</b></li><li>• <b>Supervision feedback rating form</b></li><li>• <b>Group supervision feedback rating form</b></li></ul> <p><b>Important documents to look at on the Wellness Centre drive:</b></p> <ul style="list-style-type: none"><li>• <b>Client Related folders 1-7</b></li></ul>	<ul style="list-style-type: none"><li>• <b>Clinic Team 1 Unit Profile</b></li><li>• <b>Wellness Centre Manual</b></li><li>• <b>Sommers-Flanagan (6th Ed): Chapters 1 to 5 and 8 to 9</b></li></ul>	<p><b>Intensive teaching week 1:</b></p> <ul style="list-style-type: none"><li>• <b>Monday to Wednesday, 9 - 12 &amp; 1 - 4</b></li></ul>

### Week 2- Intensive skills training - 18 Mar 2019

Module/Topic	Chapter	Events and Submissions/Topic
<ul style="list-style-type: none"><li>• <b>Risk Assessment &amp; Management</b></li><li>• <b>Ethics</b></li><li>• <b>Self-care</b></li></ul>	<ul style="list-style-type: none"><li>• <b>Sommers-Flanagan (6th Ed) Chapters 6 &amp; 7</b></li></ul>	<p><b>Intensive teaching week 2:</b></p> <ul style="list-style-type: none"><li>• <b>Monday to Wednesday, 9-12 &amp; 1-4</b></li></ul> <p><b>In class Ethics test:</b></p> <ul style="list-style-type: none"><li>• <b>Wednesday 20 March</b></li><li>• <b>Upload Placement Agreement Form</b></li></ul> <p><b>Microskills presentation and ethics test Due: Week 2</b> <b>Wednesday (20 Mar 2019) 1:00 pm AEST</b></p>

### Week 3- Intensive skills training & 1st Client Interviews - 25 Mar 2019

Module/Topic	Chapter	Events and Submissions/Topic
<ul style="list-style-type: none"><li>• <b>Micro-counselling skills</b></li><li>• <b>Intake Interviews</b></li></ul>	<ul style="list-style-type: none"><li>• <b>Revision of Sommers-Flanagan Chapters from weeks 1 &amp; 2</b></li></ul>	<ul style="list-style-type: none"><li>• <b>Micro-counselling skills Assessment: in-class presentation Monday 25 March: upload to Moodle before class starts</b></li><li>• <b>First Intake Interviews: 26 &amp; 27 March</b></li><li>• <b>Group Supervision: 26 &amp; 27 March, 1.00 - 3.00 p.m.</b></li></ul>

**Week 4- Intensive skills training: Cognitive Assessment - 01 Apr 2019**

Module/Topic	Chapter	Events and Submissions/Topic
<ul style="list-style-type: none"> <li>• Cognitive Assessment</li> <li>• Intake Interviews</li> <li>• IPE Case 1</li> </ul>	<ul style="list-style-type: none"> <li>• WAIS and WISC test manuals</li> </ul>	<ul style="list-style-type: none"> <li>• Practicing WAIS and WISC assessments</li> <li>• 2nd Intake Interviews</li> <li>• Group Supervision Friday 1.00 - 3.00 p.m.</li> <li>• Discussion of Inter Professional Education program and IPE Case 1</li> </ul>

**Week 5: Clinic Placement, Group Supervision, IPE session 1. - 08 Apr 2019**

Module/Topic	Chapter	Events and Submissions/Topic
<ul style="list-style-type: none"> <li>• Clinic Placement</li> <li>• Group supervision</li> <li>• Inter-Profession Education program session 1</li> </ul>	<ul style="list-style-type: none"> <li>• If you haven't already read them, this would be a good time to read Sommers-Flanagan Chapters 1, 2, 7 &amp; 12, or any other Chapters that you haven't read</li> </ul>	<ul style="list-style-type: none"> <li>• Clinic Placement - Monday to Wednesday, 8.30 to 5.00</li> <li>• Group supervision - Friday afternoon, 1.00 to 3.00 p.m</li> <li>• Inter-Profession Education program - Wednesday 3.00 to 5.00 p.m. - interdisciplinary training exercise with students in Occupational Therapy and Speech Pathology</li> <li>• 1st reflective journal entry due 14 April</li> </ul>

**Vacation Week - 15 Apr 2019**

Module/Topic	Chapter	Events and Submissions/Topic
<ul style="list-style-type: none"> <li>• There are no scheduled activities for this week</li> </ul>	<ul style="list-style-type: none"> <li>• None</li> </ul>	<ul style="list-style-type: none"> <li>• Students may continue to work in the clinic on client-related activities, e.g. scoring assessments, writing reports</li> <li>• Students may NOT book clients this week unless they have permission from a supervisor who will be available at the appointment time</li> <li>• It is not compulsory to be on campus at all this week</li> </ul>

**Week 6 - 22 Apr 2019**

Module/Topic	Chapter	Events and Submissions/Topic
<ul style="list-style-type: none"> <li>• Clinic Placement</li> <li>• Group supervision (morning session)</li> <li>• Preparation for Inter-Profession Education program session 2</li> </ul>		<ul style="list-style-type: none"> <li>• Public Holiday this week on 22 April</li> <li>• 1st reflective journal entry due 28 April</li> </ul>

**Week 7 - 29 Apr 2019**

Module/Topic	Chapter	Events and Submissions/Topic
<ul style="list-style-type: none"> <li>• Clinic Placement</li> <li>• Group supervision</li> <li>• Inter-Profession Education program session 2</li> </ul>		<ul style="list-style-type: none"> <li>• Reflective journal entry due 5 May</li> <li>• Mid-placement review to be done in week 7 or 8</li> <li>• Group supervision - Friday afternoon, 1.00 to 3.00 p.m</li> </ul>

**Week 8 - 06 May 2019**

Module/Topic	Chapter	Events and Submissions/Topic

- Clinic Placement
- Group supervision

- Public holiday on 6 May
- Reflective journal entry due 12 May
- Mid-placement review to be done in week 7 or 8
- Group supervision - Friday afternoon, 1.00 to 3.00 p.m

#### Week 9 - 13 May 2019

Module/Topic	Chapter	Events and Submissions/Topic
<ul style="list-style-type: none"> <li>• Clinic Placement</li> <li>• Group supervision</li> </ul>		<ul style="list-style-type: none"> <li>• Reflective journal entry due 19 May</li> <li>• Group supervision - Friday afternoon, 1.00 to 3.00 p.m</li> </ul>

#### Week 10 - 20 May 2019

Module/Topic	Chapter	Events and Submissions/Topic
<ul style="list-style-type: none"> <li>• Clinic Placement</li> <li>• Group supervision</li> </ul>		<ul style="list-style-type: none"> <li>• Reflective journal entry due 26 May</li> <li>• Group supervision - Friday morning, 9.00 to 11.00 a.m</li> </ul>

#### Week 11 - 27 May 2019

Module/Topic	Chapter	Events and Submissions/Topic
<ul style="list-style-type: none"> <li>• Clinic Placement</li> <li>• Group supervision</li> </ul>		<ul style="list-style-type: none"> <li>• Reflective journal entry due 2 June</li> <li>• Group supervision - Friday afternoon, 1.00 to 3.00 p.m</li> </ul>

#### Week 12 - 03 Jun 2019

Module/Topic	Chapter	Events and Submissions/Topic
<ul style="list-style-type: none"> <li>• Clinic Placement</li> <li>• Group supervision - final session for Term 1</li> </ul>		<ul style="list-style-type: none"> <li>• Complete set of reflective journal entries due 9 June</li> <li>• End of placement review to be done 13 - 21 June</li> <li>• Group supervision - Friday morning, 9.00 to 11.00 a.m</li> </ul>

#### Review/Exam Week - 10 Jun 2019

Module/Topic	Chapter	Events and Submissions/Topic
<ul style="list-style-type: none"> <li>• Students may continue work in the Wellness Centre if required</li> </ul>		<p><b>Make sure you have submitted:</b></p> <ul style="list-style-type: none"> <li>• Placement Agreement</li> <li>• Supervision forms</li> <li>• Logbook</li> <li>• End of Placement Review</li> <li>• Case Report 1</li> <li>• Complete reflective journal</li> </ul> <p><b>Clinical Placement Portfolio:</b>            Placement Agreement form, Mid- and End- of Placement Reviews, Reflective Journal, Supervision Records and Logbook. Due: Review/Exam Week Friday (14 June 2019) 11:45 pm AEST            Case Study Report 1 Due: Review/Exam Week Friday (14 June 2019) 11:45 pm AEST</p>

#### Exam Week - 17 Jun 2019

Module/Topic	Chapter	Events and Submissions/Topic
<ul style="list-style-type: none"> <li>• Students may continue work in the Wellness Centre if required</li> </ul>		<ul style="list-style-type: none"> <li>• There is no exam for this unit</li> </ul>



## Assessment Tasks

### 1 Microskills presentation and ethics test

#### Assessment Type

Presentation and Written Assessment

#### Task Description

These assessments are conducted during the intensive teaching weeks prior to students starting to see clients in the Wellness Centre. Both assessments are graded Pass/Fail. A Pass for both tasks is required for students to commence seeing clients.

#### Assessment Due Date

Week 2 Wednesday (20 Mar 2019) 1:00 pm AEST

The ethics test is Wednesday 20 March and the micro-counselling skills presentation is Monday 25 March. Both are conducted in class.

#### Return Date to Students

Week 3 Monday (25 Mar 2019)

Students will be advised by Monday 25 March whether they have passed these assessment tasks.

#### Weighting

Pass/Fail

#### Minimum mark or grade

PASS both components.

#### Assessment Criteria

Part of the practical application of clinical psychology includes the real-world use of the code of ethics with clients in the Wellness Centre. Therefore, a short quiz on the APS Code of Ethics is part of the week 2 intensive at the beginning of this unit. Sample questions and answers will be available on Moodle prior to this test.

For the micro counselling skills task, students are expected to briefly introduce a video they have prepared of themselves demonstrating these skills and present a written critique of the video which explores the following:

1. Consideration and discussion of strengths and what went well
2. Consideration and discussion of areas that need improvement and what did not go well
3. Consideration and discussion of what could be done differently in the future
4. Consideration and discussion of what would help improve the interview. For example, what further help, support or reading would be needed
5. Consideration and discussion of what has been learnt through this assessment exercise.

The whole presentation, including the video, should last no longer than 30 minutes. Detailed guidelines are provided in the 'Micro-counselling skills assessment - some guidelines' document on Moodle.

#### Referencing Style

- [American Psychological Association 6th Edition \(APA 6th edition\)](#)

#### Submission

Offline Online

#### Submission Instructions

Ethics test is written in class. Micro-counselling skills is presented in class and uploaded to Moodle.

#### Learning Outcomes Assessed

- Administer clinical interviews using techniques of non-directive therapeutic practice.
- Develop case formulations from a cognitive behavioural framework.
- Describe the development, implementation, and evaluation of both individual and group Cognitive Behavioural Interventions
- Conduct, interpret and report on a cognitive assessment.

#### Graduate Attributes

- Knowledge
- Communication
- Cognitive, technical and creative skills
- Research
- Self-management
- Ethical and Professional Responsibility

## 2 Clinical Placement Portfolio: Placement Agreement form, Mid- and End- of Placement Reviews, Reflective Journal, Supervision Records and Logbook.

### Assessment Type

Practical Assessment

### Task Description

The mid- and end of placement review form is on the Moodle site. You should arrange your mid-placement review between 29 April and 10 May and your end of placement review between 3 June and 21 June with your Individual Supervisor and the Placement Coordinator. Upload the completed forms to the appropriate dropbox on Moodle. You also need to upload your completed placement agreement form, supervision records, reflective journal and completed logbook.

### Assessment Due Date

Review/Exam Week Friday (14 June 2019) 11:45 pm AEST

Dropboxes will be available on Moodle for each document required.

### Return Date to Students

Exam Week Friday (21 June 2019)

Students will be told in the review meeting whether they have passed their review.

### Weighting

Pass/Fail

### Minimum mark or grade

PASS

### Assessment Criteria

Your placement agreement form should be completed by Week 3 and uploaded to Moodle. The mid- and end-placement reviews are conducted using the structured interview and rating scale from the review form. Students should complete a draft of the form with their self-ratings and bring this and their placement agreement form to their review meeting.

All documents must represent a reasonable attempt at completing the task. The supervision records and logbook must demonstrate that the target hours for clients contact and supervision specified in the placement agreement have been met. Log of clinical practice must meet criteria as defined by the Australian Psychology Accreditation Council (APAC). The Weekly individual and group supervision logs and the electronic log that are needed to complete this task will be discussed in class and are available on Moodle.

The reflective practice journal is not simply a record or critique of 'what happened' each week, but rather an opportunity to explore your own developing identity as a Clinical Psychologist and the relationship between your course experiences and that changing sense of a professional self. Whilst this is primarily a personal journal, the content should also reflect the professional readings that are shaping your development. Whilst there are no specific rules around word limits, it is expected that you would write 400-500 words per week across weeks 5 to 12. The journal is to be submitted in Moodle weekly for feedback. The complete journal is then uploaded in week 12 or 13.

Satisfactory progress on placement is assessed using the Mid- and End of Placement Review form which is available on Moodle. These are completed collaboratively in consultation with each student, their respective Clinic Supervisor and the Placement Coordinator or Wellness Centre Director. They are then submitted to the Unit Coordinator via Moodle.

### Referencing Style

- [American Psychological Association 6th Edition \(APA 6th edition\)](#)

### Submission

Online

### Submission Instructions

Upload each document to the appropriate dropbox on Moodle.

### Learning Outcomes Assessed

- Administer clinical interviews using techniques of non-directive therapeutic practice.
- Describe the development, implementation, and evaluation of both individual and group Cognitive Behavioural Interventions
- Conduct, interpret and report on a cognitive assessment.

### Graduate Attributes

- Knowledge
- Communication
- Cognitive, technical and creative skills
- Self-management
- Ethical and Professional Responsibility

## 3 Case Study Report 1

### **Assessment Type**

Written Assessment

### **Task Description**

Students are required to submit a written de-identified case report on a client they have worked with. This is a requirement for each Clinic Team course throughout the Program. This case report will be based upon a Wellness Centre client that was seen for a cognitive assessment. The format will follow the Wellness Centre report as outlined on the Wellness Centre drive. The record of Intake Interview should be added as an appendix. Whilst there is no specific word limit, it is expected that a comprehensive cognitive assessment will be between 2500 - 5000 words.

### **Assessment Due Date**

Review/Exam Week Friday (14 June 2019) 11:45 pm AEST

### **Return Date to Students**

Exam Week Friday (21 June 2019)

Case Studies will be graded on Moodle as Pass/Fail.

### **Weighting**

Pass/Fail

### **Minimum mark or grade**

Pass

### **Assessment Criteria**

Case studies will be graded as Pass/Fail. Where a Case Study Report is not considered sufficient to pass, the student will be given formative feedback and one opportunity to resubmit the report.

### **Referencing Style**

- [American Psychological Association 6th Edition \(APA 6th edition\)](#)

### **Submission**

Online

### **Submission Instructions**

Dropbox on Moodle.

### **Learning Outcomes Assessed**

- Describe key areas of professional practice.
- Develop case formulations from a cognitive behavioural framework.
- Conduct, interpret and report on a cognitive assessment.

### **Graduate Attributes**

- Knowledge
- Communication
- Cognitive, technical and creative skills
- Research
- Self-management
- Ethical and Professional Responsibility

## Academic Integrity Statement

As a CQUniversity student you are expected to act honestly in all aspects of your academic work.

Any assessable work undertaken or submitted for review or assessment must be your own work. Assessable work is any type of work you do to meet the assessment requirements in the unit, including draft work submitted for review and feedback and final work to be assessed.

When you use the ideas, words or data of others in your assessment, you must thoroughly and clearly acknowledge the source of this information by using the correct referencing style for your unit. Using others' work without proper acknowledgement may be considered a form of intellectual dishonesty.

Participating honestly, respectfully, responsibly, and fairly in your university study ensures the CQUniversity qualification you earn will be valued as a true indication of your individual academic achievement and will continue to receive the respect and recognition it deserves.

As a student, you are responsible for reading and following CQUniversity's policies, including the [Student Academic Integrity Policy and Procedure](#). This policy sets out CQUniversity's expectations of you to act with integrity, examples of academic integrity breaches to avoid, the processes used to address alleged breaches of academic integrity, and potential penalties.

### What is a breach of academic integrity?

A breach of academic integrity includes but is not limited to plagiarism, self-plagiarism, collusion, cheating, contract cheating, and academic misconduct. The Student Academic Integrity Policy and Procedure defines what these terms mean and gives examples.

### Why is academic integrity important?

A breach of academic integrity may result in one or more penalties, including suspension or even expulsion from the University. It can also have negative implications for student visas and future enrolment at CQUniversity or elsewhere. Students who engage in contract cheating also risk being blackmailed by contract cheating services.

### Where can I get assistance?

For academic advice and guidance, the [Academic Learning Centre \(ALC\)](#) can support you in becoming confident in completing assessments with integrity and of high standard.

### What can you do to act with integrity?



#### Be Honest

If your assessment task is done by someone else, it would be dishonest of you to claim it as your own



#### Seek Help

If you are not sure about how to cite or reference in essays, reports etc, then seek help from your lecturer, the library or the Academic Learning Centre (ALC)



#### Produce Original Work

Originality comes from your ability to read widely, think critically, and apply your gained knowledge to address a question or problem