

PSYC22005 Clinic Team III

Term 1 - 2023

Profile information current as at 08/05/2024 05:51 am

All details in this unit profile for PSYC22005 have been officially approved by CQUniversity and represent a learning partnership between the University and you (our student). The information will not be changed unless absolutely necessary and any change will be clearly indicated by an approved correction included in the profile.

General Information

Overview

Clinic Team III builds on Clinic Team II to provide you with advanced practice skills required for the professional competencies in clinical psychology specified by the Australian Psychology Accreditation Council (APAC) and to prepare you for the Registrar Program to gain an Area of Practice Endorsement in Clinical Psychology with the Psychology Board of Australia. This includes the culturally-sensitive, evidence-based practice of clinical psychology, both autonomously and as a member of a multidisciplinary team. During your clinical practicum in a community-based setting, you will continue to develop your knowledge and skills to formulate and share case conceptualisations and intervention plans.

Details

Career Level: Postgraduate

Unit Level: Level 9 Credit Points: 6

Student Contribution Band: 10

Fraction of Full-Time Student Load: 0.125

Pre-requisites or Co-requisites

Prerequisite: PSYC21008 Clinic Team II.

Important note: Students enrolled in a subsequent unit who failed their pre-requisite unit, should drop the subsequent unit before the census date or within 10 working days of Fail grade notification. Students who do not drop the unit in this timeframe cannot later drop the unit without academic and financial liability. See details in the <u>Assessment Policy and Procedure (Higher Education Coursework)</u>.

Offerings For Term 1 - 2023

No offerings for PSYC22005

Attendance Requirements

All on-campus students are expected to attend scheduled classes – in some units, these classes are identified as a mandatory (pass/fail) component and attendance is compulsory. International students, on a student visa, must maintain a full time study load and meet both attendance and academic progress requirements in each study period (satisfactory attendance for International students is defined as maintaining at least an 80% attendance record).

Website

This unit has a website, within the Moodle system, which is available two weeks before the start of term. It is important that you visit your Moodle site throughout the term. Please visit Moodle for more information.

Class and Assessment Overview

Recommended Student Time Commitment

Each 6-credit Postgraduate unit at CQUniversity requires an overall time commitment of an average of 12.5 hours of study per week, making a total of 150 hours for the unit.

Class Timetable

Regional Campuses

Bundaberg, Cairns, Emerald, Gladstone, Mackay, Rockhampton, Townsville

Metropolitan Campuses

Adelaide, Brisbane, Melbourne, Perth, Sydney

Assessment Overview

1. Professional Practice Placement

Weighting: Pass/Fail

2. Reflective Practice Assignment

Weighting: Pass/Fail 3. **Presentation** Weighting: Pass/Fail 4. **Case Study** Weighting: Pass/Fail

Assessment Grading

This is a pass/fail (non-graded) unit. To pass the unit, you must pass all of the individual assessment tasks shown in the table above.

CQUniversity Policies

All University policies are available on the CQUniversity Policy site.

You may wish to view these policies:

- Grades and Results Policy
- Assessment Policy and Procedure (Higher Education Coursework)
- Review of Grade Procedure
- Student Academic Integrity Policy and Procedure
- Monitoring Academic Progress (MAP) Policy and Procedure Domestic Students
- Monitoring Academic Progress (MAP) Policy and Procedure International Students
- Student Refund and Credit Balance Policy and Procedure
- Student Feedback Compliments and Complaints Policy and Procedure
- Information and Communications Technology Acceptable Use Policy and Procedure

This list is not an exhaustive list of all University policies. The full list of University policies are available on the CQUniversity Policy site.

Previous Student Feedback

Feedback, Recommendations and Responses

Every unit is reviewed for enhancement each year. At the most recent review, the following staff and student feedback items were identified and recommendations were made.

Feedback from Informal discussion with students.

Feedback

Students appreciated the mixed format of classes, where each week there was a topic for teaching and discussion as well as a student's case presentation and group supervision discussion.

Recommendation

Continue with the three-part format for the weekly classes.

Feedback from Student comments in the evaluation of Unit and teaching.

Feedback

Students learned a lot in group supervision from discussing peers' experiences and also received a lot of support when they needed it

Recommendation

Continue to hold discussions in class about student experiences on placement.

Unit Learning Outcomes

On successful completion of this unit, you will be able to:

- 1. Perform clinical psychology assessment, intervention and associated activities in a community-based clinical setting
- 2. Apply ethical decision making in clinical psychological practice
- 3. Communicate effectively and professionally with clients, specialist and nonspecialist audiences
- 4. Critically reflect on knowledge, skills, and ability to provide psychological services in a community-based setting.

This unit forms part of the Master of Clinical Psychology course accredited by the Australian Psychology Accreditation Council (APAC). These Learning Outcomes link with the Master of Clinical Psychology course Learning Outcomes: 1 (Apply culturally-sensitive advanced knowledge of psychological theories of the aetiology, presentation, and progression of psychological disorders across the lifespan and relevant international taxonomies of classification of psychological disorders), 2 (Apply advanced knowledge of psychological developmental and biopsychosocial models of health), 3 (Conduct culturally responsive assessment of psychological disorders), and 4 (Implement culturally-responsive, evidence-based, clinical psychology interventions). These Learning Outcomes also align with the 2019 APAC accreditation guidelines and in particular, Clinical Psychology guidelines 4.2.1, 4.2.2, and 4.2.3.

N/A Level Introductory Level Intermediate Level Graduate Level Professi	ional Adva Level	nced				
Alignment of Assessment Tasks to Learning Ou	itcomes					
Assessment Tasks	Learning Outcomes					
	1	2		3	4	
1 - Professional Practice Placement - 0%	•					
2 - Reflective Practice Assignment - 0%		•			•	
3 - Presentation - 0%				•		
4 - Case Study - 0%		•		•	•	
Alignment of Graduate Attributes to Learning C		COMES Learning Outcomes				
		1	2	3	4	
1 - Knowledge		0			0	
1 - Knowledge 2 - Communication		0		0	o	
		0		o	o	
2 - Communication				٥	0	
2 - Communication 3 - Cognitive, technical and creative skills			0	0	0	
2 - Communication3 - Cognitive, technical and creative skills4 - Research		o	0	0		
 2 - Communication 3 - Cognitive, technical and creative skills 4 - Research 5 - Self-management 		0				
 2 - Communication 3 - Cognitive, technical and creative skills 4 - Research 5 - Self-management 6 - Ethical and Professional Responsibility 		0		o		
 2 - Communication 3 - Cognitive, technical and creative skills 4 - Research 5 - Self-management 6 - Ethical and Professional Responsibility 7 - Leadership 		0		o		

Alignment of Learning Outcomes, Assessment and Graduate Attributes

Textbooks and Resources

Textbooks

There are no required textbooks.

IT Resources

You will need access to the following IT resources:

- CQUniversity Student Email
- Internet
- Unit Website (Moodle)

Referencing Style

All submissions for this unit must use the referencing style: <u>American Psychological Association 7th Edition (APA 7th edition)</u>

For further information, see the Assessment Tasks.

Teaching Contacts

Matthew Condie Unit Coordinator

m.condie@cgu.edu.au

Schedule

Week 1: Introduction to Clinic Team III & Case Presentation by Lecturer - 06 Mar 2023

Module/Topic

lectures

Expectations and assessments
Presentation of a case study (Matt

Introduction to Unit and format of

Condie)

Placement discussions and

supervision

Chapter

Readings on Moodle:

1. Contracting for group supervision (Smith et al., 2014)

2. Reflective Article

3. Case Study

Events and Submissions/Topic

Reflective diary to be submitted via Moodle. Week 1, Friday, 5 pm AEST. Signed Professional Practice Placement Agreement Due: Week 1,

Friday at 5:00 pm AEST

Week 2: Current Issues in Psychology - 13 Mar 2023

Module/Topic Chapter

Student presentation of a case study Placement discussions and

supervision

Session structure:

1hr: Topic Discussion
1hr: Case presentation

1hr: Group Supervision sharing and discussing experiences on external

WIL placement

1. Readings on Moodle

2. Self-directed learning and research in class on a current issue in

psychology.

Reflective diary to be submitted via Moodle: Week 2, Friday, 5 pm AEST.

Events and Submissions/Topic

Week 3: Mental Health Act & Treatment Orders - 20 Mar 2023

Module/Topic Chapter Events and Submissions/Topic

Clinical responsibilities with clients

under orders

Student presentation of a case study

Placement discussions and supervision

Session structure:

1hr: Topic Discussion 1hr: Case presentation

1hr: Group Supervision sharing and discussing experiences on external

WIL placement

Readings on Moodle:

1. Mental Health Act - Plain Language

Guide

Reflective diary to be submitted via Moodle: Week 3, Friday, 5 pm AEST.

Week 4: De-escalation Techniques - 27 Mar 2023

Module/Topic Chapter **Events and Submissions/Topic**

Presentation and discussion of angry clients and de-escalation techniques Discussion of student-accessed papers

on this subject

Student presentation of a case study Placement discussions and supervision Resources

Session structure: 1hr: Topic Discussion

1hr: Case presentation 1hr: Group Supervision sharing and discussing experiences on external

WIL placement

Readings and links on Moodle:

1. View links and articles in Additional

2. Uploaded student articles 3. De-escalation techniques

Consensus statement

Reflective diary to be submitted via Moodle: Week 4, Friday 5:00pm AEST.

Week 5: Goal setting & goal implementation - 03 Apr 2023

Module/Topic Chapter **Events and Submissions/Topic**

Theory and application related to goal setting and goal implementation. Student presentation of a case study Placement discussions and supervision

Session structure:

1hr: Topic Discussion 1hr: Case presentation

1hr: Group Supervision sharing and discussing experiences on external

WIL placement

Readings and links on Moodle:

1. View links and articles in Additional Resources

Reflective diary to be submitted via

Moodle. Week 5 Friday 5:00 pm AEST

Vacation Week - 10 Apr 2023

Module/Topic Chapter **Events and Submissions/Topic**

Week 6: Resilience & Well-being - 17 Apr 2023

Module/Topic Chapter **Events and Submissions/Topic**

Theory and application related to resilience and well-being

Introduction to positive psychology

principles

Student presentation of a case study

Placement discussions and supervision

Session structure: 1hr: Topic Discussion

1hr: Case presentation 1hr: Group Supervision sharing and discussing experiences on external

WIL placement

Readings and links on Moodle:

1. View links and articles in Additional

Resources

Reflective diary to be submitted via Moodle. Week 6 Friday, 5:00 pm AEST.

Week 7: Trauma focussed therapy and Dialectical Behaviour Therapy - Part I - 24 Apr 2023

Module/Topic Chapter **Events and Submissions/Topic** Theory and application related to trauma focussed approaches and an overview of DBT theory and one of the

core skills (mindfulness)

Student presentation of a case study Placement discussions and supervision

Session structure: 1hr: Topic Discussion

1hr: Case presentation

1hr: Group Supervision sharing and discussing experiences on external

WIL placement

Readings and links on Moodle:

1. View links and articles in Additional Resources

Reflective diary to be submitted via Moodle. Week 7 Friday 5:00 pm AEST

Week 8: Dialectical Behaviour Therapy - Part II - 01 May 2023

Module/Topic Chapter **Events and Submissions/Topic**

Overview of DBT: Distress tolerance Student presentation of a case study Placement discussions and supervision

Session structure: 1hr: Topic Discussion 1hr: Case presentation

1hr: Group Supervision sharing and discussing experiences on external

WIL placement

Readings and links on Moodle: 1. View links and articles in Additional

Resources

Reflective diary to be submitted via Moodle. Week 8, Friday 5:00 pm AEST

Week 9: Dialectical Behaviour Therapy - Part III - 08 May 2023

Module/Topic Chapter **Events and Submissions/Topic**

Overview of DBT: Emotion regulation Student presentation of a case study Placement discussions and supervision

Session structure: 1hr: Topic Discussion

1hr: Case presentation 1hr: Group Supervision sharing and discussing experiences on external

WIL placement

Readings and links on Moodle:

1. View links and articles in Additional

Resources

Reflective diary to be submitted via Moodle. Week 9 Friday 5:00 pm AEST

Week 10: Dialectical Behaviour Therapy - Part IV - 15 May 2023

Events and Submissions/Topic Module/Topic Chapter

Overview of DBT theory and interpersonal effectiveness skills

within DBT.

Student presentation of a case study

Placement discussions and supervision Readings and links on Moodle:

Session structure:

1hr: Topic Discussion

1hr: Case presentation

1hr: Group Supervision sharing and discussing experiences on external

WIL placement

1. View links and articles in Additional

Resources

Reflective diary to be submitted via Moodle. Week 10 Friday 5:00 pm AEST

Week 11: Student Lead Topic - 22 May 2023

Events and Submissions/Topic Module/Topic Chapter

Content to be created on a topic following suggestions from students

Possible - guest presenter - To be confirmed

Readings and links on Moodle: 1. View links and articles in Additional

Resources

Reflective diary to be submitted via Moodle. Week 11 Friday 5:00 pm AEST Case Study Due - Week 11, Friday at

5:00pm AEST.

Case Report Due: Week 11 Friday (26 May 2023) 5:00 pm AEST

Week 12: Wrap up - 29 May 2023

Module/Topic Chapter **Events and Submissions/Topic** Wrap up of the Unit. Students have the option of choosing the content for this week based on their placement experiences over the term. Placement discussions and supervision Reflective diary to be submitted via Moodle. Week 12 Friday 5:00 pm AEST.

Professional Practice Placement

Due: Week 12 Friday (2 June 2023)

5:00 pm AEST

Case Presentation Due: Week 12 Friday 2 June 2023) 5:00 pm AEST

Professional Practice Placement

Due: Week 12 Friday (2 June 2023)

5:00 pm AEST

Reflective Practice Assignment Due: Week 12 Friday (2 June 2023)

5:00 pm AEST

Presentation Due: Week 12 Friday (2

June 2023) 5:00 pm AEST

Assessment Tasks

1 Professional Practice Placement

Assessment Type

Professional Practice Placement

Task Description

Professional Practice Placement is assessed through appraisal of practice competencies during clinical placements, and competencies must be reached as evidenced by mid-term and end-of-term placement review documents. These documents must be reviewed, approved and signed by on-site supervisors, the placement co-coordinator and the University supervisors.

The following key dates are required as part of this Assessment Task:

- Placement Agreement: Due, Friday of Week 1
- Mid-Placement Review: Due, Friday of Week 7
- End-of-Placement Review: Due, Friday, of Week 12

Assessment Due Date

Week 12 Friday (2 June 2023) 5:00 pm AEST

All placement review documents related to professional placements must be uploaded to Moodle in weeks 1, 7 & 12.

Return Date to Students

Exam Week Friday (16 June 2023)

Weighting

Pass/Fail

Assessment Criteria

The placements will be assessed on the standard competencies and goals which are listed on the placement documentation and include:

- 1. Knowledge of the Discipline
- 2. Ethical, Legal, and Professional Matters
- 3. Psychological Assessment and Measurement
- 4. Intervention Strategies
- 5. Research and Evaluation
- 6. Communication and Interpersonal Skills
- 7. Working with People from Diverse Groups
- 8. Practice Across the Lifespan
- 9. Response to Supervision

Sufficient hours of placement will be checked against the Log of Hours.

Referencing Style

• American Psychological Association 7th Edition (APA 7th edition)

Submission

Offline Online

Submission Instructions

Via Moodle

Learning Outcomes Assessed

 Perform clinical psychology assessment, intervention and associated activities in a community-based clinical setting

2 Reflective Practice Assignment

Assessment Type

Reflective Practice Assignment

Task Description

Reflective journals are to be uploaded weekly. Reflections need to be no more than one page on average and should reflect personal and clinical learning from the lecture and/or from discussions of your clinical placements during Clinic Team III. Reflective journals should demonstrate the nexus of learning between placement activities, Clinic Team lectures and professional reading. The journal should be utilised to reflect at a non-superficial level, the experiences and conversations during class that have stimulated your thinking and self reflection about your practice and development as a psychologist.

Assessment Due Date

Week 12 Friday (2 June 2023) 5:00 pm AEST

All reflective diaries will be submitted to Moodle weekly with the final submission in week 12.

Return Date to Students

Review/Exam Week Friday (9 June 2023)

Feedback will be provided weekly via Moodle from the Unit Coordinator to the student. Final grades will be given at at the end of the exam period.

Weighting

Pass/Fail

Assessment Criteria

To pass this assessment, a reflective piece needs to be uploaded every week, not at the end of term. The reflections need to discuss the experiences and conversations during class and during your placements, that have stimulated your thinking, growth and self reflection about your practice and development as psychologist.

Referencing Style

American Psychological Association 7th Edition (APA 7th edition)

Submission

Online

Submission Instructions

Reflections to be submitted weekly with all reflections to be submitted by week 12.

Learning Outcomes Assessed

- Apply ethical decision making in clinical psychological practice
- Critically reflect on knowledge, skills, and ability to provide psychological services in a community-based setting.

3 Presentation

Assessment Type

Presentation

Task Description

Students will each present a de-identified case study to the class. The case study will present clinical information about a client seen during the course of their external placement. The presentation must detail clinical history taking, a case formulation, provisional and differential diagnoses. Any treatment plan will need to comply with the case formulation. Students are required to lead the class in a discussion that will assist in differential diagnoses and case formulation.

Assessment Due Date

Week 12 Friday (2 June 2023) 5:00 pm AEST

Presentations must be uploaded to Moodle with all completed by week 12

Return Date to Students

Exam Week Friday (16 June 2023)

Feedback will be given weekly after the presentation with final assessments completed by the end of exam week.

Weighting

Pass/Fail

Assessment Criteria

The Case Presentation (Pass/Fail). In order to achieve a grade of Pass, the presentation needs to include:

- Relevant referral information (including client initials or pseudonym, gender, age, referral source, and the reason for referral)
- Completed Domains of Functioning Assessment (with sufficient information to complete a case formulation)
- Case formulation (completed with the group and facilitated by the student) / differential diagnosis (where relevant)
- Summary of assessment or intervention to date clearly linked to the case formulation
- Clarity and quality of presentation

Referencing Style

American Psychological Association 7th Edition (APA 7th edition)

Submission

Online

Submission Instructions

Presentations must be uploaded weekly after they have been presented to class.

Learning Outcomes Assessed

· Communicate effectively and professionally with clients, specialist and nonspecialist audiences

4 Case Report

Assessment Type

Case Study

Task Description

The case report is a de-identified client report completed on the placement. The report must be accompanied by the cover page template and follow the described format. The placement supervisor needs to sign off on the report (as it belongs to the placement site and all identifying details need to remain confidential to the placement site). The placement supervisor takes responsibility for the report within the agency. However, as the report is required for the assessment of competencies, the student will need to submit a de-identified copy of the report to Moodle. For the purpose of this assessment, the placement supervisor must sign the coversheet to indicate that the report is appropriately de-identified to be submitted for the assessment.

The case report is a pass/fail assessment of 2000 words. To pass this assessment, students must achieve and an overall mark of 70 out of 100. The report will include a Comprehensive Needs Assessment, Opinions, Intervention Plan/Recommendations, Evaluation and Reflection sections, and be presented using appropriate Formatting and Referencing as described in the Assessment Criteria.

Assessment Due Date

Week 11 Friday (26 May 2023) 5:00 pm AEST Submitted online by week 11.

Return Date to Students

Review/Exam Week Friday (9 June 2023)

Feedback will be provided in Moodle on the Case Report marking rubric within one week of submission with all completed by week 12.

Weighting

Pass/Fail

Assessment Criteria

Case Report (Pass/Fail). To pass this assessment, the student must have a mark of 70 or higher out of 100).

1. Comprehensive Needs Assessment (30 marks)

- A clear reason for referral is provided
- Domains of Focus are described, based on Domains of Functioning
- Relevant assessments are selected (including a brief rationale) and clearly described
- Assessments results reported appropriately under the relevant Domain of Focus
- Risk Assessment and management of risk factors are clearly documented
- Relevant behavioural observations including current mental state are described
- The summary of strengths and limitations reflects the findings of the Comprehensive Needs Assessment

2. Opinions (25 marks)

- A brief formulation based on 5P's
- Formal diagnosis is clearly described using standard diagnostic/classification systems
- Diagnosis is logically discussed, well-justified, and integrated with the formulation
- Discussion about whether symptoms meet all diagnostic criteria using examples from the client's presentation
- Differential diagnoses are clearly described and include reasons for inclusion or exclusion

3. Intervention Plan / Recommendations (25 marks)

- A brief outline of the intervention plan with treatment goals or recommendations clearly aligned with opinions described in the previous section. This includes adjustments made for culturally appropriate practices
- Provides specific intervention strategies that will be used for achieving these goals/recommendations and plans for managing risk factors if these are indicated
- The intervention plan is realistic given the experience of the psychologist, the complexity of the issues, and the number of sessions available for treatment

4. Evaluation and Reflection (15 marks)

- A clear description of how you would evaluate the effectiveness of the intervention, using person-centred and evidence-based measures of change
- A brief reflection on intervention including lessons learned and how practice might be modified in light of the experience

5. Formatting and Referencing (5 marks)

- Report and reference list in correct APA format, including references to tests used
- Appropriate and clear language has been used throughout without jargon or colloquialisms, and grammar and spelling are correct
- The report is within 10% of the word limit (2000 words)

The report has been signed off by a supervisor from the relevant placement A supervisor has signed the cover sheet to indicate that the reports as been sufficiently deidentified to submit Total Score /100. A detailed marking rubric will be available in Moodle.

Referencing Style

• American Psychological Association 7th Edition (APA 7th edition)

Submission

Online

Submission Instructions

Online

Learning Outcomes Assessed

- Apply ethical decision making in clinical psychological practice
- Communicate effectively and professionally with clients, specialist and nonspecialist audiences
- Critically reflect on knowledge, skills, and ability to provide psychological services in a community-based setting.

Academic Integrity Statement

As a CQUniversity student you are expected to act honestly in all aspects of your academic work.

Any assessable work undertaken or submitted for review or assessment must be your own work. Assessable work is any type of work you do to meet the assessment requirements in the unit, including draft work submitted for review and feedback and final work to be assessed.

When you use the ideas, words or data of others in your assessment, you must thoroughly and clearly acknowledge the source of this information by using the correct referencing style for your unit. Using others' work without proper acknowledgement may be considered a form of intellectual dishonesty.

Participating honestly, respectfully, responsibly, and fairly in your university study ensures the CQUniversity qualification you earn will be valued as a true indication of your individual academic achievement and will continue to receive the respect and recognition it deserves.

As a student, you are responsible for reading and following CQUniversity's policies, including the **Student Academic Integrity Policy and Procedure**. This policy sets out CQUniversity's expectations of you to act with integrity, examples of academic integrity breaches to avoid, the processes used to address alleged breaches of academic integrity, and potential penalties.

What is a breach of academic integrity?

A breach of academic integrity includes but is not limited to plagiarism, self-plagiarism, collusion, cheating, contract cheating, and academic misconduct. The Student Academic Integrity Policy and Procedure defines what these terms mean and gives examples.

Why is academic integrity important?

A breach of academic integrity may result in one or more penalties, including suspension or even expulsion from the University. It can also have negative implications for student visas and future enrolment at CQUniversity or elsewhere. Students who engage in contract cheating also risk being blackmailed by contract cheating services.

Where can I get assistance?

For academic advice and guidance, the <u>Academic Learning Centre (ALC)</u> can support you in becoming confident in completing assessments with integrity and of high standard.

What can you do to act with integrity?



Be Honest

If your assessment task is done by someone else, it would be dishonest of you to claim it as your own



Seek Help

If you are not sure about how to cite or reference in essays, reports etc, then seek help from your lecturer, the library or the Academic Learning Centre (ALC)



Produce Original Work

Originality comes from your ability to read widely, think critically, and apply your gained knowledge to address a question or problem