

In Progress

Please note that this Unit Profile is still in progress. The content below is subject to change.



PSYC29001 *Applied Positive Psychology*

Term 2 - 2026

Profile information current as at 05/12/2025 02:10 pm

All details in this unit profile for PSYC29001 have been officially approved by CQUniversity and represent a learning partnership between the University and you (our student). The information will not be changed unless absolutely necessary and any change will be clearly indicated by an approved correction included in the profile.

General Information

Overview

In this unit you will learn how the fundamental principles and theories of positive psychology can be applied to the design, development, and measurement of evidence-based interventions for enhancing the wellbeing and resilience of individuals and groups across a range of settings such as education, health, and organisations. The exploration of practical applications will include designing and implementing a positive psychology intervention, examining determinants of change, and developing ways to measure and monitor efficacy and change processes.

Details

Career Level: *Postgraduate*

Unit Level: *Level 9*

Credit Points: 6

Student Contribution Band: 10

Fraction of Full-Time Student Load: 0.125

Pre-requisites or Co-requisites

There are no requisites for this unit.

Important note: Students enrolled in a subsequent unit who failed their pre-requisite unit, should drop the subsequent unit before the census date or within 10 working days of Fail grade notification. Students who do not drop the unit in this timeframe cannot later drop the unit without academic and financial liability. See details in the [Assessment Policy and Procedure \(Higher Education Coursework\)](#).

Offerings For Term 2 - 2026

- Online

Attendance Requirements

All on-campus students are expected to attend scheduled classes – in some units, these classes are identified as a mandatory (pass/fail) component and attendance is compulsory. International students, on a student visa, must maintain a full time study load and meet both attendance and academic progress requirements in each study period (satisfactory attendance for International students is defined as maintaining at least an 80% attendance record).

Website

[This unit has a website, within the Moodle system, which is available two weeks before the start of term. It is important that you visit your Moodle site throughout the term. Please visit Moodle for more information.](#)

Class and Assessment Overview

Information for Class and Assessment Overview has not been released yet.

This information will be available on Monday 18 May 2026

CQUniversity Policies

All University policies are available on the [CQUniversity Policy site](#).

You may wish to view these policies:

- Grades and Results Policy
- Assessment Policy and Procedure (Higher Education Coursework)
- Review of Grade Procedure
- Student Academic Integrity Policy and Procedure
- Monitoring Academic Progress (MAP) Policy and Procedure – Domestic Students
- Monitoring Academic Progress (MAP) Policy and Procedure – International Students
- Student Refund and Credit Balance Policy and Procedure
- Student Feedback – Compliments and Complaints Policy and Procedure
- Information and Communications Technology Acceptable Use Policy and Procedure

This list is not an exhaustive list of all University policies. The full list of University policies are available on the [CQUniversity Policy site](#).

Previous Student Feedback

Feedback, Recommendations and Responses

Every unit is reviewed for enhancement each year. At the most recent review, the following staff and student feedback items were identified and recommendations were made.

Feedback from SUTE responses and Unit Coordinator reflections.

Feedback

Some students struggled with groupwork, which may have been exacerbated by allocating some students into groups without their input.

Recommendation

The Unit Coordinator and teaching team will investigate alternative strategies for allocating students to groups.

Feedback from SUTE responses.

Feedback

While some students valued the chance to work and learn collaboratively with fellow students in the group assessment, other students found it challenging due to unequal contributions, scheduling challenges, and varied skill-levels.

Recommendation

The Unit Coordinator and teaching team will investigate alternative strategies for fostering effective groupwork and equal distribution of work roles by students in their teams, and utilise the groupwork contract as a way to facilitate this.

Feedback from SUTE responses.

Feedback

Some students felt they would have benefitted from a larger word count for Assessment 2 individual reflection.

Recommendation

The Unit Coordinator and teaching team will re-evaluate the appropriateness of word limits for assessment components.

Unit Learning Outcomes

Information for Unit Learning Outcomes has not been released yet.

This information will be available on Monday 18 May 2026

Alignment of Learning Outcomes, Assessment and Graduate Attributes

Information for Alignment of Learning Outcomes, Assessment and Graduate Attributes has not been released yet.

This information will be available on Monday 18 May 2026

Textbooks and Resources

Information for Textbooks and Resources has not been released yet.

This information will be available on Monday 22 June 2026

Academic Integrity Statement

Information for Academic Integrity Statement has not been released yet.

This unit profile has not yet been finalised.