



# SAFE20011 *Exposures and Health Risk*

## Term 1 - 2025

Profile information current as at 25/04/2025 08:23 am

All details in this unit profile for SAFE20011 have been officially approved by CQUniversity and represent a learning partnership between the University and you (our student). The information will not be changed unless absolutely necessary and any change will be clearly indicated by an approved correction included in the profile.

## General Information

### Overview

In Exposures and Health Risk you will use current methods to analyse contemporary issues in occupational health and hygiene. The unit content will emphasise the role of toxicology, the nature of illness and injury caused by exposure to hazards and practical ways to assess risk. You will develop practical solutions for the advanced elimination and risk management of occupational health and hygiene hazards. On successful completion of this unit, you will be able to use a systems oriented approach to apply your knowledge to new issues of health risk as they arise in the workplace.

### Details

Career Level: *Postgraduate*

Unit Level: *Level 8*

Credit Points: 6

Student Contribution Band: 8

Fraction of Full-Time Student Load: 0.125

### Pre-requisites or Co-requisites

There are no requisites for this unit.

Important note: Students enrolled in a subsequent unit who failed their pre-requisite unit, should drop the subsequent unit before the census date or within 10 working days of Fail grade notification. Students who do not drop the unit in this timeframe cannot later drop the unit without academic and financial liability. See details in the [Assessment Policy and Procedure \(Higher Education Coursework\)](#).

### Offerings For Term 1 - 2025

- Online

### Attendance Requirements

All on-campus students are expected to attend scheduled classes - in some units, these classes are identified as a mandatory (pass/fail) component and attendance is compulsory. International students, on a student visa, must maintain a full time study load and meet both attendance and academic progress requirements in each study period (satisfactory attendance for International students is defined as maintaining at least an 80% attendance record).

### Website

[This unit has a website, within the Moodle system, which is available two weeks before the start of term. It is important that you visit your Moodle site throughout the term. Please visit Moodle for more information.](#)

## Class and Assessment Overview

### Recommended Student Time Commitment

Each 6-credit Postgraduate unit at CQUniversity requires an overall time commitment of an average of 12.5 hours of study per week, making a total of 150 hours for the unit.

### Class Timetable

#### [Regional Campuses](#)

Bundaberg, Cairns, Emerald, Gladstone, Mackay, Rockhampton, Townsville

#### [Metropolitan Campuses](#)

Adelaide, Brisbane, Melbourne, Perth, Sydney

### Assessment Overview

#### 1. **Written Assessment**

Weighting: 40%

#### 2. **Group Work**

Weighting: 40%

#### 3. **Online Quiz(zes)**

Weighting: 20%

### Assessment Grading

This is a graded unit: your overall grade will be calculated from the marks or grades for each assessment task, based on the relative weightings shown in the table above. You must obtain an overall mark for the unit of at least 50%, or an overall grade of 'pass' in order to pass the unit. If any 'pass/fail' tasks are shown in the table above they must also be completed successfully ('pass' grade). You must also meet any minimum mark requirements specified for a particular assessment task, as detailed in the 'assessment task' section (note that in some instances, the minimum mark for a task may be greater than 50%). Consult the [University's Grades and Results Policy](#) for more details of interim results and final grades.

## CQUniversity Policies

**All University policies are available on the [CQUniversity Policy site](#).**

You may wish to view these policies:

- Grades and Results Policy
- Assessment Policy and Procedure (Higher Education Coursework)
- Review of Grade Procedure
- Student Academic Integrity Policy and Procedure
- Monitoring Academic Progress (MAP) Policy and Procedure – Domestic Students
- Monitoring Academic Progress (MAP) Policy and Procedure – International Students
- Student Refund and Credit Balance Policy and Procedure
- Student Feedback – Compliments and Complaints Policy and Procedure
- Information and Communications Technology Acceptable Use Policy and Procedure

This list is not an exhaustive list of all University policies. The full list of University policies are available on the [CQUniversity Policy site](#).

## Previous Student Feedback

### Feedback, Recommendations and Responses

Every unit is reviewed for enhancement each year. At the most recent review, the following staff and student feedback items were identified and recommendations were made.

#### Feedback from Student feedback

**Feedback**

Provide more emergency and disaster management examples for these students.

**Recommendation**

These case studies will be included for this cohort.

#### Feedback from Student feedback, grades

**Feedback**

Masters of Public Health students not understanding Occupational Hygiene related issues.

**Recommendation**

Review if this unit should be offered as an elective for these students.

#### Feedback from Student feedback

**Feedback**

No student engagement with the tutorial

**Recommendation**

Review the use of the tutorial and the way that information is presented to students.

#### Feedback from Academic integrity cases

**Feedback**

Large number of Academic integrity cases being submitted

**Recommendation**

Review all assessments to ensure that it is less tempting or possible to use artificial intelligence to complete the assignment.

## Unit Learning Outcomes

**On successful completion of this unit, you will be able to:**

1. Analyse actual occupational health cases and demonstrate individual initiative and effective teamwork skills in problem solving.
2. Apply a systems approach to complex problem solving in diverse occupational health environments.
3. Apply the principles of critical assessment of severity and urgency in occupational health.
4. Evaluate problems in occupational health, including indoor and outdoor environments.
5. Research and evaluate toxicology and the principles of the monitoring of place and person.
6. Appraise current knowledge of the nature of illness and injury associated with exposure to certain hazards.



## Textbooks and Resources

### Textbooks

**There are no required textbooks.**

### IT Resources

**You will need access to the following IT resources:**

- CQUniversity Student Email
- Internet
- Unit Website (Moodle)

## Referencing Style

All submissions for this unit must use the referencing style: [Harvard \(author-date\)](#)  
For further information, see the Assessment Tasks.

## Teaching Contacts

**Ryan Kift** Unit Coordinator  
[r.kift@cqu.edu.au](mailto:r.kift@cqu.edu.au)

## Schedule

### Week 1 - 10 Mar 2025

Module/Topic	Chapter	Events and Submissions/Topic
Lecture: Introduction to unit	Readings provided via Moodle	No tutorial this week

### Week 2 - 17 Mar 2025

Module/Topic	Chapter	Events and Submissions/Topic
Lecture: Occupational toxicology	Readings provided via Moodle	Online Zoom Tutorial - review questions and assessment preparation

### Week 3 - 24 Mar 2025

Module/Topic	Chapter	Events and Submissions/Topic
Lecture: Risk management and exposure	Readings provided via Moodle	Online Zoom Tutorial - review questions and assessment preparation

### Week 4 - 31 Mar 2025

Module/Topic	Chapter	Events and Submissions/Topic
Lecture: Chemical hazards 1- Dusts and particulates	Readings provided via Moodle	Online Zoom Tutorial - review questions and assessment preparation

### Week 5 - 07 Apr 2025

Module/Topic	Chapter	Events and Submissions/Topic
Lecture: Chemical hazards 2 - Chemical contaminants	Readings provided via Moodle	Online Zoom Tutorial - review questions and assessment preparation

### Vacation Week - 14 Apr 2025

Module/Topic	Chapter	Events and Submissions/Topic
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### Week 6 - 21 Apr 2025

Module/Topic	Chapter	Events and Submissions/Topic
Lecture: Biological hazards	Readings provided via Moodle	Online Zoom Tutorial - review questions and assessment preparation Week 6 Moodle quiz is open all week and closes at 11:59pm on 27/04/25
<b>Week 7 - 28 Apr 2025</b>		
Module/Topic	Chapter	Events and Submissions/Topic
Lecture: Control of Hazards - Chemical and biological	Readings provided via Moodle	Online Zoom Tutorial - review questions and assessment preparation
<b>Week 8 - 05 May 2025</b>		
Module/Topic	Chapter	Events and Submissions/Topic
Lecture: Physical hazards 1 - Noise, vibration and lighting	Readings provided via Moodle	Online Zoom Tutorial - review questions and assessment preparation <b>Chemical and biological hazards</b> Due: Week 8 Monday (5 May 2025) 9:00 am AEST
<b>Week 9 - 12 May 2025</b>		
Module/Topic	Chapter	Events and Submissions/Topic
Lecture: Physical hazards 2 - Radiation and temperature	Readings provided via Moodle	Online Zoom Tutorial - review questions and assessment preparation
<b>Week 10 - 19 May 2025</b>		
Module/Topic	Chapter	Events and Submissions/Topic
Lecture: Control of Hazards - Physical	Readings provided via Moodle	Online Zoom Tutorial - review questions and assessment preparation
<b>Week 11 - 26 May 2025</b>		
Module/Topic	Chapter	Events and Submissions/Topic
Lecture: Biological monitoring and fitness for work	Readings provided via Moodle	Online Zoom Tutorial - review questions and assessment preparation
<b>Week 12 - 02 Jun 2025</b>		
Module/Topic	Chapter	Events and Submissions/Topic
Lecture: Unit summary	Readings provided via Moodle	Online Zoom Tutorial - review questions and assessment preparation Assessment 2- Information Booklet Part A due Monday (2/06/25) 9:00am Week 12 Moodle quiz is open all week and closes at 11:59pm on 08/06/25
<b>Review/Exam Week - 09 Jun 2025</b>		
Module/Topic	Chapter	Events and Submissions/Topic
		Assessment 2- Information Booklet Part B due Monday (09/06/25) 9:00am
<b>Exam Week - 16 Jun 2025</b>		
Module/Topic	Chapter	Events and Submissions/Topic

## Assessment Tasks

### 1 Chemical and biological hazards

**Assessment Type**  
Written Assessment

## Task Description

The lecturer will give you a list of real case studies. You are to choose one case study and use this information to identify one hazard that is a chemical hazard and one hazard that is a biological hazard.

You will be required to:

- Provide an overview of the case study including the jurisdiction and any other important information (you can provide your own made up detail if the case study does not include them).
- Identify all potential chemical and biological hazards in this case study.
- Identify the two hazards that the report will focus on.
- For each hazard, explain the type of hazard, routes of exposure and the states of matter (if relevant) in which the hazard occurs.
- For each hazard, explain why the hazard presents a risk to workers' health. This section must be justified using the literature such as legislation, texts and journal articles. You may include information about the toxicology of the chemicals, exposure, acute and chronic health effects as well as the health effects to workers and to industry as a whole.
- Describe the different ways that the hazards would be monitored and analysed using occupational hygiene monitoring methods. This must be related to the case study chosen and include information about the standard methodology that is used for both the monitoring techniques and comparison of the findings against a benchmark or standard. You must include information about how the sampling and analysis would actually be carried out for each hazard. This will include information about how the sampling of workers would be decided, who should be sampled and if repeat samples are required.
- Describe the relevant Legislation, Codes and Standards which apply to these hazards and the issues involved with meeting these requirements.
- Use the Hierarchy of Control to outline the ways that the hazards can be controlled.

The report should be written as an OHS officer or Health officer would write to upper management to convince them that an external Occupational Hygienist is required to undertake monitoring (however, a budget is not required).

A limit of 3000 words will be applied.

Please refer to the Generative AI Permission document available on your Moodle site for guidelines on the acceptable and unacceptable use of generative AI in this unit

## Assessment Due Date

Week 8 Monday (5 May 2025) 9:00 am AEST

## Return Date to Students

Week 11 Monday (26 May 2025)

## Weighting

40%

## Assessment Criteria

This assessment will be graded according to the following criteria:

- Introduces the case study, correctly identifies all possible hazards, explains the route of exposure for the two selected hazards (15%)
- Explains exposure and effect, and describes the potential health effects (20%)
- Describes the way that you would carry out monitoring for the hazards (15%)
- Outlines relevant legislative requirements and identifies the issues of compliance (15%)
- Proposes appropriate control measures (15%)
- Report structure and presentation including referencing (20%)

A detailed marking matrix will be provided in Moodle.

## Referencing Style

- [Harvard \(author-date\)](#)

## Submission

Online

## Submission Instructions

Word or PDF format via the link on Moodle

## Learning Outcomes Assessed

- Apply a systems approach to complex problem solving in diverse occupational health environments.
- Apply the principles of critical assessment of severity and urgency in occupational health.
- Evaluate problems in occupational health, including indoor and outdoor environments.

- Research and evaluate toxicology and the principles of the monitoring of place and person.
- Appraise current knowledge of the nature of illness and injury associated with exposure to certain hazards.

### **Graduate Attributes**

- Knowledge
- Communication
- Cognitive, technical and creative skills
- Research
- Self-management
- Ethical and Professional Responsibility
- Leadership

## **2 Information Booklet**

### **Assessment Type**

Group Work

### **Task Description**

There are two parts to this assignment:

#### **Part A (Group component)**

Working as a group you are required to develop a booklet on one physical hazard. You will be required to design a technical information/educational information booklet with the main emphasis of the assignment on the quality of the content presented:

Your assignment should include (but not be restricted to):

- Introduction to the workplaces where the exposure occurs, who your target audience is, important factors and specific concepts related to the working environment and exposure.
- The physical/chemical breakdown of the hazard (what it is) and its relationship to the related health effects, mechanisms of injury and any other relevant information.
- An explanation of the health effects of exposure, its manifestation and progression.
- The monitoring techniques, equipment, methodologies, legislation, benchmarks and standards that should be used in relation to the evaluation of the hazards.
- Describe the relevant Legislation, Codes and Standards which apply to this hazard and the issues involved with meeting these requirements.
- Control (using the hierarchy of control) and containment measures that could be introduced to reduce workplace exposure and prevent the occurrence of the adverse health effects or reducing its severity.

Bear in mind that this unit has an emphasis on the quantitative evaluation of occupational hazards, utilising standards, accepted methodologies, specialised equipment and benchmarks, so it is expected that your information booklet will focus on developing an accurate, useful, and technically detailed information source that will cover the aspects mentioned previously. All information provided should be supported with relevant authoritative references and /or supporting documentation. You are encouraged to use graphics and other relevant resources in order to develop a visually appealing yet informative resource.

Ensure you reference and acknowledge all sources of information, graphics, etc.

You will be assigned a group and allocated a physical hazard in Week 8.

Please refer to the Generative AI Permission document available on your Moodle site for guidelines on the acceptable and unacceptable use of generative AI in this unit

Length 12 pages (max)

#### **Part B (Individual component)**

As an individual you will be required to review another teams Information booklet.

After submission of Part A, all teams information booklets will be deidentified and made available via Moodle. You are to select a booklet that is focused on a different physical hazard to the one that you completed. You will be provided with a marking criteria to review the chosen booklet.

Your review will then be submitted via Moodle.

### **Assessment Due Date**

Part A is due Monday (02/06/2025) of Week 12 at 09:00am. Part B is due Monday (09/06/2025) of Week 13 at 9:00am.

### **Return Date to Students**

Exam Week Friday (20 June 2025)

### **Weighting**

40%

### **Minimum mark or grade**

To pass this unit, students must attempt this assessment with a minimum grade of 50%.

### **Assessment Criteria**

This assessment will be graded with the following criteria:

- Identifies and explains the background to the hazard, including the identification of the workplaces where exposure can be an issue (10%)
- Explains the way exposure occurs, its impacts, and describes the potential health effects (20%)
- Describes the way that monitoring would be completed for the hazard (15%)
- Outlines relevant legislative requirements and identifies the issues of compliance (10%)
- Proposes appropriate control measures (20%)
- Booklet structure and presentation including referencing (you may use Harvard or Vancouver style referencing for this assessment) (15%)
- Review (Part B) - you will have to assess a different teams booklet (10%). If you do not complete this assessment you will receive zero marks for this component.

A detailed marking matrix will be provided via Moodle.

### **Referencing Style**

- [Harvard \(author-date\)](#)

### **Submission**

Online Group

### **Submission Instructions**

Word or PDF format via the link on Moodle

### **Learning Outcomes Assessed**

- Analyse actual occupational health cases and demonstrate individual initiative and effective teamwork skills in problem solving.
- Apply a systems approach to complex problem solving in diverse occupational health environments.
- Research and evaluate toxicology and the principles of the monitoring of place and person.

### **Graduate Attributes**

- Knowledge
- Communication
- Cognitive, technical and creative skills
- Research
- Self-management
- Ethical and Professional Responsibility
- Leadership

## **3 Moodle Quizzes**

### **Assessment Type**

Online Quiz(zes)

### **Task Description**

In week 6 and in week 12 you will be required to access a Moodle quiz. (20% of total marks, 10% for each quiz)

Each quiz will be based on the information that has been covered in lectures until (and including) that week.

### **Number of Quizzes**

2

### **Frequency of Quizzes**

Other

### **Assessment Due Date**

Week 6 quiz will close at 11:55pm on 27/04/25. Week 12 quiz will close at 11:55pm on 08/06/25

### **Return Date to Students**

Feedback is given when each quiz closes

### **Weighting**

20%

**Assessment Criteria**

Marks will be awarded for correct answers.

**Referencing Style**

- [Harvard \(author-date\)](#)

**Submission**

Online

**Submission Instructions**

Access each quiz at the quiz link on Moodle

**Learning Outcomes Assessed**

- Apply the principles of critical assessment of severity and urgency in occupational health.
- Evaluate problems in occupational health, including indoor and outdoor environments.
- Appraise current knowledge of the nature of illness and injury associated with exposure to certain hazards.

## Academic Integrity Statement

As a CQUniversity student you are expected to act honestly in all aspects of your academic work.

Any assessable work undertaken or submitted for review or assessment must be your own work. Assessable work is any type of work you do to meet the assessment requirements in the unit, including draft work submitted for review and feedback and final work to be assessed.

When you use the ideas, words or data of others in your assessment, you must thoroughly and clearly acknowledge the source of this information by using the correct referencing style for your unit. Using others' work without proper acknowledgement may be considered a form of intellectual dishonesty.

Participating honestly, respectfully, responsibly, and fairly in your university study ensures the CQUniversity qualification you earn will be valued as a true indication of your individual academic achievement and will continue to receive the respect and recognition it deserves.

As a student, you are responsible for reading and following CQUniversity's policies, including the [Student Academic Integrity Policy and Procedure](#). This policy sets out CQUniversity's expectations of you to act with integrity, examples of academic integrity breaches to avoid, the processes used to address alleged breaches of academic integrity, and potential penalties.

**What is a breach of academic integrity?**

A breach of academic integrity includes but is not limited to plagiarism, self-plagiarism, collusion, cheating, contract cheating, and academic misconduct. The Student Academic Integrity Policy and Procedure defines what these terms mean and gives examples.

**Why is academic integrity important?**

A breach of academic integrity may result in one or more penalties, including suspension or even expulsion from the University. It can also have negative implications for student visas and future enrolment at CQUniversity or elsewhere. Students who engage in contract cheating also risk being blackmailed by contract cheating services.

**Where can I get assistance?**

For academic advice and guidance, the [Academic Learning Centre \(ALC\)](#) can support you in becoming confident in completing assessments with integrity and of high standard.

**What can you do to act with integrity?**



### **Be Honest**

If your assessment task is done by someone else, it would be dishonest of you to claim it as your own



### **Seek Help**

If you are not sure about how to cite or reference in essays, reports etc, then seek help from your lecturer, the library or the Academic Learning Centre (ALC)



### **Produce Original Work**

Originality comes from your ability to read widely, think critically, and apply your gained knowledge to address a question or problem